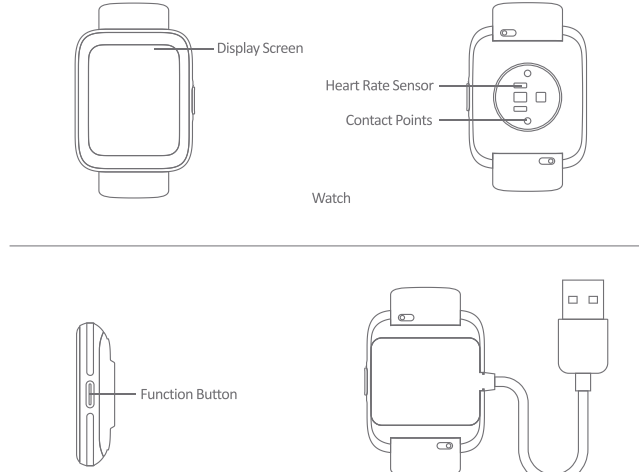
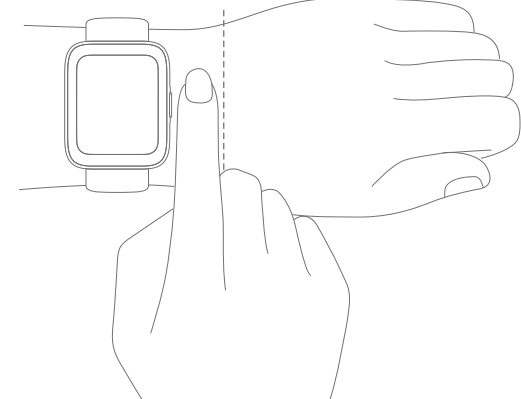
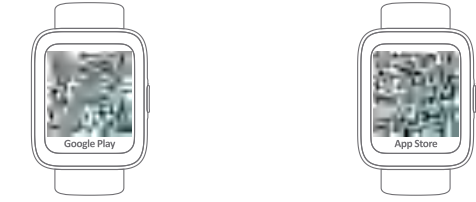

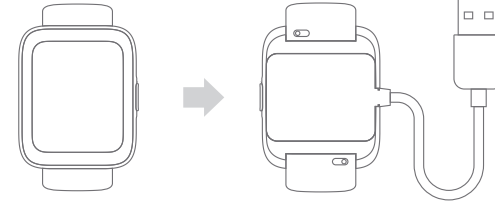
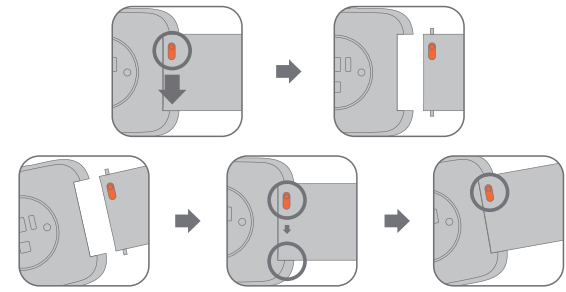
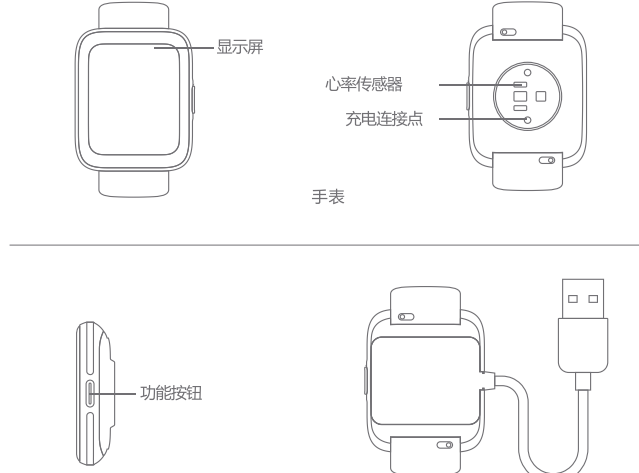
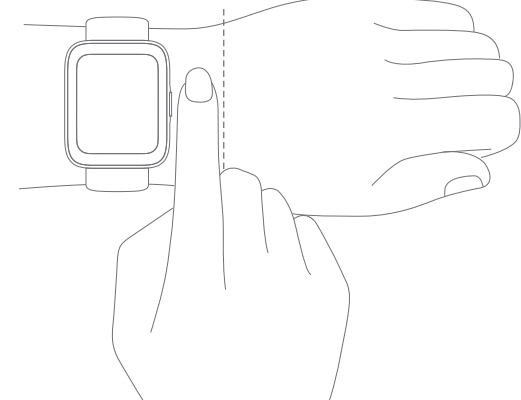
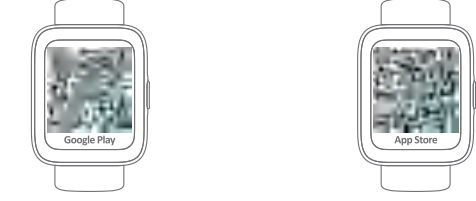

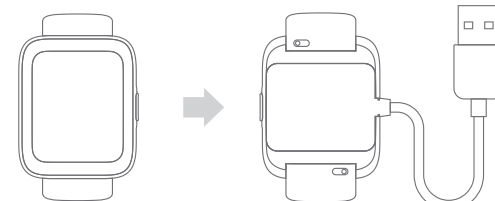
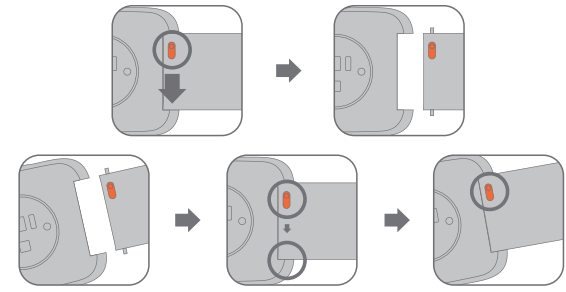


E05说明书
规格:91*91mm
材质:105g单铜
折页

	<div><p>Product Overview</p><p>Please read this manual carefully before use, and retain it for future reference.</p></div> <div></div> <div>01</div>	<div><p>How to Wear</p><p>For daily use, comfortably tighten the watch around your wrist about one finger width away from your wrist bone. Adjust the strap to ensure the heart rate sensor can collect data normally. Note: Wearing the watch too loosely may impact the data collection by the heart rate sensor.</p></div> <div></div> <div>02</div>	<div><p>How to Connect</p><p>Download and install "F Fit" APP to better manage your watch, and log in to your account for more services. Note: The version of the APP might have been updated, please follow the instructions based on the current APP version. Press and hold the function button to turn on the watch. Scan the QR code displayed on the watch with your phone, then download and install "F Fit" APP. You can also download and install the APP from APP stores, or scan the QR code below. Open "F Fit" APP, then log in your account. select add device and follow the instructions to add your watch.</p></div> <div></div> <div>03</div>	<div><p>How to Use</p><p>1. View notifications: Swipe down from the top on the home screen 2. Open control panel: Swipe up from the bottom on the home screen 3. Switch widget: Swipe left or right when on the home screen page 4. Go back: Swipe from the left edge to the right when on other screen pages</p></div> <div></div> <div>04</div>	<div><p>In case the data has not been synchronized for seven consecutive days, the A-GPS data will expire. If so, the positioning information will need to be re-acquired. You can go to the page of outdoor exercises on your watch to update the positioning information.</p></div> <div><p>Charging</p><p>Recharge your watch immediately when the battery level is low.</p></div> <div></div> <div>05</div>	<div></div> <div><p>Safety Precautions</p><ul style="list-style-type: none">• When using the watch to measure your heart rate, please hold your wrist still.