

MAXCARES MATE

MC-M01
User Manual



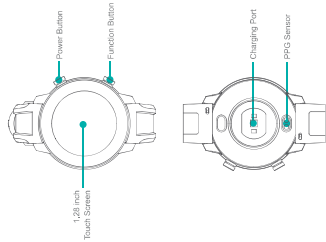
Lead A New Fashion of Healthy Life

EN

Product Brief Introduction

This watch is a health smart watch that integrates exercise data, heart rate, blood pressure, sleep monitoring, and so on. Users can monitor their physical state, adjust their work and rest and cultivate a healthy lifestyle with the watch.

The watch can be matched with our company's mobile client APP Maxcates Mate, which can monitor the user's exercise and data synchronization in real time, and also has the function of sending messages, alarm and also have other functions. It is a fashion smart watch with small size and strong function.



1. How to use

Button

- 1. Up button (switch on/off light lock screen).
- 2. In the main interface, short press to lock the screen, and then short press to brighten the screen;
- 3. Other function interface: short press to return to the main interface.
- 4. Down button (lock function list)
- 1. In the main interface, short press to enter the function list.
- 2. Turn off the screen: Short press to turn on the screen;
- 3. Other function interface: short press to return to the main interface.

Screen operation: Short left and right to switch the watch interface, and long right to return to the previous interface.

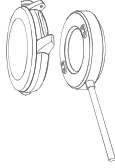


Bluetooth connection

1. Bluetooth connection
Download 'Maxcates' App on Google Play (Android OS) or App Store (IOS) register as a user and then add the device to the application.
2. Cancel the Bluetooth connection.
Method 1: Open 'Maxcates' App - Settings - Devices Disconnection.
Method 2: Turn off the Bluetooth function of the smartphone.

Charge

The interface cannot be switched during the charging process. When the watch shakes during the charging process, an animation in progress will be displayed.



2. Functions and operation instructions

Functions

Music control

Users can choose mobile phone music, with up/down song switch, volume adjustment.



Find phone

After clicking "Find phone" on the screen display "Finding". The watch will vibrate and ring. To end the finding, just swipe to the right.



Multipoint

There are 10 sports modes as below. The customer's heart rate, calories and exercise time can be recorded, and can pass continuous.



Enter the "Sports mode in progress" interface, swipe left to exit the sports mode with a single click, and the watch will display the exercise record.

Daily activity

The step counter interface of the watch displays the total number of steps, distance, and calories of the user for the day. The data is cleared at 0 o'clock every day, and the user can adjust it at the risk to APP.



Sleep

The sleep interface displays sleep duration, deep sleep duration, and light sleep duration. The APP displays detailed sleep data, deep sleep and light sleep time distribution graphs.



Heart Rate

The heart rate interface displays the user's last monitoring record, the highest and lowest heart rate, and a 24-hour heart rate graph.



Notifications

The device will receive the SMS from WeChat, QQ, Twitter, Facebook, Instagram and other applications. Users can also perform SMS in the message settings.



Fast Heart Rate

The user can set the heart rate alarm reminder on the watch device or APP. The upper limit of the heart rate alarm data can only be set on the APP side.



Incoming call

This watch has the function of rejecting and making incoming calls.



Sedentary Reminder

The device will display the sedentary reminder UI. The value of the sedentary reminder can only be set on the APP including the start time, end time, and how long to remind.



Activity Goals

Users can set their own sports goals in the APP and achieve the sports goal in the APP. The APP will send you the sports goal achieved UI and statistics to remind you.



Remote capture

Open the camera APP (IOS) or Maxcates App (Android), press the down button of the watch, click the camera function of the APP, select the watch or click the camera button in the middle of the screen.



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This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications.

However, there is no guarantee that interference will not occur in a particular installation.

If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction