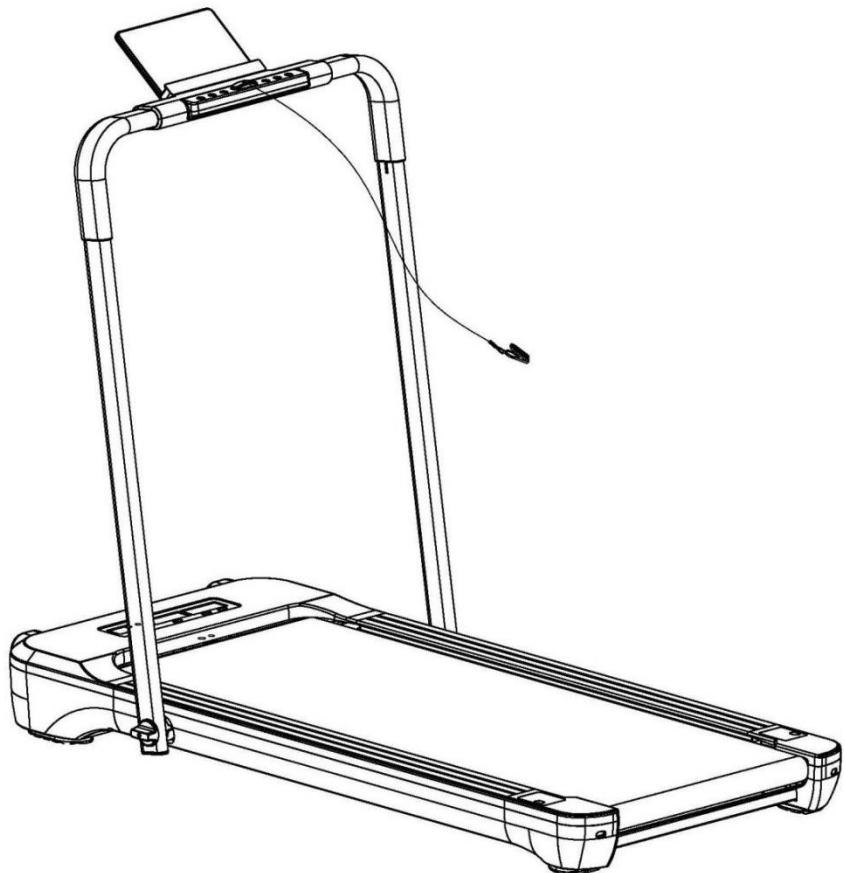


Motorized Treadmill

Operating Instructions Manual

TR03



Special tips:

1. Before installation and operation, please read this operation manual carefully.
2. Please save this manual for future reference.
3. Product may vary slightly from the item pictures due to model upgrades.

Content

1.	Safety Precautions.....	1-3
2.	Assembly Steps.....	4-8
3.	Folding Steps.....	9
4.	Grounding Methods.....	10
5.	Operation Instruction.....	11-13
6.	Trouble Shooting Guide.....	14-15
7.	Exercise Instruction.....	16
8.	Maintenance & Care.....	17-18
9.	Exploded Drawing.....	19-21
10.	ZWIFT APP.....	22
11.	Warranty.....	23-24

IMPORTANT SAFETY INSTRUCTIONS

WARNING - Read all instructions before using this treadmill. It is important your treadmill receives regular maintenance to prolong its useful life. Failing to regularly maintain your treadmill may void your warranty.

Danger—To reduce the risk of electric shock disconnect your treadmill from the electrical outlet prior to cleaning and/or service work.

DO NOT USE AN EXTENSION CORD: DO NOT ATTEMPT TO DISABLE THE GROUNDED PLUG BY USING IMPORPER ADAPTERS OR IN ANY WAY MODIFY THE CORD SET.

- 1) Install the treadmill on a flat level surface with access to correct voltage and frequency, grounded outlet.
- 2) Do not operate treadmill on deeply padded, plush or shag carpet. Damage to both carpet and treadmill may result.
- 3) Do not block the rear of the treadmill. Provide a minimum of 1 metre clearance between the rear of the treadmill and any fixed object.
- 4) Place your unit on a solid, level surface when in use.
- 5) Never allow children on or near the treadmill.
- 6) When running, make sure the plastic clip is fastened on your clothing. It is for your safety, should you fall or move too far back on the treadmill.
- 7) Keep hands away from all moving parts.
- 8) Never operate the treadmill if it has a damaged cord or plug.
- 9) Keep the cord away from heated surfaces.
- 10) Do not operate where aerosol spray products are being used or where oxygen is being administered. Sparks from the motor may ignite a highly flammable environment.
- 11) Never drop or insert any object into any openings.
- 12) The treadmill is intended for in-home use only and not suitable for long time running.
- 13) To disconnect, turn all controls to the off position, remove the safety key, and then remove the plug from the outlet.
- 14) Wear proper shoes. High heels, dress shoes, sandals or bare feet are not suitable for use on your treadmill. Quality athletic shoes are recommended to avoid leg fatigue.
- 15) Allowed temperature: 5 to 40 degrees.

Remove the safety key after use to prevent unauthorized treadmill operation.

IMPORTANT ELECTRICAL INFORMATION

WARNING!

- 1) NEVER use a ground fault circuit interrupt (GFCI) wall outlet with this treadmill. Route the power cord away from any moving part of the treadmill including the elevation mechanism and transport wheels.
- 2) NEVER operate treadmill on Generator or UPS power supply.
- 3) NEVER remove any cover without first disconnecting AC power.
- 4) NEVER expose this treadmill to rain or moisture. This treadmill is not designed for use outdoors, near a pool, or in any other high humidity environment.

IMPORTANT OPERATION INSTRUCTIONS

- 1) Insert the power plug into the socket directly.
- 2) The constant running time is less than 2 hours. Be sure to read the entire manual before operating your machine.
- 3) Use caution while participating in other activities while walking on your treadmill; such as watching television, reading, etc. These distractions may cause you to lose balance or stray from walking in the centre of the belt; which may result in serious injury.
- 4) In order to prevent losing balance and suffering unexpected injury, NEVER mount or dismount the treadmill while the belt is moving. This unit starts with a very low speed. Simply standing on the belt during slow acceleration is proper after you have learned to operate this machine.
- 5) Always hold on to handrail while making control changes.
- 6) A safety key is provided with this machine. Remove the safety key will stop the walking belt immediately; the treadmill will shut off automatically. Insert the safety key will reset the display.
- 7) Do not use excessive pressure on console control keys. They are precision set to function properly with little finger pressure.
- 8) This appliance is not intended for use by persons (including children) with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety. Children should be supervised to ensure that they do not play with the appliance.
- 9) Please consult your doctor at first before running, if you have one of the following diseases:
 - a. Cardiopathy, hypertension, sugar diabetes, respiratory disease, smoking, and other chronic diseases, complication disease.
 - b. If you are over 35 years old and heavier than common weight.
 - c. Women in pregnant or in breasting period.
- 10) Please stop exercising immediately and consult your doctor when you feel giddy, surfeit, thorax ache or other symptoms.
- 11) Please drink adequate water after taking exercises on our treadmill for more than 20 minutes.

