

Live In The Know



37degree

Journey 产品说明书

B3702

# 目录

01 佩戴方式	-----	1
02 规格参数	-----	4
03 产品声明	-----	7
04 保修和售后服务	-----	8

# index

01 How to wear	-----	11
02 Specification	-----	14
03 Product declaration	-----	17
04 Warranty and after-sales service	-----	18
03 Warning	-----	22

## 佩戴方式

### 安装App & 手环充电

安装App 如图 ①：扫描右侧或包装盒底部的二维码安装App。

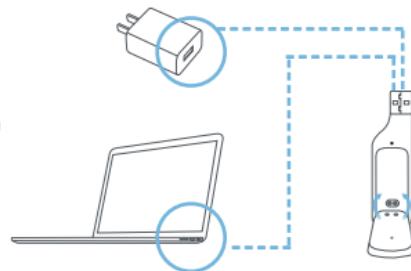
图 ①



### 手环充电 如图 ②：

- 1、37° Journey手环开始充电时，请将手环主体背部充电触点对准充电器里面的金属触点，主体和充电器将会自动扣上；
- 2、请将充电器插入USB口充电，充电时充电器绿灯闪烁；
- 3、充电时间大约在2个小时，满电后绿灯常亮。

图 ②



# 佩戴方式

## 组装手环 & 手环绑定

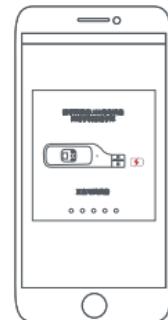
组装手环 如图 ③：请将手环主体装入腕带内。

图 ③



手环绑定 如图 ④：请在保持手环充电的状态下，打开手机蓝牙，按照37° 手环软件App的提示搜索手环，并且刷新37° 手环软件App查看，直至完成绑定。

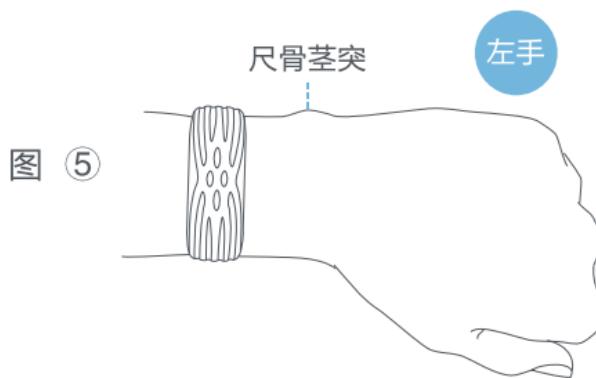
图 ④



## 佩戴方式

### 最佳测量方式

如图⑤ 手环以左手距离“尺骨茎突”两指宽处佩戴最佳。



# 规格参数

## 基本参数

	Journey
	手环重量 : 24g
	手环全长 : 238 mm
	可调长度 : 133 — 209 mm
	防水等级 : IP67
	电池类型 : 锂聚合物电池
	电池容量 : 157 mAh
	同步方式 : 蓝牙 4.0
	工作温度 : -10° C — 45° C
	设备要求 : 系统为Android4.3及以上版本或IOS7及以上

# 规格参数

## 指示灯规则

手环指示灯：

绿灯闪烁：充电中

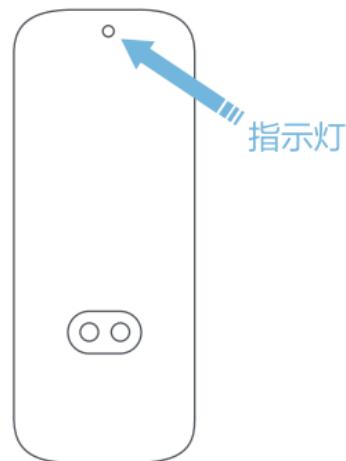
绿灯常亮：充电完成

青灯快闪：绑定手环

黄灯闪烁：关闭手环或进入飞行模式

黄灯常亮：激活手环或退出飞行模式

红灯闪烁：请打开37° 手环软件App连接手环同步数据



# 规格参数

## 产品元素含量表

	有毒有害物质和名称					
	铅 (Pb)	汞 (Hg)	镉 (Cd)	六价铬 (Cr VI)	多溴联苯 (PBB)	多溴二联苯醚 (PBDE)
手环外壳	○	○	○	○	○	○
内部组件	×	○	○	○	○	○
腕带扣	○	○	○	○	○	○
腕带	○	○	○	○	○	○
充电器外壳	○	○	○	○	○	○

