

Please read this manual carefully before using the product and keep it properly

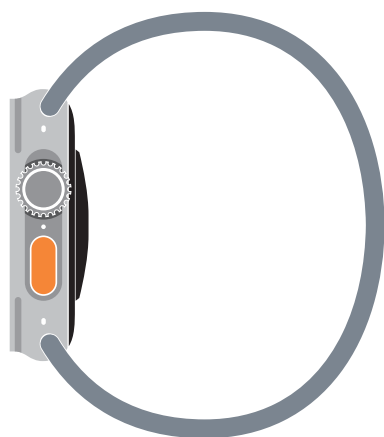
SMART WATCH

Product description

Packing list: watch host (including strap) × 1, wireless charger × 1, product manual × 1



1
Open the packaging.
Follow the steps to
connect the strap to the
smartwatch

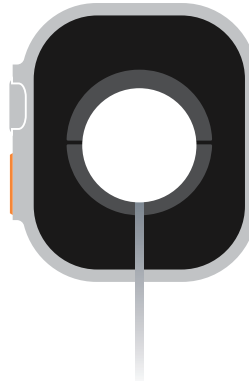


2
Wear the smart watch
and press and hold the
button to turn it on

3
Open Wearfit Pro
on your phone to
set up the device



To charge, place the back
of the watch on the wireless
charger

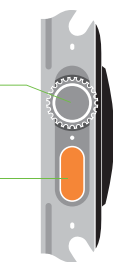


Product overview

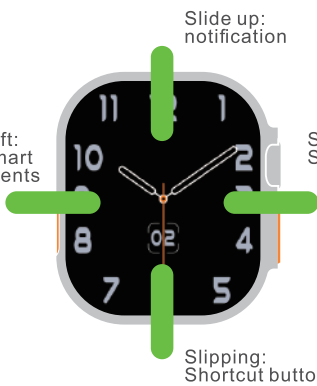
Buttons and Touch



Knob Button
Switch Button



Swipe left:
Enter Smart
Components



Watch operating instructions

Button definition:

- *Long press for 3s to prompt the interface (shutdown, restart, SOS), such as long press to exit power saving mode in power saving mode, and long press to exit lock screen mode in lock screen mode;
- *Short press on the dial page to enter the menu, double click to enter Alipay;
- *On the menu page, short press to return to the dial, and double press to switch the menu;
- *Short press to turn on the screen when the screen is off;
- *Short press on other pages to return to the previous page.

Knob button

- *All up and down sliding can be achieved by rotating the knob;
- *All left and right sliding can be achieved by rotating the knob;
- *Rotate on the dial page to switch dials, and preset more than ten kinds of exquisite dials;
- *On the cellular menu page, you can directly zoom in or zoom out the center app icon by rotating the knob, and open the app when it is maximized.

Watch face home page touch gestures:

- *Right swipe split screen function: swipe right on the dial page to appear, and swipe left to return.
- *Swipe left to enter smart components: The system presets 3 components, click "Add component" at the far right to add components, up to 5 more, long press the component to enter the "Delete component" page.
- *Swipe shortcut button: swipe down on the watch face page to appear, swipe up to return.
- *Swipe up on the message interface: Swipe up on the dial page to appear, save up to 6 messages, and swipe to return.

Connect Watch



1. Download the "Wearfit Pro" APP to your mobile phone and install it, you can search directly in the APP store "Wearfit Pro" to download, you can also scan the above QR code to jump to the link to download (browser: WeChat, etc. can be scanned)
2. Connect the watch
- 1) Scan code connection: After the watch is turned on, enter the watch face page, swipe right to enter the split screen function, and click "Scan the code to connect" shortcut button, the connection QR code will pop up, and you can scan the code directly in Wearfit connect.
- 2) Manual connection: After the mobile phone turns on Bluetooth, enter the APP to directly search for the device for manual connection.
- 3) Connect to call bluetooth
- In the initial state of the watch, the call Bluetooth is turned off, and the call function and music function cannot be used at this time. Click the call bluetooth switch after turning it on, you can find the call bluetooth in the mobile phone system (when the mobile phone bluetooth is turned on), find the corresponding bluetooth name (the default is Watch call), and click connect. After the connection is successful, the call function and music function can be used.

Features

- phone
Contacts: Connect to the mobile phone to synchronize contacts on the mobile phone and set emergency contacts;
Dial-up: connect to the mobile phone to dial out, and you can call on the watch side
Call record: Connect the mobile phone to synchronize the call record of the mobile phone;
- Exercise record
Record the exercise data of the day, including: calories, activity time, number of activities, steps and distance.
- WeChat
Receive payment
Bind to WeChat to receive payment via WeChat QR code
- Heart rate
Put the watch close to your wrist, and the best place to wear it is the wrist bone above your arm. The real-time heart rate can be measured. The normal value of the average person is 60-90 beats/min. The watch records the last 7 measurement records, and records the highest and lowest values.
- Blood pressure
Put the watch close to your wrist, and the best place to wear it is on the upper arm of the wrist bone. Blood pressure can be measured. The watch records the last 7 measurement records.
- Blood oxygen
Put the watch close to your wrist, and the best wearing position is on the wrist bone and above the arm. The blood oxygen value can be measured. The watch records the last 7 measurement records and records the highest and lowest values.
- Indoor activities
It includes 6 regular sports including indoor running, indoor cycling, sit-ups, push-ups, and free training.
- NFC
One touch the access card simulation, lift the wrist to open the door, one touch to call out the health code, one touch to call the phone, one touch to reach the application.



Sleep

Check your sleep status every night



Connect to a social APP open a Qr Code, let the other person scan it and add a friend



Outdoor sports

Includes 7 sports such as outdoor running, outdoor cycling, sit-ups, hiking, mountaineering, and other sports; 5 major sports data are recorded during exercise: steps, calories, heart rate, cadence, pace, and can be set Sports goals, a comprehensive breakdown of your sports details.



Breath training

Breathing training can quickly relax oneself, relieve stress and quickly replenish oxygen to the body. Three frequency options are provided: slow, normal, and slightly faster; breathing time options: 1-5min.



Music control

Connect APP to control music playback.



Connect to mobile phone, voice wake up mobile phone APP



Mett

The watch realizes the function of Mett, converts all daily exercise volume into Mett value and displays it on the watch and APP, records the energy metabolism equivalent of one week of exercise, and forms a visual icon to let users clearly understand their exercise volume.



pressure

The watch supports continuous pressure monitoring, monitors the user's 24-hour pressure changes, and uses scientific health algorithms to display the pressure as an icon, allowing users to adjust their status at any time. The pressure range shows: 1-29 relaxed; 30-59 normal; 60-79 medium; 80-99 high.



Set up

Including brightness settings, often off screen, raise the wrist to turn on the screen, do not disturb mode, sound and vibration, language switching, phone connection, password, about watch, restart, factory reset, shutdown.

Charge

Please place the back of the watch on the surface of the wireless charger to start charging, the watch The charging indicator is displayed on the screen.



Note

1. Do not charge in a humid and watery environment;
2. Please ensure that the back of the watch is in clean and complete contact with the surface of the wireless charger;
3. Please use a clean flannel to clean the back of the watch and the surface of the wireless charger regularly. Make sure that the watch and the wireless charger surface are in full contact to ensure normal charging;
4. This product is not equipped with a power adapter. In order to ensure the safety of family and property, when charging, You can use the USB interface or choose a power adapter whose output does not exceed 5V/1A. Please purchase power adapters through regular channels, and avoid using inferior or fake power adapters to avoid bursting or fire.

Bluetooth data transmission

When connected to a mobile phone, the watch will instantly synchronize some data with the mobile phone via Bluetooth, including weather, notification messages, sports health data, etc. This data will not be synced when the connection is dropped or Bluetooth is turned off.

Precautions

1. The measurement results of this product are for reference only, not for any medical purpose or basis. please follow Under the guidance of a doctor, do not self-diagnose and treat according to the treatment results.
2. The waterproof level of this product is IP68, and it cannot be used for deep diving or soaking in water for a long time. In addition, this product does not put hot water, because water vapor will affect the watch.
3. The company reserves the right to modify the contents of this manual without prior notice. Some functions are different in the corresponding software version, which is normal.

Basic parameters

Product name: Smart Watch
Body material: zinc alloy + IML injection molding process
Strap material: liquid silicone
Strap material: liquid silicone
Bluetooth version: Bluetooth 5.2
Device requirements: Android 5.0 or ios 10.0 and above



FCC Statement

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:

- (1) This device may not cause harmful interference, and
- (2) this device must accept any interference received, including interference that may cause undesired operation.

Any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

The device has evaluated to meet general RF exposure requirement. The device can be used be in portable exposure without restriction.