



USER MANUAL

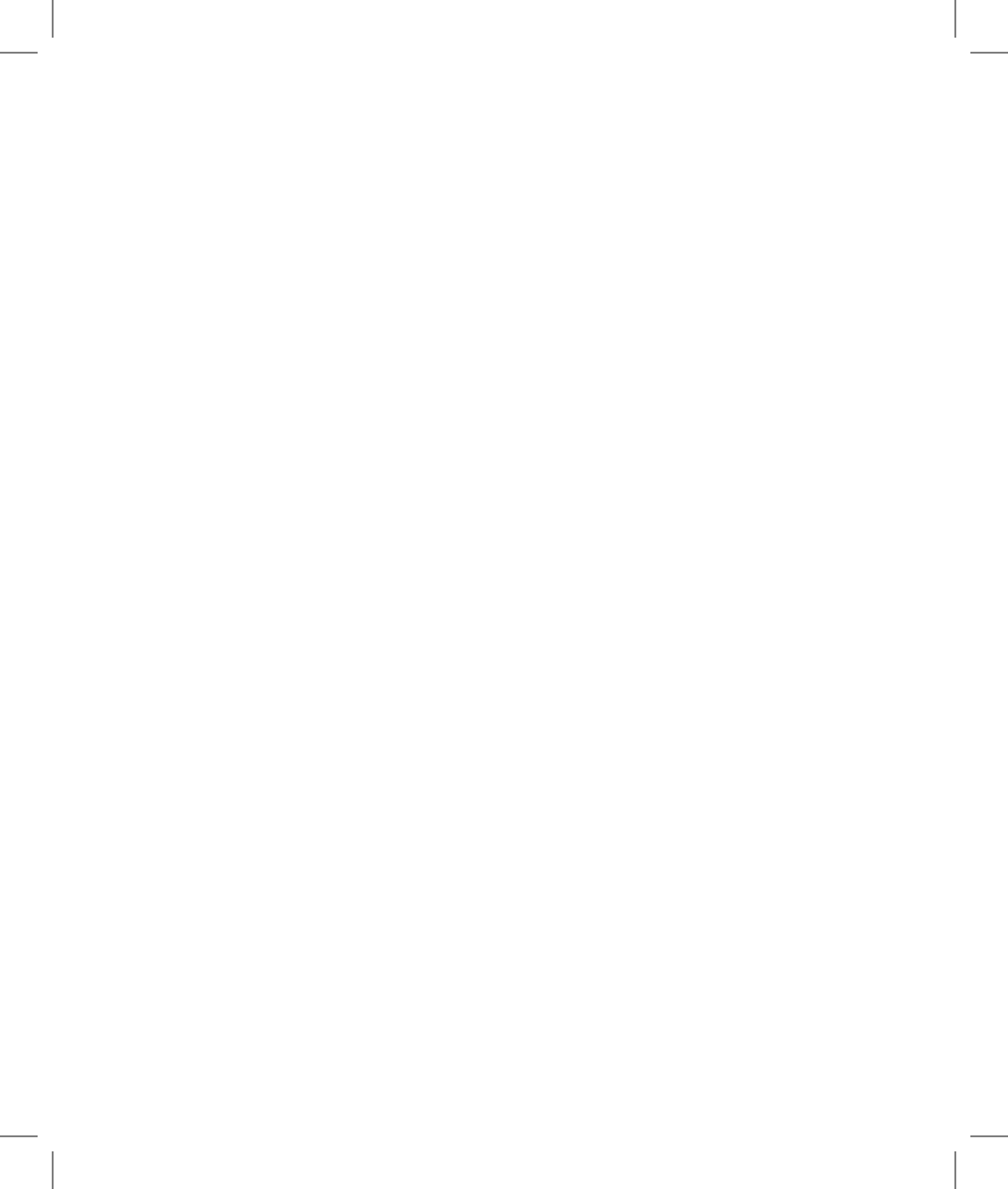


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Welcome to ZEEQ!