Warning: Now here we suggest that you should consult with your physician or health professional before starting your workout, especially for the age up to 35 old or once-health problem people. We take no responsible for any troubles or hurts if you don't following our specification. Treadmill will be carefully assembled and covered the motor shield, then connect to the power.

ASSEMBLY INSTRUCTIONS

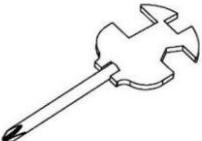
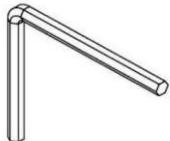
When you open the carton, you will find the below spare parts:

Spare parts list:

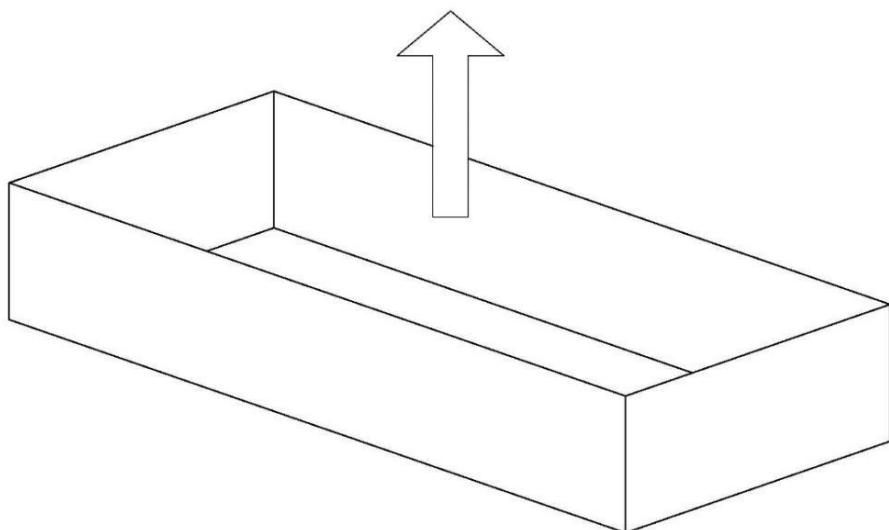
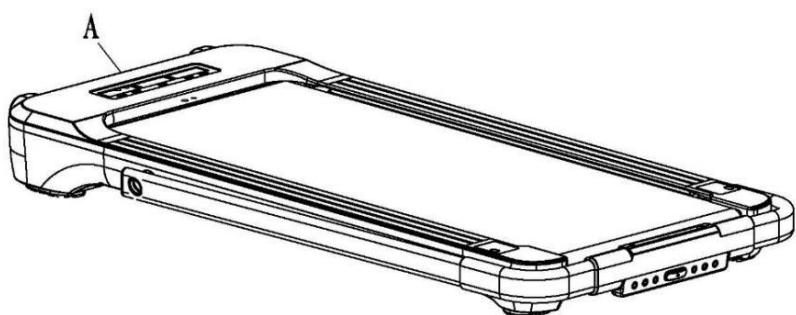
NO.	DES.	Specification	Nos.
A	Main Frame		1
B	IPAD Holder		1
C15	Knob		2
C18	Safety Key		1
E18	Power Wire		1
E09	Remote Control		1
C34	Oil		1

FIXING TOOLS:

B08 S=13、14、15 (1X)	B09 S5 (1X)	
		

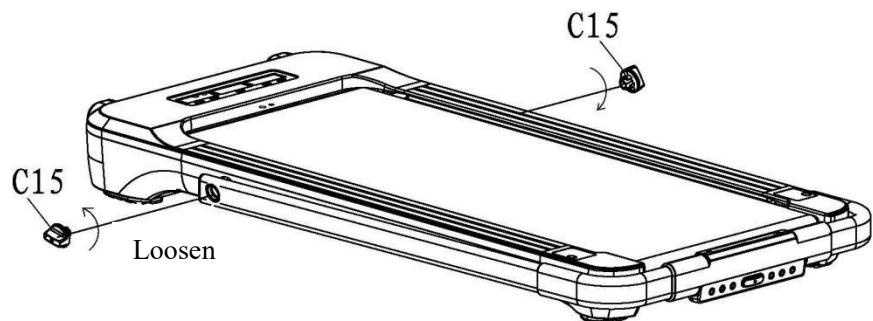
ASSEMBLY STEP 1:

B-1

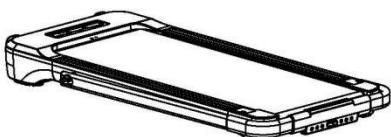
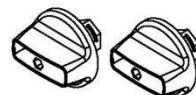


ASSEMBLY STEP 2:

