**75mm**

Panel 1

FIVE
SENSES

Instruction Manual

Bluetooth 3rd Generation 3G Atomic Talking Watch for Visually Impaired

IM.BT-F201-01

Thank you for choosing Five Senses!
Read all instructions when using the product.
Please keep this for future reference.

Contact us : Support@timechant.com

1

Panel 2

Five Senses App

FIVE
SENSES

Time of your phone

2

Panel 3 — 1 Install the APP

What you need ?
Any smartphone device with iOS 13.0 / Android 7.0 or above

Scan this QR code with the camera of your phone to install the app.

 Download on the App Store

FiveSenses

Or, search "FiveSenses Watches" on App Store to install the APP.

Scan this QR code with the camera of your phone to install the app.

 Google play

FiveSenses

Or, search "FiveSenses Watches" on Google Play to install the APP.

3

Panel 4 — 2 Wake up your watch

Hold this button for more than 3 seconds to wake up the Watch.

4

Panel 5 — 3 How to pair the watch with your smartphone?

Step1
Open the FiveSenses App and tap the [Connect] button.

Step 2
Press this button once to start a connection.

Step3
Tap this [icon] to make a connection.
Follow prompts to pair the device.

STEP 4
Tap the [Back] to go back home.

Close the App and start over if you have any problem pairing the watch.

5

Panel 6 — 4 How to add and edit alarms?

Tap the "Settings" on the bottom menu to open the alarms setting page.

Edit and On/Off alarms like how you do it on your smartphone.

We included a very useful Voice Message feature to the alarm. Remember to set your voice message like " take your pills" when setting an alarm.

6

Panel 7 — 5 How to set and On/Off Hourly Chime?

Tap the "Settings" on the bottom menu to open the alarms setting page.

You can On/Off the Chime and set your Chime period as you like .

7

Panel 8 — 6 How to talk time and calendar?

The time and calendar of your watch are set once it's able to make a successful connection with App.

1st press of the TOP button to talk Time.

2nd press of the TOP button to talk Weekday and Date.

3rd press of the TOP button to talk Month and Year.

8

Panel 9 — 7 How to check alarm settings on my watch?

Alarms can only easily be set on your phone.
You can check the alarms setting on your watch.

Press the BOTTOM button of the watch to check alarms settings.

2nd press of the button to talk the alarm 1 settings.

Continue to press the same button one by one to talk the other alarm settings

9

Panel 10 — 8 How to stop the alarm?

Press the TOP button once to stop the alarm when it goes off.

10

Panel 11 — 9 How to set up a Nap Timer?

You can set up a Nap timer on the App when you need to take a nap.

Tap the "Settings" on the bottom menu to open the settings page then tap the "Nap Timer" to set.

Press the TOP button on the watch to stop the sound when the timer goes off.

11

Panel 12 — 10 Sync time with your phone while you sleep

Your watch is still working while you are sleeping. The watch syncs time with your phone at midnight to keep the atomic talking time accurate. This syncs the DST time with your phone as well.

Make sure to put your watch on the side table next to your phone at night to ensure a good time sync.

Keep the FiveSenses App running in the background

12

Panel 13 — 11 How to change the battery

1.Open the case back of the watch with a screwdriver.

2.Use the "tool"(included) to release the battery-cover metal plate.

3.Use the same "tool" to release the battery.
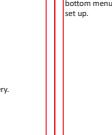
4.Replace the battery with a new one and then press down the battery-cover metal plate to lock the battery in place.

5.Replace the case back and fasten the 4 screws.

13

Panel 14 — 12 After battery replacement

(CR2032 Battery)
The watch starts to run from where it was stopped after a battery replacement.

Open the App, tap the "Battery Replacement" on the bottom menu and then follow the App to do the easy set up.

FIVE SENSES

Time of your phone

14

Panel 15 — 13 Reset the watch

Hold the BOTTOM button for 10 seconds until you hear 2 Ding sounds to reset the watch. Then,

For iPhone
- Go to the Settings on your iphone.
- Tap Bluetooth menu
- On MY DEVICES, tap ⓘ next to the FiveSenses device
- Tap "forget this device"
- Open the App and follow prompts to make a connection.

For Android
- Go to the Setting > Connection > Bluetooth
- On PAIRED DEVICES, tap the right ⚙ icon of the FiveSenses device
- Tap Unpair
- Open the FiveSenses App and tap connect to make a connection

15

Panel 16 — Enjoy using your watch!

History!
It's been more than 20 years since we invented the Atomic talking watch (it's called the Radio - Controlled talking watch in Europe) in year 2000. This 2nd generation talking watch sets itself by time signals on the air. It has helped more than half a million visually impaired and blind people to improve their independent life!

Our 3rd generation app controlled atomic talking watch gives you an unparalleled experience on time, alarms and chime setting. As they are set on your phone with just a few touches on the screen.

The"after a battery replacement" set up has never been easier. You will just need to tap a few buttons on the app and then watch hands will sync to the time of your phone by itself! (A patent pending technology)

Enjoy the new experience of your App Controlled Atomic Talking Watch!

Wish you all the best!

Aids for an Easy Life!
The Five Senses team

16

Panel 17

17