



Name: Manta Sleep SOUND Mask 2.0  
SKU: MSMASK-SOUND2  
UPC: 850062798243



SCREEN PRINT

- Pantone Black C
- Pantone 178 C
- Pantone 3252 C
- Pantone Cool Gray 10 C

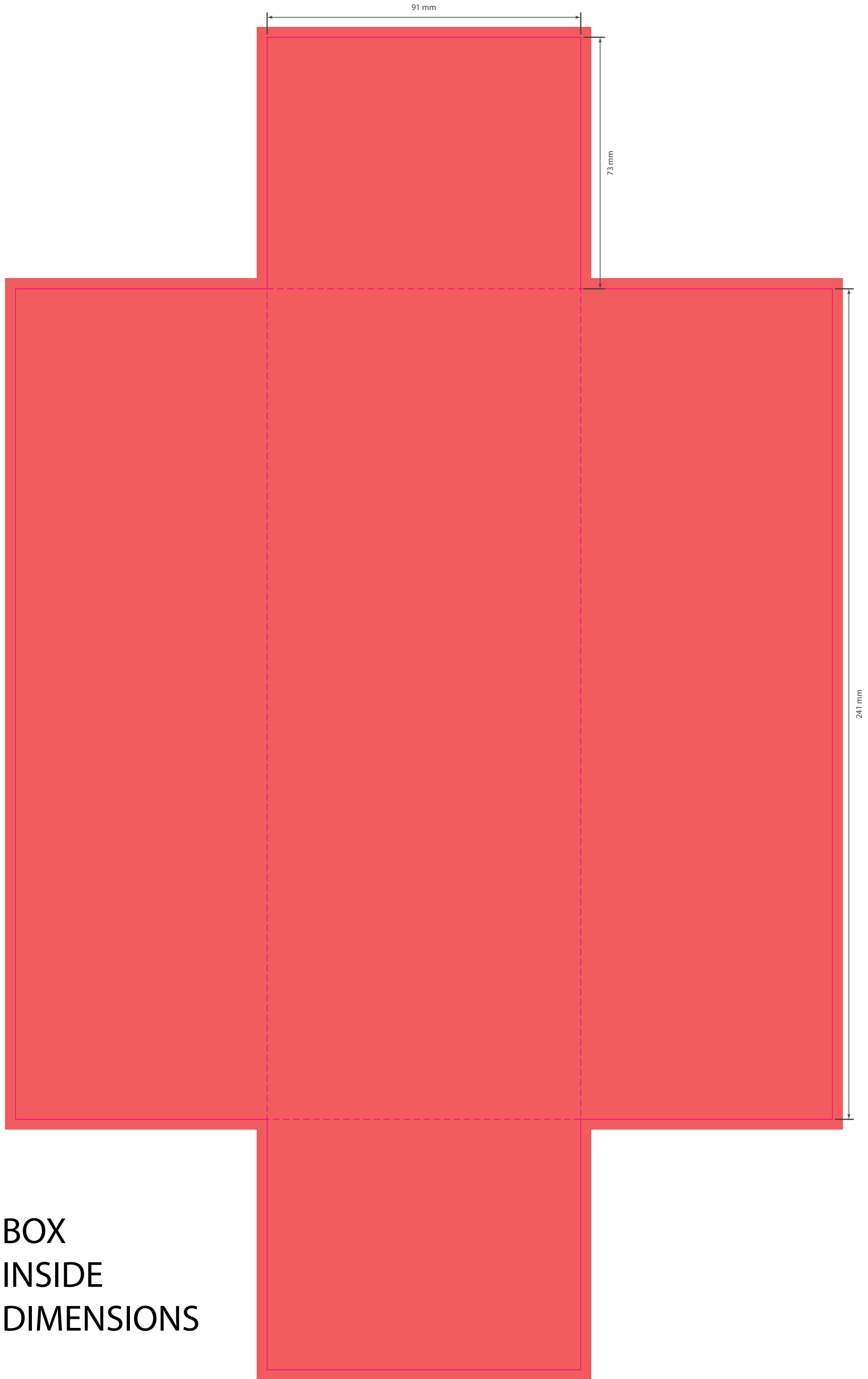
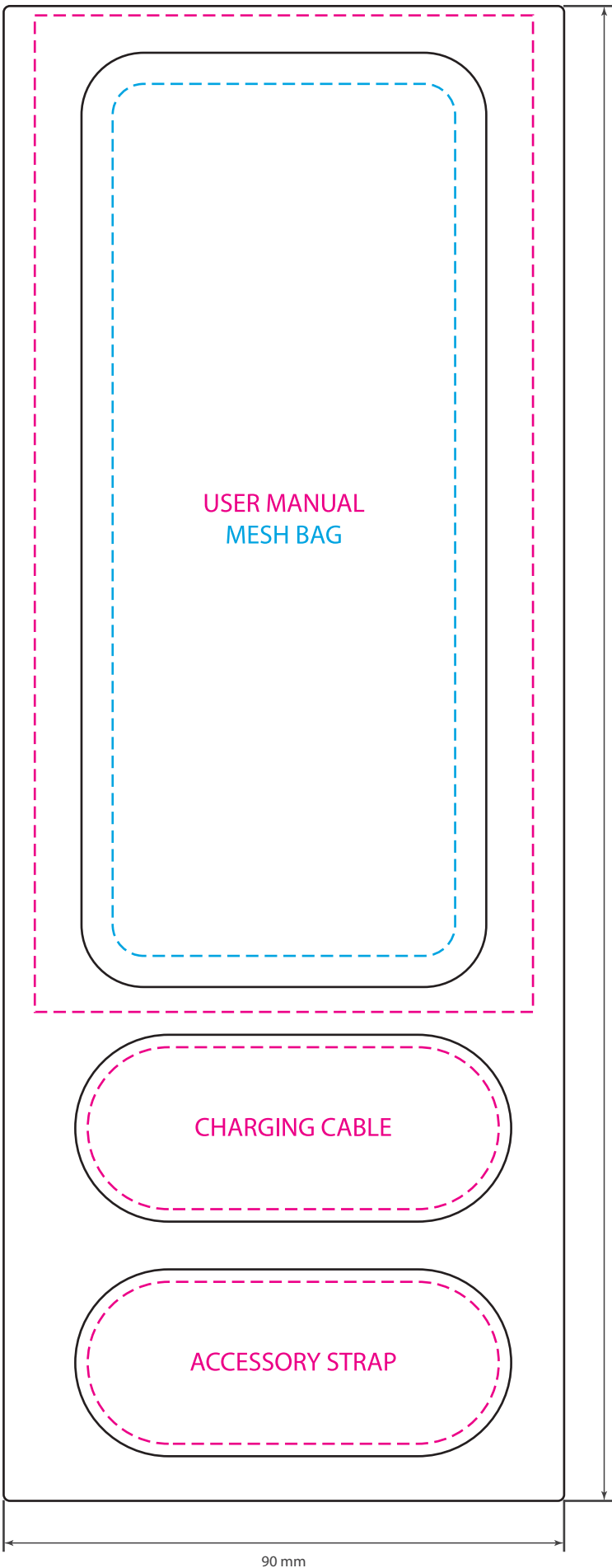
TRANSFER PRINT

