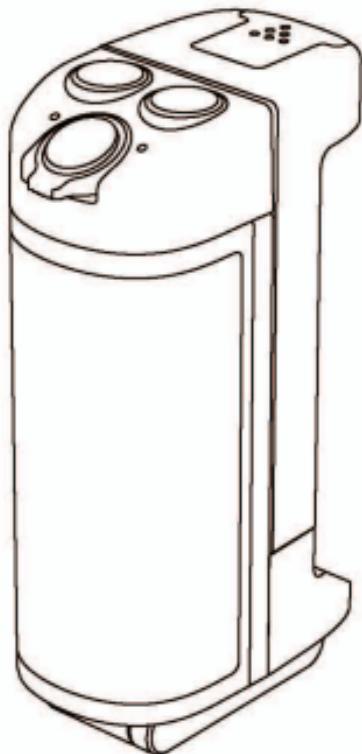


TELESIN

# Versatile Selfie Grip

## 多功能助拍器



USER MANUAL / 用户手册

## Foreword

Thank you for purchasing Telesin product.

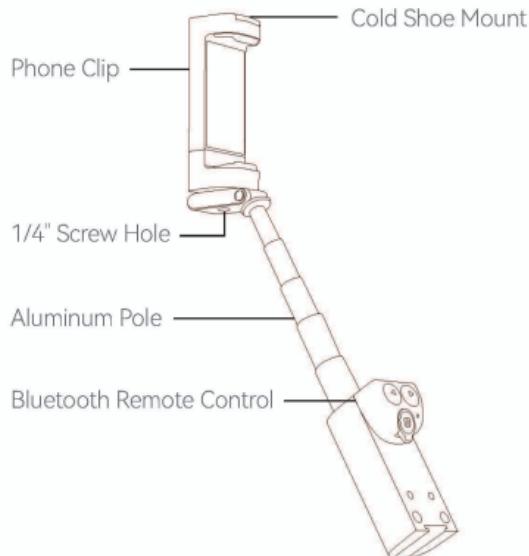
## Important Notes

- Before using this product, read this manual carefully.
- Keep the manual properly. If other users want to use this product, give this manual with the product.
- Note all the warnings and follow all the instructions in this user manual.
- Do not disassemble or damage the product. If the product is deformed or gets wet, stop using it immediately
- Keep this product out of reach of children.

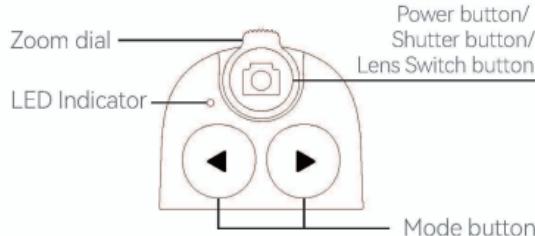
## Warnings

Do not disassemble the product or replace the battery. If you have any questions, please contact the seller to apply for after-sales service.

## Product introduction



## Bluetooth Remote Control



## Power On/Off

### Power On

Long press the  on the remote control for 3 seconds to power on. The white indicator light will flash and enter Bluetooth pairing.

### Power Off

1. In power-on or sleep mode, long press  for 3 seconds, the white light will flash three times and then turn off, indicating the remote control is powered off.
2. The remote control will automatically power off to save power after being in sleep mode for 30 minutes.
3. After power on, if no pairing occurs within 3 minutes, the device will enter sleep mode. It will automatically power off after 30 minutes.

## Sleep Mode

### Entering Sleep Mode

1. If no operation occurs within 5 minutes after pairing, the device will automatically enter sleep mode.
2. When the selfie grip is connected to the phone, if the pairing is manually canceled from the phone, the device is disconnected due to distance, or the phone's Bluetooth is turned off, the selfie grip will enter sleep mode. After remaining in sleep mode for 30 minutes, the remote control will automatically power off to save power.

## Waking From Sleep Mode

To wake from sleep mode, simply press any button. 1. If the Bluetooth on the previously paired phone is still on, the device will automatically reconnect. 2. If the Bluetooth on the previously paired phone is off, the white indicator light will stay on for 3 seconds and then turn off. The white indicator light will then flash for 3 minutes. If no pairing occurs, the device will enter sleep mode and automatically power off after 30 minutes.

## Low Battery Alert

When the battery is low, the red indicator light will flash three times continuously.

