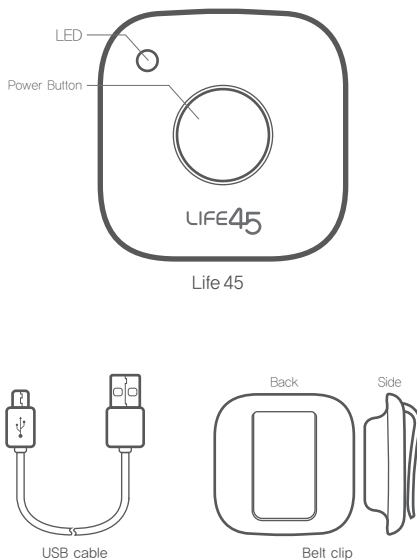


# Life45 User Guide

FIT·LIFE

## Components



## How to use

### 1. Power on

Press the button on the Life45 for about 5 seconds to turn on the LED lights and power on. (To power off, press the button with the power on and hold for 5 seconds.)

### 2. Charging [Not operate on charging mode]

Connect a USB cable with Life45 for charging. LED lights glows blue when the charging starts and light turns green when fully charged.



To know the status of the battery, press the button briefly once.



## 3. Installation of mobile app

Search Fit.Life at App Store on iPhone or Google Play Store on Android. Register yourself with the app installed on your smartphone. (Mobile specifications: iOS 8 & Android 4.3 or later, Bluetooth 4.0)

## 4. Connecting Life45 to the mobile app

Life45 is connected via Bluetooth. Switch on Bluetooth on your Smartphone and follow the steps on to pair with Life45. Pairing is required only once.

## 5. Activity data

Exercise with Life45. Check the activity data synchronized automatically from Life45.

### Note

- This product is not a medical device and is not intended for the diagnosis and treatment of disease.
- Warranty : 1 year  
Free replacement is provided for the defective device within the warranty period. The replacement can be provided at a cost for the misuse or accident on consumer side.

## FCC Information to User

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

### Caution

Modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

**FCC Compliance Information :** This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation