

P1NG Health

- the pedometer that walks with you healthily

PB-001

User's Manual



Box Includes

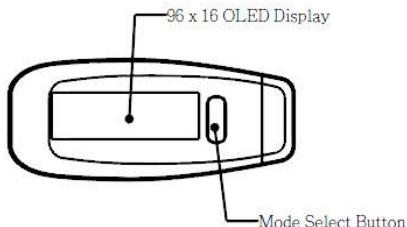
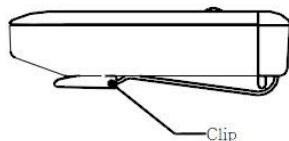
- P1NG with metal clip
- USB Charging and Sync Cord
- Pedometer Sling
- User's Manual

Hardware Description

- One-button design to display different functions cyclically.
- Micro USB connector, to charge power.
- OLED Display - OLED illumination auto-off after 5 seconds
- Built-in Bluetooth 4.0
- Built-in Altimeter.
- Built-in 3-Axis Digital Accelerometer.

Dimension: 56 * 24 * 13 mm

Weight: 12.8 g



External USB Device Specifications

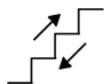
Note: USB cable connection is used for power charging purpose only to pedometer device.

Features



Monitor Your Activity

P1NG is an activity recorder, it records and monitors your activity, one of the most important feature (Inactivity Alarm) is it reminds you through your smart phone or computer when you don't have enough activity.



Sync Your Data Wirelessly

P1NG syncs data to your devices automatically, PCs, Macs, iPhones and Android Phones*. All you need to do is sign up a free account on P1NGhealth.com and register your device, your activity data will be stored on cloud server.



Access Activity History from Anywhere

Look up your activity history and progress anywhere with internet connection, challenge yourself to reach the goals to keep fitness and health.



Having Fun Alone or with Friends

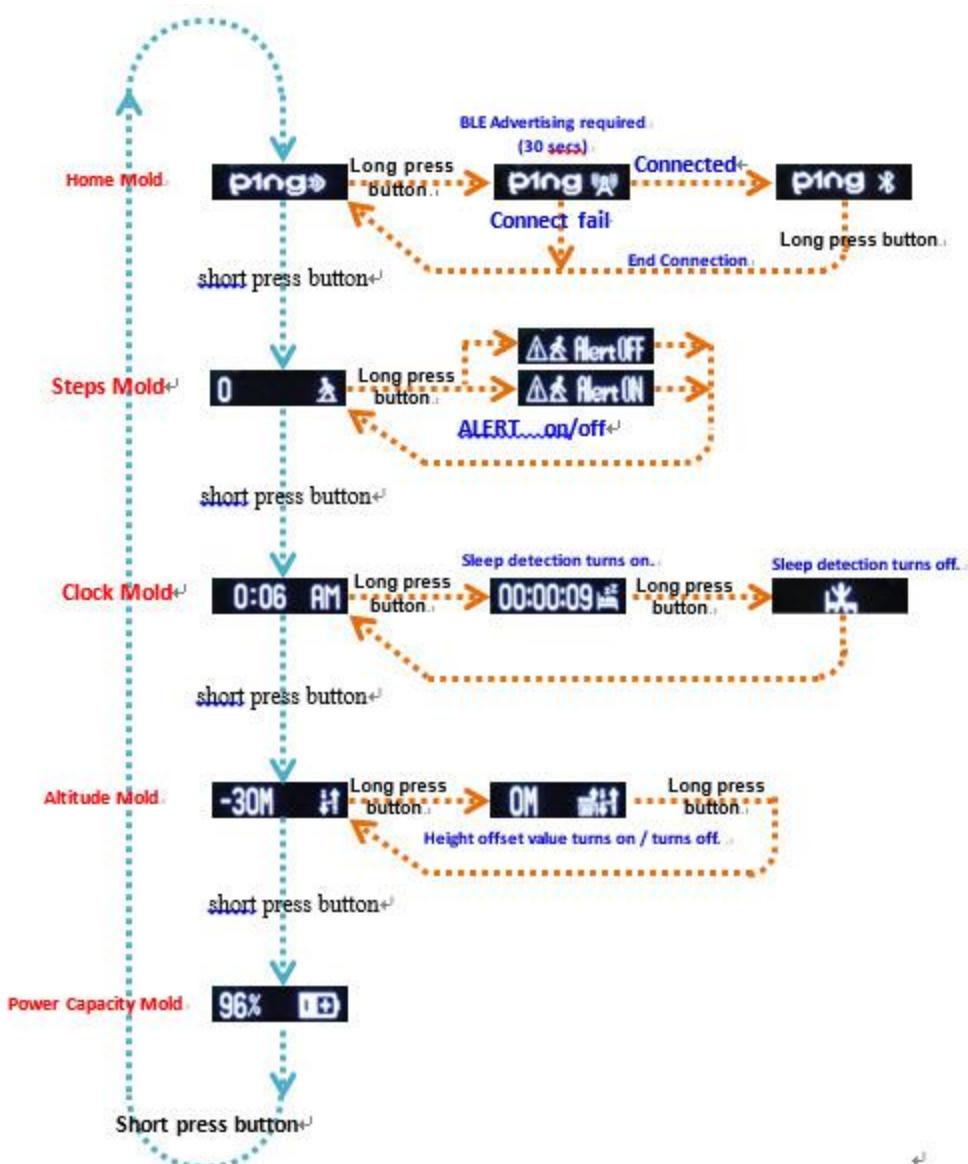
Worried about being bored to exercise alone? Want to find more friends to join your activity? You may create your own groups, schedule activities and friends will come join your activity naturally.

Function

- P1NG < Startup >
- Steps
- Clock
- Altimeter
- Battery Capacity

This is an one-button operation device,

- Short press (SP) on the button, press on the button and release it.
- Long press (LP) on the button, press on the button for three seconds and release it.



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General Notice,

Other product names used herein are also for identification purposes only and may be trademarks of their respective owner. Bestek Electronics Corp. disclaims any and all rights in those marks.

Trademarks

P1NG is a trademark of Bestek Electronics Corp.

Wireless Connection Safety Instructions

To avoid adversely affecting the operation of the following equipment and causing an accident, do not use the product:

- Near medical equipment in a medical facility.
- Within 8.7 inches (22 cm) of a cardiac pacemaker.
- Near automatically controlled devices, such as automatic doors or fire alarms.

Parent topic: [Important Safety Instructions](#)

FCC Compliance Statement

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

WARNING

The connection of a non-shielded equipment interface cable to this equipment will invalidate the FCC Certification or Declaration of this device and may cause interference levels which exceed the limits established by the FCC for this equipment. It is the responsibility of the user to obtain and use a shielded equipment interface cable with this device. If this equipment has more than one interface connector, do not leave cables connected to unused interfaces. Changes or modifications not expressly approved by the manufacturer could void the user's authority to operate the equipment.

For Canadian Users

CAN ICES-3(B)/NMB-3(B)

Parent topic: [Notices](#)

Environmental Requirements

Operating Temperature	-4° to 113° F (-20° to 45° C)
Non-operating Temperature	-22° to 140° F (-30° to 60° C)
Relative Humidity	Operating: 20 to 80% RH Storage: 5 to 85% RH
Maximum Operating Altitude	30,000 feet (9,144m)

This device is not waterproof, it should not be worn while swimming.