SPEEDIANCE

GYM MONSTER 2S

Product Manual

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Safety Warnings



Away from flammables



Away from damp area



Away from open flames



No children operation



No inferior socket

- When removing the plug, do not pull the power cord, and instead, hold the plug firmly and pull it out directly from the socket. For the sake of use safety, please prevent the power cord from being damaged, and if the power cord is damaged or the plug is worn, stop using the product.
- Neither disassemble or modify electronic elements such as circuit boards without permission nor damage them. Please get the product maintained by professional maintenance personnel. If the product is malfunctioning, please contact Speediance After-sales for repair and maintenance.
- The casters are only for moving on flat surfaces. Dragging on stairs or uneven ground is prohibited.

ndicates "musts"



GROUND REQUIRED



PROFESSIONAL MAINTENANCE PERSONNEL REOUIRED

- Please use the original power cord and do not share it with other appliances.
 Ensure the plug is firmly connected to the socket to prevent fire hazards.
 The socket must have a reliable grounding wire.
- This product uses an AC power supply of 100V~230V,50Hz/60Hz. If the voltage fluctuation exceeds the usage range of 260V, it may cause product malfunction or even damage.

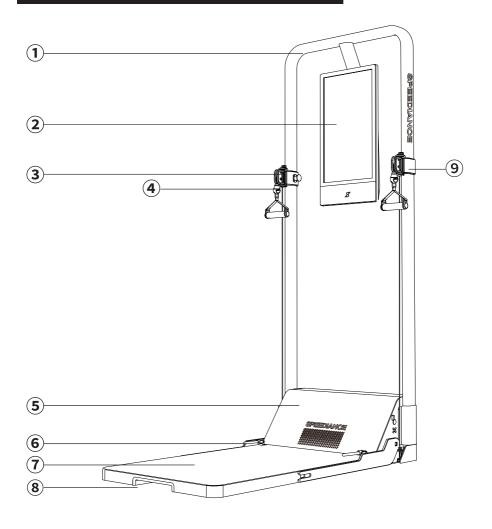
- When flammable gas (such as gas) leaks, close the leaking valve, open the
 doors and windows, and do not pull out the plugs of the product and other
 electrical appliances, as electric spark may occur and cause fire atthis time.
- Do not use flammables, explosives, liquid and corrosives near the product to avoid product damage or fire accident. Do not place or use combustibles near the product to prevent conflagration.
- When the discarding the product, please send it to the designated recycling station for disposal to keep away from children and accidents.
- Place the product in an open area without any obstacles around.
- Do not clean the product by water spraying or rinsing, and do not place the product in a damp place or a place in which it can be splashed with water so as to guarantee its electrical insulation function of the product.

indicates "notices" that may cause minor injuries or property losses

- For the sake of safety, it is recommended not to place other items than those recommended by the supplier on the product.
- After use, make sure that the product is off or standby, and do not stretch your hand out into the small gap to avoid finger pinching. Release the accessories as gently as possible to avoid injury.
- To avoid unexpected accidents, prevent the children from accessing the product, pulling wires, handles and other mechanical structures, or operating the power button without the attendance of adult.
- When folding the platform, ensure the Platform folded in the correct position and locked, so as to prevent personal injury or other property loss when it drops down caused by improper locking.
- In case of power failure or cleaning, remove the power plug, and if the power supply is to be connected again, wait for at least 30 seconds to prevent motor damaging or other electronic component damaging resulted in continuous starting-ups.

