

INSTRUCTION BOOK

delivered by
AbsolutSweat

A professional personal coach brings you closer to improved performance, scientific fat loss, water and electrolytes balance for every workout.

At the same time, AbsolutSweat is a non-invasive, wearable device designed to track your body's unique physiological behaviors like stamina, fatigue, calorie, with the first sensor of its kind designed to capture your sweat data every one-time or seven times workout, for example: sodium, potassium, glucose, and so on.



ANDROID APP ON
GOOGLE PLAY

Available on the iPhone
APP STORE



Ash Grey

Desert Blue

Ebony Coral



STEP 1. ACTIVATE THE PRODUCT

Place the sweat tracker in the charging case with the logo "AbsolutSweat" facing upward. If the light of the tracker is on for 3s and then turns off, the activation is successful.



STEP 2. PAIR THE TRACKER WITH APP

three ways to pair your device as above

How to pair your tracker with App?

1. Scan the QR code behind the tracker
2. Input the Mac No. under the QR code
3. Choose a Device directly from the APP



STEP 3. INSTALL THE SWEAT PATCH UNIT

Press the sweat patch unit into the upper cover of the charging case, and turn the tracker 180° with the logo "AbsolutSweat" facing down.

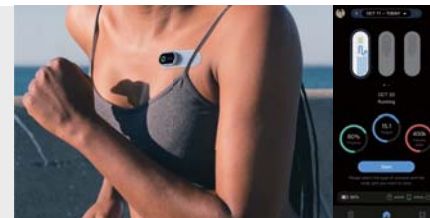


STEP 4. COMBINE THE TRACKER WITH A PATCH

Remove the protective film on the patch, then turn the middle carrier to fit the upper cover tightly, and finally press down the tracker and hold the pressure for 5 seconds.

STEP 5. ATTACH THE COMBINATION OF TRACKER AND PATCH TO THE BODY

(e.g. chest, back, forehead, arm, leg) Make sure the surface of the skin is dry and free of sweat, then pull the combination out from one end, Remove the back protective film.



STEP 6. START A WORKOUT AND TRACKING

Click "Start" On the homepage of App and the tracker will accompany you to start a productive workout.



Color of Light	Means
Green	Normal
White	Abnormal (For example, Charge less than 20% or Critical Alerts in Workout)
Action of Light	Means
Stays On	Under Tracking
Be On 3s and then off	Feedback of Operation
Strobing	On the charge

LIST OF ITEMS

Sweat-tracker	x1
Charging Case	x1
Disposable Sweat-patch	x12
USB-C charging cable	x1
Instruction Book	x1



FCC Information and Copyright

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules.

These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates,

uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference

to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does

cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is

encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

15.19 Labelling requirements.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:

- (1) This device may not cause harmful interference, and
- (2) this device must accept any interference received, including interference that may cause undesired operation.

changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

FCC RF warning statement: the device has been evaluated to meet general RF exposure requirement , The device can be used in portable exposure condition without restriction.