## Specifications

Model: P1-MP-01

Material: ABS+PC+Aluminum Alloy

Folded Size: 100mm

Extended Size: 300mm

Clamp Range: 67-95mm

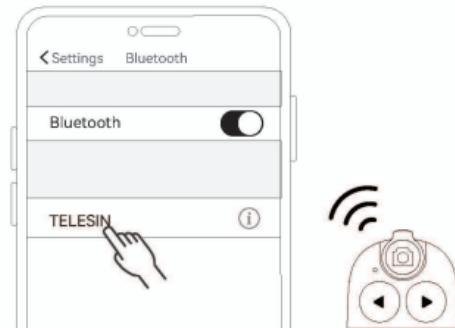
Weight: 120±5g

Battery Capacity: 50mAh

Charging port: USB-C

## Operations

1. Press and hold the  on the remote control for 3 seconds to turn it on, then click on the Bluetooth name (TELESIN) to connect.



2. After connecting Bluetooth, Android/HarmonyOS phones can perform the following operations

- Single click  Start taking photos/videos
- Double click  Switch between front and rear cameras
- During photo and video shooting, use the dial  to zoom
- Single click   Switch shooting modes

3. After connecting Bluetooth, iPhones can only use the shutter button.

\* To unlock functions such as zooming, switching between front and rear cameras, and mode switching, the following settings need to be configured for the first use.

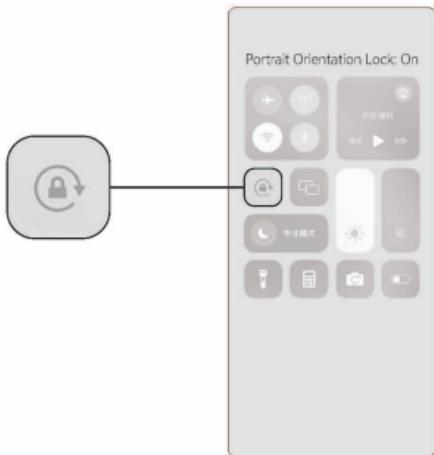
① Go to Settings — General — Trackpad & Mouse, and set Tracking Speed to the minimum.



② Go to Settings — Accessibility — Touch — AssistiveTouch (turn it on), scroll down, and adjust the Tracking Sensitivity to the minimum.



4. Turn on the "Portrait Orientation Lock"



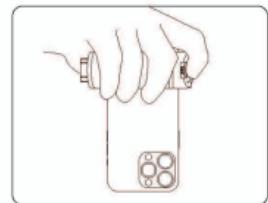
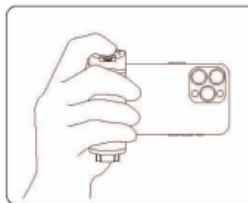
5. Open the original camera app. Bluetooth remote controls phone shooting, zooming, camera switching, and mode changing.



## Using

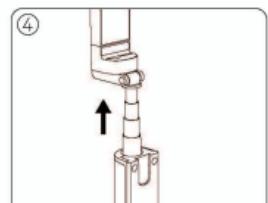
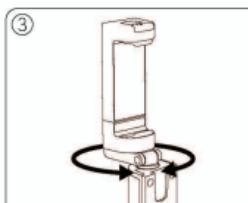
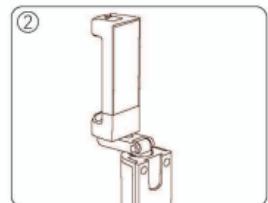
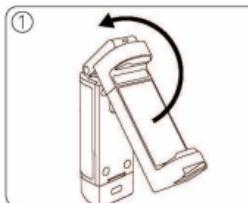
### 1. Shooting Grip

Clamp the Selfie Grip in tail of Smartphone for Handheld shot shooting.



### 2. Selfie Stick

The Selfie Grip turns into a selfie stick by rotating & extends to a maximum length of 0-300mm.

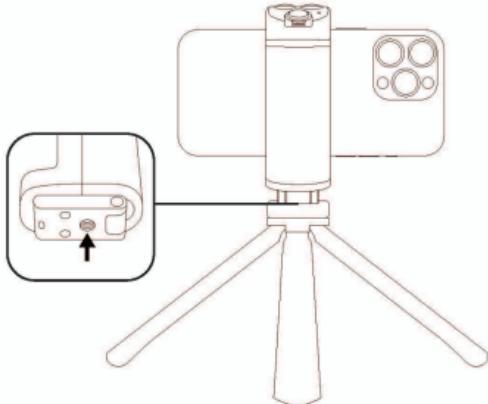


### 3. Phone Holder

① Expandable as a phone stand to support your cell phone.



