

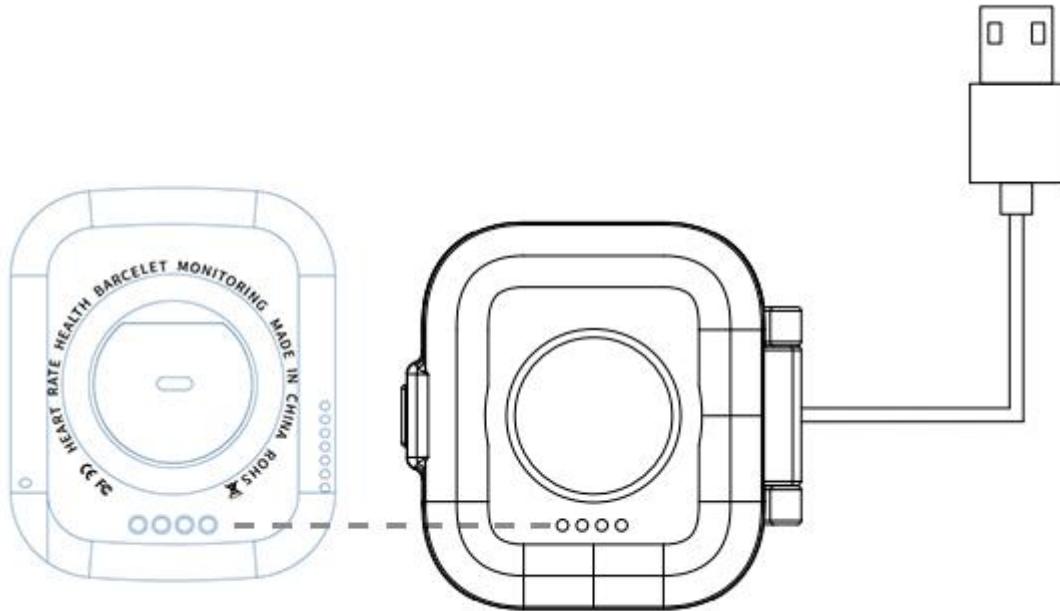
User manual



Notice for Use

- When measuring, the sensor close to the skin and avoid moving ;
- Product measurement results are only used for reference instead of medical purposes and basis;
- Please fully charge before using. The charging time needs about 2 hours ;
- Please use the standard accessories for charging to avoid charging accidents ;
- Please do not charge under the condition of humidity or being stained with water ;

Charging diagram



Put the watch into the charging stand, and align the 4 contacts with the charging position; connect the other end to the standard USB port to charge.

APP Installation & Connection

Scan the QR code or enter the APP Store and search for "V band" in the App Store to download and install the APP.



V Band

Note: Android supports 5.0 and above, IOS supports 9.0 and above; Bluetooth hardware 5.0 and above .

Device connection

For the first use, To bind the watch, click selection of binding device and find out the device to be connected. If there are several devices nearby, select MAC address of own watch to bind, If the watch binds with mobile successfully, there will be bluetooth icon on top of watch.(Note: Before using the Bluetooth function, please confirm whether the system Bluetooth synchronization switch is turned on)

- For audio connection, you need to turn on the Bluetooth switch of the watch, and then turn on the phone to search for ***-Audio to connect.
- Android phones need to read all notification permissions such as contact information, and the APP is assigned to run in the background in the phone settings.
- Tips: For IOS devices, please press pair the Bluetooth for the first time connecting.

Watch function description

- Swipe up to enter a message notification.
- Swipe down to enter the shortcut menu.

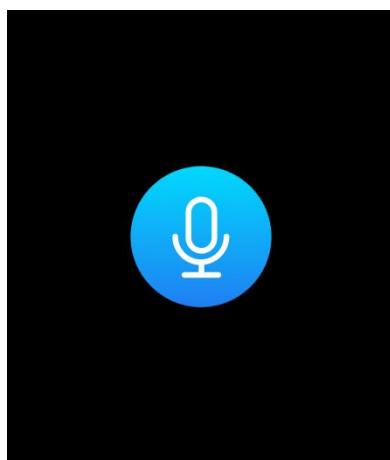
- Swipe left to enter the menu interface.
- On the dial interface, swipe the watch to the right to split the screen to display frequently used functions..

