

## INTRODUCTION

Welcome to WellBody®. It's time to Bring the Heat!

Congratulations on your purchase of the WellBody®5 HeatBall™ Massage gun featuring HeatBall™ technology. WellBody®5 delivers five quiet speeds including DeepSpeed™ performance of 3000 strokes per minute and 16mm amplitude. WellBody®5 is a therapist level massage gun device with best in class build quality and durability. Connect your iOS device or Android device to control speeds from 1000 to 3000 strokes per minute. With its compact footprint and lightweight ergonomic design, WellBody®5 is the most intelligent device of its kind delivering the ultimate in performance.

Lightweight and compact; only 8.94" X 6.69" X 3.41" in size and 2.49 lbs (battery included).

Five different speeds; 1000, 1500, 2000, 2500, 3000 strokes per minute. Unlimited speed control up to 3000 strokes per minute while using Bluetooth® enabled APP.

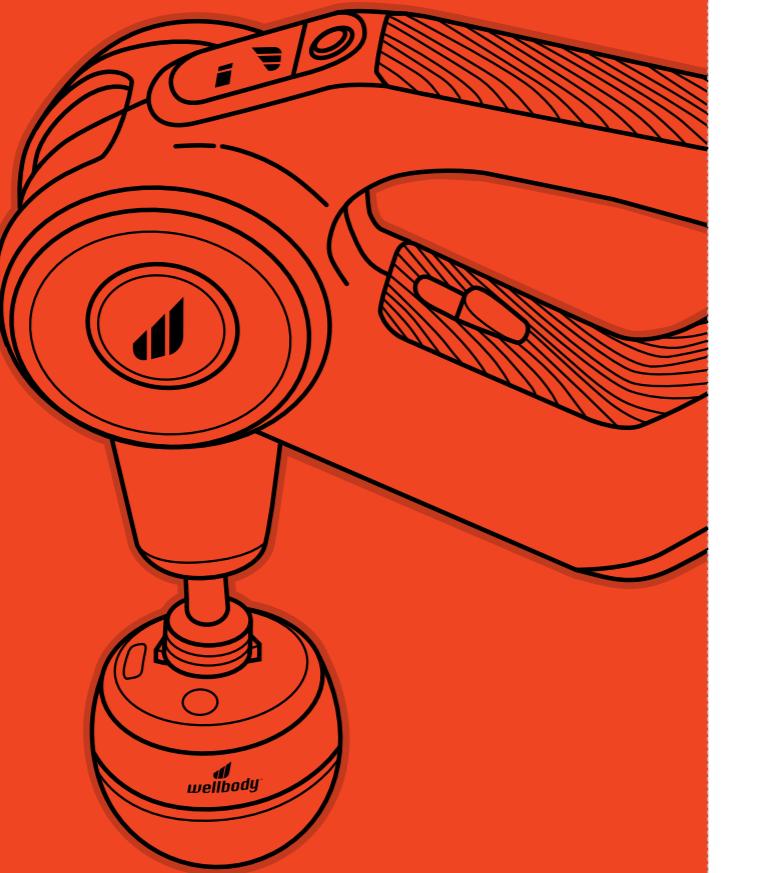
16V brushless motor powering an aluminum powertrain.

Ultra-quiet; just 47-65 dBs.

Anti-torsional grip ensures safe handling.

One-touch, simple power button.

30 lbs of stall force with pressure acceleration technology.



WELLBODY.COM

## CONDITIONS

PLEASE DO NOT USE WellBody®5 WITHOUT RECEIVING APPROVAL FROM YOUR PHYSICIAN OR IF THE FOLLOWING CONDITIONS APPLY:

- Any health-related diseases
- Diabetes/neuropathy
- Disc herniation
- Epilepsy or migraines
- Herniated disks
- Injuries affected by vibrating massagers
- Metal pins or metal plates
- Pregnancy
- Recent surgeries of any kind.
- Recent surgical replacement of joints
- Retinal damage
- Skin conditions and/or wounds affected by vibration.
- Spondylolisthesis
- Vertebral concerns
- Wear pacemaker

## BATTERY AND ADAPTOR INFORMATION

- We recommend that you fully charge your WellBody®5 every 3 months if it is not in continuous use.
- Store your WellBody®5 and its batteries in a cool and dry environment.
- Service life of battery is three (3) years.
- Protective current (Max) 13.5A

## DECLARATION OF CONFORMITY

FCC PART 15B Compliance Statement

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

(1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

## WARRANTY

- This device carries a limited warranty of one (1) year from the date of purchase.
- WellBody®5 battery carries a limited warranty of six (6) months from date of purchase
- During the warranty period, defective items will be repaired or replaced at no charge.
- Evidence of abuse, tampering, or damage caused by misuse may invalidate warranty.