B-2

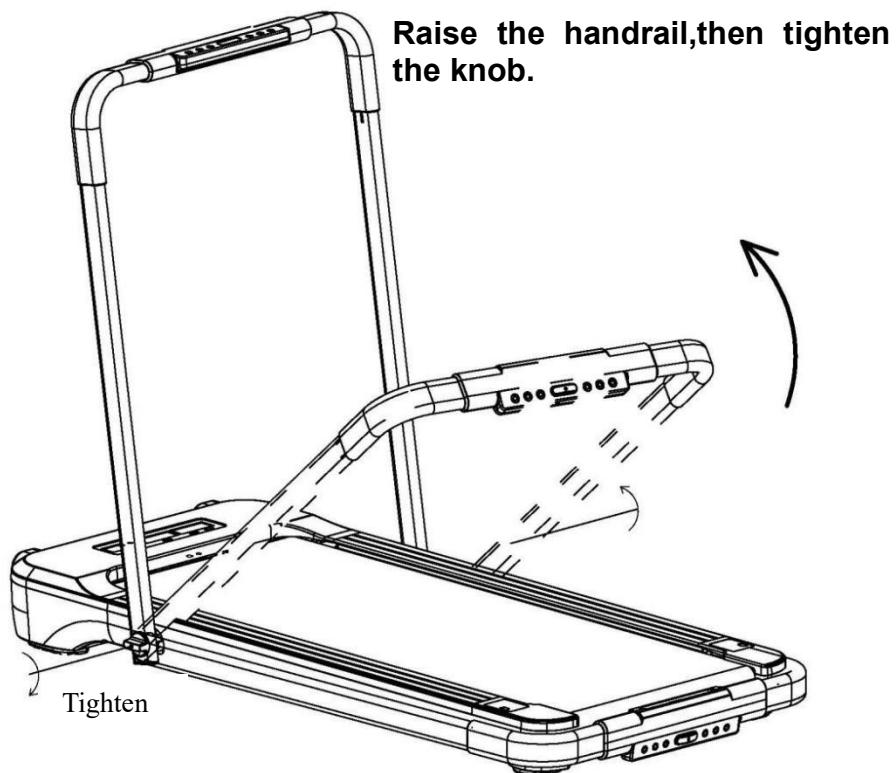


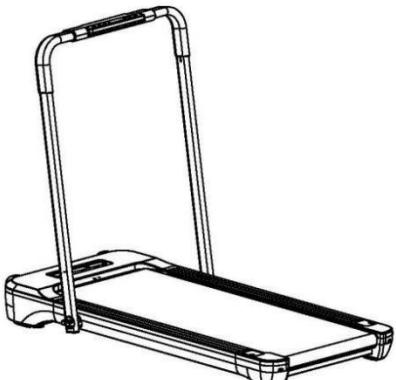
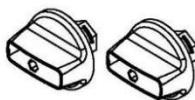
Use the knob to loosen the screw,so that you can raise the handrail.

	C15 (2x)	
		

ASSEMBLY STEP 3:

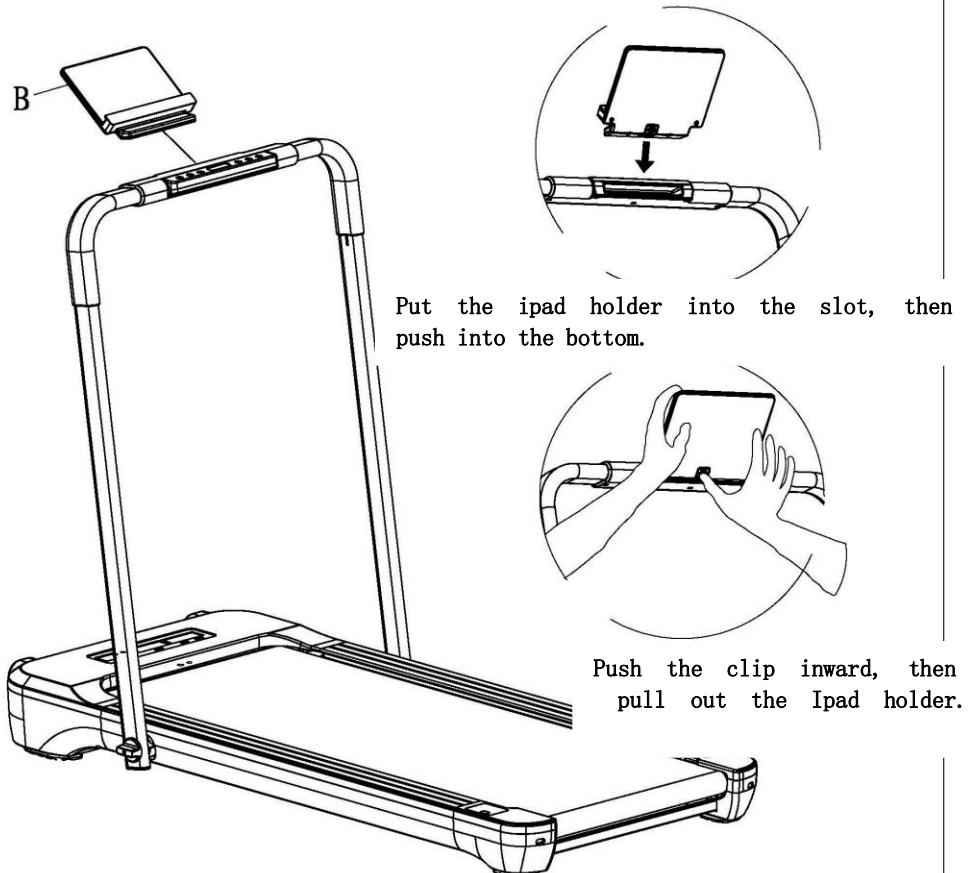
B-3



	C15 (2x)	
		

ASSEMBLY STEP 4:

B-4

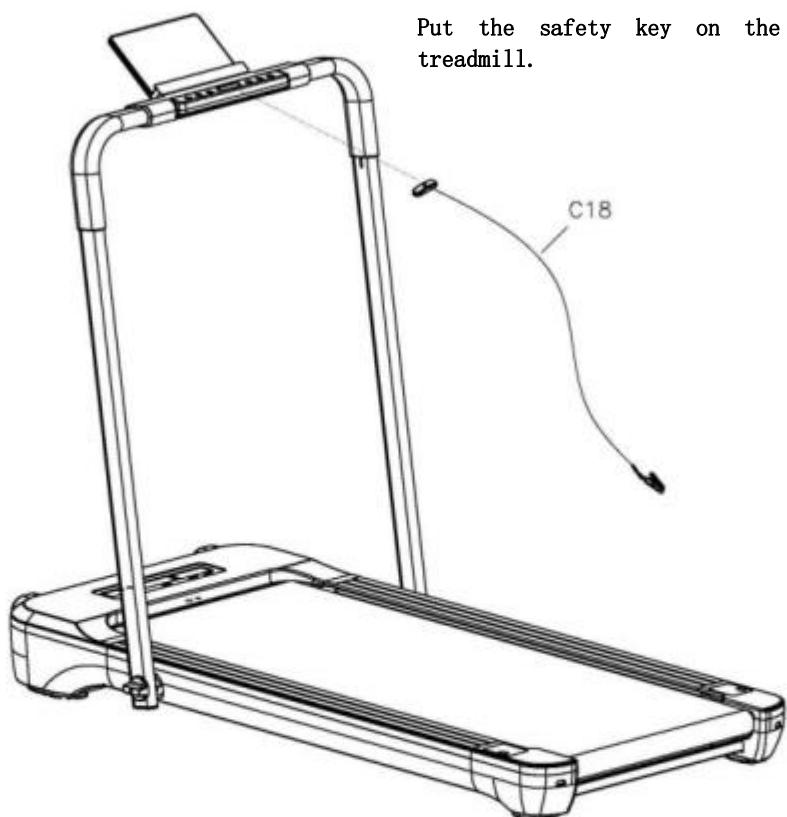


	B (1x)	

ASSEMBLY STEP 5:

