



KIOSK-HEAD 27"

USER MANUAL

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1. Important safety instructions

Carefully read the manual in its entirety prior to using the product.

It is the responsibility of the possessor of the product to read this manual in its entirety and the warning labels; to instruct all users and user supervisors in the correct use of the product; and to make this manual available to users and supervisors.

It is essential to fully understand every warning. If you need clarification on any warning, please contact Technogym (<https://www.technogym.com/support>).

This product is intended for use in establishments such as sports clubs and gyms with access, supervision and control specifically regulated by the owner. As such, this product is intended for professional use.

This product is not intended to be used by children under 13 years of age and by disabled individuals. Watchful supervision is required when used by individuals between 13 and 17 years of age.

The product is to be used only for the purposes described in this manual. Any other use is considered inappropriate and therefore dangerous.



You will see this symbol in association with safety warnings. It is used to alert you of potential personal injury hazards. Follow all messages indicated with this symbol.



DANGER

To reduce the risk of electric shock, always remove the plug from the electrical socket immediately after use and before cleaning or performing any maintenance procedures.



WARNING

To reduce the risk of burns, fire, electric shock or injury to persons, take the following precautions:

- Never leave the product plugged in and unattended. Unplug the product from the electrical socket when not in use, before cleaning it, and before installing or removing electrical parts.
- This product is not intended to be used by individuals with physical, sensory or mental impairments.
- Only use accessories specified by the manufacturer.
- Never turn on the product if it has a damaged cable or plug, if it is not working correctly, if it has been knocked over or damaged, or if it has fallen in water. In these circumstances, contact the Technogym Technical Support Service.
- Do not pull the product by the power cable or use the cable as a handle.
- Keep the power cable away from heated surfaces.
- Never drop or insert any object into any opening.
- Do not use outdoors. Do not expose the product to jets of water.
- Do not operate where spray products or oxygen are being used.
- To disconnect the power, bring all controls in the off position and then remove the plug from the socket.

The product must not be made available for use if it is damaged or not working properly. In these circumstances, contact the Technogym Technical Support Service.

Operate and use the product only on a solid and flat surface.

Keep all of the components, such as the power cable and I/O switch, away from liquids in order to prevent electric shocks.

Keep the product in good working condition. If you see signs of wear, contact the Technogym Technical Support Service.

Do not attempt any maintenance work on the product other than the operations described in this manual.

Do not place anything on the product.

Do not lean on the product.

2. Product Description

- 27" full HD multi-touch display
- 3D camera
- Speaker
- Network or LAN RJ45 jack, for Ethernet connection
- USB 2.0 ports
- RS232 port, for connection of external devices (Technogym Checkup 7000 - E030A*)
- ON/OFF switch
- Infrared presence sensor

The product is compatible with Bluetooth® 5.0, for smartphone connection.

When connecting external devices via the RS232 port (K), the cable used must not be more than 3 metres long.

3. Technical Specification

<i>Power supply</i>	12 Vdc $\pm 10\%$, 5A
<i>Fuse</i>	3.15 A, rapid type
<i>Electrical class</i>	II
<i>Protection rating</i>	IP20
<i>Operating temperature</i>	From 5 to +35 °C (from 41 to 86°F)
<i>Display</i>	1920 x 1080 full HD multi-touch
<i>Camera</i>	Intel® RealSense™ Depth camera
<i>Operating relative humidity</i>	5%–85%
<i>Maximum altitude</i>	2,000 metres asl
<i>User height</i>	140–205 cm (4'7"–6'9")

4. FCC Regulatory Notices

FCC references to product certification:

Contains FCC ID: 2ALZB-AS2DTGM

This device complies with part 15 of the FCC rules. Operation is subject to the following two conditions:

- 1 This device may not cause harmful interference, and
- 2 this device must accept any interference received, including interference that may cause undesired operation.

NOTE: Changes or modifications made to this equipment not expressly approved by the manufacturer may void the FCC authorization to operate this equipment.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation.

This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/ TV technician for help.

4.1 RF Exposure Information

This device complies with the FCC radiation exposure limits for an uncontrolled environment.

This equipment shall be installed and operated with a minimum distance of 20cm between the user and this device."

5. ISED Canada Regulatory Notices

ISED references to product certification:

Contains IC: 22688-AS2DTGM

This device complies with Industry Canada's applicable licence-exempt RSS. Operation is subject to the following two conditions:

- 1 This device may not cause interference, and
- 2 this device must accept any interference, including interference that may cause undesired operation of the device.

Références de l'ISDE à la certification du produit:

Contient IC : 22688-AS2DTGM

Cet appareil contient un ou plusieurs émetteurs/récepteurs exemptés de licence qui sont conformes aux normes RSS d'exemption de licence d'Innovation, Sciences et Développement économique Canada. Son fonctionnement est subordonné aux deux conditions suivantes :

(1) Cet appareil ne doit pas causer d'interférences.