Features



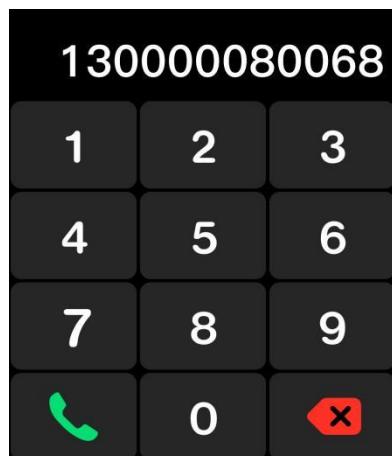
Change main interface

On main interface, Itouch the screen to select the main interface.



Intelligent voice

Connect the mobile phone Bluetooth, you can voice control the mobile phone.



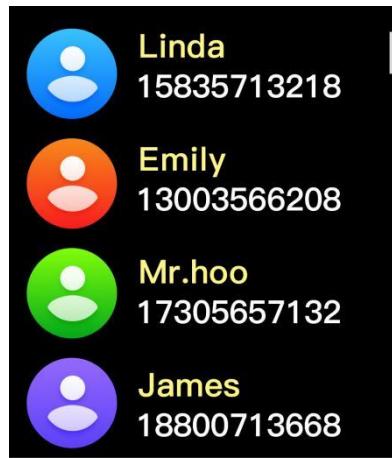
Bluetooth display

Enter the number on the dial interface of the watch or mobile phone to enter the dial. The watch and mobile phone will be synchronized in real time.



Bluetooth call

This watch supports Bluetooth call.

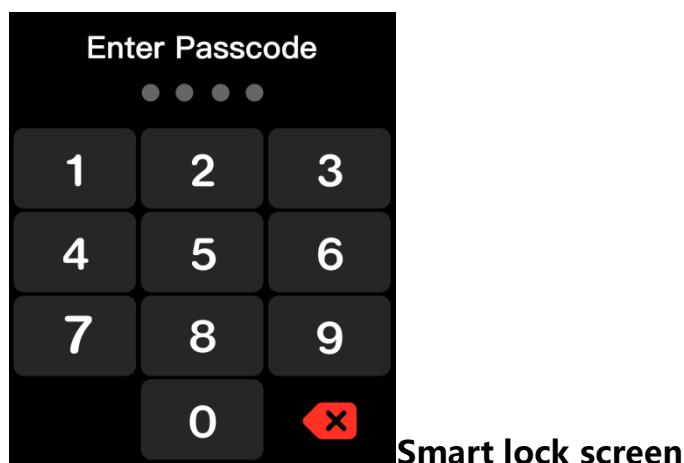


Address book

Click the sync address book on the APP side, and the watch can import 2000 items.



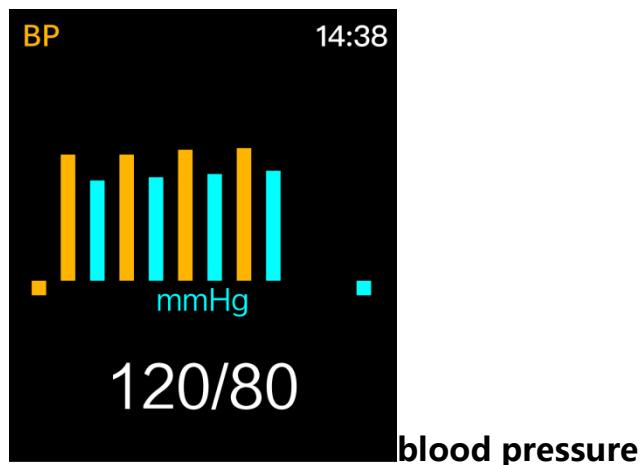
Display the current number of exercise steps, exercise mileage and calorie consumption.