For more information, please contact the distributor/manufacturer.

**wellbody**®

WellBody 5  
MODEL: LM-22WB5  
FCC ID: 2A7YCLM-22WB-5-3  
MADE IN CHINA

Powered by Li-ion battery: LM-WB502 (14.8V, 2200mAh, 32.56Wh)  
Rated Input: 20V 1A  
Rated Power: 21.2W  
Use only with <SAW20-200-1000UD> power supply unit



## QUICK START GUIDE

**wellbody**®

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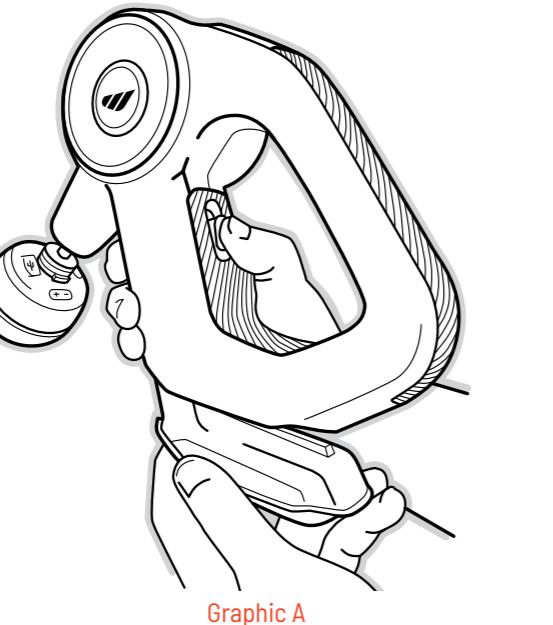


Please register your device at [wellbody.com/register-product](http://wellbody.com/register-product) to activate your warranty and ensure support of whatever concerns you might have.

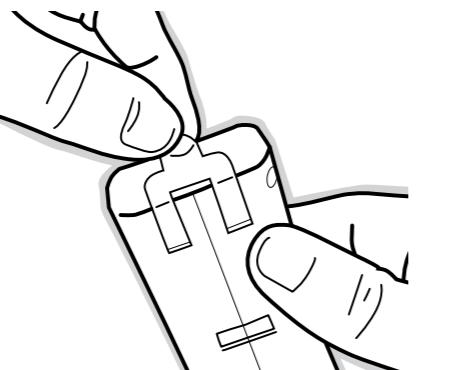
## OPERATING INSTRUCTIONS

1. Please remove 2 batteries, one from the packaging tray and one from the **WellBody®5** device by holding the lower section of the **WellBody®5** in one hand while pushing the sliding battery release button toward the front of the device to release the battery. The battery will pop out slightly for you to pull the battery out of the device. (Graphic A)
2. The pre-loaded battery inside the gun has a plastic protective film that requires removal. Pull the tab downward to remove film from the battery end (Graphic B).
3. After removing the plastic protective film, insert one of the batteries into the charging cradle so the cradle's lighted ring light comes on. If the battery is not charged, the cradle ring light will turn red and if the battery is charged the cradle ring light will turn green.
4. Charge both batteries for 2.5 hours each before use.
5. Before inserting battery into **WellBody®5**, select and connect a rubber tip/ball to the shaft end by pressing the shaft end firmly into the tip/ball and then turn clockwise to lock in place. **DO NOT USE WITHOUT TIP/BALL ATTACHED.**
6. Make sure **WellBody®5** is OFF before placing a tip onto the metal shaft end.
7. Insert the battery into **WellBody®5**'s battery compartment until you feel and/or hear the battery lock into place. If the battery is not fully inserted, the device will not power on and the battery could fall out of the device causing breakage and/or injury.
8. Press the Power Button and your **WellBody®5** lights up in standby mode.
9. The power button indicator light is shown as the **WellBody®** logo located on the arm button and it will show white when POWER is ON. The power indicator light will also show red when the battery is running lower than 25% of its capacity.
10. To preserve battery power, **Wellbody®5** will turn OFF if it remains in standby mode for 60 seconds.
11. To MASSAGE, press the power button to reach first speed mode (1000spm) and continue to press power button to reach subsequent speeds 1500, 2000, 2500, and the final speed mode 3000.
12. Place **WellBody®5** over a large body part such as thigh to feel the impact of each speed so you are comfortable with the power of the **WellBody®5**.