Product Overview

Product Overview Diagram



1 Main Frame

5 Motor Compartment Cover

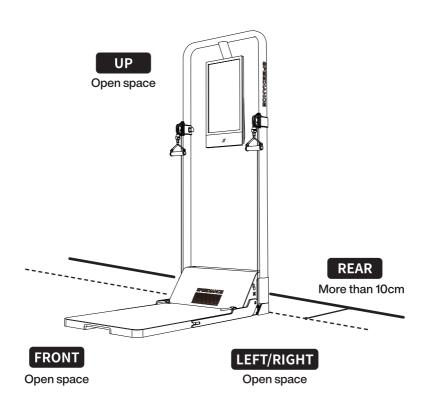
(2) Touchscreen

- (6) Secure Handle
- 3 Detachable Pulley System 7 Platform
- (4) Ball-shaped Connector
- (8) Finger Groove
- 9 Adjustable Pulley Holder

First use

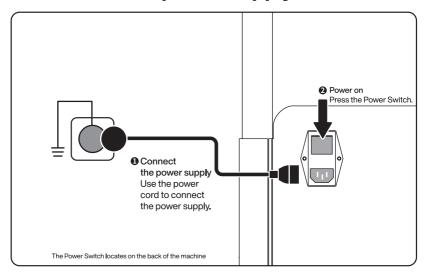
- Before first use, remove all packaging materials including outer carton, PE foam and gummed paper bag, etc., and tear off the protective film on the product, if any.
- Place the product in an indoor well-ventilated place with flat and solid ground.
- Keep the product away from heat sources and prevent it from being exposed to direct sunlight. Do not place it in wet or watery places, so as to prevent rust or degradation of insulation effect.

Considerations for placement



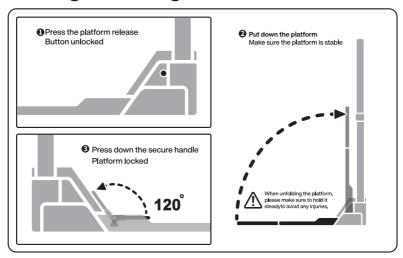
- Be sure to place the product on the ground, with an open space reserved above its top, a distance more than 10 cm reserved between its back and the wall, and no other obstructions on both sides of the product.
- Except for rear side, reserve an open space in front, on left and right and above the top of the product to facilitate the normal use and avoid injury.
- Place the product in a dry environment, and do not use it outdoors.

Connect to the power supply



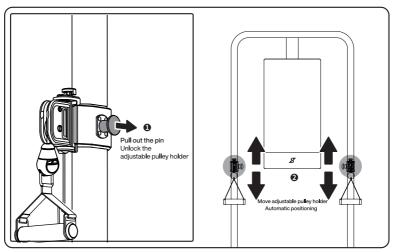
- Use a grounded outlet and ensure proper grounding.
- After the product is turned on with power supply connected for the first time, rest it for 5-10 min to check the product for appearance defects orunusual operating noise, and if any abnormality is found, turn off the power supply, and contact the after-sales service personnel.
- After power-on, verify that the environment around the product meets the use standard, and the platform is flat without tilting.
- After the above inspections and confirmations can the product be used.

Folding/unfolding Platform

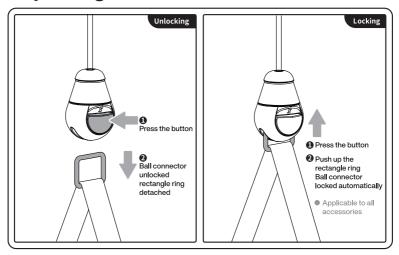


- The operation logics for unfolding and folding of platform are the same.
- Before unfolding the platform, always check that there are no other objects in the unfolding area, so as to avoid potential safety hazards due to an uneven platform.
- After folding the platform, please ensure that the unlock button is locked to prevent the platform from accidentally falling, which could cause accidents and property damage.

Moving Adjustable Pulley Holder

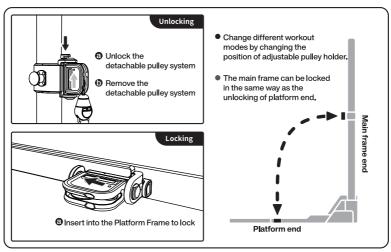


Replacing accessories

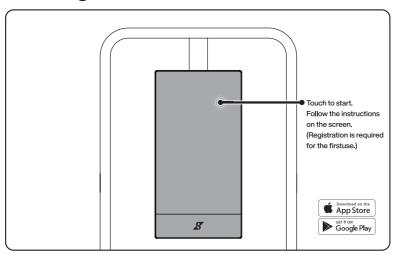


- The connector is compatible with all accessories (including handles, ankle straps,tricep rope,adjustable barbell,etc.)
- If the ball connector becomes loose, stopusing the product immediately and contact the after-sales service personnel of SPEEDIANCE for treatment.

