

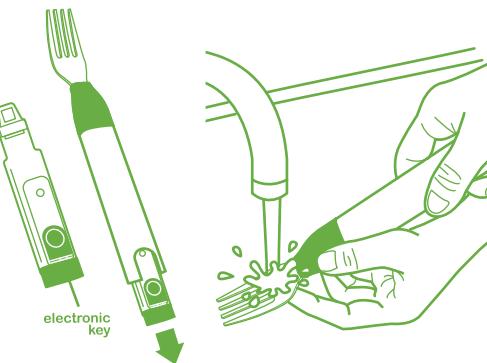
S/N:

http://www.hapilabs.com/start

1

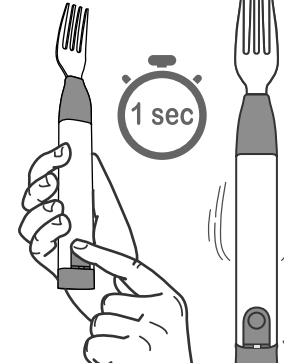
First Meal

Clean your HAPIfork before you use it for the first time. To do this, remove the electronic key from the handle and wash the fork either in soapy water, by hand with a non-abrasive sponge, or in the dishwasher. Please keep the electronic key dry.

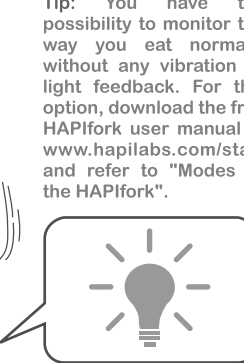


2

Turn on your HAPIfork before you start eating by pressing and holding the button for one second. A gentle vibration and a blinking green light will tell you that your HAPIfork is on and ready to track your meal.

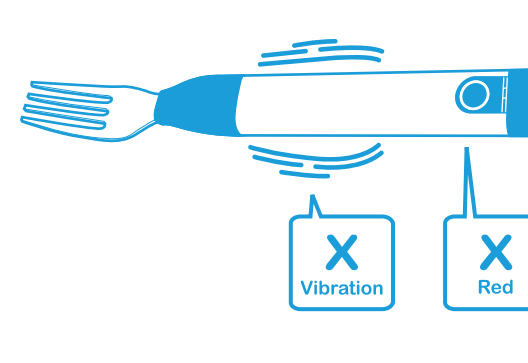


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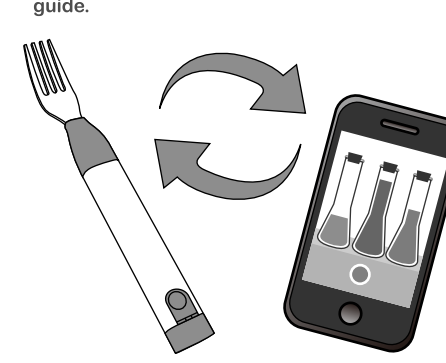
3

If the interval between two fork servings is too short, you will feel a gentle vibration and the Fork Serving Light will turn red. Otherwise, it will turn green and there won't be any vibration.



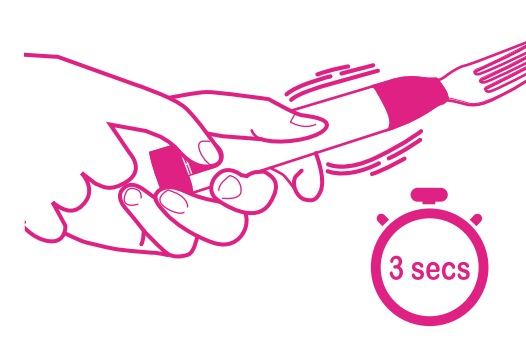
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If the HAPILABS mobile app is running on your Bluetooth Smart Ready® device, data sync will be made automatically. If it's your first time connecting your HAPIfork, please go back to the "First Connection" section on the other side of this guide.