**Note: Speeds and hand pressure are a personal preference and speeds above 2000spm should be used only after you are comfortable with lower speed levels.**



Graphic A

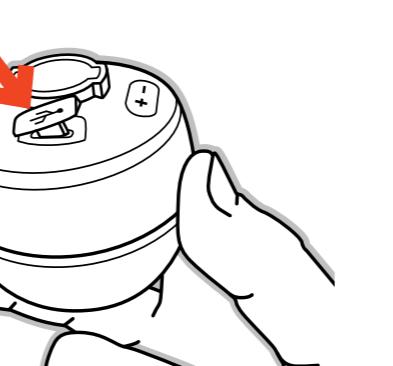


Graphic B

13. After cycling through **WellBody®5**'s five speed modes, **WellBody®5** will return to standby mode.
14. To turn **WellBody®5** OFF, press and hold down the power button and **WellBody®5** will shut off immediately.
15. To remove the rubber tip/ball, turn **WellBody®5** OFF, turn the tip/ball counter-clockwise and pull the tip/ball away from the shaft.
16. **WellBody®5** uses antimicrobial plastic and rubber, but it is recommended to use antibacterial or alcohol wipes to clean the tips/ball between uses.

## HEATBALL INSTRUCTIONS

1. Remove the charging cable from **HeatBall** and close the rubber cover on the charging port found on **HeatBall**. Closing the port assures no fluids or debris will enter the charging port. (Graphic C)
2. Toggle +/- to increase and decrease temperature.
3. **HeatBall** delivers three temp levels: low: 80.6°F (+/-10°), medium: 98.6°F (+/-10°), and high: 116.6°F (+/-10°)
4. To attach **Heatball**, turn counter-clockwise to lock in place and turn clockwise to remove from the shaft.



Graphic C



## WELLBODY CONNECT

**WellBody 5** is equipped with WellBody Connect which will seamlessly pair your WellBody to the WellBody APP. **Step one:** download the WellBody APP to your smartphone. **Step two:** follow the WellBody APP's simple pairing instructions so you can control your WellBody device via your smartphone. WellBody Connect allows you to adjust device speed, monitor a visible pressure indicator and record massage time on body parts. Soon, the WellBody APP will also allow you to create custom routines, access educational resources and reach tech support.

## TROUBLESHOOTING

1. If **WellBody®5** will not power on, charge the battery until fully charged.
2. If rubber tip/ball will not remove from the shaft, turn COUNTER-CLOCKWISE to remove.
3. If the battery will not charge, check to make sure battery is fully inserted in the charging cradle and/or check to see if power cord wall plug is secured in power outlet.

## MAINTENANCE, CLEANING & STORAGE

1. Wipe down with a slightly damp towel to clean the device, then dry.
2. Wipe tips/ball and grip with anti-bacterial wipes to prevent any bacteria contamination.

## SAFETY WARNINGS

### THIS PRODUCT MUST BE USED IN ACCORDANCE WITH THE FOLLOWING INSTRUCTIONS:

- Do not use if you are injured.
- Do not immerse in water, sand and/or loose debris that might get into the motor housing vent.
- Do not remove screws or attempt to disassemble.
- For use by and/or applied by adults only.
- Stop immediately if you feel any pain or discomfort.
- Use no more than 30 seconds on any single location on the body.
- Keep moving over muscles and avoid head and other bony areas.
- Avoid touching the exposed moving shaft section to prevent pinching.
- Avoid getting hair tangled on tip and moving shaft.
- Do not touch or contact the metal shaft on the tip side while **WellBody®5** is in use or after use.
- During massage, adjust the applied pressure per your comfort and relief. Don't hold the device under the max stall force for longer than 3 seconds to protect the device for longer service life.
- Do not drop **WellBody®5**.

### *This appliance is not intended for use by persons:*

- a) with reduced physical, sensory or mental capabilities
- b) who lack appropriate experience and knowledge, unless they have been given supervision or thorough instruction by a person responsible for their safety.

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

**Caution:** Any changes or modifications to this device not explicitly approved by manufacturer could void your authority to operate this equipment.

### Radiation Exposure Statement

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.