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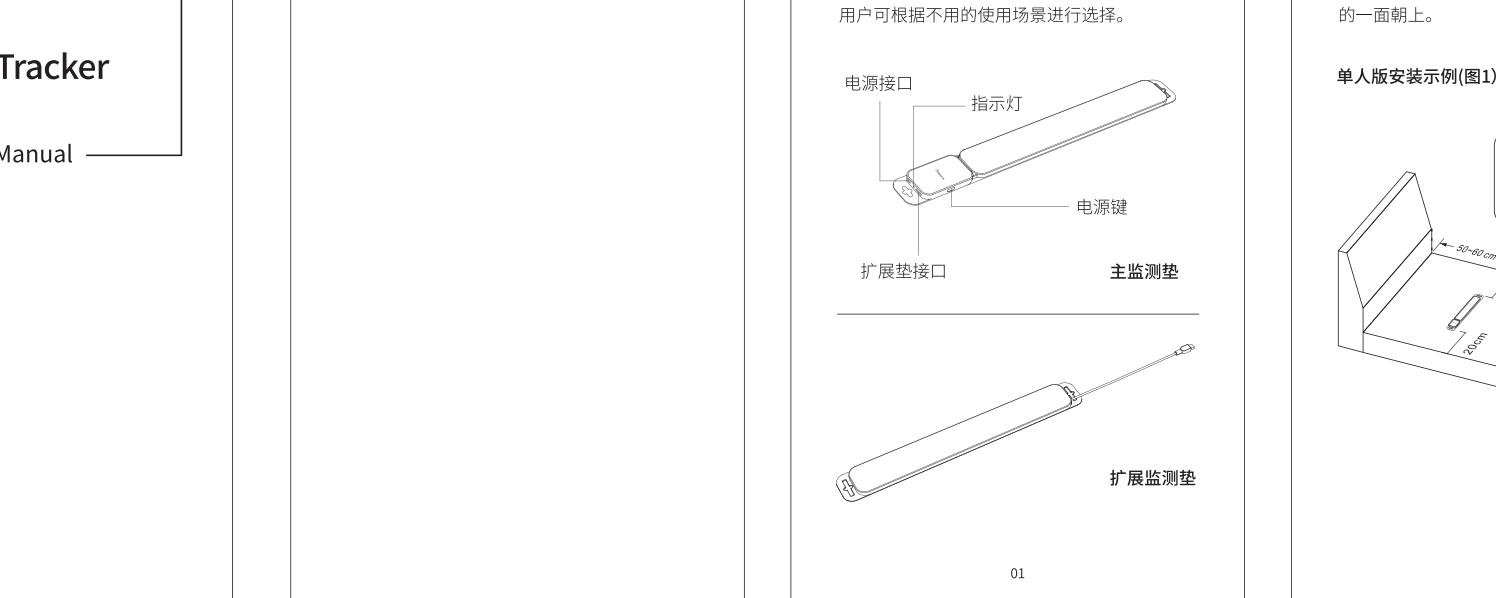
部件	说明书
颜色	背景底色 白色
字符图案	黑色
材质	128g铜版纸
工艺	骑马订
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尺寸	60 *110 mm
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Sleep Tracker

User Manual

01 产品介绍

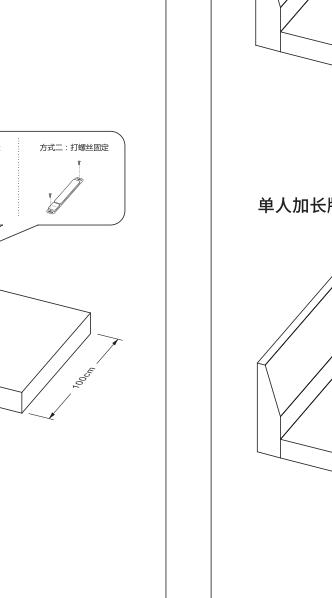
本睡眠监测器，具有睡眠数据实时监测和记录、睡眠报告生成、睡眠异常提醒等功能。产品由主监测垫和扩展监测垫两部分组成，可分为单人版（只有主监测垫）、单人加长版/双人版（带扩展监测垫），用户可根据不同的使用场景进行选择。