• The watch has a water resistance rating of IP68. It can be worn in the shower, swimming pool, or while swimming near the shore. However, it cannot be used in saunas or scuba diving.• The touchscreen of the watch does not support underwater operations. When the watch comes into contact with water, use a soft cloth to wipe away excess water from its surface before use.• During daily use, avoid wearing the watch too tightly. Keep its contact area dry and regularly clean the strap with water. Immediately stop using the watch and seek medical assistance if the contact area on your skin shows signs of redness or swelling.• Please use the included charging dock to charge the watch. Only use the power adapters that comply with the local safety standards or certified and supplied by qualified manufacturers.• Always keep the power adapter and charging dock dry when charging the watch. Do not touch them with a wet hand. Never expose the power adapter and charging dock to rain or other liquids.• The operating temperature of the watch is 0°C to 45°C. If the ambient temperature is too high or too low, the watch may malfunction.</div> <div><p>Specifications</p><table><tr><td>Model: E05 Device Type: Bluetooth Device Wireless Battery Capacity: 180 mAh Display Screen: 1.78" AMOLED screen Case Material: Aviation Aluminum Buckle Material: Stainless Steel Compatible with: Android 4.4 & iOS 8.2 or above</td><td>Water Resistance: 5 ATM Connectivity: Bluetooth 5.0 BLE Battery Type: Lithium polymer Battery Net Weight: 42 g (Incl. watch and strap) Strap Material: TPU Adjustable Length: 130-220 mm Operating Temperature: 0°C to 45°C</td></tr></table></div> <div>07</div>	Model: E05 Device Type: Bluetooth Device Wireless Battery Capacity: 180 mAh Display Screen: 1.78" AMOLED screen Case Material: Aviation Aluminum Buckle Material: Stainless Steel Compatible with: Android 4.4 & iOS 8.2 or above	Water Resistance: 5 ATM Connectivity: Bluetooth 5.0 BLE Battery Type: Lithium polymer Battery Net Weight: 42 g (Incl. watch and strap) Strap Material: TPU Adjustable Length: 130-220 mm Operating Temperature: 0°C to 45°C	<div><p>FFCC STATEMENT :</p><p>This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) This device must accept any interference received, including interference that may cause undesired operation.</p><p>Warning: Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.</p><p>NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures: Reorient or relocate the receiving antenna. Increase the separation between the equipment and receiver. Connect the equipment into an outlet on a circuit different from that to which the receiver is connected. Consult the dealer or an experienced radio/TV technician for help.</p><p>RF warning statement: The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.</p></div> <div>08</div>
