

W200 User Manual

Please read this manual carefully before using the product and keep it properly.

Note: In the shutdown state, if you can't turn it on by pressing and holding the power button, please charge the watch first and try again.

A. Bind device

a. Download and install

Scan the QR code below to download. Or open the mobile App store, search for [Kepup Wear] App to download.



Note: The device system platform must meet: IOS 10.0 and above/Android 5.0 and above, Bluetooth BLE5.0 and above.

b. Bind Method

(Note: Note: During the binding process, [Kepup Wear] will prompt you to turn on the Bluetooth of your mobile phone and authorize [Kepup Wear] to access the GPS on your phone

If there is an abnormality in the binding of IOS users, please ignore this device in the Bluetooth list of the mobile phone.)

Click "+" in the upper right corner of the App homepage and select "Add Device" to search. Find the device corresponding to your watch in the search list, and click to bind it.

B. Data Sync

The watch will generate and record your various data during the wearing process. Before synchronization, you need to ensure that the device and the App are bound.

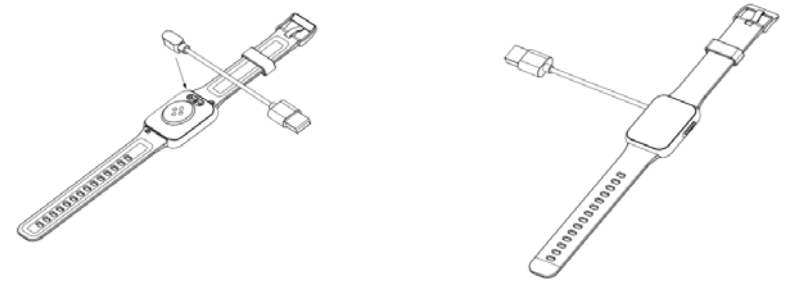
The specific operations are as follows: Open the [Kepup Wear] App, drag the page downwards, and the synchronization page will start to show synchronization prompts and progress at the same time.

Note: Please synchronize data at least once within 7 days to avoid data being overwritten when the memory is full.

C. Use instruction

a. Charging diagram

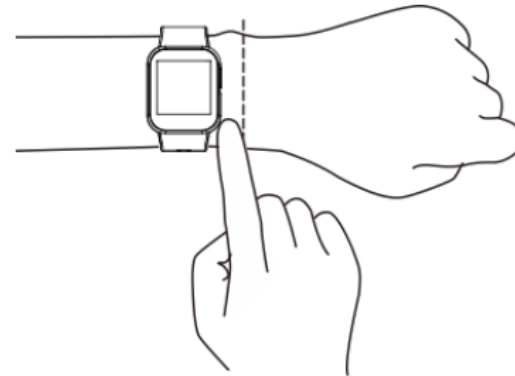
Please connect the device as shown in the figure and charge it. It is recommended to charge the battery for the first time and turn it on later.



b. Wear and adjust

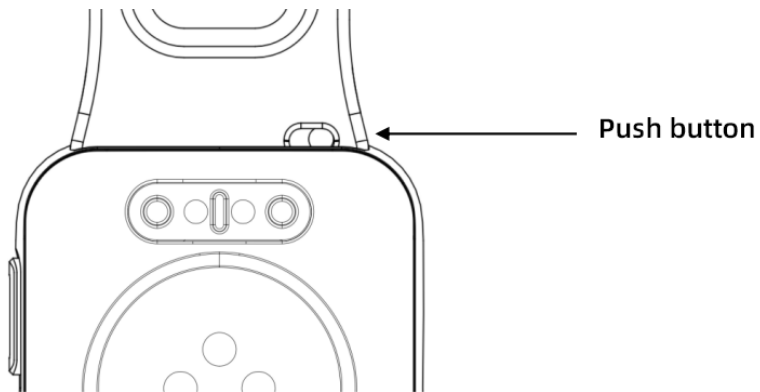
1. Wear

Please keep the watch one finger away from the wrist bone and adjust the strap to a comfortable length.