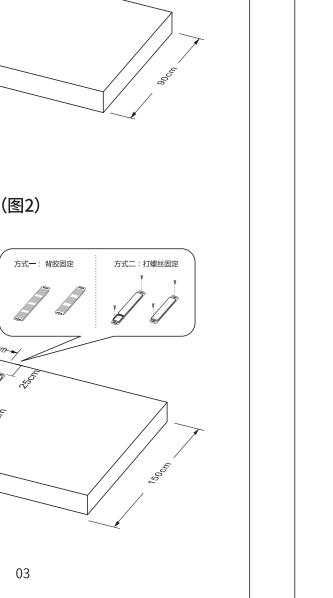
02 安装指南

第一步：根据床厂家提供或者实际测量的床宽度尺寸，参考安装位置要求选取合适的位臵进行安装（各个版本的安装位臵请参见图1-3），注意监测垫需固定于离床头50-60cm的位置，且有LOGO的一面朝上。

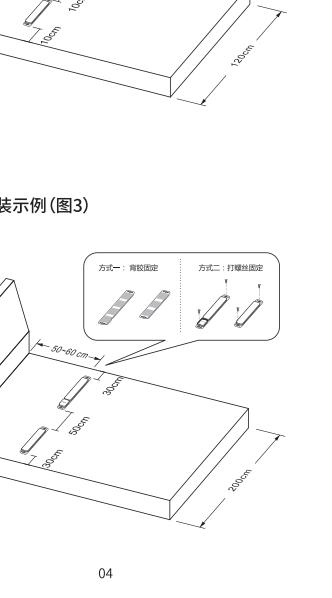
单人版安装示例(图1)



单人加长版安装示例(图2)



双人版安装示例(图3)



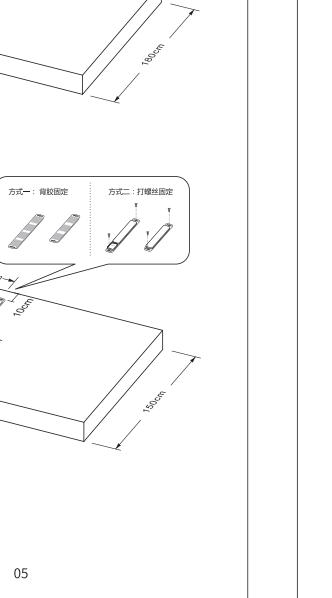
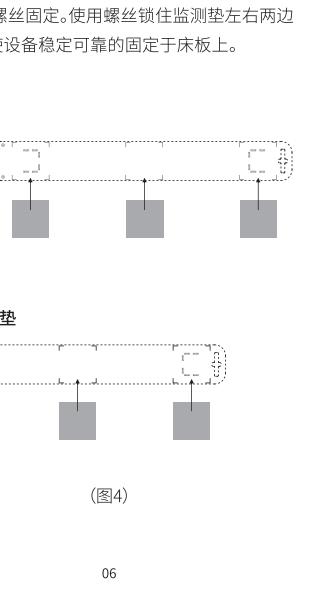
第二步：连接USB电源线（单人加长版和双人版需连接扩展信号线），接通电源后进行网络连接配置。

方式一：背胶固定。在监测垫背面，每个定位框内相应黏上一个3M背胶（参见图 4），将设备与床板水平贴合，按压设备背胶位置，使设备牢固粘连在床板上。

方式二：螺丝固定。使用螺丝锁住监测垫左右两边的孔洞，使设备稳定可靠的固定于床板上。

第三步：连接USB电源线（单人加长版和双人版需连接扩展信号线），接通电源后进行网络连接配置。

第四步：盖上床垫完成安装（参见图5）。


03 App使用指南

在应用商店搜索“SleepNote”或扫描下方二维码下载安装SleepNote App。

支持的手机系统版本：Android 4.4及以上, iOS 9.0及以上。

按照App提示添加和使用设备



04 指示灯说明

开机	绿灯长亮
关机	红灯亮起3秒后熄灭
网络中断	红灯闪烁
固件升级	绿灯闪烁

05 产品参数

电源	DC 5V 1A
电源输入	5W
蓝牙	
规格	V4.2 BR/EDR+BLE
频率范围	2.4 GHz ~ 2.5 GHz
Wi-Fi	
规格	802.11 b/g/n
频率范围	2.4 GHz ~ 2.5 GHz
工作环境	
工作温度	0°C~40°C
存储温度	-10°C~50°C
湿度环境	5%~90% RH

