

- Cleaning: You can clean the scale with a damp cloth and a little washing up liquid, if required. Never immerse the scale in water or rinse it under running water.
- Protect the scale against knocks, damp, dust, chemicals, drastic changes in temperature, electromagnetic field and source of heat that are too near.
- Never step onto the outer edge of the scale with one foot as this could cause the scales to tip!
- Keep packaging material away from children!
- Store the scale horizontally, don't vertically.
- If the reading appears inaccurate or LCD without displaying, please check if the battery and the contact point are well connected.
- If the scale would not be used in a long period, please take the battery out, and make sure there is nothing on the scale.

### APP download

Android and IOS APP:

Please scan the right QR code and download Fitbrick App



### Warm Tip

Please make sure the reality: Age, Sex, Height. so that get the exact data.

# Bluetooth body fat scale

## INSTRUCTION MANUAL



THANK YOUR FOR CHOOSING OUR HIGH PRECISION BLUETOOTH SCALE. IN ORDER TO CORRECTLY USE THE SCALE, PLEASE READ THE INSTRUCTION CAREFULLY.

### SPECIFICATIONS

- Equipped with High Precision "Strain-Gauge" Sensors
- Capacity 180kg (396lb/28.3st)
- Division 100g/0.2lb
- Scale, body fat, body water, muscle percentage, bone mass and calories analysis 6 in 1
- Blue backlight LCD Display
- Bluetooth 4.0
- Auto on/zero/off
- Overload and Low Battery Indication

### POWER SUPPLY

Please insert batteries or remove the insulating strip from the battery contacts before using. Replace the batteries when the "Low Battery Indicator" shows.

### OPERATING INSTRUCTIONS

1. Place the scale on a hard, flat surface will ensure on the greatest accuracy and repeatability.
2. Turn on APP and set your parameter.
3. Stepping onto the scale, show the weight then the number on LCD flash 3 times, wait for about 3 seconds, the data transfer to your smart phone.



4. Bluetooth body fat scale: manage the weight, body water, muscle percentage, bone mass and calories data.

**Note:** without turning on the APP, only show the weight

### AUTOMATIC SWITCH OFF

If no weighing is carried out or weight is stable on the scale the scale will automatically switch off after approximately 10 seconds.

### OVERLOAD INDICATION

When the scales are overloaded (over 180kg/396lb/28.3st), the following will appear on the screen:



### BATTERY CHANGE INDICATION

When the batteries need replacing, the following will appear on the screen:



Please open the back board of the scales, then take batteries carefully out of the battery compartment.

### CARE AND ATTENTION

- Place your scales on a hard, flat surface will ensure the greatest accuracy and repeatability.
- Always weigh yourself on the same scales placed on the same floor surface. Uneven floors may affect the readings.

Caution: The user is cautioned that changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.

If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

FCC Radiation Exposure Statement:

This equipment complies with FCC radiation exposure limits set forth for an uncontrolled environment.

This transmitter must not be co-located or operating in conjunction with any other antenna or transmitter.