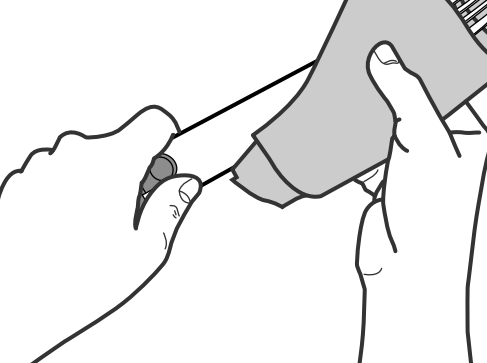
5

After the meal, turn off your HAPIfork by pressing the button for three seconds. A quick double vibration will confirm that it has been turned off. If you forget to turn off your HAPIfork, it will turn off automatically after 15 minutes of inactivity.



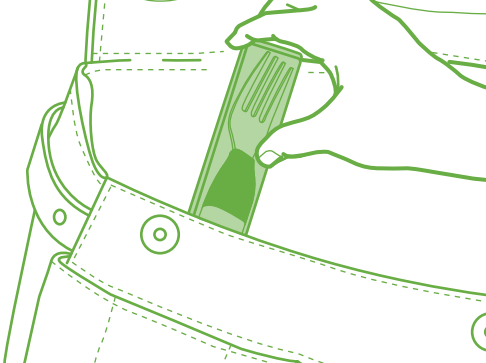
6

For hygienic reasons, if you cannot immediately wash your HAPIfork after the meal, make sure to wipe the fork with a paper napkin.



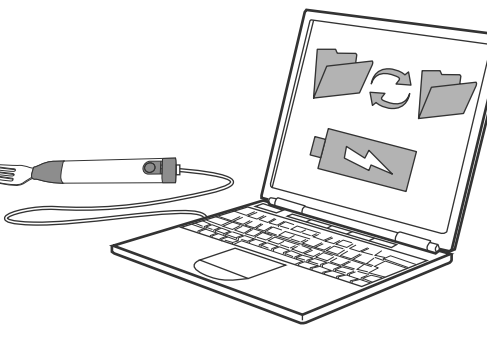
7

You can easily carry the HAPIfork by using the travel case provided.




8

Connect the HAPIfork to your computer using the micro-USB cable to transfer your data and charge the battery. Battery charge should last for about two weeks.



HAPIfork™

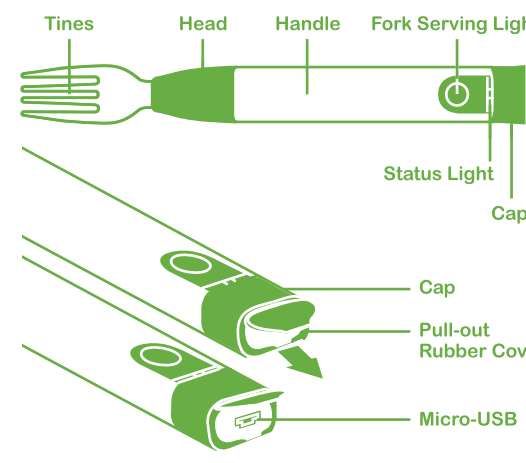
Quick Start Guide



HAPILABS

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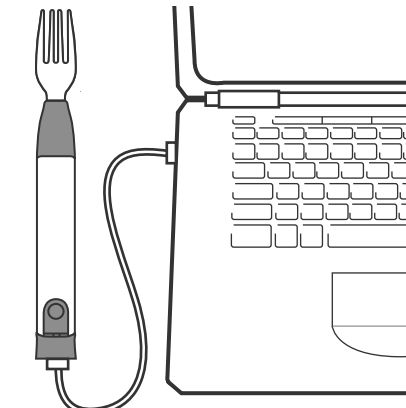
Anatomy



A

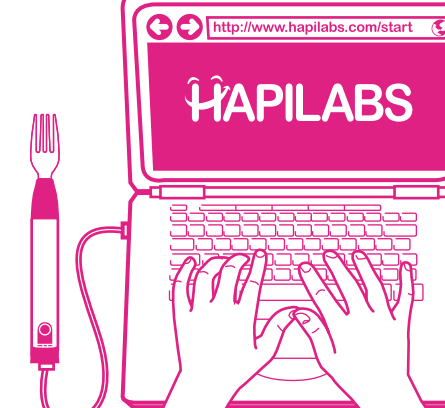
First Connection

Connect your HAPIfork to your computer using the micro-USB cable included in the box.