Model: E05 Device Type: Bluetooth Device Wireless Battery Capacity: 180 mAh Display Screen: 1.78" AMOLED screen Case Material: Aviation Aluminum Buckle Material: Stainless Steel Compatible with: Android 4.4 & iOS 8.2 or above	Water Resistance: 5 ATM Connectivity: Bluetooth 5.0 BLE Battery Type: Lithium polymer Battery Net Weight: 42 g (Incl. watch and strap) Strap Material: TPU Adjustable Length: 130-220 mm Operating Temperature: 0°C to 45°C								
	<div><p>产品概述</p><p>使用前请仔细阅读读本手册，并妥善保管以备日后参考。</p></div> <div></div> <div>09</div>	<div><p>怎么穿</p><p>日常使用时，将手表舒适地系在手腕上，距离腕骨约一指宽。调整腕带，确保心率传感器能够正常采集数据。 注意：手表佩戴过松可能会影响心率传感器的数据采集。</p></div> <div></div> <div>10</div>	<div><p>如何连接</p><p>下载并安装“F Fit”APP，更好地管理您的手表，登录您的账户，享受更多服务。注：APP版本可能已经更新，请根据当前APP版本按照提示操作。长按功能键开启手表。用手机扫描手表上显示的二维码，下载并安装“F Fit”APP。 您也可以从APP商店下载安装APP，或扫描下方二维码。打开“F Fit”APP，然后登录您的帐户。选择添加设备并按照说明添加您的手表。</p></div> <div></div> <div>11</div>	<div><p>如何使用</p><p>1.查看通知：从主屏幕顶部向下滑动 2.打开控制面板：从主屏幕底部向上滑动 3.切换小部件：在主屏幕页面向左或向右滑动 4.返回：在其他屏左边缘向右滑动屏幕页面时从</p></div> <div></div> <div>12</div>	<div><p>充电</p><p>当电池电量低时，请立即为手表充电</p></div> <div></div> <div>13</div>	<div></div> <div><p>安全须知</p><ul style="list-style-type: none">• 请勿拆卸、刺破、撞击、挤压或将电池投入火中。如果电池有任何膨胀或液体泄漏，请立即停止使用。• 切勿将手表或电池投入火中，以免发生爆炸。• 本表非医疗器械，本表提供的任何数据或信息均不得作为诊断、治疗和预防疾病的依据。• 手表及其配件可能包含小零件。为避免儿童造成窒息或其他危险或损坏，请将手表放在儿童接触不到的地方。本表不是玩具，只能由儿童在成人监护下使用。• 电池滥用或处理不当会导致过热、漏液或爆炸。为避免可能的伤害，请执行以下操作： 请勿挤压或刺穿电池。 请勿使电池短路，或将其暴露于水或其他液体中。 使电池远离儿童。 使电池远离火源。 请勿将电池置于极端高温环境或极低气压环境中。 如果电池已损坏，或者您发现电池导线上有任何放电或异物堆积，请停止使用。我们建议电池每三个月充电一次，以防止过度充电。 请勿将电池放入垃圾填埋场处理的垃圾中。处理电池时，请遵守当地法律或法规。</div> <div><p>规格</p><table><tr><td>型号: E05 设备类型: 蓝牙设备无线 电池容量: 180毫安 显示屏: 1.78" AMOLED 屏幕 表壳材质: 航空铝 表带材质: TPU 可调节长度: 130-220 毫米 兼容: Android 4.4 & iOS 8.2 或以上</td><td>防水性: 5 ATM 连接性: 蓝牙 5.0 BLE 电池类型: 锂聚合物电池 净重: 42 克 (包括手表和表带) 表带材质: TPU 可调节长度: 130-220 毫米 工作温度: 0°C 至 45°C</td></tr></table></div> <div>15</div>	型号: E05 设备类型: 蓝牙设备无线 电池容量: 180毫安 显示屏: 1.78" AMOLED 屏幕 表壳材质: 航空铝 表带材质: TPU 可调节长度: 130-220 毫米 兼容: Android 4.4 & iOS 8.2 或以上	防水性: 5 ATM 连接性: 蓝牙 5.0 BLE 电池类型: 锂聚合物电池 净重: 42 克 (包括手表和表带) 表带材质: TPU 可调节长度: 130-220 毫米 工作温度: 0°C 至 45°C	
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