



MOOV NOW™

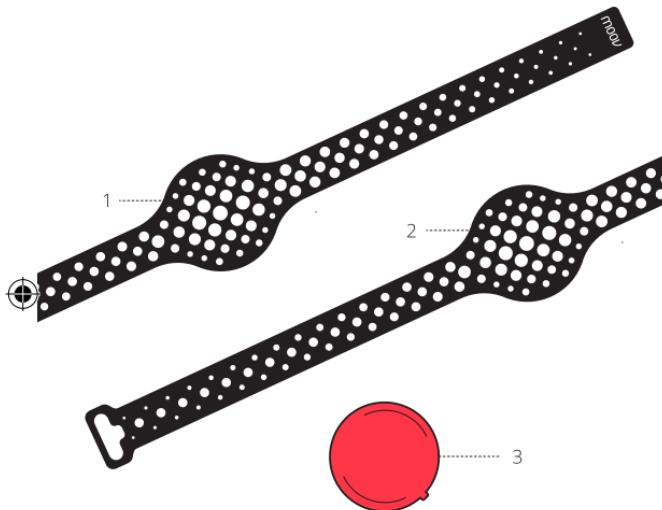
USER GUIDE

moov.cc/start

**SUPPORT
@MOOV.CC**

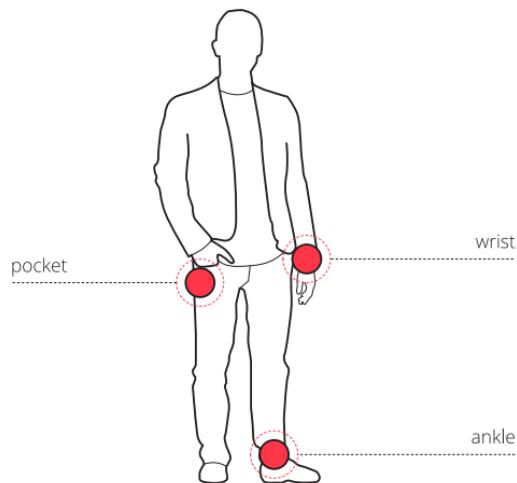
ENGLISH

WHAT COMES IN THE BOX



1. Small band
2. Large band
3. Moov core with CR2032 battery

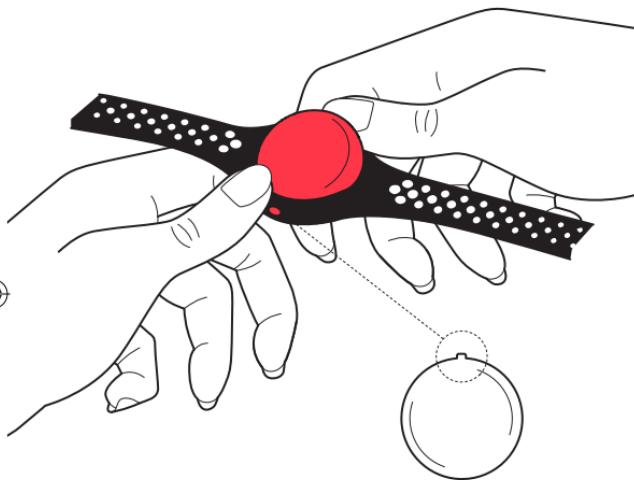
WHERE TO WEAR



Use the most comfortable band size. Most people choose the small band for their wrist and the large band for their ankle.

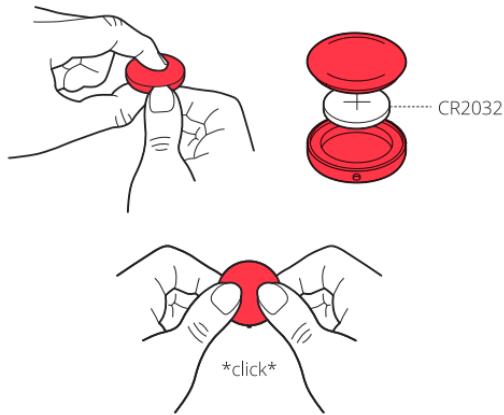
Wear Moov on your wrist, ankle, or in your pocket for activity tracking. Follow the instructions in the app for the optimal wearing position for each sport.

MOUNTING MOOV



To remove, press the core out of the band. Line up the knob with the alignment hole when inserting the core into a band.

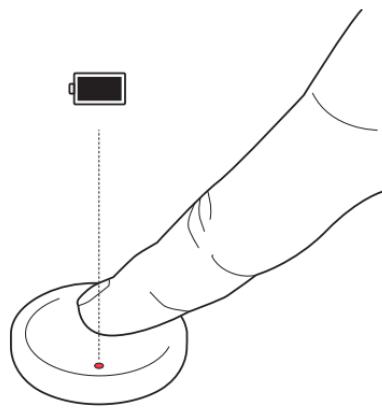
CHANGING THE BATTERY



Moov's battery will last for approximately six months. You will receive an alert within the app when it is time to change your battery.