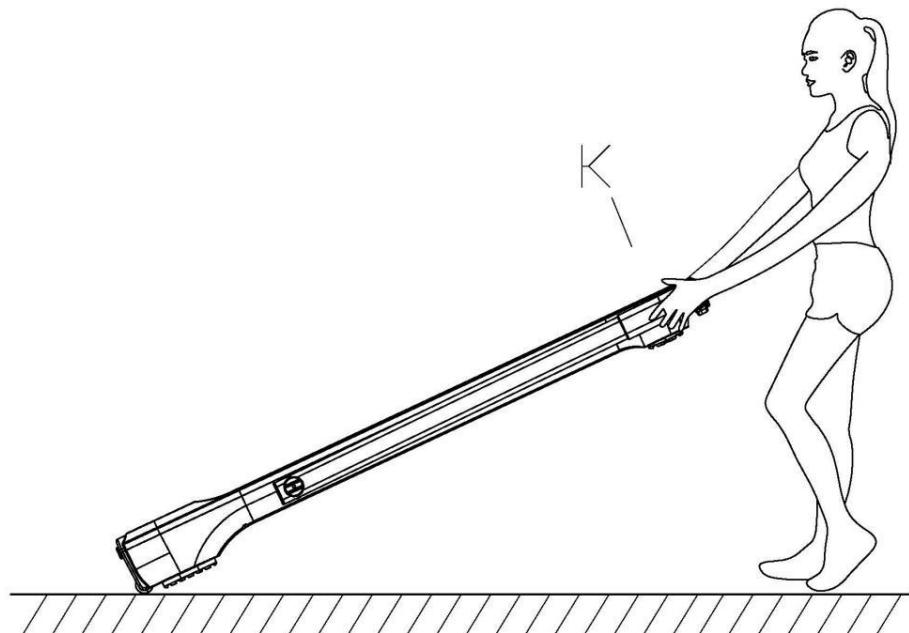
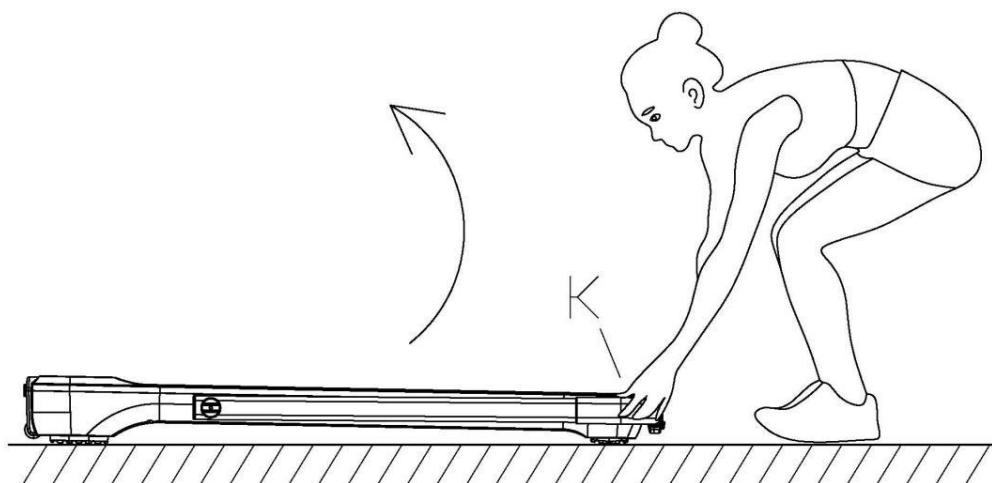
B-5

Put the safety key on the treadmill.



FOLDING INSTRUCTION 1:

C-1

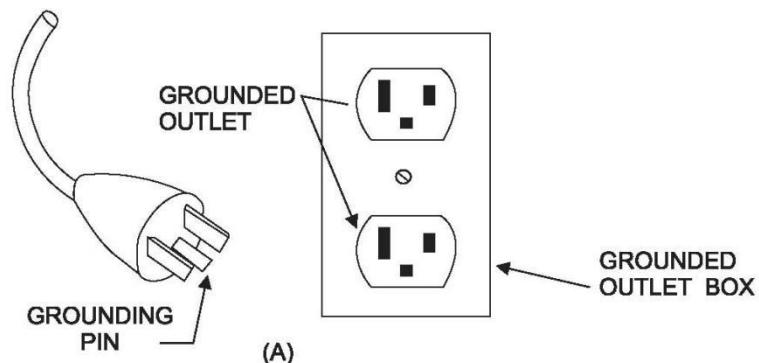


GROUNDING METHODS

This product must be grounded. If it should malfunction or breakdown, grounding provides a path of least resistance for electric current to reduce the risk of electric shock. This product is equipped with a cord having an equipment-grounding conductor and a grounding plug. The plug must be plugged into an appropriate outlet that is properly installed and grounded in accordance with all local codes and ordinances.

DANGER – Improper connection of the equipment-grounding conductor can result in a risk of electric shock. Check with a qualified electrician or serviceman if you are in doubt as to whether the product is properly grounded. Do not modify the plug provided with the product – if it will not fit the outlet, have a proper outlet installed by a qualified electrician. This product is for use on a nominal voltage circuit and has a grounding plug that looks like the plug illustrated in sketch A in following figure. Make that the product is connected to an outlet having the same configuration as the plug. No adapter should be used with this product.

Grounding methods



OPERATION GUIDE



WINDOW DISPLAY:

1、“TIME/CAL” window: Display exercise time from 0:00-99:59 ,when count to 99:59, the machine will stop smoothly and show ‘ End ’, then enter into initial situation after 5 seconds; When count down, it will show from the setting time to 99:00, when down to 0:00 , the machine will stop smoothly and show ‘ End ’, and will enter into the initial situation. Display exerciser calories worked out. It will count from 0.0 to 9999,when up to 9999, it will count again from 0; when count down, it will count from the setting data to 0, when down to 0, the machine will stop smoothly and show ‘ End ’, and enter into the situation waiting for operation after 5 seconds.

2、“SPEED” window:Folding the handle bar to switch between walking and running mode:

★Handlebar fold down, the machine will "beep" to set in walking mode, with speed range of 0.5-4.0MPH.

★Handlebar lift up, the machine will "beep" to switch to running mode, with speed range of 0.5-8.0MPH.

3、“DIS./STEP” window:Display the running distance from 0.00-99.9, when up to 99.9, it will count again from 0; When count down, it will show from setting data to 0; When down to 0, the machine will stop smoothly and show ‘End’, enter into the initial situation after 5 seconds; Display the runner steps, the step range : 0-9999 steps. In the standby mode, the window displays“P1-P2-P3.....P12”

REMOTE CONTROL FUNCTIONS:

If the remote control has no response or you change a new one, the remote control and treadmill need to re-establish communication.