### 说明

○: 表示该有毒有害物质在该部件所有均质材料中的含量均在 SJ/T 11363-2006 标准规定的限量要求以下。

×: 表示该有毒有害物质至少在该部件的某一均质材料中的含量超出 SJ/T 11363-2006 标准规定的限量要求。

本产品符合欧盟 RoHS 环保要求。



皮肤过敏人士或者天气较热和潮湿环境时, 请勿长时间过紧佩戴腕带, 否则可能导致皮疹或者瘙痒。

## 产品声明

本产品通过检测动态血压、心率等方式记录、分析人体生物节律，帮助人们了解自身生物节律以实现对健康生活的追求。

动态血压、心率与医学诊断使用的血压、心率并非同一概念。

本产品记录的数据不能作为医学诊断依据。

37° 手环不属于医疗器械、医疗设备范畴。

37° 手环及与其相关联的37° 手环软件App及其获得的数据不能作于诊断、治疗依据使用。

为避免过度运动和用户自我诊断造成的伤害，在改变您的运动习惯及方式前，在改变您的营养习惯及方式前，尤其是在改变您的药物使用方式和习惯前，请务必听取医生等专业人员的意见。

请务必严格按照医嘱使用药物。

# 保修和售后服务

在使用前请您务必在37° 官网内查看网上说明、常见问题解答和产品快速入门指南。  
( 官网地址: 37c.cc )

## 产品保修期限

“有限的保修期”从购买当日开始持续一年，在购买满一年之日结束，结束后不再享受售后服务。作为销售的一部分，您的店铺/经销商（或其进口商或分销商）可能会向您提供更长的保修期，37° 手环不就此类延长保修负责。因此如需了解更多信息，请与您的店铺/经销商联系。本有限保修期将无须通知自动届满，如存在以下情况（由37° 全权酌情决定），本有限保修将不可执行：

- 1、用户自行打开产品或擅自改动其中的零部件；
- 2、产品经37° 以外的人员修理、拆解；
- 3、序列号已被清除、更改或以任何方式致其难以辨认；
- 4、产品并非从37° 的授权经销商处购买（请联系37° 获取授权经销商名单）。

## 三包凭证

37° 手环售后服务承诺：

严格依据（中华人民共和国消费者权益法）、（中华人民共和国产品质量法）实行售后三包服务。三包有效期内，您可依照本规定享受修理、更换、退货的权利，修理、换货、退货应当凭发票或购买凭证办理。

# 保修和售后服务

您可依照本规定享有修理、换货、退货服务，修理、换货、退货应当提供发票或购买凭证，并自行承担运费：

- 1、自购买日起7天内，37° 手环出现任何性能故障，可以要求退货、换货；
- 2、自购买日起15天内，37° 手环出现任何性能故障，可以要求换货；
- 3、自购买日起1年内，37° 手环出现任何性能故障，经由37° 售后服务中心检测确定，可以要求修理或换货。

## 产品保修限制条款

本有限保修的保修范围不包括以下内容，客户无权在本有限保修或其他文件下就以下内容提出任何保修申请：

- 1、滥用或粗暴使用、粗心或处理不当导致的问题（及在不限制前述规定的原则下，因弯曲产品或产品坠落导致的损坏将视为滥用或使用不当所致）；
- 2、将产品用于预期或推荐用途以外的其他用途导致的问题；
- 3、改装37° 产品导致的问题，如将产品暴露于足以影响产品正常功能的环境中、或产品外壳已损坏或表面出现可见的裂痕；
- 4、使用带有非37° 制造或提供的任何产品、配件、软件或服务所导致的37° 产品问题，具体情况由37° 全权酌情决定。

# 保修和售后服务

## 联系37°

咨询保修相关的各项事宜，请联系37° 客服热线，热线电话：400-995-3773

## 退款和更换：

### 1.从零售商购买

如果您从零售商购买37° 产品，您必须联系该零售商进行更换或退款。

### 2.从37° 网站购买

在37° 购买的产品具有7天无理由的全额退款期。如果有任何原因让您对37° 网站购买产品不完全满意，可联系我们协助退货。您的产品必须用原包装退回，且处于未使用状态，方可收到全额产品退款，但您的邮费无法退还。

请注意：所有退货必须得到37° 事先授权。

有关退货的服务和咨询，请联系37° 客服热线：400-995-3773

# How to wear

## Install APP & wristband charging

Install APP (Figure 1) : scan the QR code at the bottom of the packaging to install APP.