- METALLIC GRAY  
Same as SOUND 1 Packaging



PLASTIC TRAY

Black plastic  
Same as PRO, SOUND  
File: 20250512\_SOUND2\_tray.stp



# USER MANUAL

Same as WNM, SOUND

- Pantone Black C
- Pantone 3272 C
- Pantone 3252 C
- Pantone Cool Gray 1 C
- Pantone Cool Gray 5 C
- 20% white
- 10% white
- Pantone Black C at 20%


side 1

### Customer service

The answers to most questions can be found in the FAQs at <https://mantasleep.com/help>.

Still need help?  
Please email [support@mantasleep.com](mailto:support@mantasleep.com).

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### Contact

Want to share your feedback, suggest an idea or just say hi? Feel free to email us: [support@mantasleep.com](mailto:support@mantasleep.com)

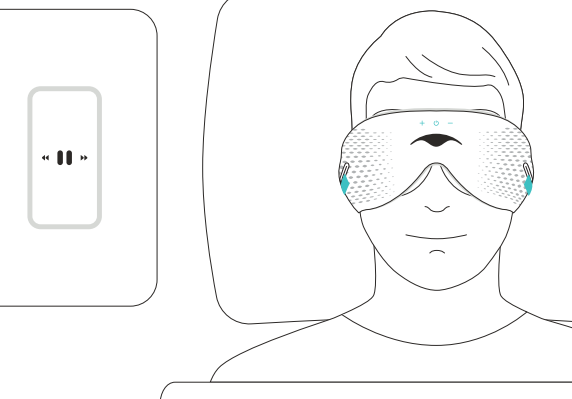
### Usage

1 Turn on the mask by holding down the  button.

	+		-
press	vol +	play/pause	vol -
hold	next	on / off	prev

2 Manta Sleep SOUND Mask automatically connects to your device if it has been paired.

3 Find a comfortable place, choose your audio and place your device nearby.  
*We recommend downloading your audio files onto your phone/device and activating airplane mode to avoid interruptions.*



### Product Care

#### Washing

Always remove the electrical components of your mask before washing. Machine wash cold in included mesh bag. Do not bleach. Dry flat. Do not tumble dry. Do not iron. Wash before first use.

1 Tuck the headphone adjustment tabs into the head strap for easy removal.

2 Open the magnetic closure on the head strap to remove the control unit and the attached headphones.

3 If machine washing, put the mask into the included mesh bag.

4 Wash the mask at 30° C.

### Product Care


5 Once both the head strap and eye cups are completely dry, insert the electrical components back into the mask.


6 Untuck the headphone adjustment tabs again through the slits on the head strap.


#### Battery


This Manta Sleep product contains a rechargeable lithium ion battery that is rated for ~24h of use per charge. It should only be charged with the charging cable provided with this product. Lithium batteries last longer if they are charged after every use and not fully discharged before recharging. To save battery, the mask automatically goes to sleep after 30 minutes of no signal. Please DO NOT attempt to open this product or replace the battery yourself. Opening the product voids the limited warranty.

### WARNINGS

 **WARNING:** Products manufactured after January 1st 2006 are not considered household waste. To dispose of your mask, please take it to an approved electronic equipment recycling facility.

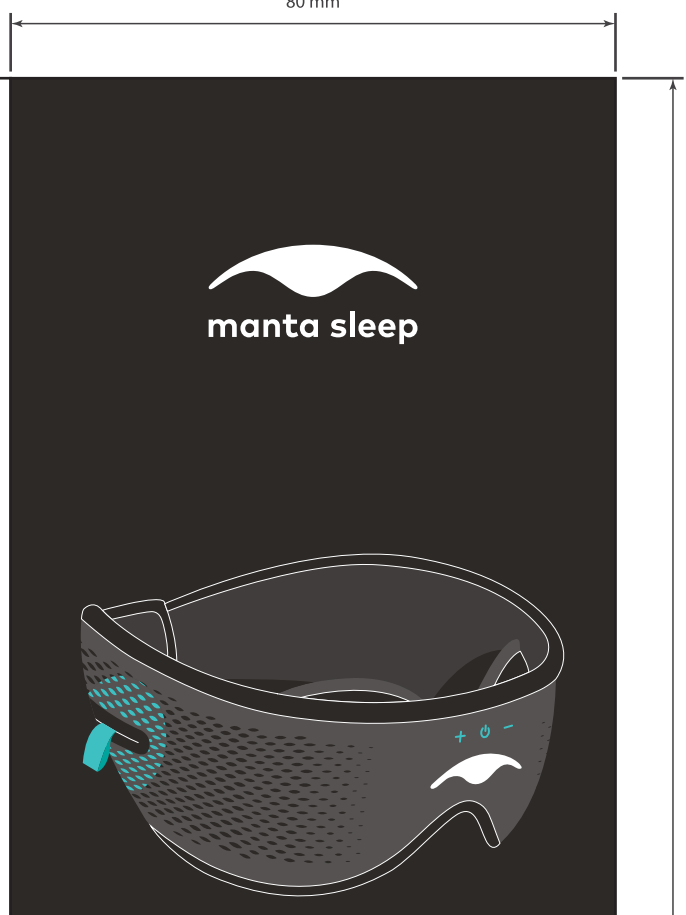
 **WARNING:** Manta Sleep SOUND Mask should not be used by children under 3 years old, the elderly or by anyone who may strangle on the cord. Small pieces may lead to choking.

