NOTES

FINIS Gold
Pantone 012C
C:3 M:12 Y:100 K:0

Black

Gray
Pantone Cool Gray 1C
C:14 M:11 Y:12 K:0

Dimensions:
Width = 12.75 inches total, 4.25 inches per fold
Height = 7.25 inches

Pink dotted line
= mountain fold

DO NOT PRINT

Blue dotted line
= valley fold

DO NOT PRINT

Paper quality should be same as Duo flipbook.
Matte finish
Bleed = 125inches

This device complies with part 15 of the FCC Rules. Operation is subject to the following
two conditions: (1) This device may not cause harmful interference, and (2) this device must
accept any interference received, including interference that may cause undesired operation.

Caution: Changes or modifications to this unit not expressly approved by the party responsible
for compliance could void the user's authority to operate the equipment.
This device contains licence-exempt transmitter(s)/receiver(s) that comply with Innovation,
Science and Economic Development Canada's licence-exempt RSS(s). Operation is subject
to the following two conditions:

(1) This device may not cause interference.

(2) This device must accept any interference, including interference that may cause undesired
operation of the device.

L'émetteur/récepteur exempt de licence contenu dans le présent appareil est conforme aux CNR
d'Innovation, Sciences et Développement économique Canada applicables aux appareils radio
exempts de licence. L'exploitation est autorisée aux deux conditions suivantes :
1) L'appareil ne doit pas produire de brouillage;
2) L'appareil doit accepter tout brouillage radioélectrique subi, même si le brouillage
est susceptible d'en compromettre le fonctionnement.
NOTE: This equipment has been tested and found to comply with the limits for a Class B
digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide
reasonable protection against harmful interference in a residential installation.
This equipment generates, uses and can radiate radio frequency energy and, if not installed
and used in accordance with the instructions, may cause harmful interference to radio
communications. However, there is no guarantee that interference will not occur in a
particular installation. If this equipment does cause harmful interference to radio or
television reception, which can be determined by turning the equipment off and on, the user
is encouraged to try to correct the interference by one or more of the following measures:
—Reorient or relocate the receiving antenna.
—Increase the separation between the equipment and receiver.
—Connect the equipment into an outlet on a circuit different from that to which the
receiver is connected.

HI THERE!

Let's get started by registering your device at
www.FINISswim.com/registration. When registration is complete, you will be enrolled in the warranty and replacement program. Proof of purchase required.

Visit **www.FINISswim.com/Amnis-Stream** to download the instruction manual.

1   WHAT YOU NEED

A smartwatch that fits these simple guidelines:

✓ Waterproof and swimproof
✓ Offline audio capabilities
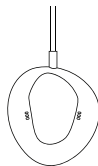✓ Bluetooth® connectivity

2   WHAT YOU HAVE
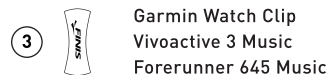
FINIS Amnis Stream Headphones   2X Goggle Clips   Charger
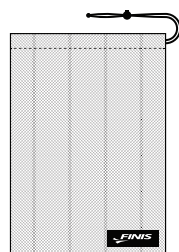
① Apple Watch Clip
Series 3, 4 & 5

Mesh Carrying Bag

② Garmin Watch Clip
Fenix 5 Plus Series

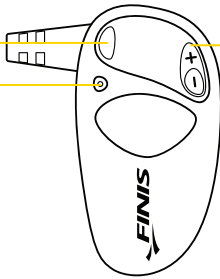③ Garmin Watch Clip
Vivoactive 3 Music
Forerunner 645 Music

For an updated list of available clips & compatible watches, visit **FINISswim.com/Amnis-Stream**

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3   GET TO KNOW YOUR BUTTONS & LIGHTS

1. Multi-Use Button
Power On: Press and hold ➔ Verbal Cue "POWER ON"
Power Off: Press and hold ➔ Verbal Cue "POWER OFF"
Play/Pause: Single press

2. Volume and Track Change
Volume Up:
Single press the Top Button (+)
Volume Down:
Single press the Bottom Button (-)
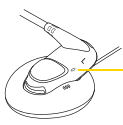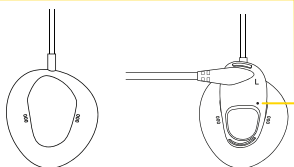**Track Change:**
Press and hold the Top Button (+)

3. LED Light
BLUE Light flashes rapidly ➔ Amnis Stream is on and trying to Bluetooth® Pair
Solid BLUE Light ➔ Amnis Stream is connected to your smartwatch
BLUE Light flashes slowly ➔ Audio is working
RED Light ➔ Low battery

4   TIME TO CHARGE!

Charge Fully Before Your First Swim.
1. Make sure Amnis Stream is completely dry.
2. Plug in the USB Charger.
3. Remove the Goggle Clip from the Left Headphone (the one without the buttons) and slide it into the charger (logo side down).
   • Amnis Stream's Light ➔ Solid RED = Device is now charging ✓
4. Amnis Stream is fully charged when: Light turns off.
   • Battery lasts up to 5 hours, depending on the watch and Amnis Stream volume level.

