Operating Instructions for Smart Sport Watch Product

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses, and can radiate radio frequency energy, and if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:
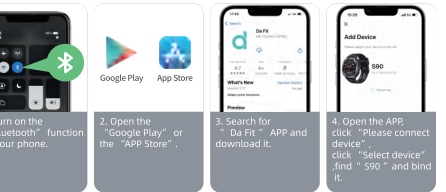• Reorient or relocate the receiving antenna.
• Increase the separation between the equipment and receiver.
• Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
• Consult the dealer or an experienced radio/TV technician for help.

Important: Change or modifications not expressly approved by the manufacturer responsible for compliance could void the user's authority to operate the equipment.
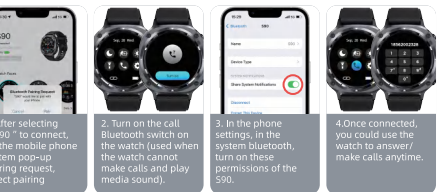
NOTE:
This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

S90M-V1.0

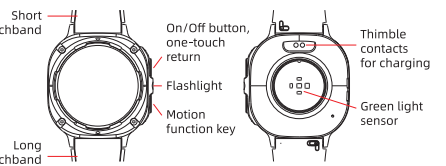## A: First of all, please be sure to connect our smart watch through the "Da Fit ™" APP.

1. Turn on the "Bluetooth" function of your phone.
2. Open the "Google Play" or the "APP Store".
3. Search for "Da Fit ™ APP" and download it.
4. Open the APP, click "Please connect device", click "Select device" find "S90" and bind it.

B: Perform the following steps to enable the answer/call function.

1. After selecting "S90" to connect, on the mobile phone system pop-up pairing request, select pairing
2. Turn on the call Bluetooth (switch on the watch [card] when the watch cannot make calls and play media sound).
3. In the phone settings, in the system Bluetooth, turn on these permissions of the S90.
4. Once connected, you could use the watch to answer make calls anytime.

If you don't need to use the call function, you can turn off the answer/call function so that the battery can last longer.
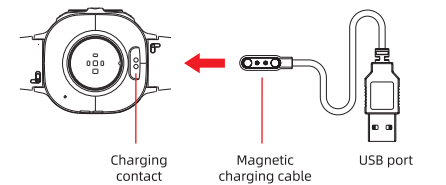
◆ Appearance Description

Short watchband
Long watchband
On/Off button, one-touch return
Flashlight
Motion function key
Thimble contacts for charging
Green light sensor

◆ Schematic Diagram of Charging

Operate in strict accordance with the following figures:
1. Please use the product-specific magnetic charging cable to charge by aligning it with the charging contacts on the back of the watch.
2. Do not use a power adapter with a voltage exceeding 5V and an output current exceeding 1A for charging, as this may cause charging failure and damage to the magnetic charging cable of the device.
3. Please activate the watch when it runs out of power before charging: the watch screen will only light up after about 5 minutes of normal charging.

Charging contact
Magnetic charging cable
USB port

◆ Introduction to Watch Function

1. Do not disturb mode
2. Battery saving mode
3. Brightness adjustment
4. Flashlight
5. Call audio switch
6. Settings
7. APP connection status
8. Battery icon

Main interface: Display the current time, date, steps and other information of the watch; press the main interface for a long time to switch the main dial left and right, and click to confirm.

Watch Audio Switch: Turns on/off the watch call function and multimedia sound playback function.

Activity Center: Display the current steps,calories and exercise time of the watch.

Heart rate: Slide to this page and keep a while and automatically measure the current real-time dynamic heart rate. Connectable to APP to set real-time monitoring and view data records.

Blood oxygen: Slide to this page and keep a while and automatically measure the current blood oxygen data and vibrate to indicate the result.

Exercise: Tap the icon on this page to go to the Multi Exercise Mode option, select an exercise mode, tap the icon to start, and swipe right to pause or stop the exercise.

Sleep: The bracelet can record and display your sleeping time last night, and the time of deep sleep and light sleep. More detailed data can be viewed synchronously in the APP.

Weather: Display the local weather conditions. Connect the synchronization APP for normal use, and open the phone GPS to ensure that the APP gets the positioning permission function and network connection.

Information: The watch can receive phone calls, SMS, Facebook, twitter, WhatsApp, WeChat and other notifications from your phone, and turn on the corresponding push item switch on the APP. This function needs to be connected to the cell phone and the APP can get the corresponding permission.