② Attach on tripod  
1/4" screw hole can be used to attach tripod and other accessories.



### Warning

Hazard warnings:

A product that contains button or coin batteries must display a warning message:  
"Warning: Contains button or coin cell battery. Hazardous if swallowed – see instructions"  
"Keep out of reach of children. Swallowing can lead to chemical burns, perforation of soft tissue and death. Severe burns can occur within 2 hours of ingestion. Seek medical attention immediately."  
All electric toys using replaceable button or coin batteries shall state the following warning in the instructions:  
"Warning: Dispose of used batteries immediately. Keep new and used batteries away from children. If you think batteries might have been swallowed or placed inside any part of the body, seek immediate medical attention."



### FCC Caution

#### 15.19 Labelling requirements.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

#### 15.21 Information to user.

Any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.



### 15.105 Information to the user.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

#### \* RF warning for Portable device:

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.

### IC Caution

This device complies with Industry Canada's licence-exempt RSSs. Operation is subject to the following two conditions:

- (1) This device may not cause interference;
- (2) This device must accept any interference, including interference that may cause undesired operation of the device.

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.

Le présent appareil est conforme aux CNR d'Industrie Canada applicables aux appareils radio exempts de licence. L'exploitation est autorisée aux deux conditions suivantes:

- (1) l'appareil ne doit pas produire de brouillage, et
- (2) l'utilisateur de l'appareil doit accepter tout brouillage radioélectrique subi, même si le brouillage est susceptible d'en compromettre le fonctionnement.

L'appareil a été évalué pour répondre aux exigences générales d'exposition RF. L'appareil peut être utilisé dans des conditions d'exposition portables sans restriction.

## **Disclaimer**

Please read this statement carefully and by using this product you will be deemed to have acknowledged and accepted it in full. Please check the product carefully before each use and do not use it if damaged or deformed. By using this product, you acknowledge and agree that you are fully responsible for your actions and the possible consequences of using this product. You undertake to use this product only for legitimate and lawful purposes. You understand and agree that ("Telesin") shall not be liable for any misuse, adverse effects, damages, injuries, penalties or other legal consequences arising directly or indirectly from the use of this product. The user should follow the precautions including but not limited to those mentioned herein. To the extent Telesin reserves the right to interpret and modify this commitment within the limits of national laws and regulations. The warranty period for TELESIN products begins 6 months on the day you receive the product.

## 前言

感谢您购买 Telesin 产品。

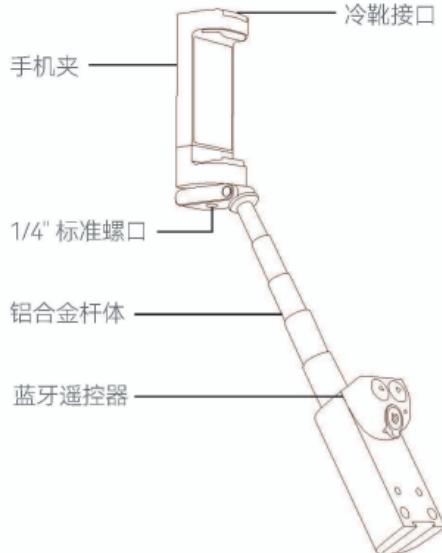
## 重要提示

- 请认真阅读本用户手册。
- 请妥善保管用户手册。将产品交给他人使用时, 请务必附带本用户手册。
- 请注意所有警告提示并遵循用户手册内的所有指令。
- 请勿拆卸或损伤本产品, 若变形或进水, 请立即停止使用。
- 请将本产品放置在儿童不能接触的地方。

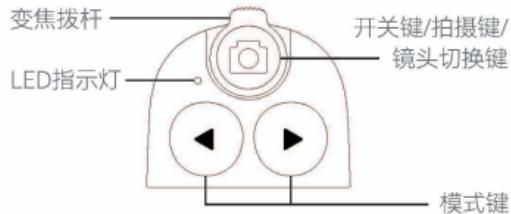
## 警告

请勿拆卸产品或更换电池, 如您怀疑产品有任何问题, 请联系购买平台, 申请售后处理。

## 产品介绍



## 蓝牙遥控器



# 开关机

## 开机

长按遥控器  3 秒开机，指示灯白灯闪烁，进入蓝牙配对状态。

## 关机

1. 开机或休眠状态下，长按  3 秒，白灯快闪 3 下后熄灭，遥控器关机。
2. 休眠状态持续 30 分钟后，遥控器自动关机节电。
3. 开机后，无配对 3 分钟后进入休眠状态，30 分钟后自动关机。