 **WARNING:** Use of a headset that covers both ears will impair your ability to hear other sounds. Do not use while operating a motor vehicle or riding a bicycle.

 **WARNING:** Exposure to high volume levels may damage your hearing. The risk of hearing damage increases with higher volumes. If you experience hearing discomfort, stop listening to audio through your mask and have your hearing checked by your doctor.

To protect your hearing, hearing experts suggest that you:

- Set the volume to low before putting your mask on.
- Use your mask at the lowest possible volume.
- Avoid turning up the volume to block out external noise. Whenever possible, use your mask in a quiet environment.
- Limit the amount of time you use your mask at high volume levels.
- Turn the volume of your mask down if you cannot hear people speaking near you.



## Manta Sleep SOUND Mask

side 2

### Brand story

The Manta Sleep mission:  
**empower light sleepers to sleep better so they can do more**

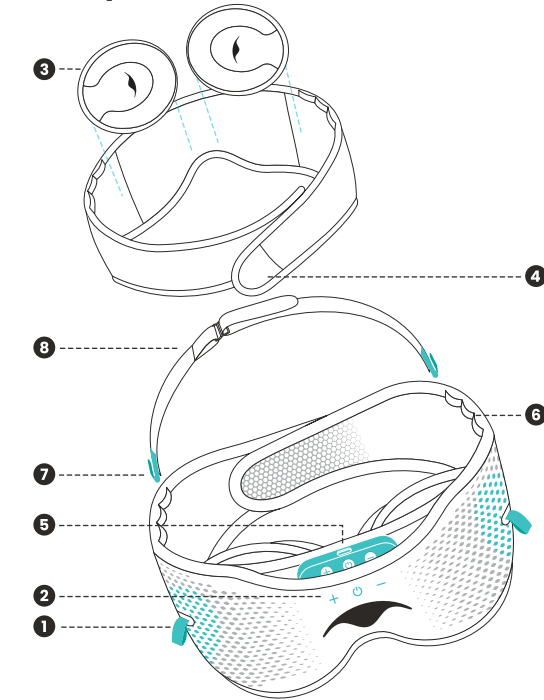
We believe great sleep is the non-negotiable foundation you need to create your best life. And we think most sleep companies focus on the wrong things.

On the surface, we make the world's best sleep masks and functional sleep accessories. But the purpose of our products goes deeper than that.

For us, improving your sleep isn't the end goal — it's all about what you *do* with the energy great sleep gives you.

This is more than a sleep mask — it's a nightly ritual that unlocks your full potential.

### Setup



- 1 Easily adjustable Bluetooth® headphones
- 2 Bluetooth® control buttons
- 3 Adjustable eye cups
- 4 Adjustable head strap
- 5 Control unit & USB-C charging port
- 6 Attachment loops for optional over-head strap
- 7 Over-head strap hook
- 8 Over-head strap fastener for mask attachment

### Battery charging

1 Open the slot on the head strap which contains the control unit.

2 Plug the USB-C cable into the USB-C port pack on the control unit.

3 Plug the USB-C cable into the USB port on your computer or any USB wall adapter — a red light will turn on during charging.

4 The mask is fully charged when the red light turns green. We recommend charging after every use. Full charging typically takes 100 minutes.