Music: After connecting the APP, the watch can control the mobile phone player to play/pause/switch to the previous song and the next song. This function must be opened on the mobile phone player before it can be controlled on the watch. This function requires staying connected to your phone and turning on the notification push permission.

Stopwatch: Click on the icon to start the function, and click Start for timing, pause or reset. Slide right to leave.

Search: Click this icon, your phone will beep to indicate the orientation of your phone, this function requires your phone to stay connected with the watch APP. No alert on the phone in silent mode.

Settings: Tap the icon to enter the function, you can set the menu style, brightness adjustment, restore factory, shutdown and view watch information.

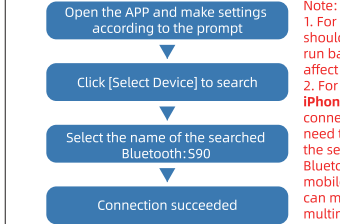## ◆ Watch APP Installation and Connection Instructions

As a Bluetooth product, most of the functions of this product need to be connected to a special APP for normal use, such as time display, call alert, and message alert. For Android phones, please do not use Bluetooth to connect and pair with the watch directly. Please scan the following QR code to select the version suitable for your mobile phone system or enter main application markets to download and install Da Fit.

◆ Device Connection

Before using the APP, please turn on the mobile phone Bluetooth and mobile phone GPS positioning to obtain the mobile phone positioning permission. After the connection is successful, it will prompt " To pair with: S90 " , please select pairing.

The watch connection operates as follows:

Open the APP and make settings according to the prompt
▼
Click [Select Device] to search
▼
Select the name of the searched Bluetooth: S90
▼
Connection succeeded

Note:
1. For **Android** users, the APP should obtain permissions and run backstage, otherwise it will affect the user experience.
2. For systems below **iPhone iOS 13**, after connecting in the APP, you need to connect to the S90 for the second time in the Bluetooth settings of the mobile phone, and then you can make calls, play multimedia music and other functions.

◆ Precautions

1. No charging with water stains.
2. This product is an electronic monitoring product, not for medical use, and the measurement data is for reference only.
3. It is not recommended to wear in hot water baths and longtime swimming.
4. Please charge with the matching charging cable.
5. Please keep the charging feed point on the back of the device clean to avoid the device being unable to charge.

◆ FAQ

1. Problems such as the watch cannot be searched in the APP, or the watch cannot synchronize with the time of the phone.
Answer:
A. Make sure your phone's Bluetooth and phone GPS positioning are on before using it for the first time.
B. Users need to open the APP to obtain positioning permission (Phone Settings - Applications).
C. If the watch has already been paired with a Bluetooth connection in the phone, please cancel the pairing first and then search for the connection in the APP
D. If the watch is not used for a long time, the Bluetooth will go into a dormant state. Please turn off the Bluetooth of the watch and the phone, reopen it after about 1 minute, and try to search the connection in the APP again.
E. The watch must be connected to the APP, otherwise, the steps, sleep, time, and other function will not work properly.

2. There is no alert function on the watch.
Answer: For first time use:
For Android users: Please operate according to the page prompt, or open the information reminder function in the APP, and open the APP notification permission according to the prompt.
For Apple users: After the watch is connected to the APP, the phone will pop up a pairing request, please choose to allow pairing and turn on the switch of the application reminder that you need to use in the APP. Please open the "Notification Center" in the application you need to use via Phone Settings - Notification.

3. The reminder switch is turned on, but there is no reminder on the watch, or the reminder is sporadic,
Answer:
If the phone turns on the message notification and the corresponding notification permission according to the above tips, the Bluetooth is kept on, and the APP and the watch are kept connected, maybe the system authorized APP alert function is not working, and the user needs to re-check the message push function.

4. Android's phone Bluetooth often disconnects or has no message alert after a period of connection.
Answer:
Android will from time to time clean up the phone's backstage applications or applications that consume more power for smooth system operation. If the APP is not set to allow backstage running, it will be easily cleaned by the system and the Bluetooth will drop out. Different Android phones have different methods for APP backstage running settings. As in the Huawei nova 8 SE: Settings - Battery - Power Consumption Ranking - APP - Application Launch Management - Manually manage to turn on backstage running.

5. The watch cannot measure, or the data is not accurate.
Answer:
A. Sit down before the measurement and put your body in a relaxed state with your arms level with your chest position.
B. Adjust the tightness of the watch. The back of the watch should be close to the skin to prevent light leakage from the photoelectric sensor.
C. Keep your body calm during the measurement. Talking/coughing/sneezing and other movements will affect the accuracy of the measurement results.