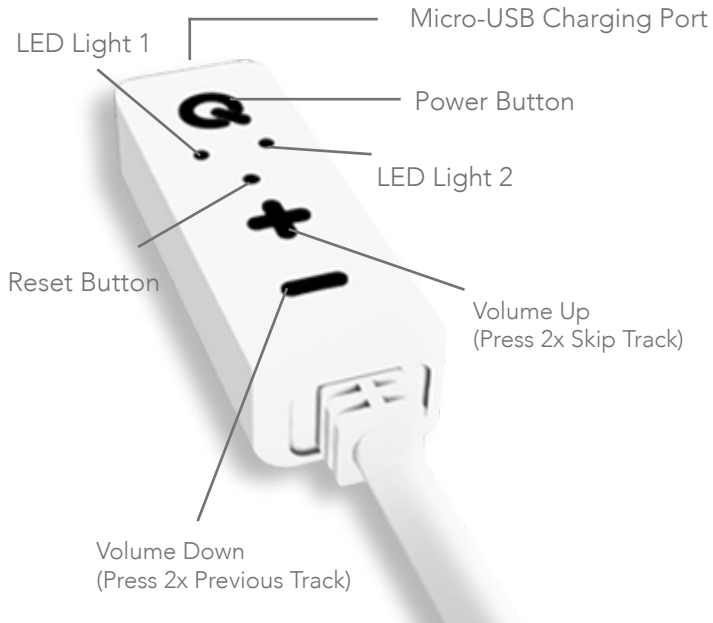
This guide will explain the functions of your new ZEEQ.
A complete tutorial can be found in the **ZEEQ app**.

Get it at [REM-Fit.com/apps](https://rem-fit.com/apps)



The ZEEQ app will walk you through setup of your new ZEEQ.
Please continue setup in the ZEEQ app.

ZEEQ Remote



ZEEQ Functions



Power

Press and hold for **5 seconds** to cycle on/off



LED will be **green** in "Wake" mode



LED will be **blue** in "Sleep" mode.

**LED will dim after 5 seconds*

ZEEQ Functions



- Click 1x for “volume up”
- Click 2x for “skip track”



- Click 1x for “volume down”
- Click 2x for “previous track”



- Use a pin to press the button and reboot ZEEQ

ZEEQ Lights

Battery Status:

- ZEEQ will blink white when powered on to indicate it's battery status

 0% - 25%

 25% - 50%

 50% - 75%

 75% - 100%

Access Denied:



- ZEEQ will blink red and white repeatedly if you attempt to enter sleep mode while charging
- Charging ZEEQ while sleeping is **NOT** supported

ZEEQ Lights

Charging Status:  or 

- ZEEQ will blink red while charging.
- ZEEQ will be solid white when fully charged.

Low Battery:   

When ZEEQ is low on power, it will blink red three times every few minutes. Please charge ZEEQ when you see this.

ZEEQ Music



Speaker Mode:

To enable "speaker mode" press the power button three times in two seconds. LED 2 will turn blue for a moment

*The ZEEQ app will automatically turn the speakers on/off in sleep mode



Speaker Status:

To see if the ZEEQ speakers are on, you can press and hold the **+** and **-** buttons for 2 seconds at the same time. If the speakers are on, LED 2 will blink blue for a moment.


*Speaker mode can only be enabled for 2 hours at a time

"5-Click" Sleep

You can use the ZEEQ Remote to start and stop sleep. You must first configure "5-Click" in the ZEEQ app.

1. Enable "5-Click" in the ZEEQ app.
2. Set your default alarm and setting in the ZEEQ app
3. Save your settings

**This must be done near your ZEEQ*

To start and stop sleep from your remote simply press the  button on the remote 5 times. The light on the remote will go from green to blue when entering sleep mode. When waking up, the light will return to green.

ZEEQ Auto Sleep

When Auto Sleep is enabled, ZEEQ can automatically enter sleep mode when it detects you have come to bed.

1. Enable "Auto Sleep" in the ZEEQ app
2. Set a "Start Time". This is the time ZEEQ will begin Auto Sleep detection.
3. Set the Auto Sleep duration window. This is how long after the "Start Time" ZEEQ will detect Auto Sleep.
4. Set the sensitivity. The more sensitive you set this, the faster ZEEQ will enter Auto Sleep.
5. Set your alarm and wake settings.
6. Save your settings in the ZEEQ app

**This must be done near your ZEEQ*

To start and stop sleep from your remote simply press the button on the remote 5 times. The light on the remote will go from green to blue when entering sleep mode. When waking up, the light will return to green.

