

## Attention,

Please read the following information before using.

In the chemical plant, gas station and other explosives near, please shut down.

Don't use watch on the plane. Please check whether the mobile phone is set to start before boarding. Special attention should be paid to the use of Watch in the vicinity of the cardiac pacemaker, hearing aids, and other medical electronic devices. Your Watch may interfere with these devices.

This device specification allows the maximum ambient temperature of 35 °. In the package, it excludes charging base. Customer need to charge it by the computer USB or charging base (5V -1A) via the special data cable in package.

Do not disassemble the watch, if your watch is in trouble, please contact us specify the after-sales service center contact.

Charge must be in good ventilation and heat dissipation environment, away from flammable and explosive goods.

In order to avoid demagnetization, please keep the Watch away from the magnetic material, such as magnets, credit cards etc.

Avoid under the environment of temperature too high or too low to use watch, avoid its exposure to strong sunlight or high humidity environment.

Please do not use wet cloth or liquid containing detergent to clean your watch.

Your watch has a recording function, please use these functions in accordance with the relevant laws and regulations, the unauthorized recording may violate the laws and regulations.

## Warning

The company will not bear any responsibility for the consequences of not complying with the above proposal or improper use.

As described in this manual content doesn't accord with your watch, please refer to actual.

The company shall have the right to change specifications at any time, without prior notice.

You WATCH 3G WCDMA network support, compatible GSM network.

When using this equipment functions, please observe the laws and respect local customs, as well as the privacy and legitimate rights and interests of others (including copyright).

You may not copy, modify, or transfer some protected image, music and other content.

When the use of the WATCH may cause interference or danger, please don't boot up.

WATCH can save a lot of useful information for you, for equipment in use process please be sure to make a backup save all important information.

Connect any equipment, please read the user manual of the device for detailed safety instructions. Don't connect incompatible products.

Never remove the watchband.

## Watch Hardware and appearance

### Package including,

1. Q5 smart watch
2. Charging Dock
3. USB Data Cable
4. Screwdriver
5. Screws

### Power / Lock Button

Button 1, Back

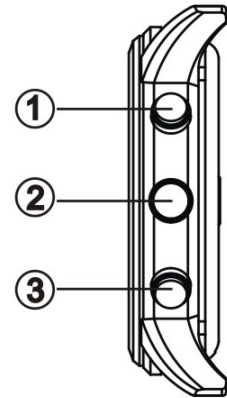
Button 2, Switch On/Off or Lock

Press 2 seconds while Screen is ON, go to Shortcut Menu including Switch Off, Restart, and Emergency Contact Person).

If in other menu, go to watch face interface by pressing Button 2.

While watch dead, it means Reset by pressing about 10 seconds, which is same as putting out battery.

Button 3, menu Button (Go to emergency contact person by pressing 5 seconds)



## Charging

Q5 apply the touch charging solution as follows steps,

- Watch connect the charging Dock correctly via the pin position
- Insert the USB cable into the charging dock by the micro USB end.

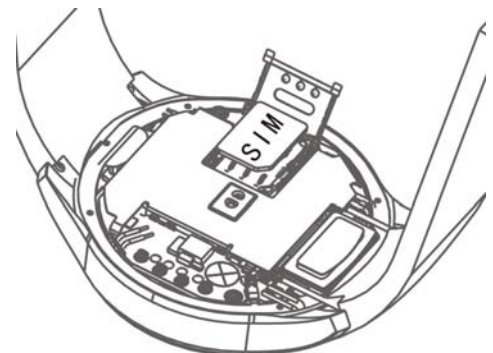
While connect with PC in this way, watch also can transfer the data to PC.

### Nano SIM

X5 plus supports Nano SIM which can save the SIM Data as well as the personal information, PIN code, Phone book, message etc.

Please ensure the watch is OFF before open the back housing to insert the SIM.

Warning, Please be sure nano SIM in good shape and condition for usage.



# Heart Rate Monitoring

Please be sure watch can slightly move on the wrist while wearing it.

- Please put watch on the right position while monitoring the heart rate.
- Do not wear the watch on the wrist for a long time.

## Software & Operation

### Watch Face

Go to watch face selection Interface after long pressing on the watch interface as the following picture.