06 重要须知

- 自购产品之日起12个月内,若产品主机出现非人为损坏的性能故障,经由售后服务中心检测确定,可向消费者提供免费维修服务。
- 适配器出现非人为损坏的性能故障,在保修期内向消费者免费更换新的适配器。
- 此产品不适用于心脏病患者的人群,请谨记!此产品不适用于幼儿、儿童、发育中的青少年的睡眠。

07 安全事项

- 请勿将产品接触高温设备,请勿用电热毯等设备一起使用。
- 当电源适配器插入电源插座时,不要触碰电源适配器的金属端。
- 单人版及单人加长版只适合单人使用,双人版只适合双人使用,请根据实际情况选择。
- 产品需要平整稳定的固定于硬质床架(床板),设备和硬质床板间可以有适当软质材料(如软布),厚度建议不超过3mm。
- 请确保没有任何震动源靠近,以免传感带可能探测到用户的睡眠情况,电风扇、洗衣机、大音响的音乐等所带来的振动都有可能导致本产品的误判。

08 保修说明

- 自购产品之日起8日至第15日内,若产品主机出现人为损坏的性能故障,经由售后服务中心检测确定,可选择免费维修或更换。

09 免责声明

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本声明于2019年11月1日生效。

10 认证信息

CMIIT ID: 2018DP2467
CE RoHS

三包凭证

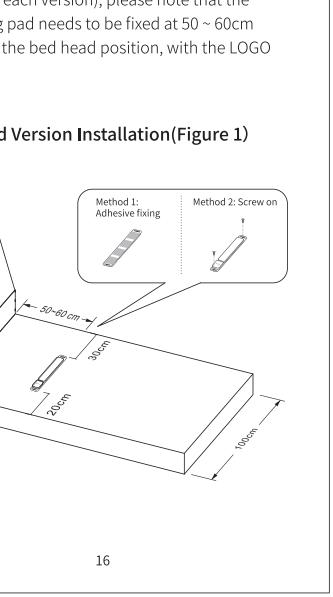
客户姓名 _____
 电子邮箱 _____
 联系电话 _____
 邮政编码 _____
 联系地址 _____
 维修记录

送修记录
故障现象
受理日期
维修员签字

产品未包装及发货信息
用户涉及的产品序号、驱动程序下载、售后服务咨询和咨询等相关内容,可以通过本公司网站、热线直接获得。

01 Product Introduction

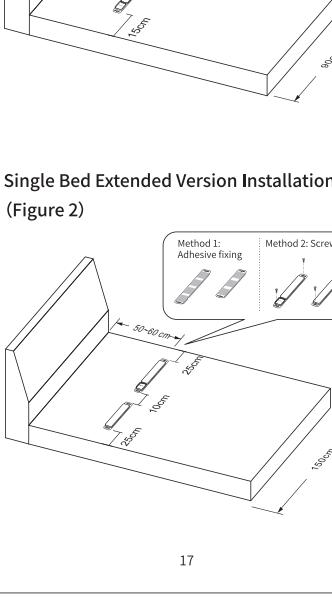
Please read this manual carefully before using the product and keep it properly.
This product has features of real-time sleep monitoring, sleep data recording, sleep report, abnormal reminders, etc. The product is composed of a main monitoring pad and an extended monitoring pad. It can be divided into a single bed version (with main monitoring pad only), or a single bed extended version/double bed version (with extended monitoring pad). Users can choose according to different usage scenarios.

