

**CROSS BODY  
TRAINER®**  
CBTH-01

1. Ensure your mobile device has Bluetooth 4.0 Low Energy or later release
2. Download the Cross Body Trainer App on your Mobile Device
3. Activate bluetooth on your mobile device

4. Unwrap sensor



5. Insert 2 AAA Batteries



6. Open flap on top of bag



7. Insert sensor in holder



8. Close holder



9. Sync the app



- a.) Open the bluetooth menu in the cross body trainer app.
- b.) Tap the bag to wake up the sensor.
- c.) Click pair and you're ready to start working out!

**nexersys™**

Manufacturer:Nexersys Corporation

**FCC Warning:**

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- o Reorient or relocate the receiving antenna.
- o Increase the separation between the equipment and receiver.
- o Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- o Consult the dealer or an experienced radio/TV technician for help.

**Caution:** Any changes or modifications to this device not explicitly approved by manufacturer could void your authority to operate this equipment.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.