2. Replace the strap

Push the switch horizontally and remove the watch strap after loosening it.



Note: Wearing too loosely or too tightly may affect the accuracy of heart rate or blood oxygen detection.

D. Operation Guide

a.Key operation

Short press the button: back to the dial

Long press button: on/off



b.Change the dial

Long press the dial interface, the dial selection list appears after vibration, Swipe horizontally to select the watch face you like and click to change it.



c.Interface operation

Swipe the interface to enter different interfaces, the various interfaces are shown as follows:



E.Function introduction

a.Function overview

Exercise / Heart Rate / Blood Oxygen / Sleep / Alarm Clock / Breath Training / Timer / weather / music control / stopwatch

Note: The weather function needs to be turned on on the App to be used normally. For more function details, please check on the App.

b. Start exercise

Start exercise: Click the icon of the exercise function ☐ select exercise type ☐ start to detect exercise data after the countdown.

Exercise control: Pause exercise-short press the side button.

Resuming exercise: Short press the side button or tap the continue button on the screen.

End exercise: Long press the side button or select the end button on the screen after pause.

F.Cleaning and maintenance



It is recommended to wear and clean the product according to the following requirements:

1. Keep the product clean
2. Keep the product dry
3. Do not wear too tight

Do not use special detergents to clean the equipment, you can use soap-free detergents. For stains that are not easy to remove, it is recommended to wipe with alcohol.

Note: Do not wear the device to take a bath, high temperature or steam will damage the device.

G. Safety precautions

Before using and operating the equipment, please read and observe the following precautions to ensure the best performance of the equipment and avoid dangerous or illegal use.

Precautions for usage scenarios and operating environment:

1. The waterproof rating of the watch is IP68, but the waterproof function is not permanently effective and may weaken over time. It can be worn when swimming in a shallow pool, but it is not suitable for bathing, sauna and diving.
2. The touch screen of the watch does not support underwater operation. When the watch is dipped in water, please wipe the surface water stains dry with a soft cloth before use.
3. Some people have allergies. Their skin will be allergic to plastics, leathers, fibers and other materials. Long-term contact will cause redness, swelling, inflammation and other symptoms. Once similar conditions occur, please stop wearing them immediately and consult a doctor.
4. Please use the charging device that comes with the watch for charging. When choosing a power adapter, please use a power adapter that meets the requirements of the corresponding safety standards.
5. It is strictly forbidden to store this product in an area with too high or too low temperature, otherwise it may cause fire or explosion.
6. It is strictly forbidden to throw the watch or battery into the fire. If the battery is severely swollen, stop using it immediately.
7. Please store the watch and accessories out of the reach of children. To prevent children from swallowing it, causing suffocation or other dangers.
8. Any radio transmitting equipment (including this equipment) may affect the normal operation of implanted medical equipment or personal medical equipment, such as pacemakers, hearing aids, etc. If you use these devices, please contact the manufacturer for restrictions on use.

H. The name and content of hazardous substances in the product

Part Name	Harmful materials					
	Pb	Hg	Cd	Cr(VI)	PBB	PBDE
Watch body	○	○	○	○	○	○
Battery	○	○	○	○	○	○
Wristband	○	○	○	○	○	○
Charging Cable	×	○	○	○	○	○

This form is compiled in accordance with the regulations of SJ/T 11364.

○: Indicates that the content of the hazardous substance in all homogeneous materials of the part is below the limit requirement specified in GB/T 26572.

×: Indicates that the content of the hazardous substance in at least one of the homogeneous materials of the part exceeds the limit requirement of GB/T26572.

The number in this logo indicates that the environmental protection use period of the product under normal use is 10 years.

*To prevent possible hearing damage, do not listen at high volume levels of long

periods.



*CAUTION

Risk of explosion if battery is replaced by an incorrect type, Dispose of used batteries according to the instructions

*This device may be operated in all member states of the EU.

*Frequency Bands and Power

Bluetooth: 5dBm

*This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Shielded cables must be used with this unit to ensure compliance with the Class B FCC limits. Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment

Any Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However,

there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.