

User Manual

Please read this manual before using this product.



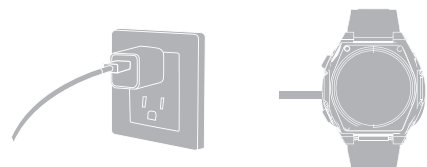
Package Contents



• Smart Watch X 1 • Charging Base X 1 • Manual X 1

How to charge the watch:

- Place the watch on the magnetic charging base, aligning the magnetic points.
- Connect USB to power adapter (adapter not included).
- Plug the power adapter into a power outlet.
- When the watch is charging, the screen will show the charging progress.



How to Power On/Off the Smart Watch?

Power On:

- Press and hold the top button for a few seconds to power on the watch.

Power Off:

- Press and hold the top button for a few seconds.
- Select "Power Off" and confirm to shut down.

Wake Up the Watch:

To conserve battery, the watch screen will automatically turn off when not in use. To turn the screen back on, you can wake up the watch using the following methods:

- Press any button on either side.
- Enable the wrist detection feature.



How to Use the Smart Watch?

You can operate the smart watch interface by swiping the screen up, down, left, and right, and also by using the top and bottom buttons on the right side to navigate the interface.

Navigation Button

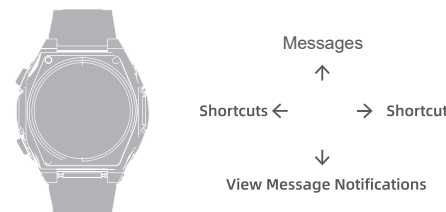
- Press and hold any of the buttons to wake up the screen.
- Top button: 1. Access the main menu. 2. Go back to the previous screen.
- Bottom button: Access the activity list.

Navigation of the Main Interface

The main screen displays the watch dial.

From the main interface:

- Swipe right to access menu.
- Swipe left to access shortcuts.
- Swipe up to view message notifications.
- Swipe down to enter the quick settings menu.



How to Connect the Smart Watch?

Before pairing the watch with your smartphone, ensure that your smartphone and the watch are ready by following these steps:

- On the first use of the watch, it is recommended to charge it for at least 2 hours to ensure a full charge.
- Ensure that your smartphone is near the watch. Make sure that the Bluetooth function on your smartphone is turned on.
- Ensure that your smartphone is running Android 5.0 or higher, or iOS 10 or higher, and is connected to mobile data or Wi-Fi.
- After completing these steps, scan the QR code below to download and install the Fitcloudpro app, or open the app store and search for the Fitcloudpro app to download and install it.



Fitcloudpro APP

Install the Fitcloudpro app and open the app to create a new account or use an existing account.

When creating an account, please keep the following in mind: To calculate your steps, walks, and calorie burn rate, accurately fill in your personal information in the app.

After creating the account, go to the "Pair Device" page within the Fitcloudpro app. Click on "Add Device" and choose the correct name and MAC address of the watch. Accept the pairing request.

You can also use the scanning function located in the top right corner of the search page to scan the watch's QR code and perform automatic pairing.

- For Android phones: When pairing the Fitcloudpro app, it will display a Bluetooth connection window. Click "Accept;" otherwise, the watch won't be able to receive call notifications. If you haven't clicked "Accept," after the

connection, go to the phone's system settings, access Bluetooth settings, and manually connect the watch via the corresponding audio Bluetooth.

- For iOS phones: After successfully pairing the INFOWEAR app, you will need to activate Bluetooth in the phone's system settings. Go to Bluetooth settings and manually connect the watch via the corresponding audio Bluetooth, otherwise, the watch won't receive call notifications.

Note: You can find the name and MAC address of the watch in the watch's settings.

How to Remove Bluetooth Connection from the Smart Watch?

- On Android devices, to remove the Bluetooth connection, access the Bluetooth settings on your Android device. Open Bluetooth settings and select the Bluetooth name of your smartwatch. Then, tap on the "Forget" or "Unpair" option.

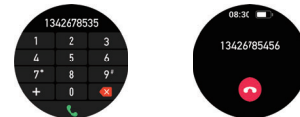
- On iOS devices, to remove the Bluetooth connection, access the Bluetooth settings on your iPhone. Find the Bluetooth name of your smartwatch and select the "Forget This Device" option.

What functions does this smart watch have?

Smart watch support: call function, heart rate measurement, blood oxygen saturation measurement, pressure measurement, breathing training, weather information, sleep information, exercise modes, notifications, remote camera control, music control, alarm reminders, calculator, among others.

Call Function:

You can receive and end calls directly from the watch, as well as save contacts to dial phone numbers directly. When you do not want to make calls through the watch, turn off the bluetooth calling button on the APP.



Exercise Function:

Offers a variety of exercise modes, and more can be added from the INFOWEAR app to the watch. You can check your daily exercise progress based on calories burned, distance traveled, and activity time.



Heart Rate Function:

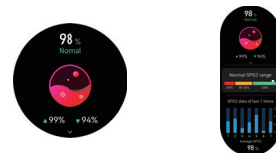
This smart watch offers continuous 24H/7D heart rate tracking. You can choose the measurement frequency in the app settings. To measure real-time heart rate, go to the "Heart Rate" screen on the watch and wait for about thirty seconds to see the results.

