



Instruction Manual

Background

Your HeroTracker™ tracks your medication use automatically. When you actuate your medication, you trigger the sensor in the HeroTracker. The date and time of your dose is then recorded by the HeroTracker and stored to its memory. If a mobile device with a paired mobile application (such as BreatheSmart™ or AsthmaHero™) is within range, this information will be transferred to the app. If not, the HeroTracker will search once an hour for a mobile device with a paired mobile application until it is able to sync the data.

Installation

To attach your HeroTracker to your medication, first match the HeroTracker to the type of medication you will be using. HeroTrackers come in two types, 1 for control medication and 1 for rescue medication. Make sure to match the appropriate HeroTracker with the type of medication that matches. Next, make sure the top strap of the HeroTracker is not connected to the two strap connection pegs. Push the medication canister and the top part of your metered dose inhaler (MDI) through the ring formed by the HeroTracker until the HeroTracker securely fits on the MDI. Pull down the top strap and connect it to the two connection pegs. Adjust the fit of the HeroTracker on the medication, so that the trigger sits in the middle of the top of the medication canister (see image below). Your finger should comfortably sit in the designated area on the top of the HeroTracker when you take your medication.

Transferring to a new inhaler

When you run out of medication in the MDI that has a HeroTracker, and you have a new MDI, you can simply remove the HeroTracker by disconnecting the top strap from the two pegs, and sliding the HeroTracker off the top MDI. Then reinstall on new medication following the instructions above. Alternatively, when the top strap is disconnected from the two pegs, you can swap medication canisters. Please follow the prescribing information for your medication as it relates to detaching and attaching canisters.

Please also see usage instructions provided with Cohero Health mobile applications.

Usage

Please follow instructions on your Cohero Health mobile app to pair your HeroTracker. When you are asked to sync your HeroTracker, please press the Sync Button on the back. Once a HeroTracker is attached to an MDA and paired to a mobile app, when you actuate your MDI, you will automatically engage the trigger underneath the top strap. When this happens, the HeroTracker will record the date and time of this dose.



Technical Specifications

- Dimensions: 3.5 cm wide, 7 cm tall
- Battery life: 14 months expected, 6 months guaranteed
- CR 2032 battery
- Tactile Switch, 100,000 cycle min, 0.2 mm
- Bluetooth 4.0 LE
- Records date and time stamp of medication dose
- Medication use sent and received passively with no additional steps required by user
- Memory for 28 doses. Dose history remains in memory until data transmission sent and received by mobile app
- Splash resistant
- FCC, CE, Bluetooth certifications received

Medications Supported

- + AEROBID
- + ALBUTEROL
- + ALUPENT HFA
- + ALVESCO
- + ATROVENT HFA
- + DULERA
- + FLOVENT
- + INTAL
- + PROAIR HFA
- + PROVENTIL HFA
- + QVAR
- + SEREVENT
- + SYMBICORT
- + VENTOLIN HFA
- + XOPENEX HFA

Diskus and Non Standard Form Factor MDI HeroTrackers also available, on request

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation.

This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.

If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:

- (1) This device may not cause harmful interference, and
- (2) this device must accept any interference received, including interference that may cause undesired operation.

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.