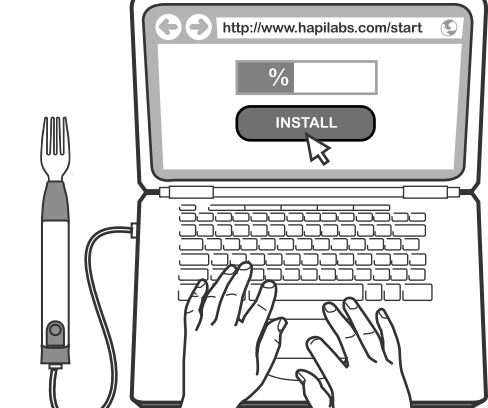
B

Go to www.hapilabs.com/start to download the free HAPILABS Connection Software.



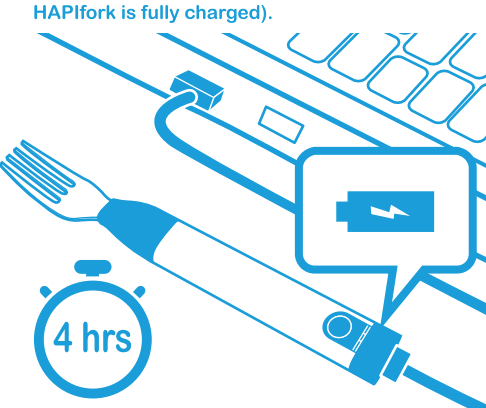
C

Install and launch the HAPILABS Connection Software to setup your HAPIfork.



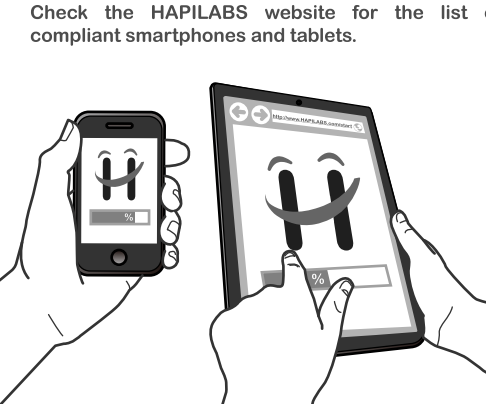
D

Leave your HAPIfork connected to your computer for at least 4 hours or until the Status Light turns green (a steady green light indicates that the HAPIfork is fully charged).




E

If you own a Bluetooth Smart Ready® device, you can download the free mobile HAPILABS application (for iOS or Android) at <http://www.hapilabs.com/start>. Check the HAPILABS website for the list of compliant smartphones and tablets.



How the HAPIfork Works

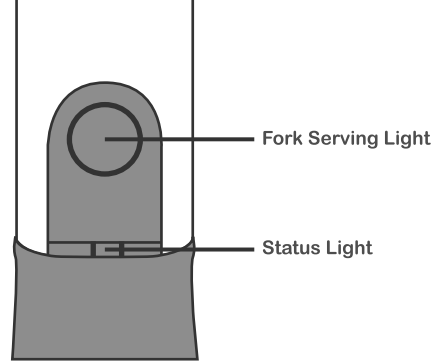
During meals, your HAPIfork lets you know each time you are eating too fast. You will feel a gentle vibration and the Fork Serving Light will turn red if the interval between two fork servings is too short. Otherwise it will turn green and there won't be any vibration.



Tip: You will find information about the 2 other modes (Coaching & Mute) in the free HAPIfork User Manual downloadable at www.hapilabs.com/start.

Light Indicators

The Fork Serving Light is round and located on your fork button and the Status Light is rectangle and located between the handle and the cap of your HAPIfork.



Fork Serving Light

Color	Indication	Meaning
Green	Interval between the last two fork servings was satisfactory	You're eating at a reasonable pace
Red	Interval between the last two fork servings was too short	You're eating too fast

Status Light

Color	Indication	Meaning
Green	Battery is charged and memory space is OK	You can use your HAPIfork peacefully
Orange	Battery or memory is weak, HAPIfork needs to be charged or meal data should be uploaded	You can still use your HAPIfork, but connect it soon
Red	Battery is too weak or memory is too full to work properly	Charge the battery and/or upload your data

75mm

75mm

SAFETY NOTICES AND REGULATORY STATEMENTS

To ensure you use your product correctly and safely, read and heed these warnings and the entire user manual before using the product:

Always remove the electronic key before washing your HAPIfork.