Note: Ensure the watch is properly fitted on your wrist, and your arm is still while measuring.



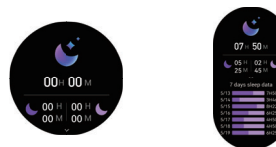
Blood Oxygen Function:

This smart watch allows you to view maximum and minimum blood oxygen levels throughout the day. To measure real-time blood oxygen, go to the "Blood Oxygen" screen on the watch and wait for about thirty seconds to see the results. Note: Ensure the watch is properly fitted on your wrist, and your arm is still while measuring.



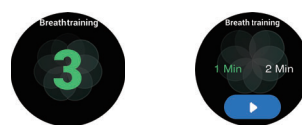
Sleep Function:

This smart watch allows you to view your recent sleep records and different stages of the sleep cycle. To measure sleep data, please wear the watch properly on your wrist before sleeping; the device will automatically detect when you enter sleep.



Breathing Function:

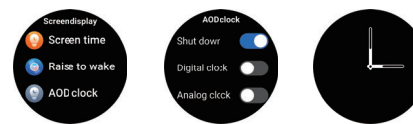
This feature can help you adjust your breathing rhythm. You can choose from three speeds (fast, medium, slow) to adjust your breathing time. To access the "Breathing Training" function on the watch, select your time and speed, then click start.



Always-On Display (AOD) Function:

- Turn on the watch, swipe up on the watch screen to access the control interface, and tap the watch icon to quickly activate the AOD clock.
- Turn on the watch, go to the watch settings -- Always-On Display settings -- enable digital clock/analog clock.

Note: Enabling the Always-On Display function will result in faster battery consumption.



Disclaimer: This product is not an electrocardiogram or a professional medical device. None of the functions mentioned above should be used as a reference for medical data.

Basic Parameters:

Screen Size: 1.28AMOLED HD	Battery Capacity: 300mAh
Bluetooth Version: BLE5.3	Screen Resolution: 416*416PX

Maintenance and Care of the Smart Watch:

- Keep the product clean and dry.
- Use the product correctly.
- Do not place the device or its accessories in areas with excessively high or low temperatures, as it could result in device malfunctions, fires, or explosions.
- Avoid strong impacts or vibrations to prevent damage to the device and its accessories, which could lead to failures.
- Do not disassemble or modify the device or its accessories on your own. If the device experiences issues, please contact customer service.
- The water resistance of this product is not permanent and may weaken over time. You can wear it for short periods during activities like handwashing or in the rain, but it is not suitable for hot showers, diving, water jumping, or surfing. The watch is not resistant to saltwater, corrosive liquids like acids or alkalis, or chemicals.
- If you do not use the device for an extended period, make sure to charge it at least once every three months.



用户手册

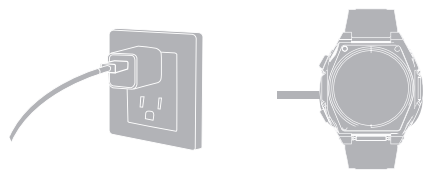
使用本产品前，请阅读本说明书

包装清单



如何给手表充电：

- 将腕表放置在磁性充电底座上，对齐磁性点
- 将电源适配器插入电源插座
- 手表充电时，屏幕上会显示充电进度。



如何打开/关闭智能手表：

- 打开电源：
 - 按住顶部的按钮几秒钟以打开电源或手表

电源关闭：

- 按住顶部的按钮几秒钟
- 选择【关机】并确认关机

唤醒手表：

为了节省电池，手表屏幕将自动关闭时，不使用。要重新打开屏幕，您可以使用以下方法唤醒手表。

- 按任意一侧的按钮
- 启用手腕测功能。



如何使用智能手表？

您可以通过滑动屏幕上、下、左和右来操作智能手表界面，还可以使用右侧的顶部和底部按钮来导航该界面。

导航按钮：

- 按住任意一个按钮，即可唤醒屏幕。
- 最上面的按钮：返回表盘界面
- 底部按钮：熄屏

主界面导航

主屏幕显示手表表盘从主界面：

- 向右滑进入菜单
- 向左滑动进入访问快捷方式
- 向上滑动查看消息
- 向下滑动进入控制中心



如何连接智能手表？

在将手表与智能手机配对之前，请执行以下步骤确保您的智能手机和手表均已准备就绪：

1. 在第一次使用手表时，建议充满电

2. 确保您的能手机量近手表。确保智能手机上的蓝牙功能已打开。

3. 请确保您的智能手机运行Android 5.0或更高版本，或iOS 10或更高版本，并且已连接到移动数据或Wi-Fi。

4. 完成这些步骤后，扫描下面的二维码下载并安装Fitcloudpro，或者打开应用商店搜索Fitcloudpro下载并安装。



Fitcloudpro 应用下载

安装Fitcloudpro应用程序并打开应用程序以创建新帐户或使用现有帐户。在创建账户时，请记住以下几点：
为了计算您的步数、散步次数和卡路里燃烧率，请在页面中准确填写您的个人信息。
创建帐户后，进入Fitcloudpro页面中的“配对设备”页面，点击“添加设备”，然后选择手表的正确名称和MAC地址。接受配对请求。您也可以使用位于搜索页面右上角的扫描功能，扫描腕表的二维码，进行自动配对。

