



**Downloading the App**  
Scan the following QR code, download and install the App.



**Charging and Active**  
Charging the device is done before the first time using the provided USB cable and the included USB to USB adapter or USB port on your computer.



The MAC address on the "Setting" "About" page could help conveniently pair it with our scanning list.

**Pairing**  
Open the App and log in your profile.

Go to the "Device", Click "Add a Device".

Choose your device on the scanning list.

Finish.

The MAC address on the "Setting" "About" page could help conveniently pair it with our scanning list.



**Use the Touch Screen**

Open the App and log in your profile.

Go to the "Device", Click "Add a Device".

Choose your device on the scanning list.

Finish.

The MAC address on the "Setting" "About" page could help conveniently pair it with our scanning list.

**Smart Watch Features**

**Sleep**

Put the sleep wearing Smart Watch in the bed, the device will automatically start to record the quantity of sleep start an alarm when you wake up.

NOTE: Sleep counts need to zero at 00:00:00.

**Training**

Put the smart watch on the wrist, it's a new training website.

**Smart Watch Features**

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