Change the battery by opening the core with your fingernail. Close the casing carefully to assure the seal is tight. The core must be fully sealed to be waterproof. You will hear a distinct click when the core is securely closed again.

LIGHT INDICATOR



GET THE APP



Click on the core to check the battery level. The battery is charged if the light is blinking.

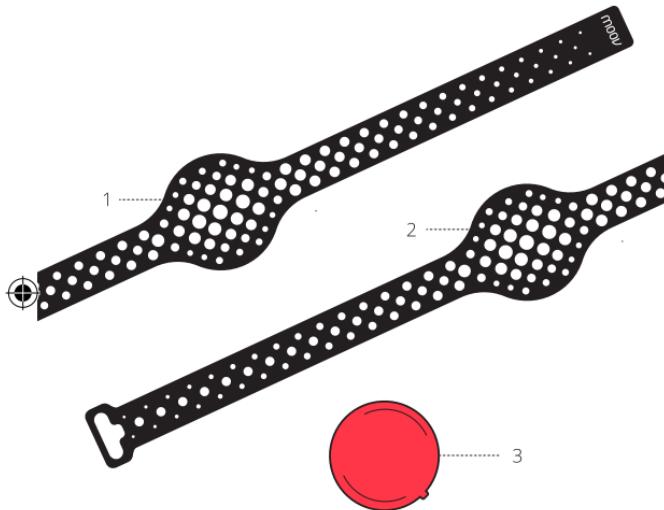
Moov supports most Android and iOS devices which have Bluetooth 4.0 with Bluetooth Low Energy. Visit www.moov.cc/devices for a full list of compatible devices.

Follow the instruction in the app to connect Moov to your phone.

**SUPPORT
@MOOV.CC**

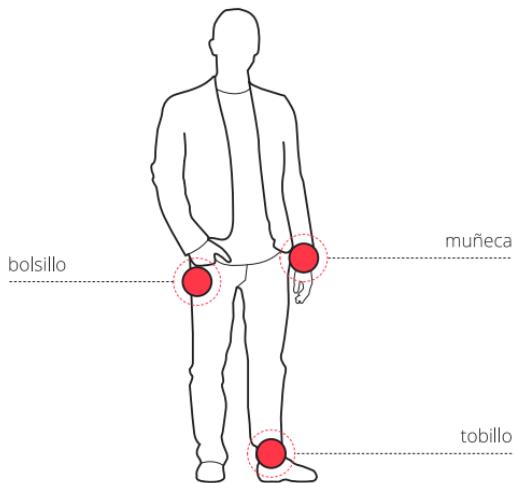
ESPAÑOL

QUÉ CONTIENE LA CAJA



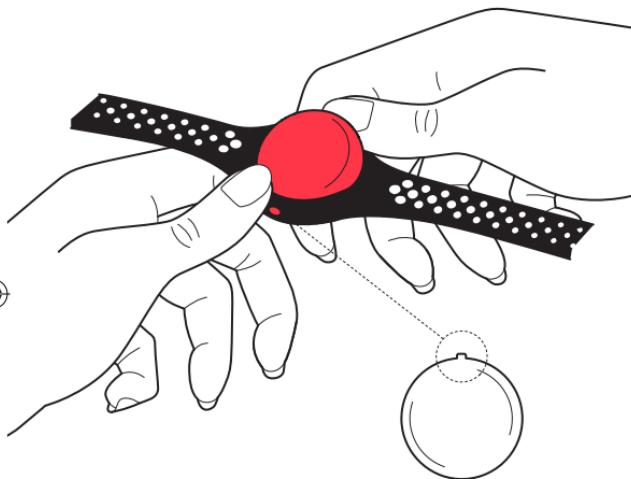
1. Brazalete pequeño
2. Brazalete grande
3. Moov incluye batería CR2032

DÓNDE LLEVARLO



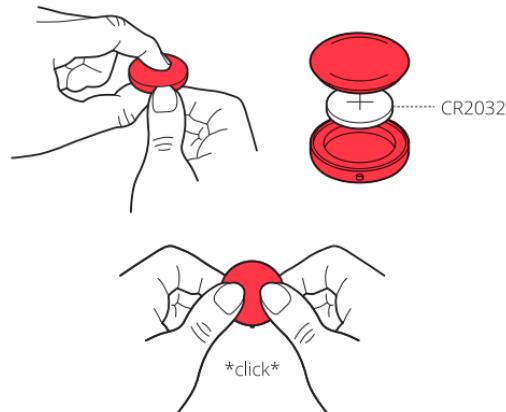
Use el tamaño de brazalete más confortable. Muchos prefieren usar el brazalete pequeño en la muñeca y el brazalete grande en el tobillo. Use Moov en su muñeca, tobillo o en su bolsillo para medir movimientos todos los días. Siga las instrucciones en la app para llevarla en la posición óptima para cada deporte.

