



# VITAL SCOUT

Continuous Wellness Tracker

## INSTRUCTIONS FOR USE



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## INTENDED USE & PRECAUTIONS



### INTENDED USE:

The wireless Vital Scout continuous health monitor is a non-invasive and re-usable electronic device for home use. The product is intended for general wellness tracking for ages 12 years and older.

### PRECAUTIONS:

1. Any form of modification to this device is forbidden.
2. Do not use this device together with MRI or CT equipment.
3. Physicians should diagnose based on clinical references and symptoms, and use this device as a subsidiary tool.
4. Do not use this device if it cannot stay in contact with the skin and do not use on wounded or irritated skin.
5. This device is non-sterile.
6. Do not submerge the Vital Scout patch in water.
7. Do not excessively bend or twist the Vital Scout patch.
8. In case of skin discomfort, remove the Vital Scout patch immediately.
9. For additional safety, keep the product out of the user's mouth.
10. Device setup shall be performed by adults. Please call customer service at (408) 663-6784 if any issues occur during device setup.

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# INSTRUCTIONS FOR USE



## 4. APPLY ADHESIVE

Remove tab "one" of the adhesive and attach it to the bottom of the Vital Scout patch. Press firmly to ensure the adhesive is adhering to the patch.

## 5. APPLY PATCH

Remove tab "two" of the adhesive and apply the patch horizontally to the chest, above the heart. You may also apply the patch vertically in the middle of the chest. Remove tab "three" from the adhesive to finish the application.

## 6. SET YOUR GOALS

Once the patch is paired and attached to the body, you can set daily goals you would like to achieve. These goals will be used to help motivate you to a healthier lifestyle. Keep in mind, these goals can be adjusted later.



THANK YOU  
FOR CHOOSING VITAL SCOUT

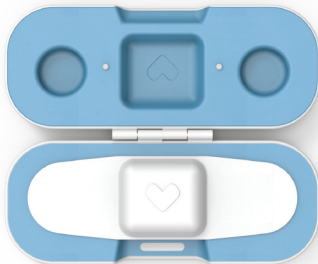
Manufactured by VivaLnk, Inc.  
4655 Old Ironsides Dr. #390  
Santa Clara, CA 95054 USA  
(408) 868-2898

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## WHAT'S INCLUDED



|                   |     |
|-------------------|-----|
| Vital Scout Patch | x1  |
| Charging Base     | x1  |
| Charging Cable    | x1  |
| Adhesives         | x20 |



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## INSTRUCTIONS FOR USE



### 1. DOWNLOAD THE APP

Download the free Vital Scout app by searching Vital Scout in the Apple App Store or Google Play Store. You must download the app in order to use the product.

### 2. SIGN UP

Create an account and enter your profile data so the app can accurately monitor your health.

### 3. PAIR THE PATCH

Make sure Bluetooth is enabled in your phone's settings. Place the patch near the phone and start scanning. Select the serial number from the list that matches the serial number that is on the back of your Vital Scout patch.

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## FEATURES



### DASHBOARD

The dashboard view allows you to see an overall picture of your current health. The categories represented here are Stress, Activity, Recovery, and Sleep. You can see more details of each category by clicking on the associated tab.

### MY DEVICE

My Device allows you to check the battery life and connection status of your Vital Scout patch. You can also pair with your patch here.

### NOTES

The Notes tab allows you to create journal entries to record recent activity, nutritional habits, symptoms, and more.

### PROFILE

In the Profile tab, you can edit your profile information and daily goals.

### SETTINGS

In the Settings tab, you can edit your account information, sign out, review our company policies, get help, and more.



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## THE WARNING INFORMATION FOR FCC



This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

- (1) this device may not cause harmful interference.
- (2) this device must accept any interference received, including interference that may cause undesired operation.

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# THE STATEMENTS FOR FCC



Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.