Re-establish communication method: Restart the treadmill, at the same time press and hold the start/ stop button on the remote control for 5 seconds, hearing the sound of “Beep”,that means matching is successful .

Note: The remote control has no response, may be the battery is out of power.

1、▶ : START/STOP BUTTON: Press the START button, this machine will start to work. 0.5MPH is the default start speed. During the running, you also can press this button to stop the machine.

2、+ - : SPEED +/- BUTTONS: Press the +/- buttons to increase or decrease the speed in increments of 0.1 MPH. Pressing and holding either of these buttons for a duration of over 1/2 a second will increase or decrease the speed continually.

CONSOLE BUTTON FUNCTION:

1. ► “START” button: Start the power and attach the safety key to the treadmill, press this button to start the treadmill at 0.5MPH.
2. ■ “STOP” button: During the running, press this button the machine will reset the data and stop smoothly.
3. “SPEED+”、“SPEED-” button: Press the +/- button to increase or decrease the speed in increments of 0.1 MPH. Pressing and holding either of these buttons for a duration of over 1/2 a second will increase or decrease the speed continually.
4. “P” button: Press this button enter the P program, you can cycle to select "P1-P2-P3.....P12". In the program mode, you can use the speed +/- button to set the P program working time, then press the “START” button to start the machine.
5. “M” button: Press this button can cycle to select “0.0”(System default operating mode), “30: 00”(Time count down mode), “3.00”(Distance count down mode), “ 50.0”(CAL count down mode). You can use the “SPEED+”, “SPEED-” button to set the relevant count down value.
6. “Safety Key”: Remove the safety key, the machine can stop quickly.

MANUAL MODE:

- 1.Under standby mode, press START button directly, the machine will work from the speed 0.5 MPH. The other windows will start to count from positive direction from windows default, press “SPEED+”, “SPEED-” to change the speed.
2. Under standby mode, press “MODE” button to enter time count down, the TIME window will display “30:00” and glittering. Press “SPEED+”, “SPEED-” to set up the time what you need. The setting range is 5:00-99:00.
- 3.In Time setting mode, press “ MODE “ button to enter into distance count down, the DISTANCE window will display “3.0” and glittering. Press “SPEED+”, “SPEED-” to set up the distance what you need. The setting range is 1.00—99.00.
4. In Distance setting mode, press “MODE” button to enter into calories count down, the CAL window will display “50” and glittering. Press “SPEED+”, “SPEED-” to set up the calories what you need. The setting range is 20.0-990.0.
5. When setting is finished, press “START” button to start, the treadmill will run after 3 seconds, press “SPEED+”, “SPEED-” to adjust the speed; press the “STOP” button to stop the treadmill.

INNER INSTALL PROGRAM:

There are 12 kinds of inner install program from P1-P12 for this machine.

In standby mode, press “PROGRAM” button, DISTANCE window will display P1-P12.

Choose your favorite program, at the same time, the TIME window is glittering, display the setting time 30:00, press “SPEED+”, “SPEED-” to set exercise time you want. Press the START button to start the program. The interval program is divided into 20 sections, each exercise time equals the setting time divided by 20. When the speed enters the next interval, the treadmill will “beep-beep-beep”, and the speed will be changed according to the set interval. Press SPEED +/- BUTTON to change the SPEED. After finishing one program, the system will “beep-beep-.....” and display “END”. The treadmill will stop gradually, then automatically reset to the initial setting after 5 seconds.

PROGRAM EXERCISE CHART:

TIME PROGRAM		SET TIME/1.2=RUNNING TIME FOR EACH SECTION																			
P01	SPEED	2	2	3	4	5	3	4	5	5	3	4	5	4	4	4	2	3	5	3	2
P02	SPEED	2	3	4	5	6	4	6	6	6	4	5	6	4	4	4	2	4	5	3	2
P03	SPEED	2	4	4	6	6	4	7	7	7	4	7	7	4	4	4	2	5	3	3	2
P04	SPEED	2	5	5	6	6	6	4	4	4	2	2	4	7	6	6	6	6	4	2	2
P05	SPEED	3	3	5	7	6	6	7.5	5	5	7.5	7.5	5	6	5	7.5	5	7	5	4	3
P06	SPEED	3	7.5	7.5	7	7.5	6	7.5	6	4	2	5	4	7	6	6	6	7.5	6	4	3
P07	SPEED	3	4	6	6	7.5	6	7.5	7	5	6	6	6	6	7	7.5	7	6	6	5	3
P08	SPEED	3	5	6	7	7.5	7.5	7	7.5	4	7	7	4	7	7	7.5	7	7.5	7	5	3
P09	SPEED	4	7	3	7	7	7	7.5	7.5	5	7.5	6	7	6	7	7.5	7.5	7	7	5	3
P10	SPEED	4	5	3	7.5	7.5	7.5	7.5	7.5	4	7.5	5	4	7	7.5	7	7	7.5	7	6	4
P11	SPEED	4	7.5	6	7.5	7	6	6	7.5	5	7.5	7.5	6	6	6	6	6	7	7.5	7.5	2
P12	SPEED	4	4	7	7.5	2	7.5	7.5	7.5	7.5	7.5	7.5	7.5	7	7.5	7.5	2	7.5	7.5	7.5	2

RANGE OF PROGRAM:

PROGRAM	ORIGION	SET UP RANGE	DISPLAY RANGE
TIME(MIN:SECOND)	0:00	30:00	5:00-99:00
SPEED(MPH)	0.0	0.5	0.5-4.0MPH(WALK) 0.5-8.0MPH(RUN)
DISTANCE(MILE)	0	3.00	1.00-99.0
STEP	0	N/A	N/A
CALORIE(THERM)	0	50	20.0-990.0
			0.0-9999

SAVE ON POWER FUNCTION:

The system is with saving on power function, at the state of waiting for operation, if without any operate, the saving on power function will be available after 10 mins, the display will be closed up. You can press any button to wake up the display.

CLOSE UP:

Close up the power: You can close up the power to stop the treadmill, it won't be damaged at any time.

CAUTION:

1. We recommend that you keep a slow speed at the beginning of a session and hold on to the handrails until you become comfortable and familiar with the treadmill.
2. Attach the magnet end of the safety key to the treadmill and also attach the clip of the safety key to your clothing.
3. To end your workout safely, press the STOP button or pull out the safety key, then the treadmill will stop immediately.