Click the one you like.

If you do not find the one you like, go back as the following picture shows.



On the selection interface, slide to the end till “+” appears as picture shows. More nice watch faces for choosing and downloading while ON and set it for usage.

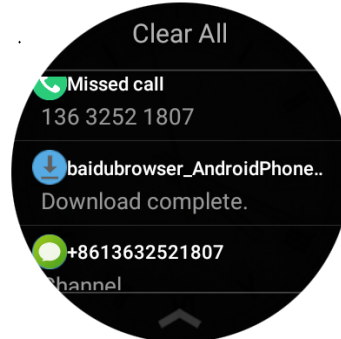


## The 1<sup>st</sup> class App

On the watch face interface, the 1<sup>st</sup> class Apps exist on the same line layer, which will appear while sliding from right to left on the watch face interface. It is Apps for Phone call, Phone book, message, Heart rate monitor, Sports, Apps, and Setting. You can go to the App as you want.

**Slide from left to right to go back.**

At the 1<sup>st</sup> Class App, Go to the notification interface by slide from top to bottom.



Slide from bottom to top and the shortcut interface comes out, which includes icons for Bluetooth, Gesture wake-up, and power-saving option. And Number 1, 2, 3 means the brightness level.

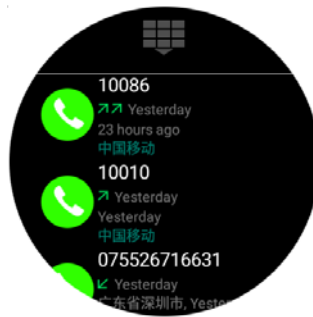
The last one is weather App.



## Phone Call Function



Dialing, watch record the recent incoming phone call or dialing as well as the missing. Slight touch app to go to the interface as picture shows.



Click the icon at the top of the interface, go to the dialing interface to call, delete as well as the phone book for emergency.



At the phone call record interface, you can make phone fast by clicking the dialing icon on the left. Or go to the phone call detail interface.



Meanwhile on this phone call record interface, call out again by clicking the icon on the left of the phone record. You can delete the phone call record or go to interface for more operation as the following picture shows. Slide to the right back to phone call record interface.



## Phone book

Click the App "Contacts" and go to the Phone Book interface. The

watch shows the contact list alphabetically with name only first.

The system restore the contacts' data on the watch by default

and supports reading contacts on the SIM.

At the bottom of contacts App, it includes icons for Add contacts,

Sync Contact. On the contacts' list, you can edit the contact

information or delete by long press.



## Message

**By message App, you can reply or delete it.**

On the interface top, you can insert the message for reply to the one you want by

choosing the contacts or inserting the phone no and send message by clicking the icon

on the bottom.



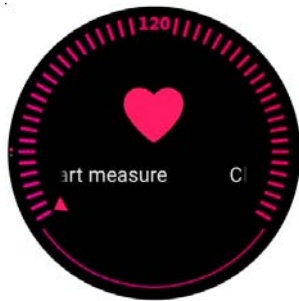
## Heart Rate Monitor

Go to the interface by click Heart Rate App. And touch the heat rate icon to start the

testing. (The user should stay calm while making static heart rate testing and wear it

besides the carpal. Meanwhile, please keep the heart rate mirror to be clean. )

Slide up, you can see the recent testing data of heat rate.



## Sports

Sports App includes steps and times for exercise. It also includes the total steps today and will be clear before 12:00PM.

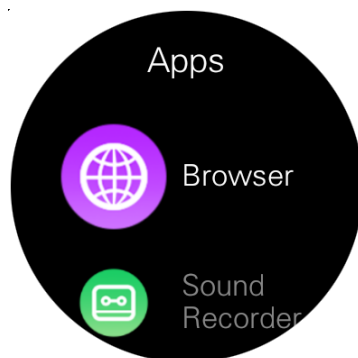
Go to details by clicking the step icon

Go to the exercise setting by clicking the 2<sup>nd</sup> icon including personal information, and exercise plan etc.



## Other Apps,

App lists also include Browser, Recorder, Alarms, Barometer, Calendar, Watch helper, Weather, File management, Download, Music, App store. Other apps user download from the store will be listed here.



