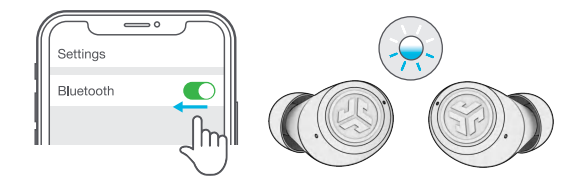



### MULTIPOINT

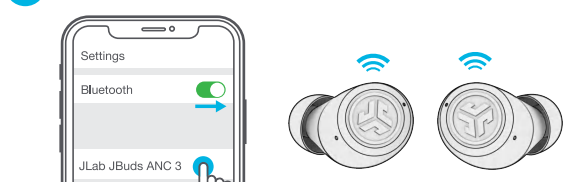
1 Once **FIRST** device is connected, turn off Bluetooth in device settings. JBuds ANC 3 will auto enter Bluetooth Pairing.



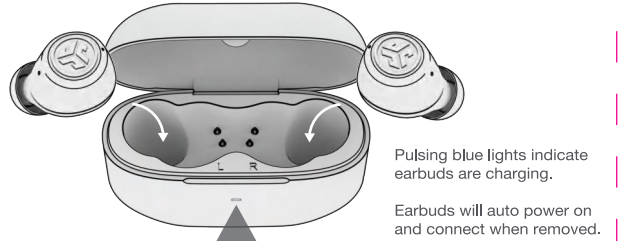
2 Enter your **SECOND** device Bluetooth settings and connect to JBuds ANC 3.



3 Enter your **FIRST** device Bluetooth settings. Turn on Bluetooth and connect to JBuds ANC 3.



### GET CHARGED (EARBUDS)



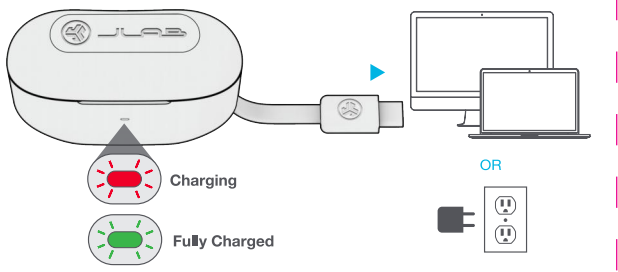
Pulsing blue lights indicate earbuds are charging.  
Earbuds will auto power on and connect when removed.

**Solid Green**  
Case 100-25%

**Blinks 3x Red**  
Case less than 25% (charge case)

### GET CHARGED (CASE)

Connect the JBuds ANC 3 to computer or USB 5V 1A (or less) output device.



Charging  
Fully Charged

### THE RIGHT SOUND FOR EVERY MOMENT

#### EQUALIZER MODES

	<b>"JLAB SIGNATURE"</b> JLab CS™ signature sound with amplified vocals and bass	<b>BEST FOR</b> Best option for most music: Pop, rock, country, electronic and more
	<b>"BALANCED"</b> Even sound with no additional sound enhancements	<b>BEST FOR</b> Podcasts, Audiobooks Classical music
	<b>"BASS BOOST"</b> Amplified bass and sub-bass	<b>BEST FOR</b> Working out, sport and fitness Hip hop, rap, electronic
	<b>"CUSTOM"</b> Personalize your EQ through the JLab App.	

### TROUBLESHOOTING

#### BLUETOOTH OR EARBUD CONNECTION FAILURE (MANUAL RESET)

- Keep the earbuds in the charging case and forget "JLab JBuds ANC 3" from your Bluetooth device settings.
- Quick tap 7x on one earbud in charging case. Earbud blinks blue 4 times.
- Quick tap 7x on other earbud in charging case. Earbud blinks blue 4 times.
- Take both earbuds out of the charging case. One earbud will be solid white and other will blink blue/white indicating ready to pair to your device.

### WITH LOVE FROM THE LAB

We have lots of different ways to show we care.

### GET STARTED + FREE GIFT

**Product updates | How-to tips | FAQs & more**  
Go to [jlab.com/register](https://jlab.com/register) or [help@jlab.com](mailto:help@jlab.com) to register and unlock your customer benefits including a free gift.  
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We're obsessed with creating the best possible experience around owning our products. If you have any questions, concerns, or feedback, we're here for you. Contact a real human on our U.S.-based customer support team.

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**Phone U.S.:** +1 (405) 445-7219 (Check hours [jlab.com/hours](https://jlab.com/hours))  
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INSIDE

## QUICK START GUIDE



### WELCOME TO THE LAB

The Lab is where you'll find real people, developing really great products, in a real place called San Diego.

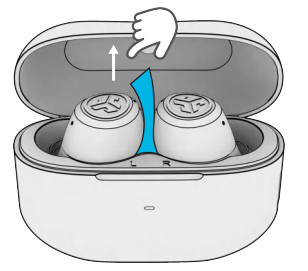
### PERSONAL TECH DONE BETTER

- Designed for You**  
We actually listen to what you want and we're always looking for ways to make everything easier and better for you.
- Lab Quality Sound**  
Choose from different settings and customize your sound style to match exactly what you're doing.
- Surprisingly Awesome Value**  
We always pack in the most functionality and fun into every product at a truly accessible price.