TROUBLESHOOTING

PROBLEM	POSSIBLE CAUSE	SUGGESTED ACTION
Treadmill not start	Not plugged in	Plug cord into outlet
	Safety Key not inserted	Insert Safety Key
Running belt not centered	Running belt tension not correct on the left or right sides of the running board	Tighten the adjustment bolts on the left and right side of the rear roller
Console not working	Wires from the console and bottom control board not properly connected.	Check wire connections from the console to the control board.
	Transformer is damaged	If the transformer is damaged, contact customer service.
E01 or E13: Message failure	Wires from the console and bottom control board not properly connected.	Check wire connections from the console to the control board. If the wire has been punctured or damaged, you will need to replace it. If the problem is not rectified, you may need to replace the control board.
E02: Burst clash protection	Incoming voltage is lower than 50% of the required voltage.	Check that the incoming power supply is the correct voltage.
E05: Current overload protection (Self Protecting System)	The incoming voltage is too low or too high. The control board is damaged.	Restart the treadmill. Check the incoming voltage to ensure it's correct. Check the control board, replace if damaged.
	A moving part of the treadmill is stuck and therefore the motor is unable to rotate properly.	Inspect moving parts of the treadmill to ensure that they are operating correctly. Check the motor, listen for strange noise and check for a burning smell. Replace the motor if necessary.

E06: Motor Abnormality	The motor wire is not connected or the motor is damaged.	Check motor wires to see if the motor is connected. If the wire has been punctured or damaged, you will need to replace it. If the problem is not rectified, you may need to replace the motor.
E08: Control Board Abnormality	The control board is not connected.	Check the upper and middle wires to see if the control board is connected. If the wire has been punctured or damaged, you will need to replace it. If the problem is not rectified, you may need to replace the control board.
E10:Motor Abnormality	The motor is damaged or a moving part of the treadmill is stuck and therefore the motor is unable to rotate properly.	Inspect moving parts of the treadmill to ensure that they are operating correctly. Replace the motor if necessary.

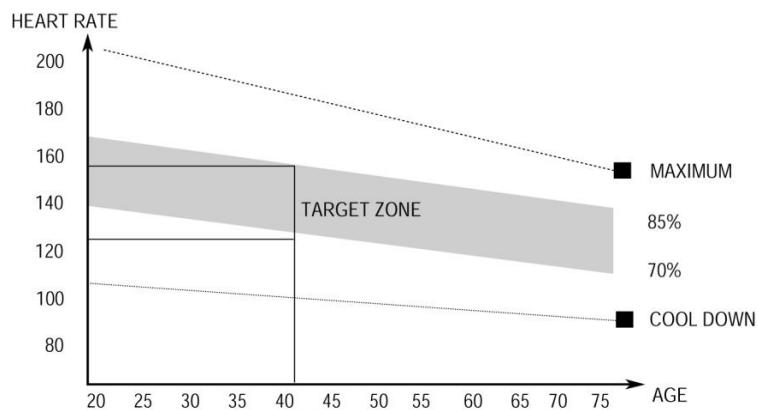
EXERCISE INSTRUCTIONS

1. The Warm Up Phase

This stage helps get the blood flowing around the body and the muscles working properly. It will also reduce the risk of cramp and muscle injury. It is advisable to do a few stretching exercises as shown below. Each stretch should be held for approximately 30 seconds, do not force or jerk your muscles into a stretch - if it hurts, **STOP**.

2. The Exercise Phase

This is the stage where you put the effort in. After regular use, the muscles in your legs will become Stronger. Work to your but it is very important to maintain a steady tempo throughout. The rate of work should be sufficient to raise your heart beat into the target zone shown on the graph below.



This stage should last for a minimum of 12 minutes though most people start at about 15-20 minutes.

The Cool Down Phase

This stage is to let your Cardio-vascular System and muscles wind down. This is a repeat of the warm up exercise e.g. reduce your tempo, continue for approximately 5 minutes. The stretching exercises should now be repeated, again remembering not to force or jerk your muscles into the stretch.

As you get fitter you may need to train longer and harder. It is advisable to train at least three times a week, and if possible space your workouts evenly throughout the week.

To tone muscle while on your Treadmill you will need to have the resistance set quite high. This will put more strain on our leg muscles and may mean you cannot train for as long as you would like. If you are also trying to improve your fitness you need to alter your training program. You should train as normal during the warm up and cool down phases, but towards the end of the exercise phase you should increase resistance, making your legs work harder than normal. You may have to reduce your speed to keep your heart rate in the target zone.

The important factor here is the amount of effort you put in. The harder and longer you work the more calories you will burn. Effectively this is the same as if you were training to improve your fitness, the difference is the goal.

MAINTENANCE & CARE

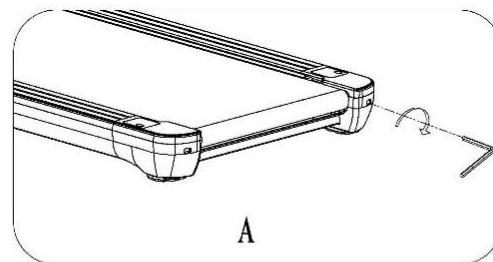
General cleaning will help prolong the life and performance of your treadmill. Keep the unit clean and maintained by dusting the components on a regular basis. Clean both sides of the running belt to prevent dust from accumulating underneath the belt. Keep your running shoes clean so that dirt from your shoes does not wear out the running board and belt. Clean the surface of the running belt with a clean damp cloth.

- To better maintain the treadmill and prolong its life it is suggested that the machine be powered off for 10 minutes every 2 hours and fully powered off whenever not in use.
- A loose Running Belt will result in the runner sliding off when running, while too tight of a Running Belt will result in decrease to the motors performance and also create more friction between the roller and running belts. The most suitable tightness for the belts is pulled out 50-75mm from the Running Board.

CENTERING THE RUNNING BELT:

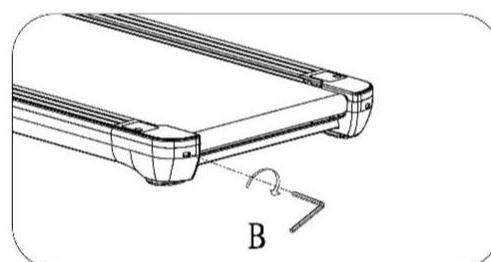
Place the treadmill on level ground and set it at 3.5 mph to check if the Running Belt drifts

1.If the Running Belt moves to the right, power off treadmill,then turn the adjusting bolt on the right side $\frac{1}{4}$ turn clockwise.Then power on the treadmill and run the treadmill for a few minutes.Repeat this step until it centers. Refer to figure A.