*Note: mask does not turn on while charging.*

### Adjusting fit

1 To adjust the **fit of your mask**, lay your mask on a flat surface (with eye cups facing up), remove the eye cups from your mask.

2 Reposition them along your head strap until you get 100% blackout (test after each adjustment).

3 To adjust the **position of your speakers**, simply use the blue tabs on the outside of your mask to move the speakers until they are directly over your ears. There is no need to remove your mask to move the speakers.

### Adjusting fit

4 If your mask slips out of position during use — or if you use your mask while sitting up (e.g., for meditation or on an airplane) — use the **optional over-head strap** to hold it in place.


#### To attach the over-head strap:

1 Attach each of the hooks to one of the three attachment loops on the main head strap, depending on your preferred size.

2 Try on your SOUND Mask and adjust the over-head strap's length as needed for a comfortable and supportive fit.

### Pairing

1 Stay within 3 feet (1 m) of your device for the best connection.

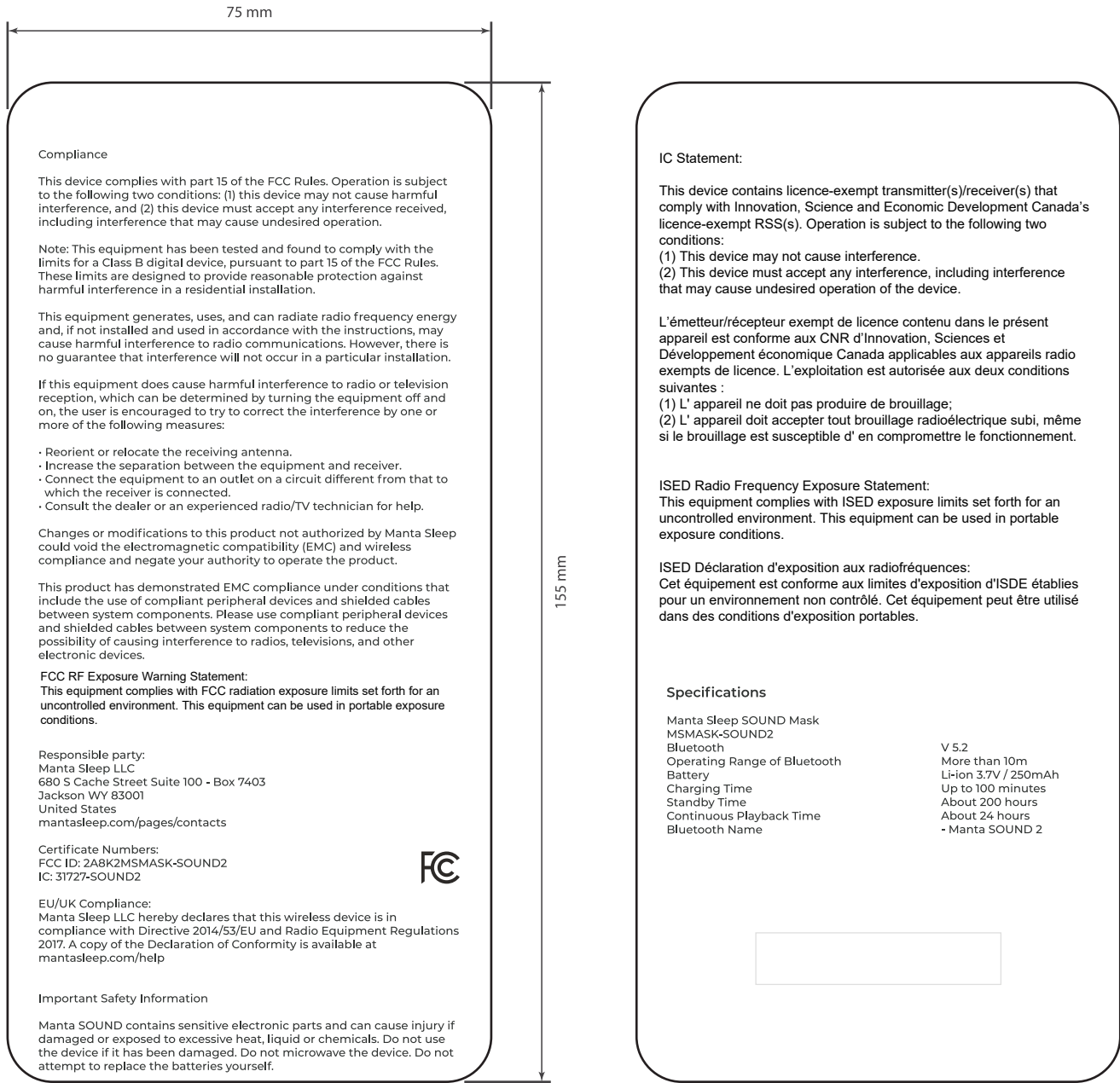
2 Hold down the  button for 3s until you hear repeating tones through the headphones.