**#yourkindoftech**  
tech without you

### PAIR UP

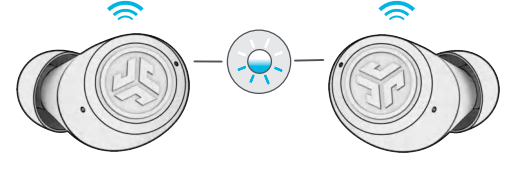
1 Remove tab and close case door.



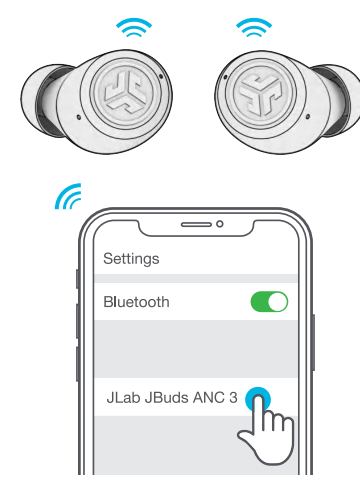
2 Pulsing blue on case indicates charging. Remove earbuds from case.



3 One earbud blinks blue/white = Ready to Pair



4 Select "JLab JBuds ANC 3" in your Bluetooth settings to connect.



Voice prompt "Bluetooth connected" followed by **lights off** will indicate connection.

### GO AHEAD, PRESS THE BUTTON

**LEFT**

**VOLUME DOWN:** 1x  
**VOICE ASSISTANT:** 2x  
**NOISE CONTROLS:** Press Hold  
**EQ CHANGE:** 3x

**RIGHT**

**VOLUME UP:** 1x  
**PLAY/PAUSE:** 2x  
**TRACK FORWARD:** Press Hold  
**EQ CHANGE:** 3x

**MUSIC/MOVIE MODE:** Press Hold Both  
**ANSWER CALL:** 1x  
**HANG UP CALL:** 2x  
**REJECT INCOMING CALL:** Press Hold

### DOWNLOAD THE APP

Customize JBuds ANC 3 features and update the latest software.


Download the **JLab App** in Apple/Google Play Store.






### LATEST AND GREATEST

Our team is constantly improving your product experience. This model may have new features or controls which are not detailed in this guide.



Access the full product manual at [help.jlab.com](https://help.jlab.com) or [intl.jlab.com/manuals](https://intl.jlab.com/manuals)

**DE** Die vollständige Bedienungsanleitung ist online abrufbar unter [intl.jlab.com/manuals](https://intl.jlab.com/manuals)  
**FR** Accédez au manuel complet du produit à l'adresse suivante: [intl.jlab.com/manuals](https://intl.jlab.com/manuals)  
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**PT** Acceda ao manual completo do produto em [intl.jlab.com/manuals](https://intl.jlab.com/manuals)  
**IT** È possibile consultare il manuale del prodotto alla pagina [intl.jlab.com/manuals](https://intl.jlab.com/manuals)  
**NL** Toegang tot volledige producthandleiding op [intl.jlab.com/manuals](https://intl.jlab.com/manuals)



IS: 13252(PART 1): 2010 | R-41213802  
IEC 60950-1: 2005 | [www.bis.gov.in](https://www.bis.gov.in)  
IS: 616: 2017 | R-41222810  
IEC 60065: 2014 | [www.bis.gov.in](https://www.bis.gov.in)

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### FCC Statement:

This device complies with Part 15 of the FCC rules. Operation is subject to the following two conditions: 1) this device may not cause harmful interference and 2) this device must accept any interference received, including interference that may cause undesired operation.

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

Changes or modifications not expressly approved by the party responsible for compliance could void your authority to operate the equipment.

### ISED Statement

This device contains licence-exempt transmitter(s)/receiver(s) that comply with Innovation, Science and Economic Development Canada's licence-exempt RSS(s). Operation is subject to the following two conditions: (1) This device may not cause interference. (2) This device must accept any interference, including interference that may cause undesired operation of the device.

ADVERTENCIA IC Cet appareil contient des émetteurs / récepteurs exempts de licence conformes aux RSS (RSS) d'Innovation, Sciences et Développement économique Canada. Le fonctionnement est soumis aux deux conditions suivantes: (1) Cet appareil ne doit pas causer d'interférences. (2) Cet appareil doit accepter toutes les interférences, y compris celles susceptibles de provoquer un fonctionnement indésirable de l'appareil.

This device complies with ISED RF radiation exposure limits set forth for an uncontrolled environment

OUTSIDE

	Date: 12.06.24
PROJECT: JBuds ANC 3 QSG	
STOCK: 157g, MATTE	
INK: 4/4 CMYK/CMYK	
FLAT SIZE: 420.4mm x 113mm	
FOLDED SIZE: 84.29mm x 113mm	