Unlock the Adjustable Pulley Holder



User registration



- Check that all the required information is shown completely on the touchscreen, and the touch function of the touchscreen is normal.
- After function confirmation can the strength training be carried out according to your needs.

Parameters and Maintenance

Parameters

Notice

The parameters in this table are for reference only. In case of any information conflict between this table and the machine, please refer to the

Parameters of main unit		
Name	Interactive Multi-Media DigitalFitness Equipment	
Overall dimensions(unfolded)	1.24*0.69*1.85m(L*W*H)	
Overall dimensions(folded)	0.39*0.69*1.85m(L*W*H)	
Weight	82kg	
Maximum Input Power	900W	
Input Voltage	100V~230V 50Hz/60Hz	
Resolution	1920*1080	
Bluetooth	bluetooth5.0	
WLAN Frequency	2.4GHZ/5GHz	
Speakers	Stereo 2.1 Two full-range speakers: 2*5W (RMS) One subwoofer: 20W (RMS)	

Cleaning and maintenance

⚠ Notice

Before cleaning the product, please remove the power plug.

Cleaning

- Please clean up the dust on the back of the product and on the ground as scheduled to improve the heat dissipation effect and save energy.
- When cleaning the product, please use a soft towel or sponge dipped in clear water or non-corrosive neutral detergent, and finally wipe it with clean water and dry it with a dry cloth. After cleaning, do not turn on the power supply until the product is naturally dried.
- During cleaning, prevent water droplets flowing into the gaps of product, otherwise, short circuit orelectrical element burning mayoccur
- When cleaning accessories, please use a soft towel or sponge dipped in clear water or non-corrosive neutral detergent, and finally wipe it with clean waterand dry it with a dry cloth. After cleaning, do not use the accessory until it is naturally dried.
- When the product is to be out of use for a long time:removethe power plug to avoid electric shock or fire due to aging of the power cord.

Common Faults and Troubleshooting

Treatment of problems other than faults

⚠ Notice

If no fault is identified after inspection but the product still malfunctions, please cut off the power supply and contact the after-sales service personnel of SPEEDIANCE

Troubleshooting of Common Faults

Symptoms	Possible cause(s)	Solution(s)	
Main unit not working	Power not connected, plug not securely inserted Voltage too low, power outage, or partial circuit breaker tripped	Securely insert the power plug Have a professional technician resolve the circuit issue	
Resistance cable unstable or has abnormal sound during use	Motor cable tanglement	Go to free lift, set the weight at 5-7kg then pull out the cable until it cannot be pulled, then slowly return to the starting point	
Replace equipment parts that are not securely connected	Incorrect operation method	First ensure the connector is fully pressed down, then accurately insert the connecting buckle into the connector	
Fans working after the product is turned off	High temperature takes long cooling time The machine has a high temperature after use	This is normal, wait a few minutes for recovery	
Wobble	Uneven ground Unlocked or half-locked platform	Place the product on even ground Press the secure handle down to the lowest end	
Unable to fold/unfold the platform	Obstacles around the pivot Locked platform	Remove the obstacles Unlock the platform according to the instruction	
Bluetooth device disconnected	Running out of battery	Charge the bluetooth device	
High temperature in the motor compartment	High temperature caused by long time use	This is normal Place it in a ventilated area	
Pulleys are stuck	Pulleys are locked Machine is still in working state, pulleys cannot be removed	Unlock the pulleys according to the instruction Pause workout using accessory button or screen	
For regular software issues, please check and seek solution in "Profile".			

Warranty and Service