● 对于Android手机：当配对FITCLOUDPRO应用程序时，它会显示一个蓝牙连接窗口。点击“接受”，否则手表将无法接收呼叫通知。如果你还没有点击“接受”，连接后，请转到手机的系统设置，访问蓝牙设置，然后通过相应的音频蓝牙手动连接手表。
● 对于iOS手机：在成功配对FITCLOUDPRO应用程序后，您需要在手机的系统设置中激活蓝牙。进入蓝牙设置，并通过相应的音频蓝牙手动连接手表，否则，手表将不会收到呼叫通知。

注意：您可以在手表的设置中找到手表的名称和MAC地址。如何从智能手表上删除蓝牙连接？

- 在Android设备上，要删除蓝牙连接，请访问Android设备上的蓝牙设置。打开蓝牙设置，选择智能手表的蓝牙名称。然后，点击“忘记”或“取消”选项。
- 在iOS设备上，要删除蓝牙连接，请访问iPhone上的蓝牙设置。找到智能手表的蓝牙名称，选择“忘记此设备”选项。

这款智能手表有哪些功能？

智能手表支持：呼叫功能，心率测量，血氧饱和度测量，压力测量，呼吸训练，天气信息，睡眠信息，运动模式，通知，远程摄像控制，音乐控制，闹钟提醒，计算器等

通话功能：

您可以直接从手表接收和结束电话，也可以保存联系人以直接拨打电话号码。当您不想通过手表拨打电话时，请关闭Apage上的蓝牙通话按钮



锻炼功能：

提供多种运动模式，还可以从FITCLOUDPRO应用程序中添加更多运动模式到手表上。你可以根据消耗的卡路里、走过的距离和活动时间来检查你的日常锻炼进度。



心率检测：

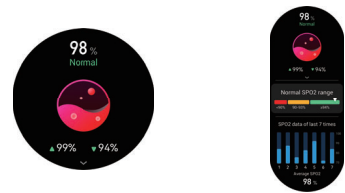
这种智能手表提供持续24小时/7D心率跟踪。您可以在应用程序设置中选择测量频率。要测量实时心率，请在手表上的“心率”屏幕上等待约30秒，以查看结果。
附注：确保腕表正确佩戴在手腕上，测量时手臂保持静止



血氧功能：

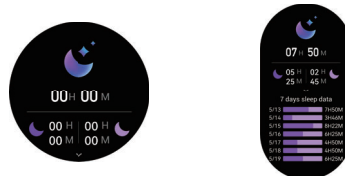
这款智能手表可以让您查看全天的最高和最低血氧水平。要测量实时血氧，请转到腕表上的“血氧”屏幕，并等待约30秒以查看结果。

附注：确保腕表正确佩戴在手腕上，测量时手臂保持静止。



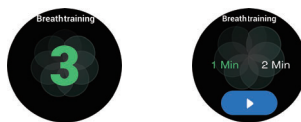
睡眠功能：

这款智能手表可以让你查看你最近的睡眠记录和睡眠周期的不同阶段。要测量睡眠数据，请在睡觉前将手表正确戴在手腕上；当你进入睡眠状态时，设备会自动检测



呼吸功能：

这个功能可以帮助你调整呼吸节奏。你可以选择三种速度（快、中、）来调整你的呼吸时间。若要访问“呼吸训练”功能，选择您的时间和速度，然后单击“开始”。



熄屏时钟：

1. 打开手表，在手表屏幕上向上滑动以访问控制界面，点击设置
2. 点击屏幕显示中的息屏时钟

附注：启动后，显示此功能将加快电池的消耗



免责声明：

本产品不是心电图仪，也不是专业医疗器械。以上提到的功能都不应作为医疗数据的参考。

基本参数

屏幕尺寸： 1.28 AMOLED HD	电池容量： 300mAh
蓝牙版本： BLE 5.3	屏幕分辨率： 416*416PX

智能手表的维护与保养：

1. 保持产品清洁干燥
2. 正确使用产品
3. 不要将设备或其附件放置在温度过高或过低的区域，因为这可能导致设备故障、火灾或爆炸。
4. 避免强烈的冲击或振动，以防止损坏设备及其附件，这可能会导致故障。
5. 请勿自行拆卸或修改设备或其附件。如果设备遇到问题，请联系客户服务。
6. 本产品的耐水性不是永久性的，随着时间的推移可能会减弱。您可以在洗手或下雨时短时间佩戴，但不适合热水淋浴、潜水、跳水或冲浪。手表不耐盐水、腐蚀性液体，如酸或碱，或化学品。
7. 如果您长时间不使用该设备，请确保至少每三个月充电一次

FCC Statement

This device complies with part 15 of the FCC rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.