INSTALAR MOOV



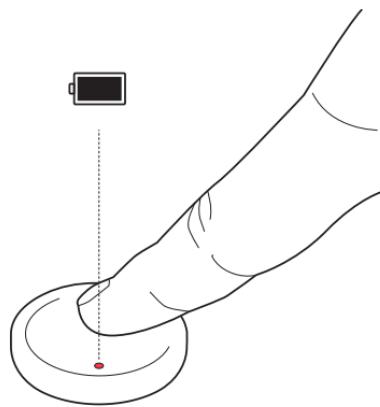
Para removerlo, presione el centro del brazalete. Alinee el botón con el orificio de alineación al insertar el centro en otro brazalete.

CAMBIAR LA BATERÍA



La batería de Moov tiene una duración aproximada de seis meses. Recibirá una alerta cuando sea tiempo de cambiar la batería. Cambie la batería abriendo el botón central con sus dedos. Cierre cuidadosamente la carátula y asegúrese que está bien cerrado. El centro debe estar completamente sellado para ser resistente al agua. Oirá un clic distinto cuando el centro está bien cerrado de nuevo.

INDICADOR DE LUZ



Presione el centro para revisar el nivel de batería. La batería se carga cuando la luz parpadea.

DESCARGAR MOOV APP

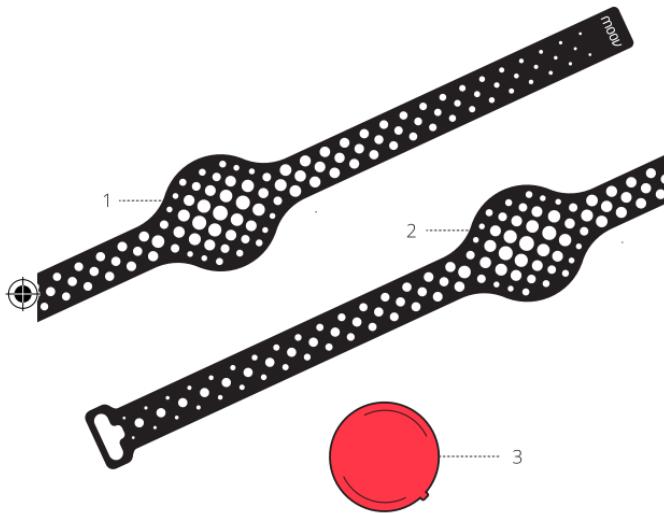


Moov soporta la mayoría de los dispositivos Android e iOS que tienen Bluetooth 4.0 con Bluetooth de baja energía. Visite www.moov.cc/devices para encontrar la lista de dispositivos compatibles. Siga las instrucciones en el app para conectar Moov a su teléfono.

**SUPPORT
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DEUTSCH

WAS IST IN DER BOX

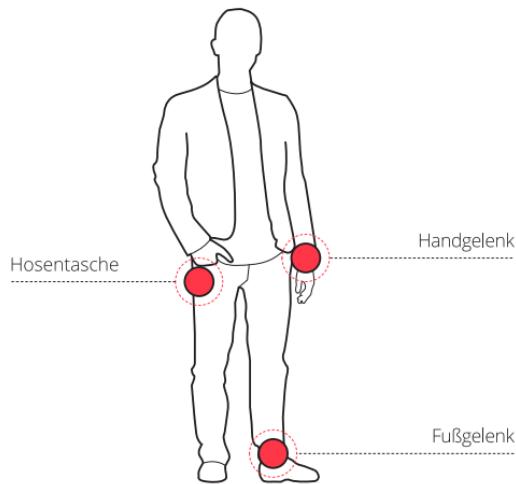


1. Kleines Band

2. Grosses Band

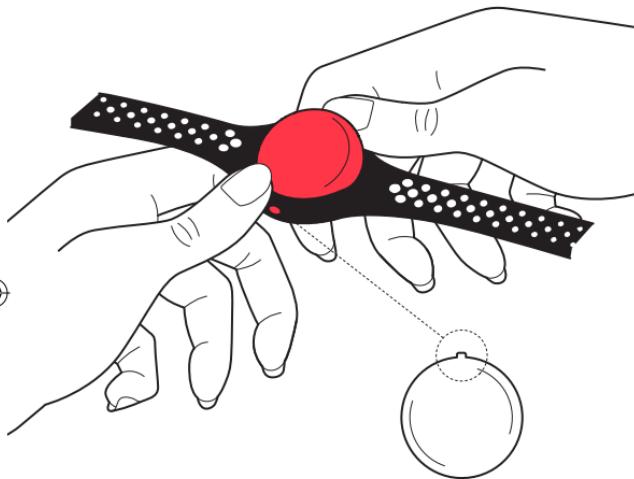
3. Moov Core inkl. CR2032 Batterie

WIE TRAGEN



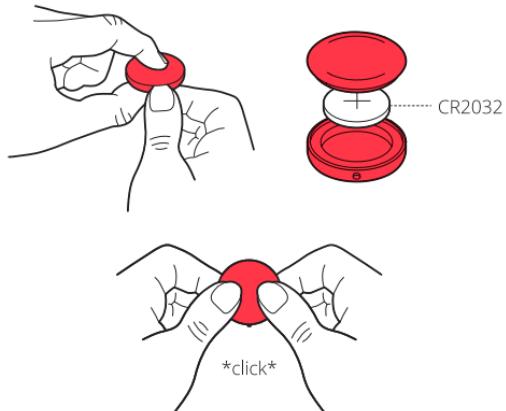
Wähle die bequemste Bandgröße. Die meisten verwenden das kleine Band fürs Handgelenk und das große als Fußband. Trage Moov an Handgelenk, Fußgelenk oder in der Hosentasche für Aktivitätstracking. Folge den Anweisungen in der App für die optimale Trageposition jedes Sports.