Use a soft, lightly moistened cloth or non abrasive sponge to hand wash your HAPIfork. Never use abrasive or corrosive cleaning agents, as these may cause damage.

Do not leave your product next to open flames

Do not tamper with the product.

Do not use abrasive cleaning products and sponges to clean your product.

Do not subject the product to excessive force, shock, dust, temperature changes, or humidity. Never expose the product to direct sunlight for extended periods.

Do not tamper with the internal components. Doing so will terminate the product warranty and may cause damage. The main unit contains no user-serviceable parts.

The product is a precision instrument. Never attempt to take this device apart. Contact the retailer or our customer service department if the product requires servicing.

Do not touch the exposed electronic circuitry, as there is a danger of electric shock.

When disposing of this product, ensure it is collected separately for special treatment and not as normal household waste.

Your HAPIfork has a built in battery, do not attempt to replace it.

Charge the battery in accordance with the with instructions provided.

The contents of this manual may not be reproduced without the permission of the manufacturer

NOTE The technical specifications for this product and the contents of the user manual are subject to change without notice.

NOTE Features and accessories will not be available in all countries. For more information, please contact your local retailer.

ABOUT HAPILABS

Visit our website (www.hapilabs.com) to learn more about HAPILABS products.

USA FCC (Federal Communications) Statement

This device complies with FCC part 15 Rules.

Operation is subject to the following two conditions:

1. This device may not cause harmful interference and
2. This device must accept any interference, including interference that may cause undesired operation of the device

FCC Warning

Changes of modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

FCC ID: 2AAYHHF100

NOTE This equipment, HF100, has been tested and found to comply with the limits for a class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However there is no guaranty that interference will not occur in a particular installation. If this equipment does cause

harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct by one or more of the following measures:

Reorient to relocate the receiving antenna
increase the separation between the equipment and receiver

Connect the equipment into an outlet on a circuit different from that to which the receiver is connected
Consult the dealer or an experienced radio/TV technician for help.

This device meets the FCC and IC requirements for RF exposure in public or uncontrolled environments

Canada IC (Industry Canada) Statement

IC notice to users English/French in accordance with RSS GEN issue 3.

This device, HF100, complies with part 15 of the FCC Rules and Industry Canada licence exempt

RSS standard(s).

Operation is subject to the following two conditions:

1. This device may not cause harmful interference and
2. This device must accept any interference, including interference that may cause undesired operation of the device

Cet appareil, HF100, est conforme à la partie 15 de la réglementation de la FCC et aux CNR d'Industrie Canada applicables aux appareils radio exempts de licence.

Son utilisation est soumise aux deux conditions suivantes:

1. Cet appareil ne peut pas provoquer d'interférence et
2. Cet appareil doit accepter toute interférence, y compris les interférences qui peuvent causer un mauvais fonctionnement du dispositif.

This Class B digital apparatus complies with Canadian ICES-003.

Cet appareil numérique de la classe B est conforme à la norme NMB-003 du Canada.

EU (European Union) Statement

Declaration of conformity with regard to the EU Directive 1999/5/EC.

Slow Control is authorised to apply the CE mark on its product HF100, thereby declaring conformity to the essential requirements and other relevant provisions of Directive 1999/5/EC and other applicable Directives.

Compliant with the standard R&TTE 99/CE/05
Conforme a la norme R&TTE 99/CE/05

Australia

Complies with IDA standards DA00006A



To receive your warranty please register online at www.hapilabs.com/hapifork/warranty to receive your manufacturer's 1 year warranty Please registrar 30 days after purchase of your HAPIfork.

To the maximum extent permitted by applicable mandatory laws, this Limited Warranty is your sole and exclusive remedy and is in lieu of all other warranties, expressed or implied. HAPILABS and SLOW CONTROL shall not be liable for special, incidental, punitive or consequential damages, including but not limited to loss of anticipated benefits, loss of data, loss of use, cost of capital, cost of any substitute equipment or facilities, claims of third parties, damage to property resulting from the purchase or use of the item or arising from breach of the warranty, breach of contract, negligence, strict tort, or any legal or equitable theory, even if HAPILABS and SLOW CONTROL knew of the likelihood of such damages.