## Brower

You can make internet surfing by LAN or 3G.

## Recorder

Recorder App can record, save and delete as well as other operation for recording.



## Alarm

Setting the Alarm based on the personal habit.

## Barometer

Record the local barometer by internet.

## Calendar

## Weather

Update the daily weather by internet.

## File Management

You can check all files in the watch and set up new file also.

## Download

You can check or open the files you download via internet here.

## Music

The watch has the music player supporting Bluetooth playing for the MP3, WMA, WMV. The player has PLAY / PAUS / STOP and control the volume by speaker icon. You can play the songs you prefer or delete the one you don't like.

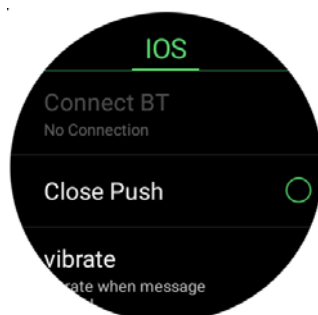
## App Store

In normal app store, there are not many APPs used for Round display device. Finow will work with the 3<sup>rd</sup> App Company for more Apps developing. Currently in market there are the Apps for Parking, Calendar, Stock, Health, News, Currency, Watch Faces etc.

## Watch Helper

### 1. Bluetooth with iOS

Open the Bluetooth on iPhone and search the Bluetooth device name WATCH-NC. Choose it and pairing it. With ANCS protocol of iOS, it makes SYNC with your watch for missing call and message and let you not miss any important information. On the Watch Helper, and make the iOS Bluetooth setting. It support iOS 8.0 or the above.



## 2. Bluetooth with Android

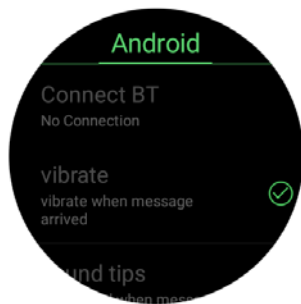
Open the App list and choose Watch Helper. Go the Bluetooth detail setting and set the message push.

On the android smart phone, helper from



you install the App of the watch

<http://www.app2open.com/download> or via QR Code.



After install the Watch helper App, you can find the watch on the upper right corner paired and enjoy the functions as follows.

### Setting

It includes Connect, Date and time, Display, Sound, Power saving, Reset equipment and Uninstall Application etc.

Connect including Bluetooth, mobile Internet, Airplane mode, GPS and VPN.

### Emergency Contacts

You can add the one to be the emergency contacts. On the Phone call interface, you can call them by long pressing button 3 to choose the emergency Contact.

### Words to Voice

While open this, it will play the voice while dialing or read the message if you click the speaker icon beside.

### Other setting

Other setting includes battery, voice input, privacy lock, phone setting or about devices.

## FCC Statement

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

To assure continued compliance, any changes or modifications not expressly approved by the party.

Responsible for compliance could void the user's authority to operate this equipment.

(Example use only shielded interface cables when connecting to computer or peripheral devices).

This device complies with part 15 of the FCC Rules. Operation is subject to the condition that this device does not cause harmful interference.

The SAR limit adopted by USA and Canada is 1.6 watts/kilogram (W/kg) averaged over one gram of tissue. The highest SAR value reported to the Federal Communications Commission (FCC) and the Industry Canada (IC) for this device type when it is tested for use at the head is 0.530W/kg(SAR<sub>1-g</sub>), and that when it is properly worn on the body is 1.938W/kg(SAR<sub>10-g</sub>).

The device complies with the RF specifications when the device is used near your ear or at a distance of 0 mm from your body. Ensure that the device accessories such as a device case and a device holster are not composed of metal components. Keep your device 0 mm away from your body to meet the requirement earlier mentioned.

This device was tested for typical body-worn operations. To comply with RF exposure requirements, a minimum separation distance of 0 mm must be maintained between the user's body and the handset, including the antenna. Third-party belt-clips, holsters, and similar accessories used by this device should not contain any metallic components. Body-worn accessories that do not meet these requirements may not comply with RF exposure requirements and should be avoided. Use only the supplied or an approved antenna