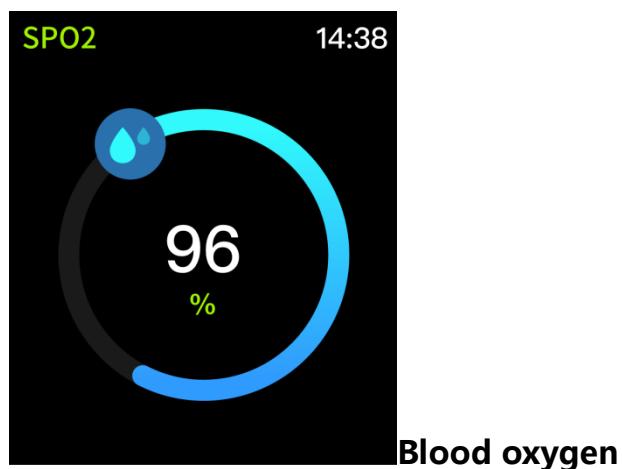
Set a password in the settings to protect privacy.



Measure the current heart rate value and display the measurement result.



Measure the current blood pressure value and display the measurement result.

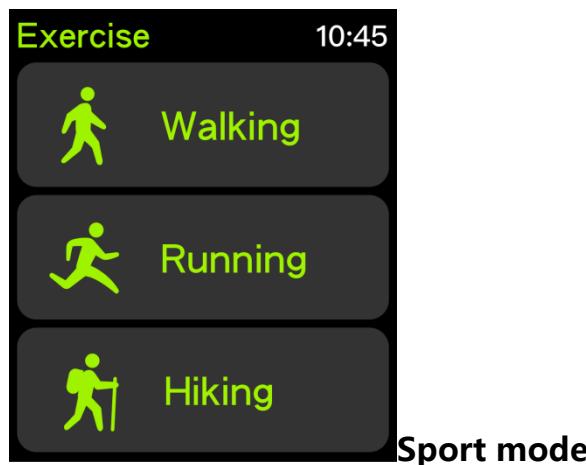


Measure the current blood oxygen value and display the measurement result.



It can record and display the total length of sleep, and the length of deep sleep and light sleep. For more detailed information analysis and data recording, you

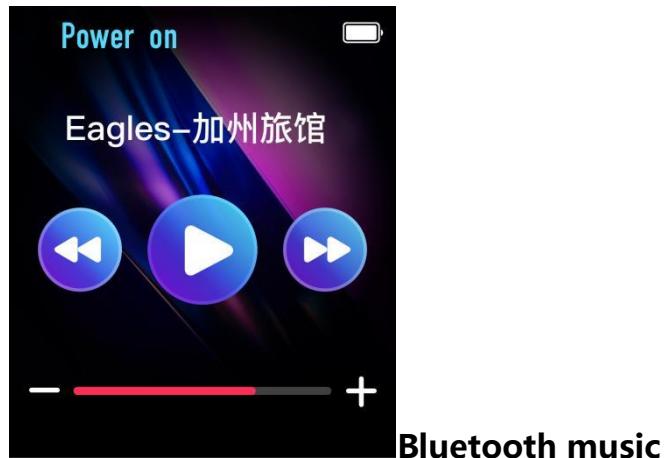
can log in to the APP to view. **Note: Sleep data starts to detect sleep from 9pm.**



The sport mode menu supports multiple sport modes such as walking/running, climbing/badminton/yoga/tennis/bicycle/elliptical/basketball. In each mode interface, exercise time and calories are recorded, click to enter, and swipe right to exit.