(2) Cet appareil doit supporter toute interférence, y compris toute interférence susceptible de causer un fonctionnement indésirable de celui-ci.

5.1 RF Exposure Information

This equipment complies with IC RSS-102 radiation exposure limits set forth for an uncontrolled environment. This equipment should be installed and operated with minimum distance 20cm between the radiator and all persons.

Cet appareil est conforme aux limitations de la norme IC RSS-102 concernant l'exposition aux radiations dans un environnement non contrôlé. Cet équipement doit être installé et utilisé en respectant une distance minimale de 20cm entre le radiateur et toutes les personnes.

6. Internet requirements

TECHNOGYM CHECKUP requires and can support both wireless internet connection and wired internet connection via RJ45 port.

A good connection speed is recommended for the best product experience.

Wired Ethernet network

- Ethernet GigaLAN (10/100/1000)

Wireless network

Connect the product to the Wi-Fi network taking into account the following requirements:

- Key Standard: Wi-Fi 6; IEEE 802.11 a/b/g/n/ac/ax
- Frequency: 2.4GHz or 5GHz
- Security Protocol List: WEP, WPA, WPA PSK, WPA2, WPA3.

7. Use instructions

Technogym Checkup is a product designed for general user well-being, to encourage users to adopt and maintain a healthy lifestyle. The product lets users perform a variety of functional tests, which are used to suggest exercise programmes aimed to improve their physical and mental fitness.

The measurements made by Technogym Checkup ARE NOT intended to serve as a diagnosis or treatment of any type of medical condition. Technogym Checkup can be used for assessment of the following:

- Body composition to promote maintenance of a healthy weight and encourage the adoption of a balanced diet and regular exercise
- Joint mobility and balance, to promote a functional lifestyle
- Mental abilities (such as brain speed, executive function, memory and attention), to support all-around well-being.

More generally, Technogym Checkup can be used to collect fitness data and promote healthy behaviour by recommending exercise programmes designed to improve the user's overall well-being.

Technogym Checkup IS NOT a medical device and, therefore, it is not to be used for medical purposes.

Technogym Checkup is intended for professional environments, such as sports facilities, fitness clubs and gyms. The product can be used by personal trainers, operators or private users and does not require supervision by a specific operator or skilled personnel.

Do not use the product when children or pets are present.

Do not place the product near direct light sources.

For measurement, wear close-fitting sports apparel. Avoid loose-fitting clothes and hooded sweatshirts. Tie long hair back.

Avoid wearing clothes made with highly reflective material.

There should be no people or objects behind the user doing the test.

Ensure there is ample space above the product clear of obstructions to carry out all the required tests.

Place the product on a rigid surface. Do not place the product on soft or floating surfaces.

On model Technogym Checkup 9000 - E030B*, use extreme caution when stepping on and off the product to avoid physical injury.

Do not perform a body composition measurement (BIA) during a confirmed or suspected pregnancy.

If the product is equipped with handgrips, keep hands, fingers or other body parts away from the hinges while the handgrips are moving.

Before connecting the product to the mains power supply, ensure that the electrical system specifications comply with current regulations.

Check that the mains voltage matches the one on the product's identification label.

Plug the power cable into the product socket first and then into the wall socket.

8. Label

The device is equipped with an identification plate located on the backside.



9. Storage and disposal of the product

If a long period of non-use is expected, you are advised to store the product in the following way:

- in a clean dry place, with a dust cover;
- at a room temperature between -20°C (14°F) and +70°C (158°F) and humidity between 5% and 90%.

When the product will not be used for extended periods, it must be deactivated by disconnecting the power cable.

Check that the product does not create any type of hazard; do not leave it for children to play with.

The product must not be disposed of in the environment, in public areas, or private areas used for public purposes.

The product is made from recyclable materials such as steel, aluminium and plastic, which must be disposed of by firms specialised in urban and environmental hygiene in the manner prescribed by the urban waste collection regulations in force.

Waste deriving from electrical and electronic equipment must not be disposed of as urban waste. A specific disposal system involving suitable processing, recovery and recycling in compliance with the regulations in force, is provided for this kind of waste.

Illegal dumping or improper use of electrical and electronic equipment waste may cause serious damage to the environment and have repercussions on people's health.

Under the provisions put into effect by the European Union Member States, private citizens resident within the European Union may take used electrical and electronic equipment to authorised collection centres.

If the product is used for professional purposes, contact your reseller or the Technogym Customer Service, in the various Countries, to arrange for collection and disposal of waste from electrical and electronic equipment.

For disposal of electrical and electronic equipment in countries outside the European Union, contact your local authorities.

Average life of the product: 10 years.