Battery Level Indications
When Amnis Stream is powered on you will receive a verbal cue of "Low Battery", "Battery Half Charged", or "Battery Charged".
Verbal cue of "Low Battery" will occur every 5 minutes when 15 minutes of play time remains.

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5   SETTING UP YOUR SMARTWATCH

Download your preferred music or podcast app onto your smartwatch.
The app must offer "offline listening" or the ability to download files.
   • **Tip:** This is the same process you use for listening during "airplane mode".
Refer to the music or podcast app's guidelines on how to setup offline music on your smartwatch.
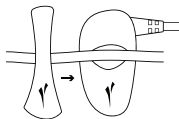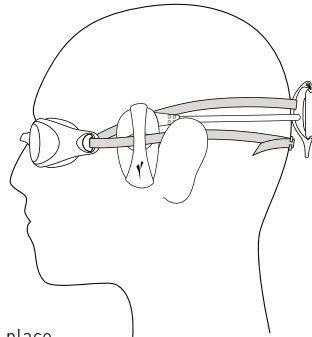
6   PAIRING YOUR SMARTWATCH TO AMNIS STREAM

1. Power Amnis Stream on: Verbal Cue ➔ "Ready to Pair" and the BLUE Light will flash rapidly.
2. On your Smartwatch: Navigate to the Bluetooth® Settings menu.
3. Select "FINIS Stream" to connect: Verbal Cue ➔ "Device Connected" and a Solid BLUE Light will appear.

7   HOW TO WEAR

Attaching Headphones to Goggles
1. Put your goggles on.
2. Slip each Headphone under your goggle strap, be sure to match up the L (left) and R (right) indicators.
3. Headphones should be placed in front of your ears, so they are resting on your temple bones (not over your ears).
4. **Optional:** For a more secure fit, add the Goggle Clips to each headphone by matching up the logos and snapping into place.
   • **Tip:** If you consistently use the Goggle Clips, it's easier to attach Amnis Stream to your goggles prior to putting them on.
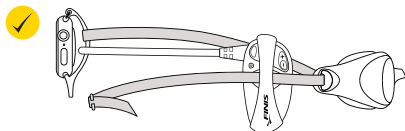
HOW TO WEAR (cont.)

Attaching Smartwatch to Goggles

1. Your smartwatch must be within 5cm of the cable in order for the Bluetooth® connection to pass through the water.
2. Remove your smartwatch's strap before attaching it to the Watch Clips.
3. The best placement for your watch is on the crown of your head, attached to your top goggle strap with the Amnis Stream cable running through the clip.

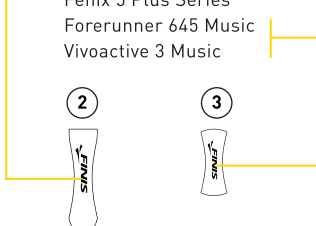We included Watch Clips for some of the most popular smartwatches including:

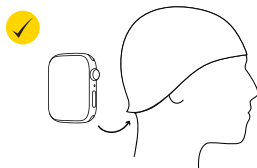**Apple Watches**
Series 3 (38mm, 42mm)
Series 4 & 5 (40mm, 44mm)

1

Garmin Watches
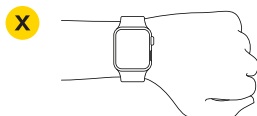Fenix 5 Plus Series
Forerunner 645 Music
Vivoactive 3 Music

2   3

Each clip is labeled with the number corresponding to the labels above.

Tip: If you don't want to use the watch clip or if you have a different watch, don't worry! Take your watch strap off and easily slip the watch beneath your swim cap.

Do not wear your smartwatch on your wrist. The Bluetooth® connection cannot travel that far through the water.

8   CARE INSTRUCTIONS

After each use:

1. Rinse device in cool, fresh water
2. Pat dry
3. Store in a cool, dry environment
4. Do not leave the device in direct sunlight or a hot car as this may cause damage

Charging:

1. Make sure device is completely dry before charging

9   ENJOY THE MAGIC OF SWIMMING WITH ENTERTAINMENT

Bliss out underwater
Rock to your favorite playlist
Drift away into a podcast or audio book

FINISswim.com // @FINISswim

AMNIS STREAM

BLUETOOTH® SWIM HEADPHONES

FINIS®