

FCC RF Exposure

EUT Description: Lilac Kegel Exerciser

Model No.: FM-LILAC-201, FM-LILAC-101

FCC ID: 2A3NI-FMLILAC201

1. Limits

According to KDB 447498 D01 General RF Exposure Guidance v06 The 1 - g and 10 - g SAR test exclusion thresholds for 100 MHz to 6 GHz at test separation distances ≤ 50 mm are determined by:

$$[(\text{max power of channel, including tune - up tolerance, mW})/(\text{min. test separation distance, mm})] \cdot [\sqrt{f(\text{GHz})}] \leq 3.0$$
 for 1 - g SAR and ≤ 7.5 for 10 - g extremity SAR,

Where:

Result = $P/D^2 \cdot \sqrt{F}$

F = the RF channel transmit frequency in GHz

P = Maximum turn - up power in mw

D = Min. test separation distance in mm

2. Test Result of RF Exposure Evaluation

Frequency (MHz)	Output power (dBm)	Tune Up Power (dBm)	Max Tune Up power dBm/mW	Min test separation distance mm	Result	Limit (mW/cm ²)	SAR Test Exclusion
2402	2.77	2 ± 1	3/2.00	5	0.62	3.0	Pass
Note: PK Output power = conducted power. Conducted power see the test report HK2111014138-E , antenna gain = 0dBi							

Per KDB 447498 D01, when the minimum test separation distance is < 5 mm, a distance of 5 mm is applied to determine RF Exposure test exclusion. The test exclusion threshold is 0.62 which is ≤ 3 , RF Exposure testing is not required.

Note: Exclusion Thresholds Results = $[(\text{max. power of channel, including tune-up tolerance, mW})/(\text{min. test separation distance, mm})] \cdot [\sqrt{f(\text{GHz})}]$

$f(\text{GHz})$ is the RF channel transmit frequency in GHz

Distance = 5mm