

User Manual



① ON/OFF



CHARGE



 Android 5.0+ 8GB 16GB+
 Scan or search to download "Copy"

Connection steps	Notes



④ OPERATION PROCEDURE



④ FUNCTION INTRODUCTION



www.Center
for... ..

... Brightness Adjustment function can be

Measurement Data

1 `step`: step number, distance and calories on the treadmill
 You can add `logid` to app, to `1` `step`, `step number`, `distance` and `calories`.

Heart rate

Enter the information for the button's icon file:

Keep
The interface displays the monitoring results of your steps on the same day. The data is updated every day around 11:00 AM, and you can

data information for the

Feed oxygen
Enter the idealize for feed oxygen measurement. When the weight of the factors is in the feed testing. The measurement will be compared with 30-40 and has a vibration reminder.

[illegible]

Switch the switch to the **1** (red pressure interface) automatically measure red pressure, the measurement needs to wait for about 30 to 60 seconds.

1

Sports
Options for 1A: Support modes: Outdoor running, Cycling, Skiing, Swimming, Badminton, Fishing, Yoga and basketball.

Enter the Smoothing Index
and Press $\square$ to see the results.

Music

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Weather

After you connect your watch with the MiP and open the Location permission for the watch interface, the display shows current temperature and weather.

1

Information
After you connect your watch with the APP and open Information Push in APP and the watch can receive the corresponding message.

1000 900 800 700 600 500 400 300 200 100 0

After the switch connecting with the app and the Formula Health Platform is enabled in app, the message from Formula Health Platform can be checked on web.

Be careful

See the product for further
control damage caused by
rodents and insects.

Do not expose the watch to the following conditions:

- extreme temperatures or a **flame** to heat and dry the outside of the equipment;
- high temperatures or **flames** if the equipment and accessories in it are not to subject the equipment and/or accessories to strong impact or vibration;
- the equipment in the environment of hot air, high temperatures, humidity or **corrosive**;
- **use children or animals**, to share or **rent** the equipment. Do not disconnect the **two** by **non professional**;
- if the **product is changed**, disconnect the charging cable from the power source to **avoid** that it comes in contact with conductive objects;
- **do not** use the **device** in this product is for reference or/and as a basis for diagnosis;

• Functions of the watch, such as **the** **display** and message push, may not be in accordance with normal mode of process.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses, and can radiate radio frequency energy and, if not properly installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not actually occur in a particular installation. If interference is determined to be caused by this equipment, the user is encouraged to take the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into a different branch of the circuit from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

Important: Changes or modifications not expressly approved by the manufacturer voids the user's warranty.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:

- (1) This device may not cause harmful interference,
- (2) This device must accept any interference, including interference from authorized radio frequency devices.

That may cause undesired operation.