Additional Help & Info

If you need additional help or information, please go to

REM-Fit.com

for tips, info, support & tutorials.

Specifications

Model:	RFZQ01
Dimensions (Inches):	16.75 H x 26.5 W x 5.5 D
Weight:	7 lbs.
Battery:	Lithium Ion 3.7v Rechargeable Battery
Battery Life:	5-15 days
Battery Capacity:	5000mah
Wireless:	Music and Data Transmission
Wireless Range:	10m (30 feet)
App Requirements:	Android 4.3 or iOS 8

Designed in Wheeling, IL - Made in China
by JAB Distributors LLC REM-Fit

Care and Maintenance

- CAUTION! RISK OF EXPLOSION IF BATTERY IS ALTERED OR REPLACED
THE ZEEQ BATTERY IS NOT USER REPLACEABLE. DISPOSE OF USED BATTERIES ACCORDING TO LOCAL LAWS.
- Do not excessively bend this product. The product has built-in sensors and excessive bending may cause damage to those sensors.
- You CANNOT use the product during recharging.
- Do not allow the product to come into contact with water as it may cause damage to the inside of the product. ZEEQ includes a removable and washable pillow cover, but DO NOT wash the ZEEQ pillow or it's internal components.
- When the power adapter is inserted into the power outlet, do not touch the metal end of the power adapter
- Please ensure that ZEEQ is not close to any source of excessive vibration or noise to ensure that the sensors can accurately detect and monitor the users' sleep. Vibrations and noise caused by electric fans, washing machines or loud music etc. can lead to inaccuracies in the product monitoring.
- Do not use ZEEQ in an environment with extreme high or low temperatures. Avoid exposing ZEEQ to direct sunlight or high humidity. The acceptable temperature for this product and accessories is between 50° F - 100° F.
- ZEEQ Speaker Mode is limited to 2 hours per session to preserve battery life. Take care to listen to music at an appropriate volume.
- Note: Please charge the battery at least once a month to prolong battery life even not use ZEEQ for a long time.

Health and Safety

Please note that ZEEQ is not a medical device. All information

provided by ZEEQ and the accompanying ZEEQ app are for informational purposes only.

You should consult with your physician before using any sleep aid regimen.

Attention! For users with medical illnesses or diseases, measures should be taken to regularly and personally monitor your health situation by a licensed professional. Please be aware that this product must not be used for persons who are fitted with a heart pacemaker. This product is not designed for monitoring the sleep quality of people under the age of eighteen.

FCC Statement

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.

- If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:
- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

FCC ID: 2AJC4-RFZQ01

Additional Statements:

This device complies with Industry Canada license-exempt RSS standard(s). Operation is subject to the following two conditions: (1) this device may not cause interference, and (2) this device must accept any interference, including interference that may cause undesired operation of the device.

Le présent appareil est conforme aux CNR d'Industrie Canada applicables aux appareils radio exempts de licence. L'exploitation est autorisée aux deux conditions suivantes : (1) l'appareil ne doit pas produire de brouillage, et (2) l'utilisateur de l'appareil doit accepter tout brouillage radio électrique subi, même si le brouillage est susceptible d'en compromettre le fonctionnement.

Product Description: Smart Pillow

IC: 21823-RFZQ01
Model: RFZQ01

Complies with
IDA Standards
XXXXXXX

CAUTION

RISK OF EXPLOSION IF BATTERY IS REPLACED BY AN INCORRECT TYPE
DISPOSE OF USED BATTERIES ACCORDING TO THE INSTRUCTIONS



Correct Disposal of this product. This marking indicates that this product should not be disposed with other household wastes throughout the Eu. To prevent possible harm to the environment or human health from uncontrolled waste disposal, recycle it responsibly to promote the sustainable reuse of material resources.

To return your used device, please use the return and collection systems or contact the retailer where the product was purchased. They can take this product for environmental safe recycling.

Rated input voltage: 5V
Rated input current: 1.5A
Operating temperature: 50° F-100° F