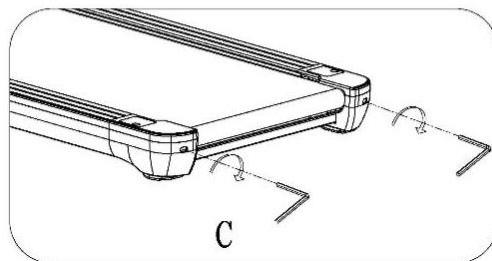
A

2.If the Running Belt moves to the left, power off treadmill,then turn the adjusting bolt on the left side $\frac{1}{4}$ turn clockwise. Then power on the treadmill and run the treadmill for a few minutes.Repeat this step until it centers. Refer to figure B.



B

3.Over time the Running Belt will loosen. To tighten the belt,power off the treadmill,turn the Left & Right side adjustment bolt $\frac{1}{4}$ turn clockwise,Then power on the treadmill,check the tension of the belt. Continue this process until belt is at the correct tension. Make sure to adjust both side equally to ensure belt alignment. Refer to



C

Note: If the Running Belt is too tight, to loosen the belt turn the Left & Right side adjustment bolt $\frac{1}{4}$ turn anti-clockwise,check the tension of the belt. Continue this process until belt is at the correct tension. Make sure to adjust both side equally to ensure belt alignment.

IMPORTANT NOTE:

You will need to lubricate your treadmill before the first use.

RUNNING BELTS & TREADMILL LUBRICANT:

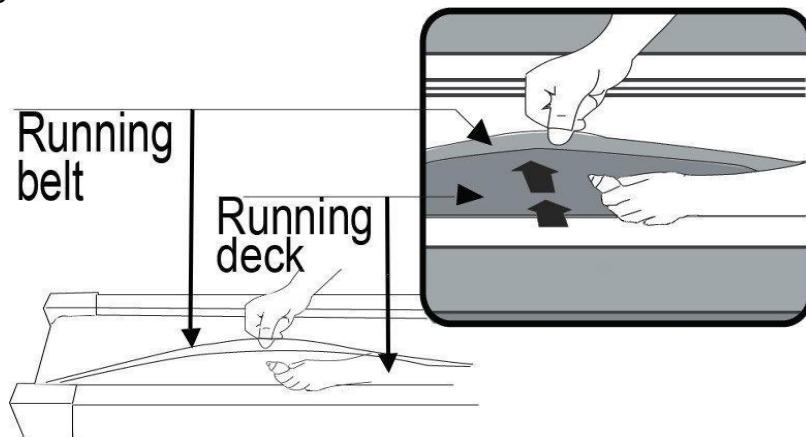
Lubricating the running board and running belt is essential as the friction between the two affects the life span and function of the treadmill, therefore it is suggested that the running board and belt be inspected regularly.

WARNING:

Always unplug the treadmill from the electrical outlet before cleaning, lubricating or repairing the unit.

HOW TO LUBRICATE:

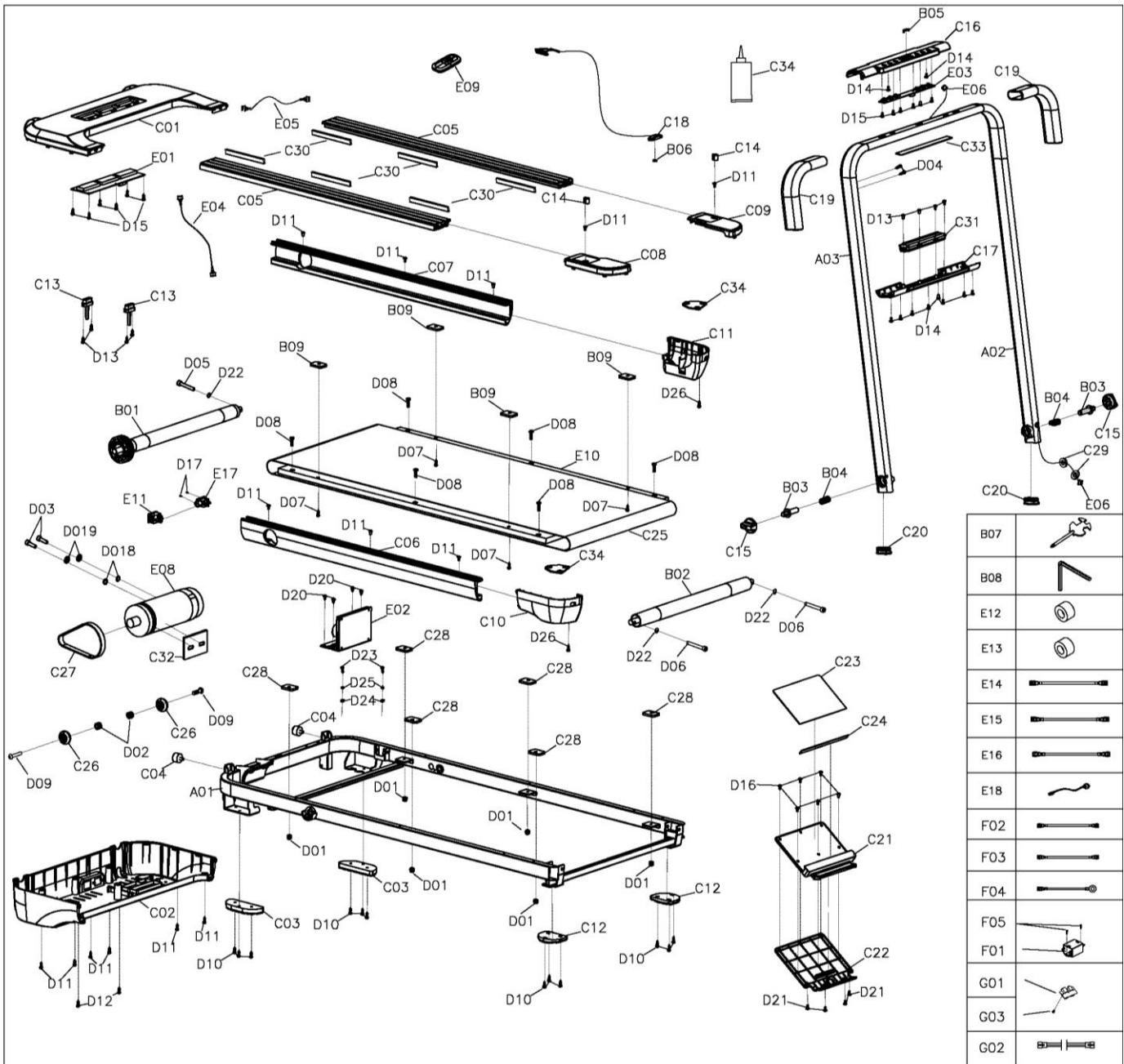
1. Raise the belt up on one side and use a rag to thoroughly wipe the dust on the running deck, then apply lubricant to the running deck. Repeat this process for the other side.
2. After apply lubricant, start the machine and let it run without using at a low speed, so that the lubricant can apply to the running deck evenly.
3. To better maintain the treadmill and prolong its lifespan, it is suggested that maintenance be done on a regular basis.



