

Smart Body Fat Scale

Quick Start Manual

Basic Parameter

Product Name: Smart body fat scale

Product Model Name: SF1

Product Size: 280*280*25mm

Product Weight: 1.3KG

Measurement Capacity: 5KG ~ 150KG

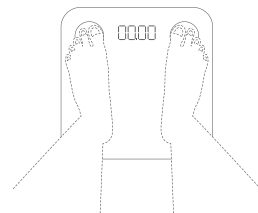
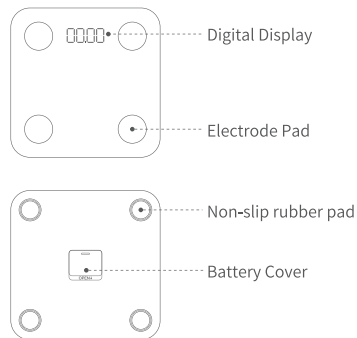
Accuracy: 50g

Battery Type: 4 x AAA battery

Connection Technology: Bluetooth

Working Temperature: -10~45°C

Introduction of Scale

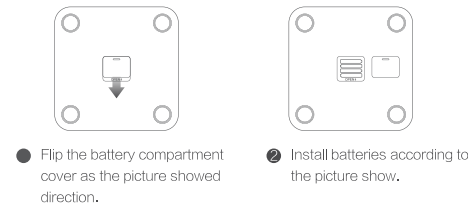


Remark:

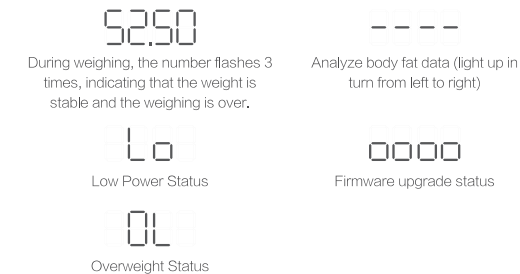
- 1.Please place the scale on a hard and flat ground, not on soft or uneven ground, such as mats, blankets etc., so as not to affect the accuracy of the measurement result.
- 2.The body report is for reference only, not as a medical opinion.
- 3.The scale will turn on automatically if the body weight is higher than 5KG. If the weight is lower than 5KG, it can not be awakened.

Battery Installation

Please remove the battery compartment cover on the back of the scale, insert 4 AAA batteries, and then place the scale on a flat ground. The display shows 0.00.



Digital Display Instruction



Remark: When scale battery power to low, it show “Lo” and cannot be weighed normally. Please replace the battery as soon as possible.

Note: Please read this manual carefully before using the product and keep it properly.

Install Smart Life App

Scan the QR code with your mobile phone, or search for Smart Life in the app market, download and install the App.

i If your mobile phone has downloaded Smart Life App, please make sure that the App version is the latest.



Smart Life App

Connect Device

1.Connect your mobile phone to home wireless network.

2.After scale power on, it enter Bluetooth pairing connection mode by default.

3.Click Smart Life App on your phone, when using it for the first time, please register/log in to your account according to the app guidelines.

4.Go to the home page of the App, click "+" and select "Auto Discovery", the App will search for the smart device to be configured, and add the device according to the App interface prompts.

i If the device is not found, click "Add manually" at the top of the scan page, and manually add the device according to the interface prompts.

Scope of use

1. The body fat scale is suitable for the general population to measure weight and body fat.

2. Use with caution for the following people: users who wear pacemakers and other medical devices in their bodies and pregnant women.

3. The body fat rate of the following people may have large errors. It is recommended to refer only to the change trend of body fat rate: growing children, elderly people, patients with fever due to colds and other reasons, patients with osteoporosis with very low bone density, dropsy patients, artificial dialysis patients, professional fitness trainer or athletes (or similar people).

Caution

- Please do not use the body fat scale on slippery floors. Please keep the surface of the scale and the soles of your feet dry when using it.
- Please use a damp cloth and neutral detergent to clean the scale. Do not rinse it directly with water.
- Do not stand on the edge of the scale when weighing to prevent injury from falling.
- Please do not place the scale in a humid environment and keep it away from high-temperature objects.
- The body composition information detected by this product is only used as a reference for controlling body shape and fitness, not as a medical opinion.

FCC regulatory conformance:

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

- (1) This device may not cause harmful interference.
- (2) This device must accept any interference received, including interference that may cause undesired operation.

NOTE: This equipment has been tested and found to comply with the limits for a **Class B** digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation.

This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help

NOTE: The manufacturer is not responsible for any radio or TV interference caused by unauthorized modifications to this equipment. Such modifications could void the user's authority to operate the equipment.

RF Exposure

This equipment complies with FCC radiation exposure limits set forth for an uncontrolled environment.