



Smart Watch

User Guide

Watch client download

Use your mobile phone to scan the QR code below, download and install app, or Android mobile phone directly to app treasure, apple mobile phone directly to APPLE STORE , search for “FitCloudPro” to download and install.

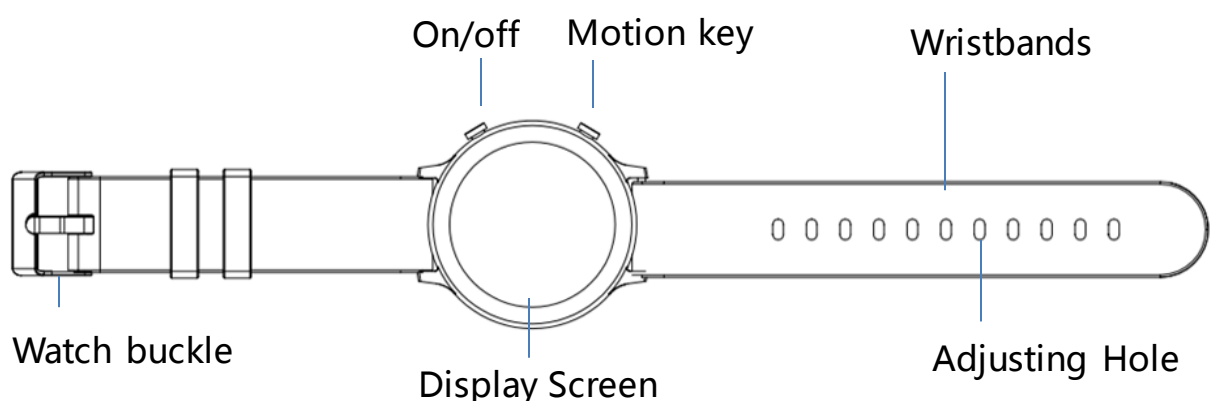


Equipment requirements: IOS 8 and above; Android 4.4 and above, supporting Bluetooth 4.0.

Basic parameters

Product Type	Smart Watch	Battery Type	Lithium polymer
Display Size	1.32ch	Battery Model	502020
Weight	42g	Battery Capacity	180mAh
Watch Size	44.6*10.6mm	Charging Voltage	DC 5V
Waterproof Level	IP67	Battery Power	0.666Wh
Wristband Material	RUBBER/ Mesh belt	Package Contents	Smartwatch, manual,charging cable

Instructions In Detail



On / off

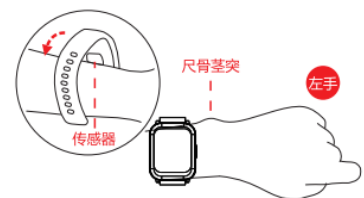
1. When the bracelet is turned off, charge or long press the button above to turn the bracelet on;
2. Or long press the top button on the main interface to slide the screen left to shut down.

Bracelet operation

1. When the bracelet is turned on, press the key or raise your hand to light up the screen, and click or slide to switch the display ;
2. Without operation, the screen will be off for five seconds by default. Users can connect to the mobile app to modify the screen off time ;
3. By default, the bracelet turns on incoming calls and SMS reminders, and selects on or off in the main interface of the app

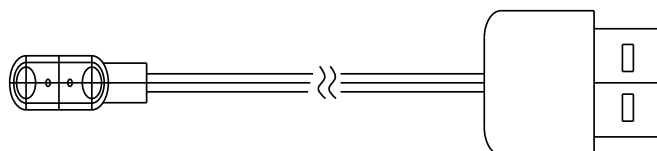
Wearing method

1. The bracelet is best worn behind the styloid process of ulna;
2. Adjust the size suitable for the wrist according to the adjusting hole and fasten the wrist buckle;
3. The sensor shall be close to the skin to avoid movement.



Charging method

For the first time, please take out the bracelet and charge the equipment with the corresponding charger. When charging, The bracelet will turn on automatically.



Device connection

Turn on the phoneAPP (FitCloudPro)

Click the device icon



Add Watch (iOS) / Add Watch (Android)



Click the "plus" icon in the middle



Click Bluetooth name "MJ01-****" Device connection



(Paired)-- Click pair



(Allow display of notifications) Click allow



After clicking OK, the device will switch to app access permission and select the function that allows app access permission (it is recommended to open all according to user requirements)

Bluetooth connection, voice call and music playback

Voice call and music playback : Slide the screen to turn on the main switch of call function, turn on the Bluetooth search function of mobile phone, find "MJ - * * *" and connect it. After successful connection, it can be used normally.

Note: it is recommended to turn off the voice and music playback function when not in use to save power.

Bluetooth connectivity :After successful pairing, the app automatically saves the Bluetooth address of the bracelet. When the app is opened or running in the background, it will automatically search and connect the bracelet.

Data synchronization : Click "drop-down" on the app home page to synchronize data; The bracelet can store offline data. The more data, the longer the synchronization time. After synchronization, there will be a prompt of "synchronization complete".