The following time table is recommended:

Light user (less than 3 hours/ week)	<i>every six months</i>
Medium user (3-5 hours/ week)	<i>every three months</i>
Heavy user (more than 5 hours/ week)	<i>every two months</i>

EXPLODED DRAWING



PARTS LIST:

No.	Description	Specification	Q'ty	No.	Description	Specification	Q'ty
A01	Main frame		1	C26	New moving wheel		2
A02	Upright tube		1	C27	Motor belt		1
A03	Button panel set		1	C28	Rubber pad cushion		6
B01	Front roller		1	C29	Oval inner tube plug		1
B02	Rear roller		1	C30	Eva pad		1
B03	Screw		2	C31	Ipad base socket		1
B04	Spring		2	C32	Eva pad		1
B05	Safety lock		1	C33	Insulation pad		1
B06	Magnet		1	C34	Oil		1
B07	Spring 2		1	C35	Eva		2
B08	Cross solid wrench		1	D01	Nut	M6	6
B09	#5 allen wrench		1	D02	Nut	M5	2
B10	Side rail fixed plate		4	D03	Bolt	M8*15	2
C01	Motor top cover		1	D04	Bolt	M5*10	2
C02	Motor button cover		1	D05	Bolt	M6*45	1
C03	Front foot Pad		2	D06	Bolt	M6*50	2
C04	Front small foot Pad		2	D07	Bolt	M6*20	4
C05	Top side rail		1	D08	Bolt	M6*30	6
C06	Left bottom side rail		1	D09	Bolt	M5*30	2
C07	Right bottom side rail		1	D10	Bolt	M5*15	12
C08	Left top rear cover		1	D11	Screw	ST4.2*12	14
C09	Right top rear cover		1	D12	Screw	ST4.2*20	2
C10	Left bottom rear cover		1	D13	Screw	ST4.2*12	12
C11	Right bottom rear cover		2	D14	Screw	ST3.5*12	10
C12	Foot pad		2	D15	Screw	ST2.5*6	12
C13	Column		2	D16	Screw	ST2.5*4	6
C14	Plug		2	D17	Screw	ST2.9*12	2
C15	Rotary knob		2	D18	Spring washer	8	2
C16	Display top cover		1	D19	Flat washer	8	2
C17	Display bottom cover		1	D20	Spring washer	ST4.2*12	2
C18	Safety key		1	D21	Screw	3.5*8	4
C19	Foam		2	D22	Locked washer	6	3
C20	Tube plug		2	D23	Bolt	M5*8	2
C21	Ipad base top cover		1	D24	Locked washer	5	2
C22	Ipad base bottom cover		1	D25	Spring washer	5	2
C23	Ipad base rubber pad		1	D26	Screw	ST4.0*12	2
C24	Ipad EVA pad		1	E01	Display		1
C25	Running belt		1	E02	Control board		1

No.	Description	Specification	Q'ty	No.	Description	Specification	Q'ty
E03	Keyboard plate		1	E12	Magnetic Ring		1
E04	Signal top wire		1	E13	Magnetic Core		1
E05	Keyboard plate top wire		1	E14	AC single wire		2
E06	Keyboard plate middle wire		2	E15	AC single wire		2
E08	DC motor		1	E16	Grounding Wire		1
E09	Remote control		1	E17	Power socket		1
E10	Running Deck		1	E18	Power line		1
E11	Square Switch		1				

Optional parts:

No.	Description	Specification	Q'ty	No.	Description	Specification	Q'ty
F01	Filter	Optional parts for filter	1	G01	Bluetooth model	Optional parts for filter	1
F02	Ac single wire (length 350)		1	G02	Bluetooth connection wire		1
F03	Grounding Wire (length 350)		1	G03	Screw		1
F04	Grounding Wire (length 350)		1				
F05	Screw (ST4.2*12)		2				

ZWIFT APP



VIDEO GAME STYLE TRAINING



RUN THROUGH IMMERSIVE WORLDS



1000+ WORKOUTS CURATED BY COACHES



GLOBAL CONNECTIVITY & COMMUNITY



GROUP RUNS, COMPETITIONS & RACES



WARRANTY

MANUFACTURER'S LIMITED WARRANTY

The supplier warrants to the original purchaser that this product is free from any defect in materials and/or workmanship, provided that the product is properly installed, properly operated and used for the intended purpose (for home use ONLY). This limited warranty is extended ONLY to the original purchaser, and only covers products purchased as new.

The supplier's obligations under this warranty applies to the following:

Frame - 1 year from date of purchase

All Other Parts - 90 days from date of purchase

Exclusions from warranty:

The supplier does not warrant against and is not responsible for, and no implied warranty shall be deemed to cover, any product failure, product malfunction, or damages attributable to:

1. Improper installation and/or failure to abide by the installation guidelines.
2. Use of this product beyond normal home use, or in an application for which it was not designed.
3. Cosmetic items such as scratches, dents or discolorations.
4. Damage caused by normal wear and tear, vandalism, accidental or by animals.
5. Any act of Nature (such as fire, flooding, snow, ice, hurricane, earthquake, lightning or other natural disaster), environmental condition (such as air pollution, mold, mildew, etc.), or staining from foreign substances(such as dirt, grease, oil, etc.).
6. Normal weathering due to exposure to sunlight, weather and atmosphere which can cause colored surfaces to among other things, flake, chalk, accumulate dirt or stains.
7. Improper operation, alteration, handling, storage, abuse or neglect of the products.

The supplier, using its sole discretion, will either repair or replace free of charge any part(s) proven to be defective under normal home use. Any repair or replacement shall provide no new warranty coverage, but shall retain only the remaining portion of the original product's warranty. This warranty is offered only to the original purchaser and is not transferable. Proof of original purchase is required.

If you have any problem, please be free to contact us at our customer service e-mail address: **customerservice@therun.info**

Replacement parts also can be ordered by emailing our customer service department

When ordering replacement parts please include the following information in the email:

- 1.Order details, including order number, distributor/seller name and date of purchase
- 2.Description of the part, like part number, part name or photo of the part
- 3.Description of the issue, if needed, include pic or video

Before the confirmation of our customer service, please do not send the products to our company, and send them back without permission. Our company does not bear any cost.

Caution: The user is cautioned that changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.

If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

FCC Radiation Exposure Statement

This equipment complies with FCC radiation exposure limits set forth for an uncontrolled environment. This equipment should be installed and operated with a distance of 20cm between the radiator and your body.

This transmitter must not be co-located or operating in conjunction with any other antenna or transmitter.