85*73mm

NoiseFit Halo

Please refer to this manual before using the product

What's in the box

Charging cable x 1

NoiseFit Halo Smartwatch x 1

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Charging the NoiseFit Halo Smart Watch

Before using your NoiseFit Halo for the first time, it is recommended that you fully charge the charging cable provided with the watch to charge. On a full charge, NoiseFit Halo can last up to 7 days.
Note: The battery life and time to fully charge may vary based on how you use your watch and other factors.

To charge NoiseFit Halo

- Plug the USB cable into a power adaptor. Plug the power adaptor into an electrical socket (Power adaptor not included).
- Place the magnetic charger on the magnetic charging points of the watch.
- While your watch is charging, the screen will show its progress.
- Once the battery is fully charged, remove the charger.

Power On

Press and hold the side button for a few seconds to turn on the watch.

Power Off

Press and hold the side button for a few seconds, select Shut down and confirm to power off.

Waking Up the Watch

To preserve battery, the watch screen turns off after a set time. To wake the screen back on, you can wake up the watch by:

- Pressing the side button
- Turning on the Wrist sense

Watch Navigation

The NoiseFit Halo smartwatch has a 1.42" AMOLED touch screen.
Navigate the watch by tapping on the screen, swiping side to side, up and down and pressing the side button.

Home Screen Navigation

The home screen is the watch face.
From the home screen:

- Swipe left or right to access widget and shortcut.
- Swipe up to go to quick settings menu.
- Swipe down to check your message notifications.

Button Navigation

- Press the side button to turn on the watch display.
- Press the side button again to go to the main menu.

Setup

Before pairing, make sure that your smartphone and smartwatch are next to each other.
The app will ask for personal information such as your name, gender, date of birth, weight, height, distance covered, calorie burn rate.

- Turn on Bluetooth and the location on your mobile phone.
- In your smartphone, download the NoiseFit app from the Play store or the App store and install it.
- Open the app and follow the instructions on screen. Note: Ensure that your smartphone is running on Android 4.4+ or iOS 9+ and is connected to mobile data or a WiFi network.

Pair the Watch

- Open the NoiseFit app and allow the Bluetooth and GPS positioning to be turned on.
- Feed in your personal information and health profile in the app.
- Go to 'Pair Device' page in the app, select the watch name and MAC address and link the watch.
  Or you can follow these steps:
- Go to 'Profile' page.
- Scan the QR code from the NoiseFit app on your phone.
- Select Pair with device and wait for it to pair.

Watch Features

Watch Face

You can switch between different watch faces in the watch, choose and download (Bookboard or create) your own watch faces in the NoiseFit app.

Changing the Watch Face

Give your screen a personalized style by changing or customizing the watch face from the NoiseFit app or the watch.

On the Watch

Touch and hold the home screen, Swipe and choose from watch faces.

In the App

Go to watch faces, select the watch face of your choice and tap save to change the watch face.

Always On display

You can turn on the Always On display Feature and choose the watch display between pointer and digital.

Settings

- Brightness
  Set the brightness level as per your preference.
- Vibration
  Set the vibration level as per your preference.
- Wrist Awake
  Turn on the wrist awake and set the auto screen off as per your preference.
- DND
  You can choose to turn on the DND.
- Menu view
  You can choose the way you want to see the watch features as per your preference.
- QR code
  Scan the QR code to connect with the app.
- Device info
  You will find all the information related to the device here, including device name, Bluetooth name and version.

- Reboot
  Go to Reboot to restart your watch.
- Power off
  Go to Power off to power off your watch.
- Reset
  You can choose to reset. Do note if you choose to reset, all your data and settings will be erased.

Please note that some of the features might change after the OTA upgrade.

WATCH FEATURES

Activity

You can check your daily activity progress in terms of the steps taken, distance covered, calories burned and active time.

Heart Rate

NoiseFit Halo supports 24/7 heart rate tracking. You can select the measurement frequency in the app settings.
When heart rate is set to real time, go to the Heart Rate monitor. You can view the all-day data on the watch and app.
Note: Make sure your arms and wrists are still and there is no space between your watch and the wrist.

SpO2

NoiseFit Halo supports viewing of the highest and lowest values of Blood Oxygen level of the day and the measurement data throughout the day. To measure your Blood oxygen level real time, go to the Blood Oxygen monitor and let it measure.
Note: Make sure your arms and wrists are still and there is no space between your watch and the wrist.

Stopwatch

A stopwatch can be set on the watch. You can also set lap times in the stopwatch.

Sleep

You can view your most recent sleep record and sleep quality in various sleep stages in the NoiseFit app. The feature will measure the device records of the user's sleep cycle, sleep stages (light sleep and deep sleep), wake time and REM.

Stress

NoiseFit Halo supports 24-hour stress level measurement and tracking of all-day measurement data.
To measure the stress levels real time, go to the Stress monitor and let it measure your stress.
Note: Make sure your arms and wrists are still and here is no space between your watch and the wrist.

Breathe

The Breathe feature helps you adjust your breathing rate to a more relaxed cadence. You can choose from 3 speeds (fast, moderate and slow) to adjust your breathing rate. Your heart rate will also see the change in the beats per minute.
Go to the Breathe feature, choose the time duration and speed and tap on start to enter the cycles of breathing and inhalation.
The app will notify you when the session right or press a button, breathing is interrupted and you can choose to practice again or complete the cycle.

Noise Buzz

NoiseFit Halo supports Bluetooth calls. You can receive and make calls on your watch from the smartwatch as long as the watch's Bluetooth is connected with the smartphone and is within Bluetooth range.
Go to Noise Buzz.
Turn on the Bluetooth camera Bluetooth with the watch's Bluetooth to use the Bluetooth camera.

Contacts

You can choose to sync 10 contacts from your phone into the NoiseFit app which will be reflected on your watch.
Choose from the list of saved contacts in your smartwatch and call.

Call History

Choose from the call logs to call any of the previous contacted number.

Flashlight

You can use this feature to turn on the screen brightness and see your surroundings better.
Go to the Flashlight. Tap to turn on.

Alarm

You can add, delete, and enable/disable alarms on the watch. You can set alarms on the NoiseFit app and it will sync with the watch. You can also label alarms to identify them.

Timer

You can set a timer with a pre-set duration on the watch and the timer will remind you when the time is up.
Go to Timer. Choose Timer and set it as per your requirement.

Device Information and Tips

Device Information

The NoiseFit Halo Smart Watch contains the following:

- 1.42" AMOLED Touch Screen
- 24/7 Heart Rate Monitor
- Stress Monitor
- IP68 Waterproof
- Call Functionality
- 20mm Quick Release Strap

The NoiseFit Halo smartwatch stores your activity data for up to 7 days in between the time you sync your watch to the NoiseFit app. Activity data indicates your steps, distance, calories, active minutes, heart rate, sleep duration and workout data. We recommend syncing the watch to the App daily.

Tips

How do I update my NoiseFit Halo?

You can update your NoiseFit Halo via the NoiseFit app. Go to My Profile and select Check for updates.

How do I find my watch's current firmware version?

You can find the watch's current firmware version in the NoiseFit app under Device Info page. Select Device information, choose Check for updates and update if any update is available.

How do I save battery?

Follow these simple steps to save NoiseFit Halo battery:
- Minimize the screen brightness
- Turn off notifications that you receive from the NoiseFit app.

How does the watch estimate how many calories have been burned?

NoiseFit Halo estimates how many calories you've burned based on the information you've entered when you set up your account.

How do I change my activity goals?

You can do it through the NoiseFit app. Go to My Profile. Go to Setup and select My Objectives. Change your goals and confirm.

How do I log my weight?

You can log in your weight the first time you setup your NoiseFit app. However, you can update the weight later. Go to NoiseFit app > My Profile > Setup > Personal Info and change or update your weight. You can update birthday, height, country and email id as well.

Disposal and Recycling Information

Electrical and electronic devices may not be disposed of with domestic waste. Consumers are obliged by law to return electrical waste to the collection facilities at end of their service lives to the public collecting points set up for this purpose. Their return is free of charge. Disposal by the national law of the respective country. By recycling, reusing the materials or other forms of utilizing old devices, you are making an important contribution to protecting our environment.

Regulatory and Safety Information

USA. Federal Communications Commission (FCC) Statement

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

This device may cause harmful interference, and this device must accept any interference received, including interference that may cause undesired operation.

Warning: Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

The NoiseFit Halo smartwatch is not a toy. The watch contains small components that could be a choking hazard if swallowed. Do not use by small children or pets. Unless otherwise specified, devices and services are not a medical device and are not intended to diagnose, treat, cure or prevent any disease. We develop products and services to track daily activity and wellness information as accurately as possible. The accuracy of devices are not intended to be equivalent to medical devices or scientific measurement devices.

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- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

In some cases, prolonged use of products may cause skin irritation. Prolonged contact may contribute to skin irritation or allergies. Discontinue use if you feel any signs of skin irritation, keep the watch and watch band clean and dry. Don't wear it too tight and give your wrist a rest by removing the watch after prolonged periods of wear. If you feel numbness, tingling, swelling or stiffness in your hands or wrists while or after wearing the watch, please immediately discontinue use.

Safety Instructions

- Do not disassemble the battery on your own.
- Do not expose NoiseFit Halo to extremely high or low temperatures. Do not leave it in a cold, ventilated room.
- Do not open, crush, bend, deform, puncture or shred the battery or any battery. In the event of a battery break or leak, prevent battery liquid contact with skin or eyes. If this happens, immediately flush the areas affected with WATER. IF YOU THE EYES or seek medical help.
- Keep the batteries out of children's reach and in a safe place to prevent damage.
- Do not place the batteries in the water.
- Do not short-circuit. Short-circuiting the battery terminals by accidentally circuiting can occur when a metallic object, such as coins, causes the positive and negative terminals of the negative terminals of the battery.
- Do not use your product in a sauna or steam room.
- Do not dispose of batteries in the fire as that may cause an explosion. Dispose of used batteries according to local laws and regulations. Do not dispose it as household waste.
- Do not let the charging cable supplied to charge the battery. Do not charge for more than 24 hours.
- Do not attempt to repair or maintain the watch yourself, service and maintenance should be carried out by an authorized technician. If the device failure should be referred to our after-sales service personnel.
- Do not use any accessories, accessory damage and device failure, always protect the device against strong impact or shock.

Customer Support

If you experience any problem with the watch, it may be fixed by restarting your watch. For any queries please reach out to us at support@noise.in

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This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:
-Reorient or relocate the receiving antenna.
-Increase the separation between the equipment and receiver.
-Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
-Consult the dealer or an experienced radio/TV technician for help.
Warning: Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate this equipment. (Example- use only shielded interface cables when connecting to computer or peripheral devices).
Operation is subject to the following two conditions:
(1) This device may not cause harmful interference, and
(2) This device must accept any interference received, including interference that may cause undesired operation.

RF warning Statement

The device has been evaluated to meet general RF exposure requirement.
The device can be used in portable exposure condition without restriction.