MOOV BEFESTIGEN



Um den Moov Core zu entfernen, drücke ihn einfach aus dem Band. Wenn Du ihn wieder einsetzt, achte darauf, dass Du den kleinen Knopf an dem kleinen Loch am Band ausrichtest.

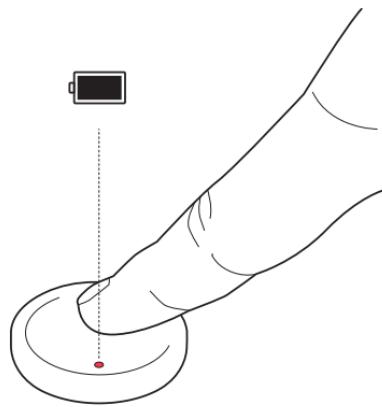
BATTERIE WECHSELN



Moovs Batterie hält rund sechs Monate. Du wirst eine Benachrichtigung in der App erhalten, wenn es Zeit ist, die Batterie zu wechseln.

Wechsle die Batterie, indem Du den Moov Core mit Deinem Fingernagel öffnest. Schließe danach das Gehäuse wieder vorsichtig, um sicherzustellen, dass alles gut sitzt. Der Moov Core muss vollständig geschlossen sein um komplett wassererdicht zu sein.

LED-ANZEIGE



Klicke auf den Moov Core, um den Batteriestand zu überprüfen. Die Batterie ist geladen, wenn das Licht blinkt.

HOL DIR DIE MOOV APP



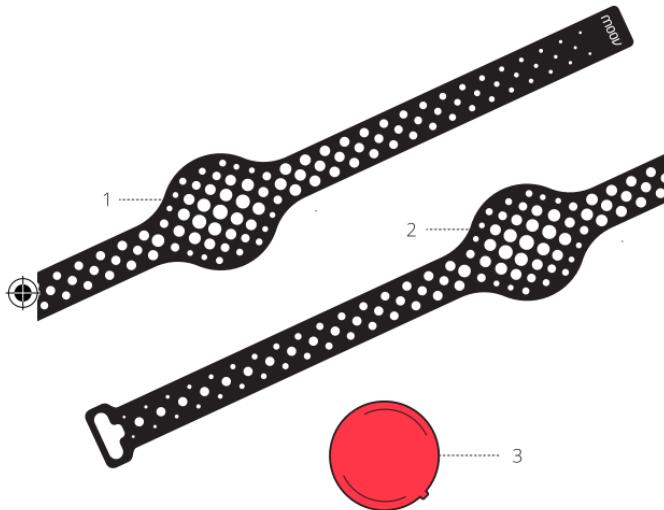
Moov unterstützt die meisten Android und iOS Geräte mit Bluetooth 4.0 Low Energy. Besuche www.moov.cc/devices für eine komplette Liste aller kompatiblen Geräte.

Folge der Anleitung in der App, um Moov mit Deinem Telefon zu verbinden.

