將手錶充電 Charge Watch

- 1. 將充電座連接USB電源或電腦。 Connect magnetic charging dock with USB cable.
- 2. 將Heartisans 手錶取出,並放在充電 座上,當正確連接時你會感覺到它攝在 充電座上。

Remove Heartisans Watch from band and place onto charging dock, it will snap into place.

3. Heartisans 手錶充電時,屏幕上會顯示 電量增加的圖像。

A charging battery icon appears on the display while charging.

放入手錶的方法 Insert Watch



啟用手錶 **Activate Watch**



手錶第一次使用時,請按 左面按鈕或右面按鈕開啟 手錶屏幕。

When you first use your heartisans watch, press the left or right button to start the watch.



當看到「手機」圖示(左圖) ,請下載 Heartisans App 並按照 App 內指示完成啟 用程序。

When "Smartphone" icon appears, please download Heartisans App and follow the instructions to activate the watch.

3. 於iPhone的App Store或Android手機的 Google Play搜索"Heartisans"或掃描以 下QR碼。

Search "Heartisans" on App store or Google Play Or scan QR Code below.





App Store

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手錶功能 Features

Heartisans 手錶是一隻多功能的健康手錶: 啟用後你可以使用以下功能:

Heartisans Watch is a multifunction watch for health and wellness:



量度血壓 BLOOD PRESSURE



計步 STEPS



ECG

卡路里消耗 CALORIES BURNT





校正手錶 Calibration

校正手錶需要Heartisans App 以及一個經 認證的手臂式血壓計,只需數分鐘就能完成 整個校正程序。

Calibration requires Heartisans app and a validated blood pressure monitor. This take approximately few minutes.

第一周	每天校正一次,為期七次
First Week	once a day x 7 times
七次校正之後	每月校正一次
After 7 times	once a month

解鎖 Unlock



當「鎖」圖示出現時,請按左面按鈕或右 面按鈕解鎖。

When "Lock" icon appears, press the left or right button (shown above) to unlock.

快速使用手錶 Quick Guide



解鎖後長放30秒量度血壓及心電圖 After unlock, hold press for 30 seconds to measure blood pressure & ECG

** HEARTISANS

快速使用手册 QUICK USER GUIDE

Front