3 On your device, make sure Bluetooth® is turned on. Look for **Manta SOUND 2** and select to pair. Pairing may take up to 15s.

*Note: to pair with a new device, press and hold the power button for 10 seconds to disconnect your current device and re-enter pairing mode. When you hear repeating tones, follow the instructions for step 3 (above) on your new device.*



## WARRANTY CARD



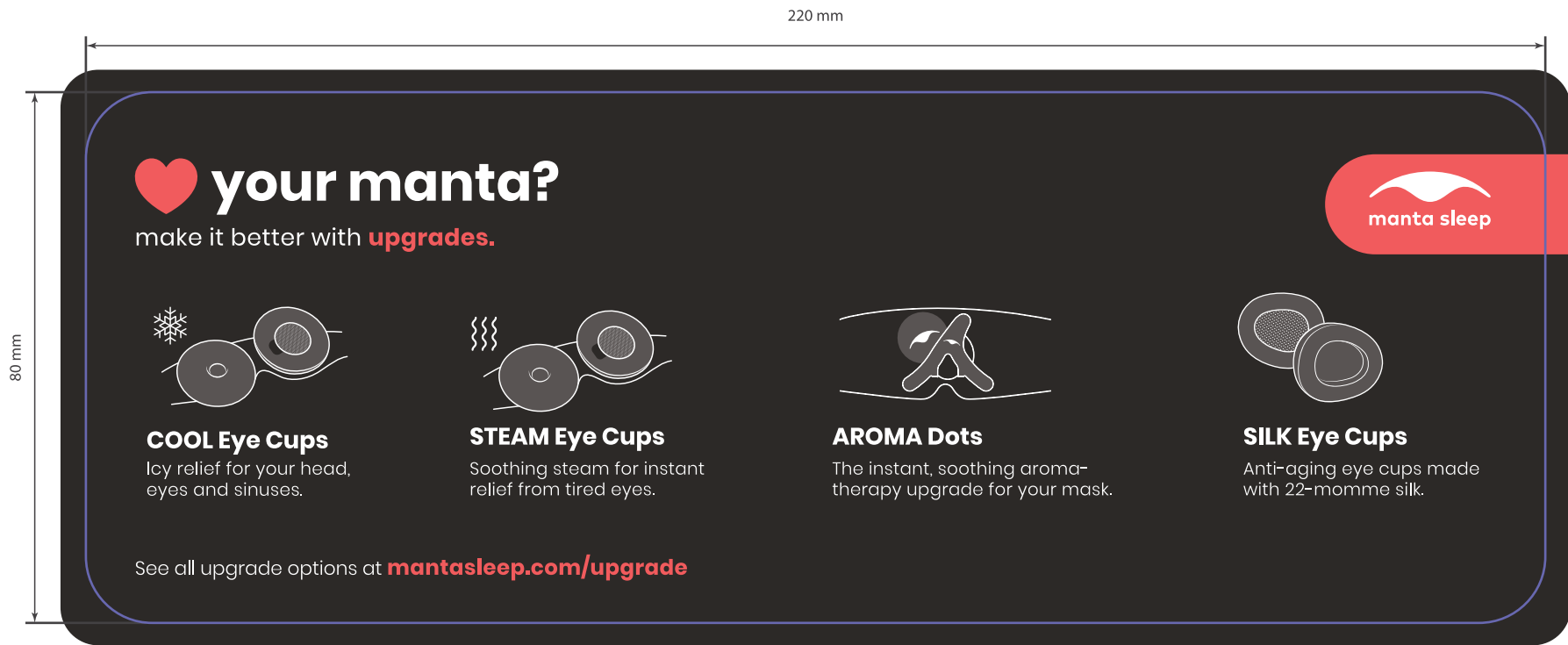
front

back

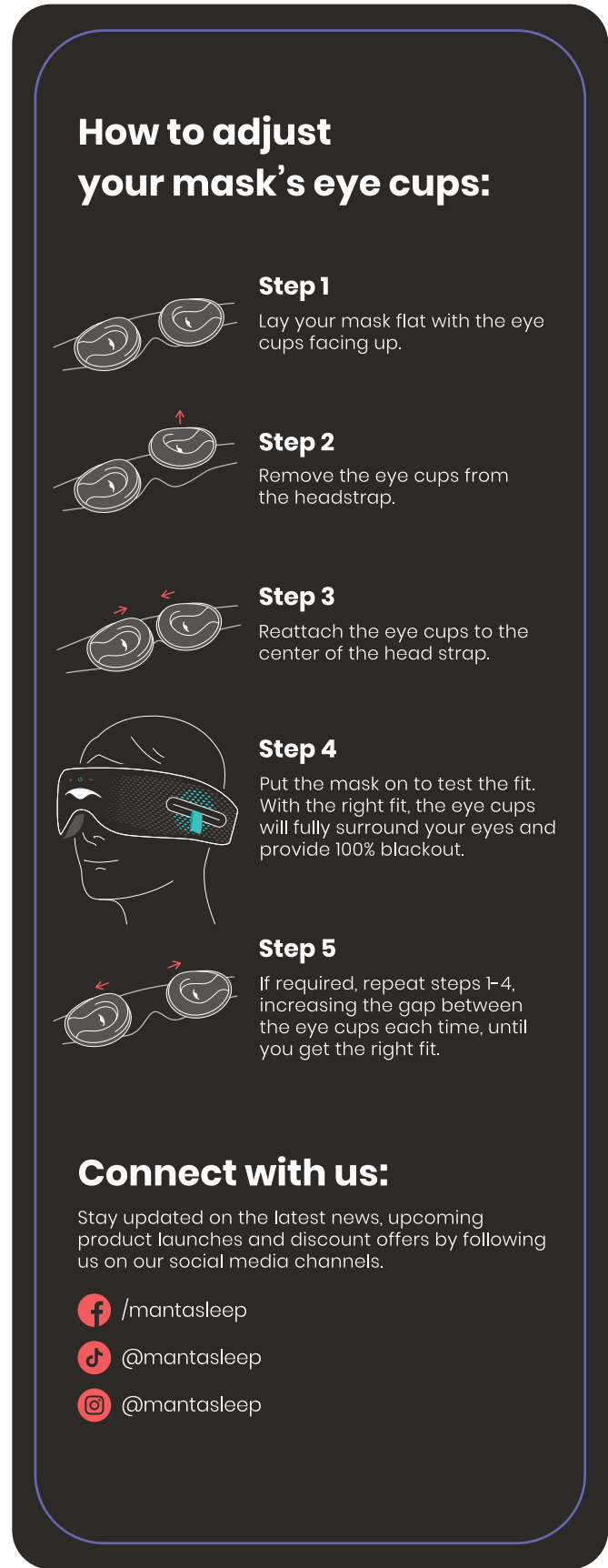
## INSERT CARD

Coated paper  
Same as PRO, SOUND

Note: thicker material – 1 mm



front



back