



Health & Wellness

## Owner's Manual

BodySsense Smart Scale

# eufy

For FAQs and more information, please visit:

[www.eufylife.com](http://www.eufylife.com)

Product Number T9140  
SM-A451-V01

### Important Safety Instructions

- Read all instructions before using the device. Keep the manual for future reference.
- Only use the device as described in this user manual. Any misuse may cause electric shocks, burns, start a fire or other unexpected hazards.
- This device can be used by individuals over 16 years old and persons with reduced physical, sensory or mental capabilities or lack of experience and knowledge if they have been given supervision or instruction concerning use of the appliance in a safe way and understand the hazards involved. Children shall not play with the appliance. Cleaning and user maintenance shall not be made by children without supervision.
- Be aware that this device is designed for individuals to measure their weight and monitor their body composition. Any information provided by this device is in no way meant to treat, cure, or prevent diseases or illnesses from happening.
- DO NOT use this device if you are pregnant or if you suspect you may be pregnant. The effects of this device on a fetus are unknown and untested.
- DO NOT use this device if you use a wearable or implanted electronic device such as a defibrillator or pacemaker.
- This device should not be used by individuals who are acutely or chronically ill, suffering from diseases or taking medications that can affect water levels. The accuracy of the readings for these individuals has not been verified. Specific medical advice should be obtained from a physician.
- The device is equipped with a data transmission function that emits electromagnetic energy. Portable Radio Frequency (RF) communications equipment (including peripherals such as antenna cables and external antennas) should not be used within 30 cm (12 inches) of the device, otherwise, performance may be affected.
- Do not modify this device.
- Do not expose this device to extreme temperatures, direct sunlight, moisture, or corrosive environments.
- To prevent slipping, do not step on the device after bathing or showering.
- This device should not be used when it is adjacent to or stacked on top of another device because it could cause the device to operate improperly. If such use is necessary, this device and the other device should be observed to verify that they are operating normally.
- This device is powered by four AAA batteries. Do not attempt to recharge non-rechargeable batteries as this can cause the batteries to leak or explode.
- This device can be powered by rechargeable batteries.

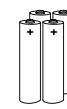
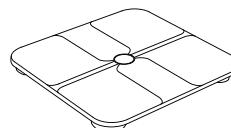
- Do not mix and use different types of batteries together e.g. lithium-ion (Li-ion) and nickel-metal hydride (NiMH) batteries.
- Do not mix new and used batteries.
- Used batteries should be placed in a sealed plastic bag and disposed of safely according to local environmental regulations.
- If the device will not be used for an extended period of time, remove batteries before storing the device in a cool and dry place.

### Usage Tips:

To ensure measurement accuracy, follow the instructions below when you start your measurement.

- Place the scale on a flat, hard surface. Soft surfaces such as carpeting will affect the performance of the scale.
- Step on the platform with bare feet. Stand still and keep full contact with the electrodes until the measurement is complete.
- For the most consistent measurements, weigh yourself at the same time of day and location.
- Avoid weighing yourself immediately after strenuous exercise, sitting in the sauna, taking a bath, or drinking and eating.
- The condition of the skin on the bottom of your feet can affect the measurement. The natural effects of aging or activity can make this skin hard. Take the reading with clean, slightly damp feet for best accuracy.
- Body fat percentage estimates will vary with the amount of water in the body, and can be affected by dehydration or overhydration due to factors such as alcohol consumption, menstruation, illness, intense exercise etc.

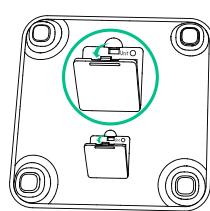
### What's In the Box



BodySense Smart Scale    AAA Battery (x4)    Owner's Manual

### Inserting the Batteries

- 1 Turn the scale over and place it on a flat surface.
- 2 Open the battery door and insert four batteries. Make sure the positive and negative ends are facing the correct polarity direction marked in the battery compartment.
  - The digits "388.8" will show on the LED display.
- 3 Close the battery door and wait until the digits "111" are shown on the LED display.

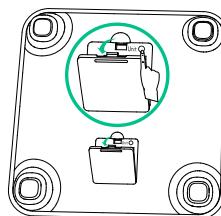




**Lo** will appear on the LED display when the batteries are low. Replace all four batteries at the same time. Do not mix new and used batteries.

## Selecting the Measuring Unit

Stand on the scale to turn it on, press the **Unit** button at the bottom of the scale to cycle through and select the measuring unit: Pound / Stone / Kilogram. The measuring unit can be selected from within the app as well.



## Installing the App and Pairing

- 1 Download the EufyLife app from the App Store (iOS devices) or Google Play (Android devices).
- 2 Enable Bluetooth on your smartphone or tablet.
- 3 Open the EufyLife app and follow the on-screen instructions to pair the scale with your device.
  - Once connected, the app and scale will automatically pair up the next time the app is opened.



Flashing Blue	Pairing
Steady Blue	Connected



- This scale is compatible with devices running iOS 8.0 and above or Android 4.3 and above.  
- Do not pair the scale from your smartphone's Bluetooth menu. Use the EufyLife app to pair the scale with your smartphone.