**SUPPORT
@MOOV.CC**

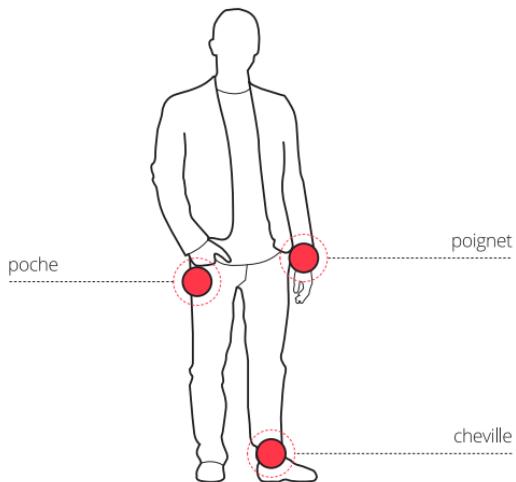
FRANÇAIS

CE QUE CONTIENT LE COFFRET



1. petit bracelet
2. grand bracelet
3. Moov Core, contient une batterie CR2032

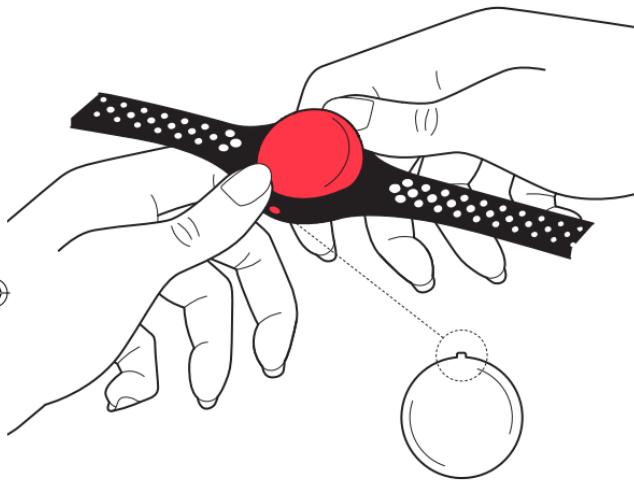
OU LE PORTER



Prenez la taille de bracelet la plus confortable. Le petit bracelet convient pour le poignet, et le plus grand pour la cheville. Vous pouvez porter Moov au poignet, à la cheville, ou dans votre poche pour un suivi quotidien.

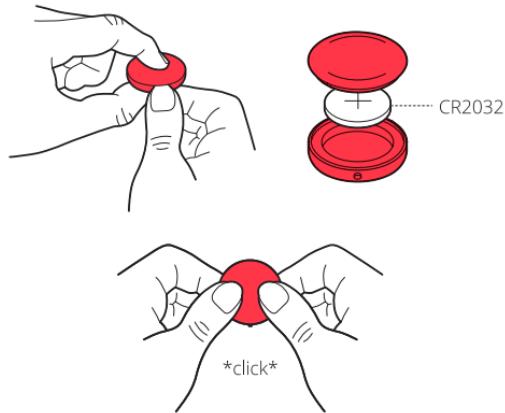
Suivez les instructions dans l'application pour une utilisation optimale pour chaque type de sport.

INSTALLER MOOV



Pour retirer Moov, enlevez le bouton central. Insérez le bouton exactement dans le rond central lorsque vous changez de bracelet.

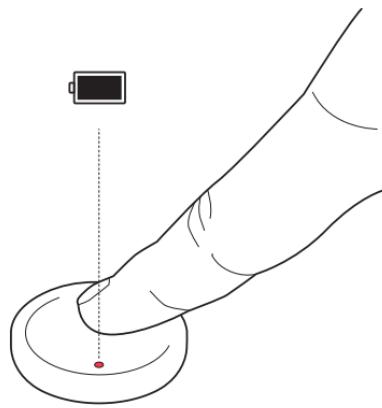
CHANGER LA BATTERIE



La batterie Moov dure six mois. Vous recevez une alerte lorsque la batterie doit être changée.

Changez la batterie en ouvrant le bouton central avec vos doigts. Insérez méticuleusement le bouton. Il doit être bien inséré pour une utilisation waterproof. Vous entendez un click lorsque le bouton s'insère correctement.

INDICATEUR LUMINEUX



Cliquez sur le bouton central pour regarder le niveau de la batterie. La batterie est chargée quand le voyant lumineux clignote.

TÉLÉCHARGER L'APPLICATION



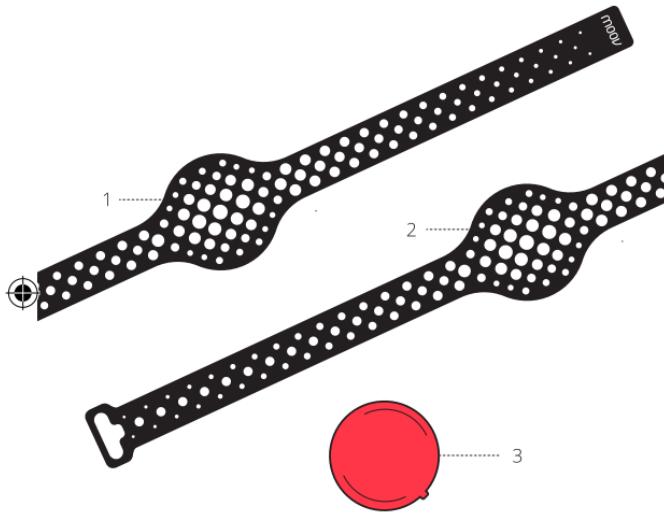
Moov prend en charge les systèmes Android et iOS qui ont le Bluetooth 4.0 avec un Bluetooth Low Energy. Pour une liste complète des systèmes compatibles, allez sur www.moov.cc/devices.

Suivez les instructions sur l'application pour connecter Moov à votre téléphone.