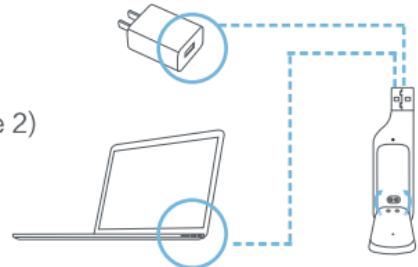
(Figure 1)



Wristband charging (Figure 2) :

1. When 37° Journey wristband starts charging, please aim the metal contact point on the back of the tracker at the point in charging adapter, then the tracker and the charger will be automatically buckled;
2. Please plug the USB port of the charger into the computer or any other USB interface for charging; when charging, the charger's green light is flashing;
3. The charging time is about 2 hours, and green light is always on when it is fully charged.

(Figure 2)



# How to wear

## Install APP & wristband binding

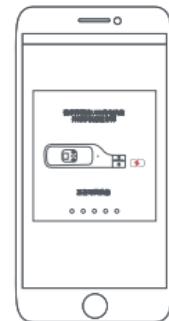
Assemble the wristband (Figure 3) : please put the tracker into the wrist strap.

(Figure 3)



Wristband binding (Figure 3) : when keeping the wristband in the state of charging, switch the mobile phone Bluetooth on. Search the wristband according to the APP tips and refresh the APP for viewing the result until the completion of the binding.

(Figure 4)

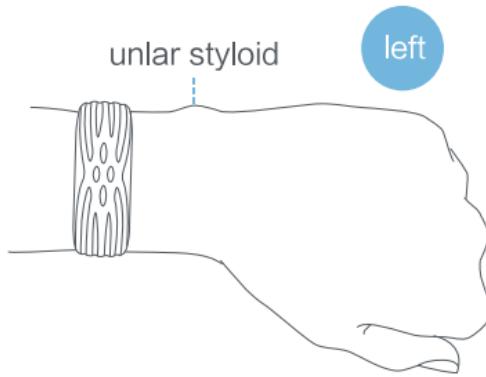


# How to wear

The best way to measure

Figure 5 The wristband is best worn about one inch from the ulnar styloid of left hand.

Figure 5



# Specification

## Basic parameters

Journey	
	Weight : 24g
	Full length : 238 mm
	Adjustable length : 133 — 209 mm
	Waterproof level : IP67
	Battery type : Lithium polymer battery
	Battery capacity : 157 mAh
	Connected by : Bluetooth 4.1
	Working temperature : -10° C — 45° C
	System requirement : System for Android 4.3 and above version & IOS7 and above

# Specification

## Indicator lights:

Green light ---- Fully charged

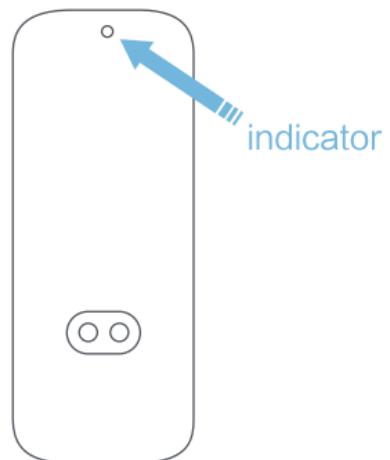
Green flash ---- Charging

Indigo speed flash ---- Wristband paired successfully

Yellow flash ---- Wristband turning off or entering flight mode

Yellow light ---- Wristband turning on or exiting flight mode

Red flash ---- Please open the app and connect the  
wristband to synchronize data.



# Specification

## Names and content of manufacturing substances

	Lead (Pb)	Mercury (Hg)	Cadmium (Cd)	Hexavalent chromium (Cr VI)	Polybrominated biphenyl (PBB)	Polybrominated diphenyl ether (PBDE)
Tracker shell	○	○	○	○	○	○
Tracker	✗	○	○	○	○	○
Clasp	○	○	○	○	○	○
Band	○	○	○	○	○	○
Power adapter	○	○	○	○	○	○

### Remarks

○ Means the toxic substance content in the materials used in the part conforms to SJ/T 11363-2006 regulations.

✗ Means the toxic substance content in at least one of the materials used in the part is higher than the limit stated in SJ/T 11363-2006.

This product conforms to the RoHS Directive of the E.U.



For those with sensitive skin and in hot and humid environments, do not wear the bracelet tightly for extended periods of time. Otherwise, rashes and itches may occur due to the skin's lack of opportunity to breathe.

