

1.1 Download the "Wearfit Pro" APP on your mobile phone and install it. You can search "Wearfit Pro" directly in the APP store

Download, you can also scan the following two-dimensional code to jump connection download (browser, wechat, etc., can scan code).

Scan code connection:

First boot/factory setting restoration Boot connection: After selecting the language, it will pop up Download the APP QR code + paired QR code, and scan the paired QR code directly using the APP Just add the equipment.

General use connection: Open Settings -- General -- Connect the phone, you can view and download the APP

Qr code + paired QR code. Just use the APP to scan the matching QR code and add the device.

Manual connection:

Startup connection when restoring factory Settings on the first startup: After selecting a language on the startup, the download will pop up

APP QR code + paired QR code, under the paired QR code, the device name will be displayed.

Click Add device on the APP, scan the corresponding device and click directly to connect.

General use connection: Open Settings -- General -- Connect the mobile phone, you can view and download the APP 2D

Code + paired QR code. Under the matching QR code, the device name will be displayed, and tap on the APP

Click Add device, scan the corresponding device, and click to connect.

## 2. Connect the call Bluetooth

In the initial state of the watch, the call Bluetooth is turned off, and the call function, music function and language assistant cannot be used at this time.

Click the call Bluetooth switch, after the switch is turned on, you can find the call Bluetooth in the mobile phone system (the mobile phone Bluetooth is turned on), find

The corresponding Bluetooth name.

Click Connect. After successful connection, you can use the call, music function and voice assistant.

Scan code to download Wearfit Pro

### 1. Watch and mobile phone connection 3.1 dial

3.1.1 Built-in dial: built-in multiple dial, can be freely replaced;

3.1.2 Dial market: APP built-in dial mall, dial can be downloaded, free replacement;

3.1.3 Custom watch face: Users can upload patterns in the APP and customize the watch face;

### 3.3 Exercise

3.3.1 Includes a variety of sports modes, including indoor running, indoor cycling, outdoor cycling, running, football, badminton, basketball, hiking, climbing,

Free movement, etc.;

### 3. Main functions

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### 3.2 Basic Functions

3.2.1 Menu Mode: Double-click on the menu interface to switch the menu style;

3.2.2 Component management: dial quick function, support: heart rate, sleep, short video remote control and other functions;

3.2.3 Message reminder: It can synchronize the push message content of the mobile terminal;

3.2.4 Settings: Raise the wrist light screen, steady on setting, brightness adjustment, screen time, health reminder, language, key definition, sound and vibration, Do not disturb mode, connect the phone, shut down, restart, about the watch, time setting, factory recovery, etc.

3.2.5 Quick functions: Bluetooth call, lock screen, do not disturb, steady on, find the phone, raise the wrist to light the screen, setting, positioning, short video remote control, etc.

3.2.6 Voice reminder: When the user uses the watch sports and other functions, the watch voice broadcast reminder;

3. Main functions

### 3.4 Health

3.4.1 Sleep monitoring: The duration and quality of your sleep will be recorded every night to the next morning to help you better adjust your sleep

Take time off to improve sleep quality. In the sleep function interface, query the options for the sleep function;

3.4.2 Heart rate: The watch is tight to the wrist, the best wearing position is the wrist bone above the arm, and the real-time heart rate value can be measured, generally

Human normal value is 60-90 times/min;

3.4.3 Blood oxygen: The watch is tight to the wrist, the best place to wear it is near the wrist bone above the arm, and the blood oxygen value can be measured;

3.4.4 Breathing training: a way to quickly relax yourself, relieve stress and quickly supplement oxygen to the body;

3.4.5 Blood pressure: The watch is tight to the wrist, the best wearing position is the wrist bone above the arm, the blood pressure can be measured, and the watch records the latest

7 measurement records;

3.4.6 Pressure: The watch supports continuous pressure monitoring, monitoring the user's pressure changes for 24 hours, using scientific health algorithms to pressure

The force is displayed with ICONS, so that users can adjust their status at any time. The pressure range shows: 1-29 relaxation; 30-59 normal; 60 -

79 medium; 80 to 99 is high.

3.4.7 Mete: The watch realizes the Mete function and converts all the daily exercise amount into Mete value, which is displayed on the watch and APP.

Record one week's exercise energy metabolic equivalent to form a visual icon. Let users clearly understand their own exercise;

### 3.5 Daily Tools

3.5.1 Weather: Connect the APP to synchronize the weather;

3.5.2 Music player: Connect APP to control music playback;

3.5.3 Remote control camera: punch the camera in the APP, you can take pictures by watch operation;

3.5.4 Looking for the mobile phone: When the mobile phone is not silent, operate the watch to make the mobile phone ring;

3.5.5 Stopwatch: The watch supports stopwatch timing;

3.5.6 Telephone: Connect the mobile phone to Bluetooth, you can realize the call on the watch side; 3. Main functions

3.5.7 Voice assistant: The watch quickly calls the mobile phone voice assistant;

3.5.8 Alarm clock: You can set the alarm clock on the watch.

3.5.9 Calculator: Can perform simple calculations:

3.5.10 Timer: The watch supports a timer.

Matters needing attention

1. The measurement results of this product are for reference only and are not used as a basis for any medical user. Please follow your doctor's instructions and do not use this measurement Results Self-diagnosis and treatment.

2, this product can not be used for deep diving and long time soaking in water. In addition, this product is not resistant to hot water, because water vapor will ring hands Make an impact.

3. The Company reserves the right to modify the contents of this manual without prior notice It is normal that the corresponding software version is different.

Basic parameter

Product name: Smart watch

Product model: EBOHR

Body material: Zinc alloy +IML bottom shell

Strap material: silicone

Device requirements: Android 5 or iOS 10.0 or later

Bluetooth: Bluetooth5.2 Be aware of hazards

1, do not charge in a humid environment with water;

2, please ensure that the back of the watch and the wireless charger surface clean and complete contact;

3. Please regularly clean the back of the watch and the surface of the wireless charger with a clean flannel to ensure that the watch and the surface of the wireless charger are in full contact with each other

Ensure normal charging;

4, this product does not have a power adapter, in order to ensure the safety of family and property, when charging, you can use the computer USB interface or choose

Power adapter with output over 5V-1A. Please purchase power adapters through regular channels, and avoid using low-quality and shoddy power supplies

Adapter to avoid burst or fire;

5, the battery (or battery pack) shall not be exposed to high temperature environment;

6, with the wrong type of battery replacement will have the risk of explosion, be sure to dispose of the used battery according to the instructions

**FCC Warning:**

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

**Caution:** Any changes or modifications to this device not explicitly approved by manufacturer could void your authority to operate this equipment.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:

(1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

This equipment complies with FCC radiation exposure limits set forth for an uncontrolled environment. This equipment should be installed and operated with minimum distance 0cm between the radiator and your body.