**SUPPORT
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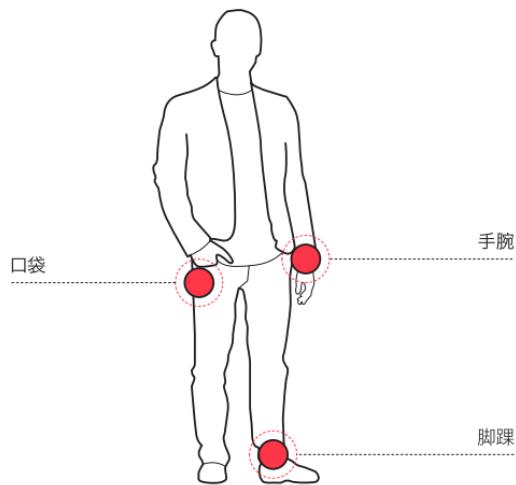
简体中文

内容物



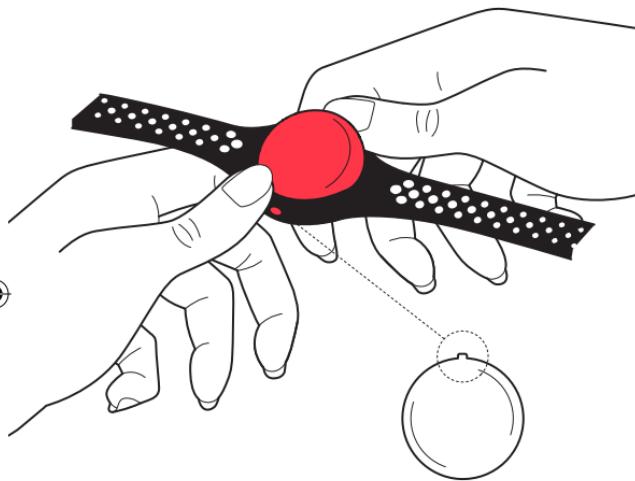
1. 长手环
2. 短手环
3. Moov (内含电池)

佩戴位置



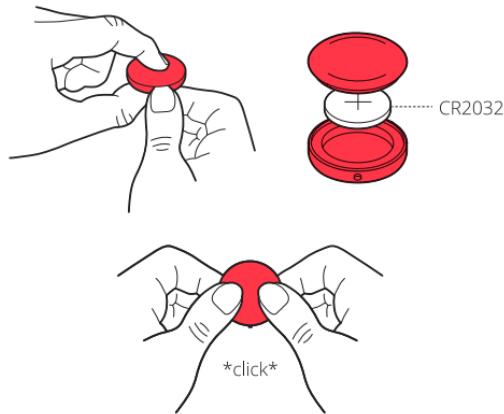
请选用适宜长度的手环。一般来说，短手环适合佩戴于手腕，长手环适合佩戴于脚踝。使用日常监控功能时，除了可使用长短手环佩戴于脚踝或手腕外，也可将 Moov 放置于随身口袋中。依照不同运动 App 的指示，将 Moov 佩戴于最适合的位置。

固定 MOOV



若要将Moov从手环取出时，可轻推Moov将其从手环拔出；若要将Moov固定于手环时，请将Moov上的突出点，对准手环上的小洞后，将Moov嵌入手环中。

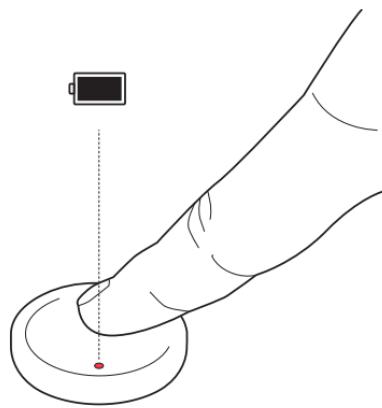
替换电池



Moov 的电池寿命估计约为6个月，当电池需替换时，App 将会显示提醒讯息，告知您需替换电池。

替换电池时，请用指甲打开 Moov 上盖，当重新阖上上盖时，请务必确认上下盖紧密压紧，直到听到上下盖扣合声音，以确保全面防水功能。

LED 灯指示



按压Moov后，LED指示灯会显示电池状况；若电池在有电状态，指示灯会闪烁。

下载 MOOV APP



Moov 支援大部分Android 及 iOS 系统装置（内建蓝牙4.0并拥有低耗电蓝牙BLE模式），如需更多相容装置资讯，请参考线上FAQ moov.cc/devices 使用问题集。

依照 App 的指示，将 Moov 联结您的手机。

NOTES

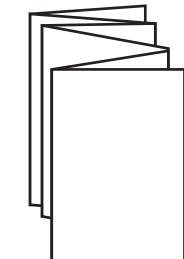
MOOV.CC/START



MN03001-00



B2暫用檔案



測試項目	< 注意事項 >	項目	部品名稱	材質編號	材質中文名稱	材質英文名稱	成份	備註 :	品名	Safety sheet	繪圖日期
	IM/WY 1.裝訂不可跳頁、折損 2.印刷文字不可斷線或模糊不清 3.印刷顏色不可有色偏、臟點 4.裁切不可歪斜 本部品須符合富士康科技集團RoHS規範 (ESD-A0RH-001)中所制定之禁用與限用標準	①	--	--	--	--	--	60g 書紙, *成型尺寸 H105*W73mm *展開尺寸 H105*W438mm	機種	MOOV NOW	外型公差 ± 1.0mm
		②	--	--	--	--	--		型號		加工處理 風琴折 5折
		③	--	--	--	--	--		品牌	MOOV	
		④	--	--	--	--	--		客戶料號	MN03002-00	印刷色 一色印刷
		⑤	--	--	--	--	--		HH料號	8CH39-4001-00	*黑色
		⑥	--	--	--	--	--				
			--	--	--	--	--				

比例 50%

單位mm



"MN03002-00"



FCC ID: 2ACIE-M1508, IC: 12046A-M1508, Model: M1508
© 2015 Moov Inc.

ONE YEAR LIMITED WARRANTY

Moov Inc. ("Moov") warrants the Moov hardware product ("the Product"), and only the Product, against defects in materials and workmanship under normal use for a period of ONE YEAR (365 days) from the date of retail purchase by the original purchaser ("Warranty Period"). Under this Limited Warranty, if a hardware defect arises and a valid claim is received by Moov within the Warranty Period, at its option and to the extent permitted by law, Moov will either (1) repair the Product at no charge, using new or refurbished replacement parts or (2) exchange the Product with a new or refurbished Product. If Moov Inc. determines it is not reasonable to replace the defective Product, Moov may refund to you the purchased price paid for the Product. In the event of a defect or issue, to the extent permitted by law, which can vary from state to state, these are your sole and exclusive remedies.

A replacement Product or part assumes the remaining warranty of the original Product or ninety (90) days from the date of replacement, whichever is longer.

When a Product or part of the Product is exchanged, any replacement item becomes your property and the replaced item becomes Moov's property. When a refund is given, the product for which the refund is provided must be returned to Moov and becomes Moov's property. Parts provided by Moov in fulfillment of its warranty obligation must be used in Products for which warranty service is claimed.

EXCLUSIONS AND LIMITATIONS

This Limited Warranty applies only to the hardware products manufactured by or for Moov that can be identified by the Moov trademark, trade name, or logo affixed to it. The Limited Warranty does not apply: (a) to any Moov products and services other than the Product; (b) to non-Moov hardware products; (c) to consumables (such as batteries); (d) to cosmetic damage, includ-

BATTERY

Follow battery replacement instructions provided with this guide. Do not charge, short, disassemble, deform or heat batteries. Do not throw batteries into fire. Avoid mixed use of batteries, e.g. new, used or different types.

- Keep batteries away from direct sunlight, high temperature and humidity.
- Keep batteries out of reach of small children. Should a child swallow a battery, consult a physician immediately.

Battery: 3V CR2032

REGULATORY NOTICES

NORTH AMERICA

FCC Statement: This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

La operación de este equipo está sujeta a las siguientes dos condiciones: 1) es posible que este equipo o dispositivo no cause interferencia perjudicial y 2) este equipo debe aceptar cualquier interferencia, incluyendo la que pueda causar su propia operación no deseada.

INFORMATION TO USER:

This equipment has been tested and found to comply with the limits for a class B digital apparatus in accordance with Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.

If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

WARNING: Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

FCC ID: 2ACIE-M1508

EUROPE

CE Statement: Hereby, Moov Inc., declares that Moov is in compliance with the essential requirements and other relevant provisions of Directive 1999/5/EC.



RF exposure warning

The equipment complies with FCC RF exposure limits set forth for an uncontrolled environment.
The equipment must not be co-located or operating in conjunction with any other antenna or transmitter.

CANADA

IC Compliance Statement

This device complies with Industry Canada license-exempt RSS standards. Operation is subject to the following two conditions: (1) this device may not cause interference, and (2) this device must accept any interference, including interference that may cause undesired operation of the device.

Le présent appareil est conforme aux CNR d'Industrie Canada applicables aux appareils radio exempts de licence. L'exploitation est autorisée aux deux conditions suivantes : (1) l'appareil ne doit pas produire de brouillage, et (2) l'utilisateur de l'appareil doit accepter tout brouillage radioélectrique subi, même si le brouillage est susceptible d'en compromettre le fonctionnement.

This Class B digital apparatus complies with Canadian ICES-003.

Cet appareil numérique de la classe B est conforme à la norme NMB-003 du Canada.

IC: 12046A-M1508



IMPORTANT PRODUCT INFORMATION

©2015 Moov Inc., all rights reserved. Moov Now is a registered trademark of Moov Inc. All other trademarks are property of their respective owners. US and International patents pending.

Avoid getting dirt and personal care substances such as but not limited to soap, lotion, and creams trapped between the Moov band and your body as this may lead to discomfort. Do not put Moov in any washing device such as, but not limited to a washing machine, dishwasher, or any other machine that will submerge Moov in liquid substances and expose it to high water pressure for extended periods of time.

To maintain water resistance:

- Install the cover correctly.
- Do not tamper with the Moov Core when it is still submerged in liquid.
- Avoid prolonged exposure to salt water or other chemicals, e.g. detergent, chlorine.
- Avoid moving the Moov Core in and out of contrasting extreme atmospheres: saunas, steam rooms, hot tubs and hot showers could distort the sealing gasket.
- Avoid opening the Moov Core unnecessarily.
- When opening the Moov Core to replace the battery, avoid touching the gasket.
- Never leave the Moov Core open for more than a few hours; a dry gasket will cause the seal to fall.

DISPOSAL AND RECYCLING:

Please kindly be aware that it is the consumer's responsibility to properly dispose and recycle Moov and accompanying components. Do not dispose of Moov with common household waste, the Moov unit is considered electronic waste and should be disposed of at your local electronic equipment collection facility. For more information, please contact your local electronic equipment waste management authority or the retailer where you bought the Moov. When discarding batteries, insulate the + and - faces of batteries with insulating or any kind of non-conductive tape. If improperly disposed, lithium batteries may short, causing them to become hot, burst or ignite.

CHILD SAFETY

Moov and its accessories contains small parts, which can be a choking hazard. Please keep away from young children. If battery is swallowed, immediately seek medical help as serious injury may occur.

ing but not limited to scratches and dents (d) to software, even if packaged or sold with the Product or embedded in the Product. Refer to the license accompanying the software for details of your rights with respect to its use.

This warranty does not apply to a Product or part of the Product that has been altered or modified (e.g., to alter functionality or capability) by anyone who is not a representative of Moov or if the Moov is inserted or installed in a casing not provided by Moov.

In addition, this Limited Warranty does not apply: (a) to damage caused by use with non-Moov products or equipment; (b) to damage caused by normal wear and tear, repeated dropping of the device, accident, abuse, misuse, flood, fire, earthquake or other external causes; (c) to damage caused by operating the Product outside the permitted or intended uses described by Moov or with improper voltage or power supply; (d) to damage caused by service (including repairs, upgrades and expansions) performed by anyone who is not a representative of Moov; (e) if the serial number has been removed; or (f) any neglect, abuse, alteration, unusual stress, modification, wiring or testing, improper storage, or use not in accordance with Moov's general use policies. Recovery and reinstallation of software programs and user data are not covered under this Limited Warranty.

No Moov reseller, agent, or employee is authorized to make any modification, extension, or addition to this Limited Warranty. If any term is held to be illegal or unenforceable, the legality or enforceability of the remaining terms shall not be affected or impaired.

This Limited Warranty is valid only in the United States for Products sold in the United States.

To Obtain Warranty Service: Consumer must notify Moov Inc. via email at support@moov.co, to obtain a Return Material Authorization (RMA) and return the defective Product together with proof of purchase specified by Moov Inc. in connection with the RMA. You will cover the cost of shipping the Product to Moov Inc. and bear the risk of loss or damage to the Product while in transit to Moov Inc. Moov will cover all shipping and handling charges, and taxes paid are not refundable. Any Product returned to Moov Inc. without an RMA or without proof of purchase will either be returned to you at your expense or you will be charged a restocking fee of 15% of the original purchase price of the Product or the retail value of the missing accessories, whichever is higher.

IMPORTANT SAFETY WARNINGS

WARNING: BEFORE USING THIS PRODUCT, PLEASE REVIEW THE FOLLOWING IMPORTANT SAFETY, BATTERY, WARRANTY, AND REGULATORY INFORMATION.

Failure to observe the following warnings may result in harm either to you or damage to Moov and its associated products and mobile applications (collectively the "Moov Products") and will void the below warranty on the Moov Products. Please note that additional information is provided on www.moov.cc/start and it is your sole responsibility to review all important information before using the Moov Products. Your purchase and use of the Moov Products implies that you have read and accepted the terms and conditions both stated in this document and available online at www.moov.cc.

HEALTH DISCLAIMER

WARNING: MOOV BY MOOV INC. IS NOT A MEDICAL DEVICE.

The Moov Products should not be used to diagnose, treat, or prevent any disease, medical condition, or injuries. Always seek the advice of a qualified medical professional before making changes to exercise, sleep or nutrition, as doing so may cause severe harm or death.

IMPORTANT: Please see included user manual and moov.cc/start for additional information.

Moov does not warrant that the operation of the Product will be uninterrupted or error-free. Moov is not responsible for damage arising from failure to follow instructions relating to the Moov Products' use.

WARNING: Moov's associated wrist and ankle bands are made of Moov's associated wrist and ankle bands are made of silicone rubber and aluminum. The Moov device is made from polycarbonates (PC) and UV paint. Do not wear Moov and its associated bands if you are allergic to any of these materials.

Normal use of the Moov Products is defined as: use in accordance with the associated Moov mobile application for the purpose of exercising with Moov, use in non-extreme temperature settings (avoid exposure to temperatures below thirty-two (32) degrees Fahrenheit or above one hundred fifteen (115) degrees Fahrenheit), and careful handling (avoid dropping the Moov device and limit exposure to repeated shock).

WATER RESISTANCE

Ingress of water in harmful quantity shall not be possible when the enclosure is immersed in water under defined conditions of pressure and time up to 1 m of submersion.