# 休眠

## 进入休眠状态

1. 开机配对后 5 分钟无操作，自动进入休眠。
2. 助拍器与手机处于连接状态时，在手机里面手动取消配对、远距离断开、关闭手机的蓝牙，助拍器进入休眠状态，休眠状态持续 30 分钟后，遥控器自动关机节电。

## 休眠唤醒

休眠状态下，单击任意按键即可唤醒。

1. 休眠唤醒后，如上一次已配对手机蓝牙是打开状态，直接自动连接。
2. 如果上一次已配对的手机蓝牙关闭，白色指示灯长亮 3 秒后熄灭，白色指示灯开始闪烁 3 分钟后无配对，进入休眠状态，30 分钟后关机。

# 低电量提醒

低电时红色指示灯连续闪3次。

# 基本参数

产品型号：P1-MP-01

材质：ABS+PC+铝合金

收缩长度：100mm

拉伸长度：300mm

可夹尺寸：67-95mm

产品重量：120±5g

电池容量：50mAh

充电接口：USB-C

# 操作说明

1. 长按遥控器  3 秒开机，点击蓝牙名称 (TELESIN) 进行蓝牙连接。



2. 连接蓝牙后安卓/鸿蒙手机，即可进行以下操作。

• 单击  开始拍照/摄像

• 双击  切换前后镜头

• 拍照和摄像过程中，拨动拨杆  进行变焦

• 单击   进行拍摄模式的切换

3. 苹果手机连接蓝牙后仅可使用拍摄键。

\* 如需解锁变焦、切换前后镜头、模式切换等功能，首次使用需要进行以下设置。

① 进入手机设置—通用—触控板与鼠标，跟踪速度调到最小。



② 进入手机设置—辅助功能—触控—辅助触控（打开），向下拉，把跟踪灵敏度调节到最小。



4. 打开“竖排方向锁定”。



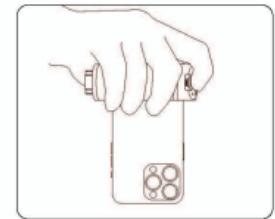
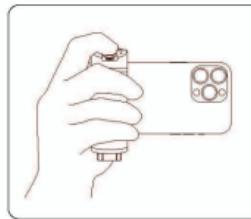
5. 打开原相机，可通过蓝牙遥控器进行控制手机  
【拍摄】【镜头变焦】【镜头切换】【模式切换】等功能。



## 功能

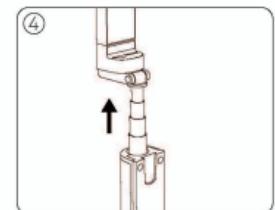
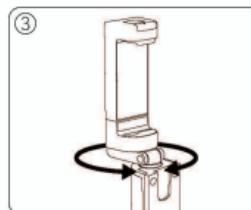
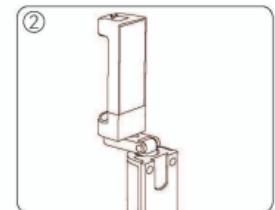
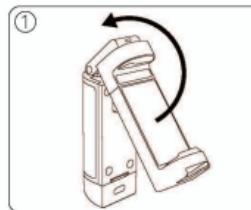
### 1. 拍摄手柄

将手柄安装在手机尾部，手握拍摄。



### 2. 自拍杆

通过旋转展开变成自拍杆，可延伸至最大长度 300mm。

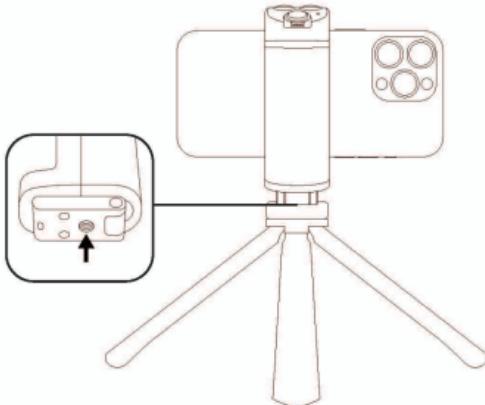


### 3. 手机支架

① 可展开作为手机支架，支撑手机。



② 可通过 1/4" 螺丝孔固定在三脚架或其他支撑件。



### 免责声明

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