Operation method

- > In the dial interface, long press the screen to enter the main interface for switching
- > On the dial interface, draw from right to left to enter the steps, heart rate and other interfaces. You can also add and subtract menus
- > In the dial interface, click from top to bottom to enter the control interface
- > In the dial interface, click from left to right to enter the menu style (three styles in total)

- > In the dial interface, click from bottom to top to enter the information list interface
- > Click the upper right button to enter the menu options. Click the lower right button to enter the sports shortcut mode

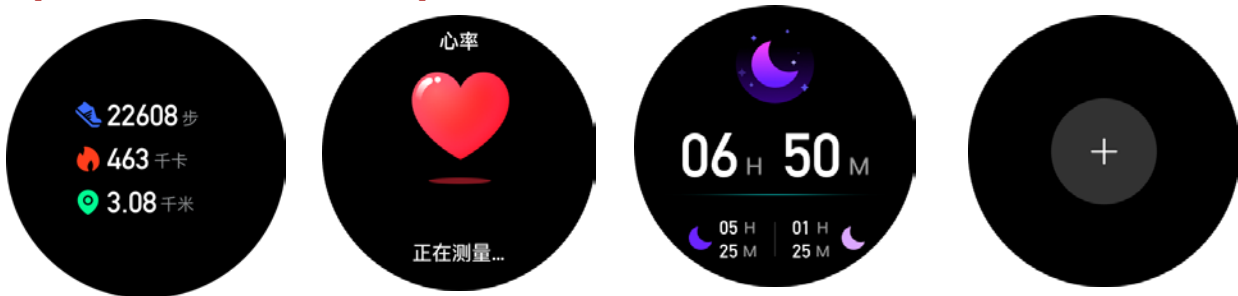
Main Interface :

The bracelet has five main interfaces. Long press the screen on the main interface to switch the interface.

Note: the last dial can be customized and edited in the app dial interface.



Steps, Heart rate, Sleep and Other Interfaces



Step Counting :

View the status of current steps, distance and consumption.

Heart Rate :

The green light at the bottom starts to measure, and the measurement is completed in about 30 ~ 60 seconds. The measured value is based on PPG Technical measurement

matters needing attention:

- during the test, the heart rate led on the back of the bracelet will flash;
- the sensor shall be close to the skin to avoid external light affecting the accuracy of the test;
- keep the test area clean. Sweat or stains will affect the test results

Sleep :

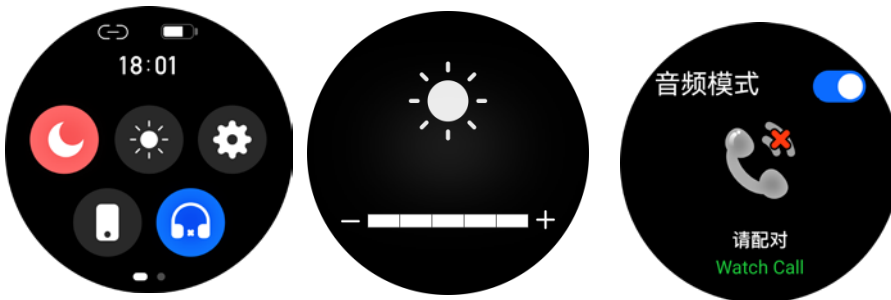
The sleep monitoring status of the day is displayed, and the data is updated every day. The specific data can be synchronized to the app for viewing


Note: only when you wear a bracelet to sleep can you have sleep data


Motion :

It includes many sports modes such as walking, running, mountaineering and cycling. At the same time, some sports modes are added

Control Interface



Do not disturb mode : After this function is enabled, there will be no message prompt. Red is on and gray is off. 

Brightness Adjustment : Adjust the brightness level of the screen display. The default brightness level is "3" 

Dialing Function : Click enter to make a call

Audio Switch : Turn on this function and successfully connect the mobile phone. You can use the call and bracelet to play music normally.


Setting: Click to enter the setting interface. 


Including (menu style, screen display, battery, vibration intensity adjustment, language, password, system, system information, shutdown and factory reset)


Menu Interface

Dial : Click enter to make a call 

Top contacts : Click to enter common contacts 

Call log : Click to enter the call record 

Data : Click enter to view the step count, kcal and KM data 

Temperature : Click enter to measure body temperature 

Motion : Click enter to switch relevant sports modes



Motion recording : Click enter to view the sports record



Heart rate : Click enter to measure heart rate



Sleep : Click enter to measure sleep



Blood pressure : Click enter to measure blood pressure



Blood oxygen : Click to enter and measure blood oxygen



Information : Click enter to view the information



Weather : Click enter to view the weather



Female sex : Click enter to view relevant records



When registering, the gender is "female",

and this function can be turned on normally

Music : Click enter to control music. The mobile phone needs to open the music player to control



Stopwatch : Click enter to use the stopwatch



Timer : Click enter to use the timer



Alarm clock : Click enter to set the alarm clock



Find phone : Click to enter to find the mobile phone, and a ringing tone and vibration prompt will be sent out



Set up : Click to enter and make relevant settings



App functions and settings

Personal information and sports goals

Please set your personal information after entering the app

My → click Avata

·Avatar - name - ID - birthday - gender - height - weight can be set. Personal information can improve the accuracy of data.