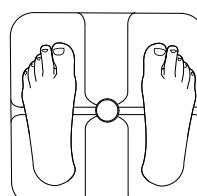
## Starting a Measurement

You need to create and set up a user ID in the EufyLife app before you start measuring. It is possible to create up to 8 user IDs.

- 1 Place the scale on a hard and flat surface.
- 2 Open the EufyLife app, and then select your user ID.
- 3 Click **Start** and follow the on-screen instructions to begin measuring.



Step on the center of the scale barefoot. Stand still and keep full contact with the electrodes until the measurement is complete.

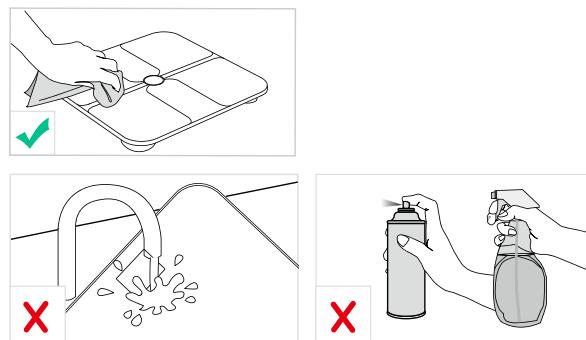


## Weight-Only Measurement

This scale can also be used as a conventional weight-reading scale. You can simply step on the scale to measure your current weight without running the app.

## Maintenance

Regularly clean the scale with a dry or slightly dampened soft cloth.



- Do not wash the scale with water or immerse it in water.
- Never use detergents to clean the scale as this may cause it to malfunction or discolor.

## Troubleshooting

### Error Message

Error Display	Description	Solution
OL	Overload. The device will power off.	Stop using this scale for measurement.
Lo	Low battery. The device will power off.	Replace all four batteries at the same time.
Err	Measuring failure.	<ul style="list-style-type: none"> <li>• Step barefoot and keep full contact with the electrodes.</li> <li>• Stand still until the measurement on the LED display locks.</li> </ul>

### When Measuring

Issue	Cause	Solution
Abnormal measuring results	<ul style="list-style-type: none"> <li>• Incorrect posture.</li> <li>• Device is placed on soft carpeting or uneven surface.</li> <li>• Feet are too dry.</li> </ul>	<ul style="list-style-type: none"> <li>• Please step on the platform barefoot and stand still..</li> <li>• Place the device on a hard and flat surface.</li> <li>• Wipe your feet with a damp cloth, keeping them slightly damp.</li> </ul>
No display on the LED display when the device powers on.	<ul style="list-style-type: none"> <li>• Batteries not installed.</li> <li>• Worn batteries.</li> <li>• Stepping on the platform while wearing shoes or socks.</li> </ul>	<ul style="list-style-type: none"> <li>• Install four new batteries.</li> <li>• Replace all four batteries at the same time.</li> <li>• Step barefoot and keep full contact with the electrodes.</li> <li>• Stand still until the measurement on the LED display locks.</li> </ul>
Cannot proceed to analyse body composition.	<ul style="list-style-type: none"> <li>• Measuring has not completed yet.</li> </ul>	

## Specifications

Product Model	T9140
Power Source	6 V (4 x AAA batteries)
LED Display	80 x 32 mm / 3.1 x 1.3 in
Measurement Unit	Pound / Stone / Kilogram
Unit Increments	0.1 kg / 0.2 lb
Body Fat Unit Increments	0.1 %

Body Water Unit Increments	0.1 %
Muscle Mass Unit Increments	0.1 %
Measurement Range	11lb - 397lb / 0st 11lb - 28st 5lb / 5kg - 180kg
Working Environment	Temperature: 10 - 40 °C Humidity: 20 - 90% RH
Storage Environment	Temperature: -10 - 50 °C Humidity: <= 90% RH
Dimension	300 x 300 x 26 mm / 12 x 12 x 1 in
Net Weight	1.66 kg / 3.67 lb

## Notice



This symbol means the product must not be discarded as household waste, and should be delivered to an appropriate collection facility for recycling. Proper disposal and recycling helps protect natural resources, human health and the environment. For more information on disposal and recycling of this product, contact your local municipality, disposal service, or the shop where you bought this product.



This symbol means "Refer to instruction manual or booklet".

## FCC Statement

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

**Warning:** Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

**Note:** This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation.

This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures: (1) Reorient or relocate the receiving antenna. (2) Increase the separation between the equipment and receiver. (3) Connect the equipment into an outlet on a circuit different from that to which the receiver is connected. (4) Consult the dealer or an experienced radio / TV technician for help.

## RF Warning Statement

The device has been evaluated to meet general RF exposure requirements. The device can be used in portable exposure conditions without restriction.

## Customer Service

15-month limited warranty

Lifetime technical support

support@eufylife.com

1-800-988-7973 (US) Mon-Fri 9am-5pm (PST)

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@EufyOfficial

Fantasia Trading LLC  
3291 Keller St. Santa Clara, CA 95054