## Product declaration

This product measures biorhythms by monitoring ambulatory blood pressure changes to help the user live a healthier life. It cannot be used as a basis for any medical diagnosis.

The 37° Wristband is not categorized as medical apparatus. The 37° Wristband, its related applications, and information thereby obtained shall not be used in medical diagnosis, treatment, or relieving of any disease or any conditions. To prevent injuries from excessive exercise or user's self-diagnosis, please consult a licensed health professional before making changes to your exercise, sleep, nutrition, or medication.

Note: Ambulatory blood pressure is not the same concept as clinical blood pressure used in medical settings

# Warranty and after-sales service

Please visit our official website [www.37body.com](http://www.37body.com) for instructions, solutions to common problems and quick start guide.

## Product warranty

The “limited warranty” starts from the date of purchase and expires 1 year later. After it expires, you can’t continue to enjoy the after-sales service. In the case where a store/retailer (importer or distributor) provides you with prolonged warranty as a part of the sales, 37° will not take any responsibility. For more relevant information, please contact the store/retailer. This limited warranty will automatically expire without notice and be unenforceable in the following cases (such cases are left to the discretion of 37°):

1. The product is opened or any part of it is changed by the customer;
2. The product is repaired or dismantled by non-37° workers;
3. The serial number is wiped out, changed or made difficult to recognize by any means.
4. The product is purchased from dealers unauthorized by 37° (please contact 37° for the list of authorized dealers).

## Guarantee of repair, replacement and refund

37° wristband’s promise of after-sales service:

# Warranty and after-sales service

We promise to offer service of repair, replacement and refund after sales according to “Law of the People’s Republic of China on Protection of Consumer Rights and Interests” and “Law of the People’s Republic of China on Product Quality” . Within the warranty period, you can have the product repaired, replaced or returned by virtue of your receipt or proof of purchase according to this warranty.

1. Within the warranty period, you can have the product repaired, replaced or returned by virtue of your receipt or proof of purchase according to this warranty;
2. Within 7 days from the date of purchase, you can enjoy free services such as return and replacement if 37° wristband has any performance problem;
3. Within 15 days from the date of purchase, you can enjoy replacement and other free services if 37° wristband has any performance problem;
4. Within 1 year from the date of purchase, you can choose to have 37° wristband repaired, replaced or others after getting it tested in 37° after-sales service center, by virtue of your receipt or proof of purchase, if 37° wristband has any performance problem.

## Product warranty restrictions

In situations as follow, which are not in accordance with the warranty conditions, customers can’t apply for any warranty service stipulated in this limited warranty or other documents:

## Warranty and after-sales service

1. Damage due to abuse, misuse or carelessness (including bending or dropping the product, not limited to the aforesaid situation);
2. Damage due to other use that is not as expected or recommended;
3. Damage due to the refit of 37° product, including damage to the normal function of the product by exposing the product in the harmful environment, damage to the outer layer of the product or visible cracks in the surface, etc;
4. Damage due to the use of any product, accessory, software or service that are not made or provided by 37° (specific situations are left to the discretion of 37° ).

# Warranty and after-sales service

## Contact 37°

If you'd like more detailed information about warranty, please ring 37° hotline.

Hotline: 400-995-3773

## Refund and replace

1. Purchase from a retailer;
2. Purchase from our website

### Purchase from a retailer

If you purchase a 37° product from a retailer, you must contact the retailer for replacing or refunding.

### Purchase from our website

You can get full refund on the product purchased from 37° website within 7 days unconditionally. If you're not completely satisfied with the product purchased from our website for any reason, please contact us for refunding. To receive the full refund (exclusive of shipping fees), please make sure that the product is sent back unused with its original package.

Note: All sales return must be authorized by 37° beforehand.

For more information about sales return, please ring 37° hotline 400-995-3773.

# Warning



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## FCC Regulations:

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

This device has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.

# Warning

- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.



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## FCC Note:

Caution: Changes or modifications not expressly approved by the party responsible for compliance could void the user 's authority to operate the equipment.

## RF Exposure Information

This device meets the government' s requirements for exposure to radio waves.

This device is designed and manufactured not to exceed the emission limits for exposure to radio frequency (RF)

## Warning

energy set by the Federal Communications Commission of the U.S. Government.  
This device complies with FCC radiation exposure limits set forth for an uncontrolled environment.



Assessment of compliance of the product with the requirements relating to the Radio and Telecommunication Terminal Equipment Directive (EC Directive 1999/5/EC) was performed by Telefication BV (Notified Body No.0560),

CE 0560



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