



**Android mobile APP download steps:**  
scan the QR code above, or search for "Andfz"  
app on [Google Play](#), download and install it.

**Apple mobile phone connection steps:**  
scan the QR code above, or search for "Andfz"  
app in the [APP Store](#), download and install it.

# 01 Connect the watch

1



Step1: Turn on Phone'S Bluetooth

Tips: When you open the app (Andfz) for the first time, please click Allow for all permissions

2



Andfz



Google play App Store

Step2: Find and enter the Play Store or App Store or directly scan the QR code to download the app (Andfz) (Equipment requirements: iOS8.0 and above; Android 4.4 and above, supporting Bluetooth 5.0)

3



Add device

4



Swipe down the screen and tap to view smartwatch information



View the last 4 bits of the MAC code



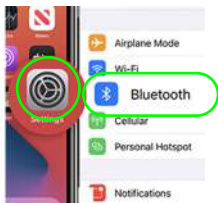
Click to connect

5



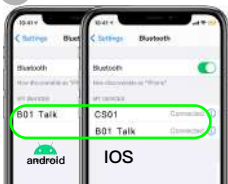
Step5 Swipe down on the watch screen  
Turn on the call function to answer and play the call sound!  
Turn off the call function, can't play and answer the call sound!

6



Step6 Open phone's setting and turn on the Bluetooth, find the **B01 Talk** and click it to connect.

7



Step7 Find the **B01 Talk** and click it to connect.

8



Step8 After connection, you can use the watch to (Call receiveing/Dial) calls.

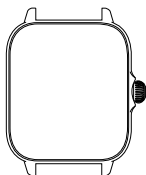
## What can I do if I can't find my Bluetooth T42-1 when I open the (Da Fit) app?

### ! Warm reminder:

Please follow the steps we provide to ensure that the Bluetooth connection sequence of the T42-1 and Audio\_T42-1 is correct!

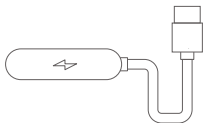
- 1: Turn on the phone's bluetooth
- 2: Download the (Da Fit) app
- 3: Open the (Da Fit) app
- 4: Add T42-1 in (Da Fit) app
- 5: Swipe down the watch screen, find the settings in the watch, and turn on the call button
- 6: Open the phone's settings and find the Bluetooth function in the phone's settings
- 7: Link Audio\_T42-1
- 8: After the Audio\_T42-1 is successfully connected, you can make and receive calls normally, and control the music in the phone

## 02 Packaging List



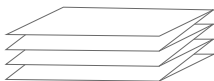
Smartwatch\*1;

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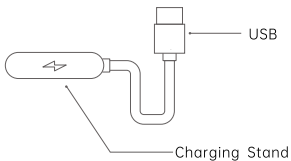
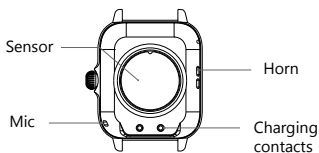
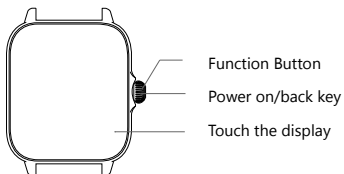
USB Charging Cable \* 1

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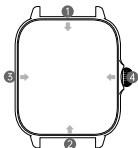


User Guide \* 1

## 03 Product Introduction

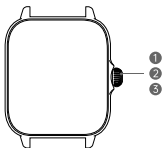


## 04 Operating Instructions



### Screen Operation

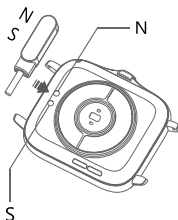
- ① Slide down on the main interface to open the control panel
- ② Slide up on the main interface to open the message notification
- ③ Slide right on the interface to open the Function menu
- ④ Slide left on the main interface to open the Common Functions



### Key Operation

- ① Long press to turn on /off
- ② Short press on the main interface, the screen turns off
- ③ When the screen is off, short press to light up the screen

## 05 Smartwatch Charging



### Charging Steps:

1. Insert the USB connector of the watch charging cable into the power adapter or the USB port of the computer.
2. Put the watch into the magnetic suction port of the charger, pay attention to the direction and position of the watch, and make sure that the contacts on the back of the watch fit closely with the magnetic suction port of the charger.
3. After charging starts, the watch will display the charging progress.

### Note:

1. Please fully charge the battery for the first use.
2. Battery capacity: **180mA** (Seiko protection board pure cobalt battery), do not use charging voltage greater than 5V, charging current greater than 2A adapter.
3. The smart watch can be fully charged in about 2 hours, and can be used for 3–5 days after being fully charged. Standby for more than 15 days.
4. Do not charge with water stains.
5. This product is an electronic monitoring product, not as a medical reference, measurement data for reference only.



## 06 Basic Parameters

### Parameters:

Product Name: Smartwatch

Product Model: CS03

Battery: 180mAh

Protection grade: IP67

Display: 1.85 inch HD Full Touch Screen

Operation Mode: Full touch screen+button

Bluetooth: Bluetooth 5.0 (supports Android 4.4, IOS8.0 and above)

Duration of endurance: Normal use: 3-5 days  
standby: 15 days

Smart phone OS supported: Bluetooth 5.0  
(supports Android 4.4, IOS8.0 and above)

Music Playback Function: Support

#### FCC Statement

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

The device has evaluated to meet general RF exposure requirement. The device can be used in portable exposure without restriction.