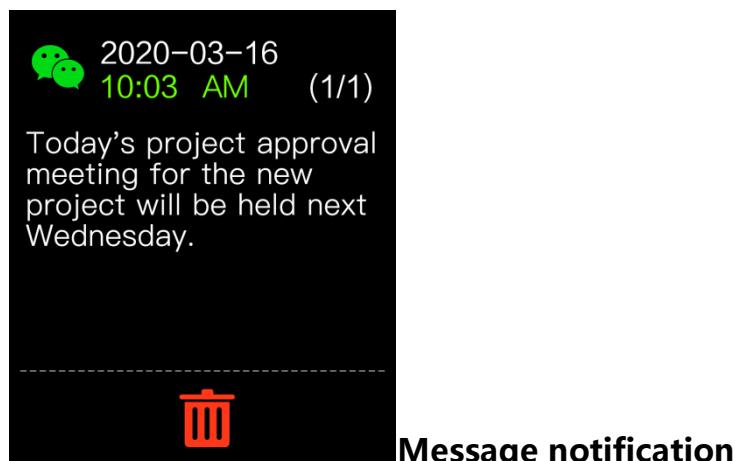


For sports, leisure and entertainment, use small games on your wrist to relax your mood.

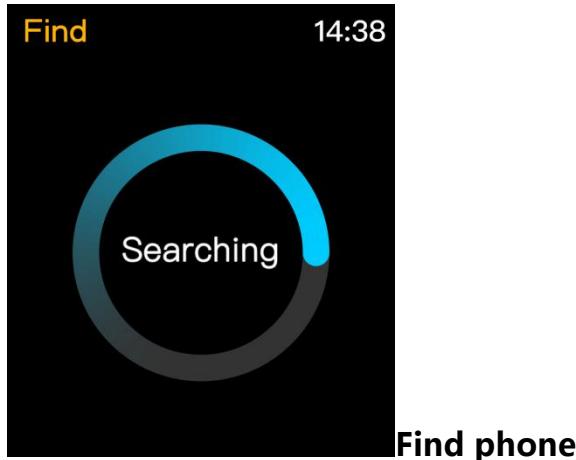


Bluetooth music

After connecting the mobile phone Bluetooth, click to control the previous song, next song, play, pause and other operations of the phone.



Open the reminder on the APP. When there is QQ, WeChat, call, SMS and other information on the mobile phone, the watch vibrates and displays the content of the message.



When the bracelet is connected to the APP, click to enter to find the phone, and the phone ringtone will ring later.

Set up

Language switching, screen rest time, screen brightness, factory reset, shutdown, version number.

More features

Weather, SOS, calculator, alarm clock, stopwatch, remote photography, sedentary reminder, drinking water reminder, charging reminder, etc.

[APP operation introduction]

1. 1. User registration: Users can be registered by mobile phone number and email address, which is convenient for users to save and share the records of sports and health information. For unregistered temporary users, they cannot record and save related information.

2. Connect the watch: In Add Device, search for the device, click and bind this device.

Note: If you cannot find the name of the watch device, please check whether the

bracelet is powered on and turned on; if the bracelet is turned on, but you cannot find the device, it means that the bracelet is connected to other mobile phones, then you should first If you are using an Apple mobile phone, you need to find the device name in the Bluetooth settings and click Ignore this device to connect to the new mobile phone normally.

3. Step counting function: In the step menu in the APP, the steps, calories and mileage are recorded, and the percentage of completion can be displayed according to the set target steps, which can be distinguished from jogging, jogging and fast running. Click to enter You can view the daily history of each week and month.
4. Sleep function: display the daily, weekly, and monthly sleep data in the form of a graph, and calculate the daily sleep quality and sleep duration, as well as query historical records.
5. Training function: It can facilitate real-time training, record exercise steps, time, calories, mileage and movement track, and query historical training records.
6. Detection function: The detection menu in the APP includes heart rate, blood oxygen, and blood pressure detection. At the same time, the watch sends a test request, which will be displayed synchronously in the APP, and it is also saved when viewing the history.
7. About the software: If the APP or bracelet firmware is updated, the APP will automatically send an upgrade reminder, or you can manually upgrade through the menu.

Precautions for use

- No soaking, diving, diving, bathing;
- This product is an electronic monitoring product, not for medical reference, the data is for reference only.
- Please use factory reset with caution. Restoring factory settings will result in the loss of all APP content settings and historical data of the bracelet.

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.