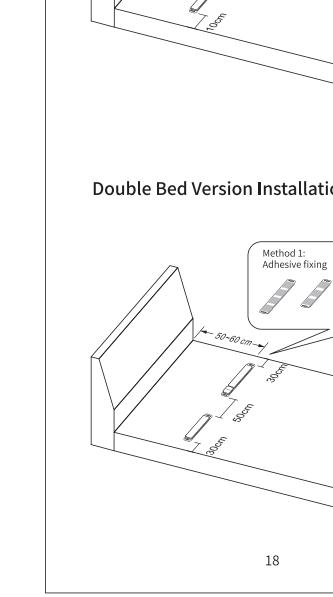
02 Installation Instruction

Step 1: Acquire the bed width from the bed manufacturer or by actual measurement of the bed width, then refer to the installation location requirements and choose the appropriate location for installation (see Figure 1-3 for the installation location of each version); please note that the monitoring pad needs to be fixed at 50 - 60cm away from the bed head position, with the LOGO facing up.

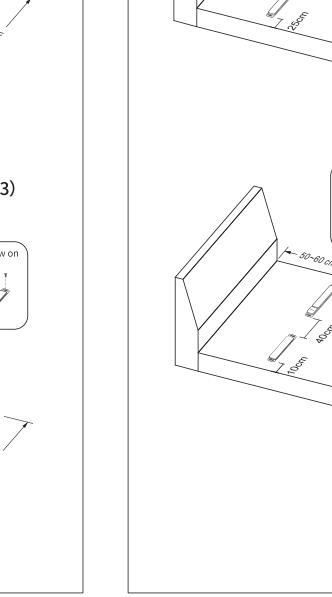
Single Bed Version Installation(Figure 1)



Single Bed Extended Version Installation (Figure 2)



Double Bed Version Installation (Figure 3)



03 App

Search “SleepNote” in the App Store or Google Play to download and install the SleepNote App. Supported mobile phone system versions: Android 4.4 and above, iOS 9.0 and above. Add and use the devices as the App prompts.

04 Indicator Light

Working Environment	
Power On	Green light is on
Power Off	Red light is on and turns off in 3 seconds.
Network Disconnected	Red light is blinking
Firmware Upgrading	Green light is blinking

05 Specifications

Power Supply	
Power Input	DC 5V 1A
Rated Power	5W
Bluetooth	
Specification	V4.2 BR/EDR+BLE
Frequency Range	2.4 GHz ~ 2.5 GHz
Wi-Fi	
Specification	802.11 b/g/n
Frequency Range	2.4 GHz ~ 2.5 GHz

06 Precautions

Please note this device is not a medical device and cannot be used to prevent sudden death. This product is not suitable for people who wear pacemakers, please notice! This product is also not suitable for sleep monitoring of toddlers, children, developing teenagers.

07 Safety Notice

- This product is suitable for foam mattresses, spring mattresses, latex mattresses with the thickness of 6-30 cm. The use of water beds, air beds and high-hardness mattresses may cause lower monitoring accuracy or function failure.
- The single bed version and the single bed extended version are only suitable for single person usage, and the double bed version is only suitable for double person usage. Please keep the product away from high-temperature equipment, and do not use the product when using an electrical blanket.
- Do not touch the metal end of power plug when plugging into power socket.
- Please power off the device if for a long term non-using.
- Do not let the device come in contact with liquids. It is not waterproof.

08 Warranty

The contents of this manual are protected by copyright laws and regulations. It is strictly forbidden to copy, transmit, distribute and use any of the contents of this manual in any form without the written permission of the company. This disclaimer statement became effective on November 1, 2019.

09 Disclaimer

To protect your legal rights, please read the instructions, disclaimers, important notices and safety items provided with this product before using this product to understand your legal rights, responsibilities and safety precautions. Otherwise, it may bring you property damage, personal safety hazard or accidents. Shenzhen Medica Technology Development Co., Ltd. (Medica) reserves the right to update this document. Please be sure to operate this product in accordance with the instructions and safety instructions.

10 FCC Warning:

Any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment. This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

(1) This device may not cause harmful interference.
 (2) This device must accept any interference received, including interference that may cause undesired operation.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

This device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.