- Customizing individual daily exercise goals and reasonable exercise planning are conducive to the improvement of physical quality.



Reminder function

Message reminder : At the app end, it can be opened separately or with one key. When the message is received, the bracelet vibrates and displays the content.

Watch alarm clock : Set multiple groups of alarm clocks. In case of alarm, the bracelet will initiate vibration reminder and support offline alarm reminder

Sedentary reminder : The default reminder interval is 1 hour; After opening, if the user does not exercise within 1 hour, the bracelet will vibrate to remind the user to exercise。

Drinking water reminder : The default reminder interval is 2 hours; After opening, if the user does not exercise within 1 hour, the bracelet will vibrate to remind the user to drink.

Dial Library : Click to set the dial. Dial 5 can be customized and replaced. Click OK after replacement, More dials recently launched.

Local dial : Click to view and set the dial downloaded from the mall。

Weather push : It is on by default. After it is off, the bracelet will not be able to view weather information.

Wristband bright screen : You can set the on (off) wrist lifting bright screen and customize the on time.

Enhanced heart rate measurement : It can strengthen the test of heart rate。

Continuous monitoring : Turn on (off) and customize the monitoring time.

After opening, the life of the bracelet will also be reduced.

Find watch : After clicking, the bracelet vibrates. (no vibration at low power)

Wearing mode :You can choose to wear it with your left hand or your right hand

Time format : 12 / 24 hour format can be selected.

Top contacts : You can add contacts to sync to the bracelet.

Shake it and take a picture : After entering the function, click the bracelet screen and shake the bracelet to control the mobile phone to take photos.

Device version : Users can check the update of Bracelet software version by themselves.

Restore factory settings : The bracelet can be restored to the factory state.

Unbinding equipment : Click to remove the current device at the app end.

Charging reminder : When the bracelet is charged, the motor vibrates, and the bracelet does not vibrate when the battery is low or full .

matters needing attention

- please avoid strong impact, extreme high temperature and exposure to the sun.
- do not disassemble, repair or modify the machine by yourself.
- the machine is charged with 5V 500mA (charger is recommended). It is strictly prohibited to charge with overvoltage load power supply.
- the operating environment of the machine is 0 ~ 45 degrees. It is forbidden to throw it into the fire to avoid explosion.
- when the bracelet is stained with water, please dry it with a soft cloth before charging, otherwise it will corrode the charging contact point and cause charging failure.
- do not touch chemicals such as gasoline, cleaning solvents, propanol, alcohol or insect repellents.
- do not use this product in high voltage and high magnetic environment.
- if you have sensitive skin or wear the bracelet too tightly, you may feel uncomfortable.
- please wipe the sweat drops on your wrist in time. If the watch strap is exposed to soaps, sweat, allergens or polluting ingredients for a long time, it may cause skin allergy and itching.
- do not wear a bracelet to take a hot bath.
- after swimming, please wipe the bracelet in time to keep it dry.

common problem

The waiting time for the first test of heart rate is too long?

To test your heart rate for the first time, you need to collect longer signals according to different people in order to accurately calculate your heart rate.

What if Bluetooth is not connected? (connection / reconnection fails or connection reconnection speed is very slow)

1. Due to the problem of signal interference in Bluetooth wireless connection, the time of each connection may vary. If it takes a long time If the connection fails, please ensure that the operation is carried out in an environment without magnetic field or interference from multiple Bluetooth devices;
2. Turn Bluetooth off and on again;
3. Close the background application of the mobile phone or restart the mobile phone;
4. Do not connect other Bluetooth devices or functions at the same time;
5. Whether the app operates normally in the background. If it is not in the background, it may not be connected.

The reminder function has been turned on. Why didn't you receive the reminder?

Android mobile phone: confirm that the mobile phone is connected with the bracelet. After connecting, open the corresponding permissions in the mobile phone settings, allow the "fitcloudpro" app to access incoming calls, SMS and address book, and run "fitcloudpro" in the background; If the phone has security software installed, please add "fitcloudpro" as a trust. Apple mobile phone: if there is no reminder after connecting, it is recommended to restart the mobile phone and reconnect. When connecting the bracelet again, you must wait for the mobile phone to pop up the [Bluetooth pairing request] and click [pairing] before there is a reminder.

Is the bracelet waterproof?

It supports IP67 waterproof and dustproof grade. It can be worn freely when washing hands, raining, cold shower and car washing.

Does the Bluetooth connection need to be on all the time? Is there any data after disconnection?

Monitoring mode, automatically detect your sleep duration and calculate your sleep quality; Sleep data can only be viewed on app side temporarily.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.

If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction