

Nekteck

SHIATSU FOOT & CALF MASSAGER WITH HEAT



Model No.: NK-FLM01

Questions or Concerns?
Contact support@nekteck.com

Thank You

Thank you for purchasing Nekteck Shiatsu Foot & Calf Massager With Heat. Nekteck is committed to providing our customers with excellent services. We are dedicated to providing our customers with high-quality products and services. Should you have any questions or concerns about using your new product, feel free to contact our helpful customer support team at **support@nekteck.com**. We hope you enjoy your new product!

Explore more surprises at
 **www.nekteck.com**

The following pages of this manual have the instructions for all the functions and features of your shiatsu foot & calf massager with heat. Please read the user's manual carefully.

TABLE OF CONTENTS

SAFETY INSTRUCTIONS	1
PACKAGE CONTENTS	3
SPECIFICATIONS	3
KNOW YOUR FOOT & CALF MASSAGER	4
OPERATING INTRODUCTIONS	6
CLEANING AND MAINTENANCE	11
TROUBLESHOOTING	11
LIMITED WARRANTY.....	13
DISCLAIMER	13
CUSTOMER SUPPORT.....	14

| SAFETY INSTRUCTIONS

Please read ALL instructions carefully before using the Foot & Calf Massager for the first time. We recommend that you keep this manual for future reference, even if you are familiar with the product. Improper use or unauthorized repairs are not permitted for safety reasons and will lead to loss of warranty. The basic safety precautions should always be followed. Failure to comply with this manual may cause fire, electric shock, and other serious injuries.

- This product is not intended to diagnose or treat any medical condition or to replace your healthcare professional. Always consult your physician before using any massagers. Please **STOP** using and consult your healthcare professional immediately when you feel uncomfortable during use.
- This product should NOT be used by people with reduced physical, sensory, or mental capabilities or lack of experience and knowledge, unless they are supervised or given instructions concerning the use of this product in a safe way and understand the hazards involved.
- This product is **NOT A TOY**. Please ensure adequate supervision when the product is used by or near children.
- The product is intended for **Household Use ONLY**. Only use this unit according to the intended purpose as stated in the instructions.
- In case of pregnancy, heart disease, hypertensive disease, osteoporosis, or other illness, consult your doctor before using this product.
- **DO NOT** use this appliance in damp or dust-dense conditions or lightning weather.
- **DO NOT** use or store the product near sinks, baths, or showers containing water or near running water.

- **DO NOT** operate the product if any water or other liquids get on the massager.
- **DO NOT** leave the product unattended when plugged in.
- **DO NOT** sit or stand on the massager. Use only when you are sitting or lying down.
- **DO NOT** place any part of this appliance on or near a hot area. For example, hot gas, electric burner, or heated oven, otherwise, the plastic will melt and cause a fire.
- **DO NOT** use the product until the massager cloth cover is equipped on.
- **DO NOT** let the skin directly touch the massage head to avoid damage to your skin.
- **DO NOT** use the massager with shoes.
- **DO NOT** pull the massager cloth cover forcefully.
- **DO NOT** use this massager if there is any abnormal or severe pain during use.

ELECTRIC SAFETY:

- The appliance is only to be used with the power adapter that comes with the appliance.
- **DO NOT** use this appliance if it has been dropped or any part of the appliance (including the massager cloth cover, power cord, or power adapter) has been damaged.
- **DO NOT** operate the appliance with wet hands or wet feet to reduce the risk of electric shock.
- Turn off and unplug this appliance before moving it.
- Unplug this appliance after use and before cleaning.

- Unplug IMMEDIATELY and **DO NOT** use the product if it has malfunctioned or has been damaged in any way. Inspect the product by a qualified person.

PACKAGE CONTENTS

- Nekteck Shiatsu Foot & Calf Massager with Heat X1
- Wireless Remote Controller X1
- User Manual X1
- Power Adapter X1
- AAA Battery X2

SPECIFICATIONS

Product Name	Nekteck Shiatsu Foot & Calf Massager with Heat
Model Number	NK-FLM01
Rated Voltage	12V DC==5.0A
Rated Power	60W
Dimensions	18.8 x 11.22 x 16.9 in / 47.8 x 28.5 x 43 cm
Net Weight	11.9 lbs / 5.4 kg

KNOW YOUR FOOT & CALF MASSAGER

Nekteck Shiatsu Foot & Calf Massager with Heat combines the shiatsu massage with heat therapy to relieve tension and fatigue for your feet and calves. It features an adjustable bar and adjustable feet to position the massager at different angles to fit your needs. Enjoy the comfortable massage time with Nekteck Shiatsu Foot & Calf Massager with Heat.

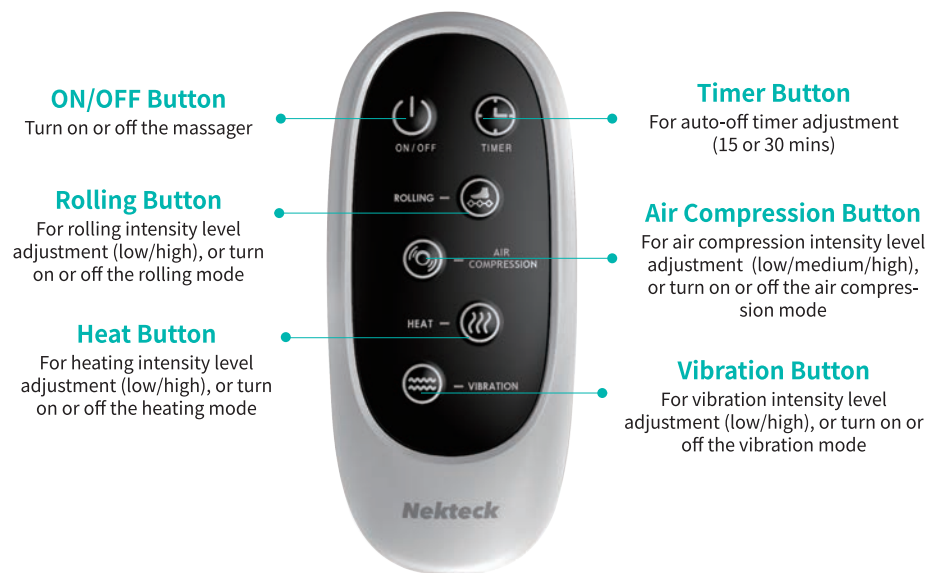
PARTS & FEATURES



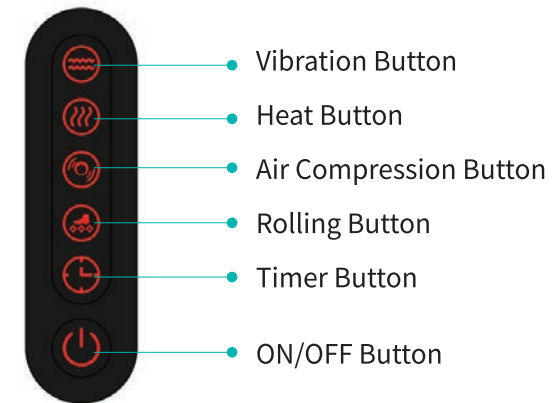
NO	PART NAME	FEATURE
1	Rolling Area	Combine rolling, kneading, and scraping functions to offer you optimum massage experiences
2	Vibrating Area	Focus on massaging your heels with vibrations
3	Control Panel	Press the buttons to choose your preferred massage modes and intensity levels, or turn on/off the massager
4	Airbags	Provide air pressure by inflating and deflating the airbags

5	Removable & Washable Covers	For easy cleaning
6	Adjustable Bar	Position the massager at an angle of about 54° for calf massage when you are sitting. NOTE: The adjustable bar can NOT be used to carry the massager
7	Adjustable Feet	Position the massager at an angle of about 20° for a sole massage when you are sitting, or calf massage when you are lying down
8	Anti-slip Foot Pads	Make the massager more stable while operating
9	Handle	Designed on both left and right sides for better portability

WIRELESS REMOTE CONTROLLER



CONTROL PANEL



OPERATING INTRODUCTIONS

SETTING UP

- Remove all packing material from the massager, and make sure there is no packaging underneath or around the massager. Check if there are any parts damaged or missing during transportation.
- Place the massager on a flat floor or surface.
- Unwind and plug the power cord into the power jack on the side of the massager.
- Connect the power adapter to the socket, then the ON/OFF Button starts to flash.






Now your shiatsu foot & calf massager is ready for use.

MASSAGE OPERATION

Step 1: Turn on the massager














Press the ON/OFF Button "⏻" on the controller or the control panel. The massager will beep once and start in the default massage mode (see the chart below).








Default Settings for Each Mode and Timer





MODE/TIMER	VIBRATION	HEAT	AIR COMPRESSION	ROLLING	TIMER
Button					
Default Intensity/Time	OFF	High Intensity	Low Intensity	Low Intensity	15 Mins


Step 2: Adjust the massage modes and intensity levels to fit your needs (Optional)

Reference Chart of Modes and Intensity Levels

MODES/TIMER	BUTTONS	PRESS TO CHANGE THE INTENSITY (OR TURN ON/OFF THE MODE)
Vibration		 OFF (Default) →  Low Intensity ↑  High Intensity
Heat		 High Intensity (Default) →  Low Intensity ↑  OFF
Air Compression		 Low Intensity →  Medium Intensity ↑  OFF ←  High Intensity

Rolling		 Low Intensity (Default) →  High Intensity ↑  OFF
TIMER SETTING		
Timer		 15 Mins (Default) ↔  30 Mins

Press the Mode Buttons "     " to change the intensity levels or turn on/off the corresponding mode. With each press of the button, the intensity level will change once, cycling through the sequence shown in the chart above.


For example:
Press the Rolling Button "  " once, the intensity will change to the next level, cycling through the following sequence: Low Intensity (Default Setting with Green Indicator) → High Intensity (Red Indicator) → OFF (Light Off).



Note: Each of the 4 massage modes can be adjusted and run individually.

Reference Chart of Indicator Light Color and Its Corresponding Intensity Level or Timer

INDICATOR LIGHT COLOR	INTENSITY LEVEL	TIMER
Green	Low Intensity	15 Mins
Red	High Intensity	30 Mins
Yellow	Medium Intensity (for Air Compression Only)	---
Note: Medium Intensity is available for the Air Compression Mode  ONLY.		

Step 3: Set the Massage Duration (Optional)

By default, this massager will automatically shut off after a 15-min massage session. Press the Timer Button "  " to switch the timer between 15 and 30 mins.

 15 Mins (Default) ⇌  30 Mins

Note: If you want to have a 30-min massage session instead of the default 15 mins session, it's highly recommended to set the time in the beginning. If you want to change the time during the operation, please follow the chart below.

Cautions

- After each massage session, please rest for 30 minutes before starting the next massage session.
- Each Individual should NOT use the massager for over 45 minutes a day.
- It is highly recommended to start the operation from the lowest intensity at the beginning of each use.
- It is highly recommended to wear socks while using this massager.
- If you want to stop the massage session, press the ON/OFF button at any time you like.

SWITCH/CHANGE THE TIME	WHEN THE MASSAGER WORKED FOR	HOW THE TIMER CONTINUES TO WORK AFTER SWITCHING	EXAMPLES		EXPLANATION
From 15 to 30 mins	0-15 mins	The previous working time will NOT be cleared and will be accumulated to the 30-min session. *If you want to have another exact 30-min session during the operation, turn off and on the massager and set the modes and time again.	When Massager has worked for	10 mins	If you switch from 15 mins to 30 mins when the massager has worked for 10 minutes, it will continue to work for 20 minutes, not another 30 minutes
			Remaining working time after switching	20 mins	
From 30 to 15 mins	< 15 mins	The previous working time will NOT be cleared and will be accumulated to the 15-min session.	When Massager has worked for	5 mins	If you switch from 30 mins to 15 mins when the massager has worked for 5 minutes, it will continue to work for 10 minutes, not another 15 minutes.
			Remaining working time after switching	10 mins	
	≥ 15 mins	The massager will still run through the previous 30-min session. In this situation, please turn off and restart the massager to run the 15-min massage session.	When Massager has worked for	25 mins	If you switch from 30 mins to 15 mins when the massager has worked for 25 minutes, it will continue to work for only 5 minutes, not another 15 minutes.
			Remaining working time after switching	5 mins	

CLEANING AND MAINTENANCE

TO CLEAN

- Unplug the massager and allow it to cool down before cleaning.
The fabric cover can be removed for cleaning.
- Clean the base only with a soft, very slightly damp sponge or cloth.
- **DO NOT** allow water or any other liquids to get into the massager.
- **DO NOT** immerse the product in any liquid to clean.
- **DO NOT** use abrasive cleaners, brushes, or strong chemicals to clean the product, for it might cause damage to the product.

TO STORE

- Place the massager in its package box or a safe, dry, and cool place.
- Avoid sharp edges and objects to protect the product from scratching or damaging.
- **DO NOT** wrap the power cord around the product to avoid breakage.
- Keep out of high temperatures.

TROUBLESHOOTING

Troubleshoot your problem by using the chart below. If the Shiatsu Foot & Calf Massager still does not operate correctly, it may be defective. Please contact a qualified technician. DO NOT try to repair it by yourself. Otherwise, there is a risk of electric shock.

Customer Support:

If you believe you received a defective unit, please contact our Customer Service Team at support@nekteck.com for a solution.

PROBLEM	POSSIBLE CAUSE	SOLUTION
The product does not work	The adapter is not plugged properly	Plug in again
	The ON/OFF button is not pressed	Press the ON/OFF button
	The adapter is not the original one	Check whether the adapter specifications are the same as the original adapter: 12V 5A
The product suddenly stops working	The product turns off automatically after a 15-min or 30-min session	Press the ON/OFF button again for another session
	The DC connector is not connected properly to the DC power jack	Check and reconnect the connector and jack port
	The product is overused and the overheat protection turns on	Unplug the product and let it cool down completely before using it again
	The device is pressed too hard and the massage rollers get stuck	Press the ON/OFF button to restart the product
The heat function does not work	The heat button is not pressed	Press the Heat Button
The product is abnormally warm	The product is likely to be overused	Unplug the product and let it cool down completely before using it again

LIMITED WARRANTY

Nekteck provides all of our customers with a warranty of 12 Months from the date of purchase. Please contact our customer service team at support@nektech.com if you have any questions.

Order ID: _____

Date of Purchase: _____

**For your own reference, we recommend that you record your order number and date of purchase.*

DISCLAIMER

Nekteck and its subsidiaries assume no liability for damage caused by the use of the product other than for its intended use or as instructed in the user manual. Some countries or states do not allow this exclusion or limitation of incidental or consequential losses so the foregoing disclaimer may not apply to you.

IMPROPER USE OF NEKTECK'S PRODUCTS INVOLVES SERIOUS RISKS INCLUDING INJURY AND DISABILITY. YOU UNDERSTAND THAT BY KEEPING, USING, OR ALLOWING USE OF NEKTECK'S PRODUCTS, YOU AGREE TO THE FOLLOWING:

(1) NEKTECK ACCEPTS NO RESPONSIBILITY FOR ANY INJURY WHICH MIGHT OCCUR WHILE USING NEKTECK'S PRODUCTS.

(2) USE LIMITATION. YOU MAY NOT MODIFY AND REPRODUCE NEKTECK'S PRODUCTS. YOU SHALL CAREFULLY INSPECT NEKTECK'S PRODUCTS BEFORE EACH USE TO ENSURE IT HAS NOT BEEN DAMAGED AND IS FULLY FUNCTIONAL.

CUSTOMER SUPPORT

Feel free to contact our friendly Customer Support Team if you have any questions or concerns regarding your new product. Your satisfaction is our priority.



Email: support@nektech.com

We will reply to your message within 24 hours!

Please include your Order ID in your email when you are contacting Customer Support for faster solutions.

FCC Compliance Statement

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation.

This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.

If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

Note: changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

RF Exposure Compliance Statement

This equipment complies with FCC radiation exposure limits set forth for an uncontrolled environment. This transmitter must not be co-located or operating in conjunction with any other antenna or transmitter.

SDoC

Supplier's Declaration of Conformity

47 CFR § 2.1077 Compliance Information

Unique Identifier

Trade Name: NEKTECK

Model No.: NK-FLM01

Responsible Party – U.S. Contact Information

US Company Name: NEKTECK INC

Address: 556 Vanguard Way Ste C, Back Door #7 Brea, CA, USA 92821

Telephone number or internet contact

information: zhonghuanqin@nekteck.com

Nekteck